

Meadoword

The Meadows Community News and Lifestyle



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Marilyn Maleckas — MCA Board President

New Fiscal Year Renewed Excitement

Spring is that time of the year when many of us take steps to refresh and renew many aspects of our lives and our environment, and the MCA is no different. While we always continue to imbibe the good ideas and suggestions into all our processes, at this time of the year with Board and committee Chair changes, the opportunity presents itself to renew our various committees' charters, create new committees that respond to residents' requests for more focus on certain areas or activities as well as express many thanks to our volunteer chairs and committee members who contribute their time and talents to make the Meadows such a wonderful place to live and enjoy.

To begin, I am happy to announce the new committee devoted to the fasted growing sport, Pickleball, and I am also very pleased to announce Ned Boston has accepted the Pickleball leadership role of Chair of this committee and Tom Pound has accepted the key role of Board Liaison to Pickleball. Ned will assemble his team to work with the MCA management and Board, residents and Curt Reimer at the Country Club who manages the Pickleball schedule as well as conducts the clinics and lessons.

Another major change is being made with the very popular Assembly Committee, ably chaired by Mike Mazur. This important function has evolved into two distinct yet inter-related functions: namely, Program Development and oversight/management of the Annual Election Process. The Assembly's Program Development portion will be co-chaired by Mike Mazur and Ned Boston, and Ned will take the lead role as Chair of the MCA's election process.

Another change is happening to the well-respected Standards Committee, and Tom Bondur has accepted the lead role as Chair. Tom has Standards Committee

experience and also brings his extensive business background to this important function. Tom and Frances Rippondi are already fast at work revisiting our Standards processes and renewing our commitment to stronger enforcement of our rules and regulations.

Jo Evans has accepted our invitation to continue as Chair of the popular Maintenance Committee and has a well proven track record continuing the beautification processes in The Meadows working with the MCA's Sandy Truman and our well-respected maintenance team of Al Ballantyne and Rob Sanders.

Our Safety Committee will be chaired by Michelle Johnston who brings considerable management and business experience to this position along with a strong reputation for listening to new ideas and suggestions in her role as President of the Single Family Homeowners' Association (MHOA). Michelle has also accepted the lead role as Chair of the forward thinking and fun Activities Committee. Michelle will work with Sue Lytle and the Activities team to continue by popular request the many activities and venues underway as well as work to create and develop additional plans that reinforce our strategic programs including Safety and Maintenance; Health and Wellness; and Enhanced Lifestyle and Learning programs.

The Best Kept Committee, one of the residents' favorites, will continue to be chaired by Lesley Totten who brings experience, objectivity, creativity, and leadership to this role. We all look forward to reading her write-ups and admiring the photography showcasing the award-winning condominium associations and single family homes.

We are fortunate to have Stan Miska, our Treasurer, continuing

in the role of Chair of our Finance and Budget Committee. Stan brings extensive financial management and investment expertise and experience to this position after a successful career as an executive at Merrill Lynch/Bank of America.

We are also very fortunate that Dr. Bob Heuter has agreed to return as Chair of the Meadows' distinguished Water and Wildlife Committee and will continue the great work and ecological improvements that he and his team have developed in concert with Frances Rippondi, Mark Plenkos Board Liaison, and the experienced committee members on this team.

Additionally, the Emergency Preparedness Committee has been fortunate to have Mike Mazur as Chair for several years and he will continue as the staff liaison to this very active group. We are thrilled that Bob Clark and Sue Pound have accepted the key roles as co-chairs. This is a critical time for all Homeowner and Condominium Associations to make sure that their representatives are registered with Mike and attend all the informational briefings on storm preparedness that Bob and Sue will be conducting as that season approaches.

Tia Calomeris, MCA's Director of Marketing and Communications will continue to lead the strategic Communications Committee as Chair and her vital role of continuing to evolve the methods, frequency and content of the MCA's messaging.

Stan Miska, Amy MacDougall and I will form the nucleus of the MCA's Personnel Committee and its vitally important mission of reviewing and recommending Board actions on personnel matters.

I will continue to Chair Strategic Planning and will continue

to work with members of the Board and management in the implementation of Community Surveys, Capital Improvement projects, and with Strategic Planning initiatives with the Country Club.

Marilyn Schmal will continue in her role as Chair of the very popular Meadows Library, one of the most frequented of all Meadows locations and functions. We are very proud of our Library leadership and volunteers who work continuously to improve and update our Library.

The MCA has four major commercial properties located within its boundaries, and we established the position of Board Liaisons to each of these organizations several years ago. These Liaisons work to assure that there are strong communications avenues between each organization and the Community Association as well as they work proactively to make sure the community is continually aware of the offerings of each commercial establishment and that their requirements are being brought to the Board as well. Here are the 2023-2024 Board Liaisons and the respective organizations:

- The Meadows Shopping Village – Chris Perrone
- Aviva – Paul Easley
- The Meadows Center for Nursing and Healing – Paul Easley
- The Meadows Country Club – Stan Miska and Marilyn Maleckas.

There are many opportunities for you as residents to have your voice heard as well as to participate in a committee. Please do not hesitate to let me know of how you would like to get involved – 941 377-2300 – as we assure you that you will have fun, make a difference, learn new facts about the community and be a positive influence in the community. Let's hear from you.



Frances Rippondi — MCA General Manager

RENEW fun RENOVATE improving REFRESH plans

May is the last month of spring prior to welcoming in summer. It's also the perfect time to renew, refresh and renovate ourselves and our surroundings. So, take advantage of your Renaissance card and go have some fun at one of the many MCA activities, events or classes. If you prefer being outdoors take time to spruce up the exterior of your home and remember hurricane season is just around the corner. Preparation is the key to safety.

RENEW

Renew You, By Having Fun

Your Renaissance Access Card is your passport to fun this summer. A quick trip through The Meadows activities list and you will find a summer's worth of



fun. Take advantage of all that is offered by exploring, meeting new people and enjoying The Meadows lifestyle. After all, trying something new is the best way to renew your spirit, and improve your outlook.

As a Renaissance cardholder you can come to all the MCA events and activities, swim, exercise, dance, dine or join a club. If you enjoy golf, you will be challenged by the variety of play that The Meadows three courses have to offer. If you think you've mastered the Groves and the Highlands, you and your guests can test your skills on the Meadows private course every third Saturday of the month, after noon. Renaissance access card holders receive discounts on all three courses so, if your game happens to be off when you play, take solace in knowing that you played at a discounted rate and you can come back and try again. Most importantly have fun, there is no end to the Renaissance recreational offerings conveniently located in your own backyard.

Be sure to get the community updates of activities and events each week sent out via Constant Contact by the MCA. If you are not on the list to receive the messages, contact Sue Lytle so you don't miss out. Each month *The Meadoword* also publishes the monthly calendar of events. See all the upcoming activities in this issue of *The Meadoword* and on the MCA website.

RENOVATE

While you are renovating and improving your home, the MCA is working hard planning and improving the outdoor environment.

Meadows Sports Field

Plans to renovate The Meadows Community Association's Sports Field by adding two pickleball courts are in the works. On any given day, it's not an uncommon sight to see players gathered waiting their turn to rotate on to the MCA's two existing courts. These players exemplify the sports' popularity, over 36.5 million people play pickleball according to the new data released in January 2023 by the Association of Pickleball Professionals (APP).

MCA now has a newly formed Pickleball Committee, led by Ned Boston, as Chair. Tom Pound will serve as the appointed



Board Liaison to the Pickleball Committee, and will report the groups progress to the Board of Directors. Curt Reimer is also a key member of the team, and will share his expertise as we navigate through the process of constructing two new courts. Currently, the MCA has met with outside consultants to obtain the necessary proposals to move the project forward.

Outdoor Fitness Equipment

The MCA fitness trail has 32 stations to help you stay fit while enjoying the great outdoors. Each year the MCA has replaced several pieces of old equipment

and will continue to do so until the entire trail has been refurbished. Recently, three new pieces have been installed around the MCA pond. Since 2021 we have added six new pieces of equipment.



Meadows Community Lifestyle and Wellness Facility

The parking lot, the final phase of the Meadows Community Lifestyle and Wellness Facility, is scheduled to be open this month. Centrally located, this parking area is at the heart of the Meadows activity hub and will accommodate community meetings, events/activities, fitness and golf parking.

Centre Court Lounge (CCL)

Currently, we are busy completing CCL's final phase of the decking project. This expansion will allow for greater viewing of courtside matches, increased outdoor dining and events like our recent Spring Fling. If you missed our pool-side Spring Fling, you missed a fun-filled opportunity to be outside, enjoying Caribbean style food and the steel drum melodies. Don't miss the next one.

REFRESH

Refresh Your Storm Plans

Hurricane Ian is far from being

in our distant memories. Communities in the south Florida area are still faced with clean-up and storm damage and The Meadows is no exception. While 95% of our storm debris has been removed, we are still working on replacing and up righting perimeter fences, wooden enclosures and FPL lighting. There are tarps on some structures, pool cages damaged and homeowners' waiting for contractors to perform services. It is hard to believe that we are on the heels of Hurricane Season once again.

June 1st – November 30th is the

official Hurricane Season. Current projections indicate that the 2023 season will be about average with 11-15 named storms. Four to eight of those named storms are expected to reach hurricane strength, with one to three of those hurricanes achieving major hurricane status. Prepare early this year. Avoid the rush at the markets and have a plan. Visit <https://www.scgov.net/government/emergency-services/hurricane-preparedness-6291> for all the latest information.

Properly preparing for the aftermath of a storm is critical. Remember we are a private community with private condominium and homeowners' associations. Sarasota County is specific about who is eligible for debris pick up. For more information visit the Sarasota County website at <https://www.scgov.net/> or connect via phone 941-861-5000 or email contactCenter@scgov.net.

Refresh the Look of Your Yard with Mulch, Not Fertilizer

Sarasota County prohibits the use of fertilizer containing nitrogen or phosphorus from June 1st to September 30th. It makes sense too, because summer rains wash fertilizers and pollutants into waterways causing harmful algal blooms that kill aquatic life.

Please do your part and observe the fertilizer restrictions. Our storm water ponds flow into Phillip Creek and eventually into the Gulf of Mexico and these types of nutrients feed red tide making it worse.

Playground Refresh

The Meadows playground has recently been top dressed with play safe mulch. This refreshing look is aesthetically pleasing, allows for necessary drainage, and helps keep weeds away, and above all safer for play.

Renew, renovate, refresh and enjoy your community. Making improvements add to the overall energy and beauty of the Meadows. This summer join in the fun and make the Meadows the best place to live.



Renovate and Renew Your Meetings

Mike Mazur — Assembly Program Development, Co-Chair

Flexibility is the name of the game in

this world and the Assembly of Property Owners is no exception. Due to some scheduling issues with our planned presenters, last month we pivoted to a different topic – “Are Your Association Documents Stuck in the Past?”

Bryony Swift, Principal with Porges, Hamlin, Knowles & Hawk, P.A. presented an informative case for reviewing the key documents of an association –

whether condo or homeowners – and bringing those up to date with current Florida Statutes. Some of the implications

of operating with outdated documents were certainly eye-opening to the participants.

I am pleased to announce that Ned Boston has been appointed as Co-Chair of the Assembly of Property Owners.

With the appointed members of the Assembly Executive Committee, we will jointly craft the informational programs from

October through May. Ned will head up the Executive Committee and they will facilitate the Board candidate election process from seeking candidates to ballot audit and new Board member announcement and everything in between.

Our final program for this season will be on Wednesday, May 17, 2023 at 4:00 pm. The topic for this session will be “Effective Association Meetings – Leaving “Helter-Skelter” Behind”. Our presenters will share helpful hints

on effective meeting preparation and management including keeping a meeting controlled without being controlling, employing Robert’s Rules of Order without parliamentary skirmishes, and wrapping up the results of the meeting for next steps. We all just want to get along and help our communities progress and productive and effective meetings help all achieve those worthy goals.

See you on the 17th!



Tom Bondur— Standards Committee, Chair

Keeping Up Traditions

While preparing this article, I looked back at earlier Meadowword columns written by previous chairpersons. The collection of issues stored on the community website goes back to Volume 26, January, 2008 (www.themeadowssarasota.org/themeadowword).

These articles provide a historical snapshot of community issues and concerns over the last 15 years. The first edition of our monthly newspaper appeared in 1983, so there is more to be discovered in the paper copies stored in MCA records.

It is important to know the history of a community and appreciate the contributions of residents who made The Meadows such a remarkable place to live. What impressed me most in this research was the commitment and dedication to community service displayed by previous board members, chairpersons, and volunteers.

Looking at the masthead of the January, 2008 issue, I see many familiar names. I know some early leaders and mentors of our community. Others I know of only from stories gleaned in conversation with neighbors whose roots in the community go back further than mine.

Many families have owned homes in our community for multiple generations. This fact alone



indicates that there is something special about this place.

As I work around my house and garden, I reflect about how I am enjoying the benefits of the original plan, remodeling decisions, and landscaping improvements made by previous owners. As I walk or drive around The Meadows, I am impressed by its architectural variety, natural beauty, and quality of maintenance.

The Meadows is a diverse community. There are approximately 3,500 residential properties plus 4 commercial properties (the country club, shopping village, Aviva Senior Living, and The Meadows Center for Nursing and Healing.) There are 52 property owner associations consisting of 2,888 residences, which include a mix of condominiums and approximately 252 single-family homes. In addition, there are 562 properties not affiliated with an association

grouped into approximately 9 additional neighborhoods.

Each community has its own identity, architecture, and governing organization with often differing rules. The Standards Committee plays an important role in mediating between the homeowner and the community to ensure that rules are applied consistently with careful attention to precedents and sensitivity to changing fashion.

Many Standards Committee volunteers have lived in the community for years and served on multiple committees. They have a deep knowledge of its history and serve as mentors to newer members.

We are also fortunate to have many staff who have a long tenure with the community. Their experience in interpreting and applying the rules in a fair and consistent manner based on established covenants and precedents is critical to the success of Standards Committee activities.

The Standards Committee exists in partnership with the community to help assist homeowners with planned improvements and make sure these changes conform to community requirements. Working cooperatively with each other, we hope to continue the traditions that make The Meadows such an outstanding place to live.

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MARCH SAFETY REPORT



During the month of March, 2023 there were (15) incident free days - (5) More than February 2023. There were (29) reported incidents - (6) more than February 2023. There were (140) citations issued this month - (48) more than February 2023.

Incidents are defined as a variety of complaints or concerns ranging from minor to more concerning activity reported by a resident. Examples of such (but not limited to) are; an alarm, animal/fishing complaint, reports of safety hazards, burglary, harassment, welfare check, dumping, solicitation or suspicious person(s).

Citations are violations that do not respect our documents related to Meadows standards. Examples of such are: restricted vehicles, parking violations, garbage cans not being picked up or put out too early, violations subject to tow, sign restrictions.

Safety responded to the following during the month of March:

WELLNESS CHECK

- March 8 — a woman with

dementia was reported missing from her home. A subsequent search found the woman to be in the court yard of her home, safe.

- March 16 — it was reported to safety that a man who was confused, did not remember where he lived. A search of the database provided contact information and residence. Safety was able to escort the man home and explained to his spouse what had happened, she took custody of the man.

ANIMAL COMPLAINTS

- March 10 — about a large alligator which was directed to administration.
- March 13 — a snake in the middle of the road at Longwater Chase which was released into the wild.
- March 30 — a dog attacking another dog (party was unknown) in the Harperscroft community. There were no known injuries sustained to either animal and report was for the record.

FISHING COMPLAINTS

- Two complaints of non-residents fishing. Safety advised that it was a private community and the subjects left The Meadows promptly.
- Three complaints related to residents fishing. Safety responded an identified that those fishing areas were in the appropriate designated locations.

SUSPICIOUS PERSON REPORTS

- March 21 — two reports:
 - Pipers Waite — it was founded to be a worker eating their lunch.
 - a male and female occupant in a blue Buick taking pictures in the Windsor Park area. Subsequent search was unsuccessful.
- March 25 — a white male was seen walking behind the homes of Woodman’s Chart around 5:30 am. The call to safety was not made until 9:27 am (4 hours later). A subsequent search did not yield anything.

- March — 3, 6, 8, 24, 25 reports were received regarding an individual in different communities in the pool areas, described as:
 - A white male
 - Approximately 35 yrs. Of age
 - Short Black hair
 - Fake black beard
 - 5’8” to 5’11”

SAFETY IS EVERYONE’S RESPONSIBILITY

In the event of an emergency, call 911. After you have called 911 please report the incident to the MCA Safety Patrol.

The non-emergency Sarasota County Sheriff’s Office number is 941-316-1201.

The Meadows Safety Patrol number is 941-809-0084.

MARCH APPROVED ARCHITECTURAL REVIEWS

Hadfield Greene Condo Assn	Unit 5	3132 Heatherwood Ln
4449 Longmeadow	4761 Greencroft Rd	4748 Ringwood Meadow
5475 Chanteclair	4823 Marshfield Rd	4848 Waterbridge Down
5246 Villa Majorca	4934 Rutland Gate	4759 Ringwood Meadow
3831 Fishing Trail	4831 Greencroft Rd	4901 Windsor Park
2808 Wrenwood Ct	3326 W Chelmsford Ct	5364 Huntingwood Ct
4757 Chandlers Forde	4672 Glebe Farm Rd	5370 Everwood Run
4228 Highlands Bridge Rd	4470 Highland Oaks Cir	4474 Long Common Ln
Chatsworth Greene Condo Assn	4470 Highland Oaks Cir	Long Common Condo Assn
4772 Greencroft Rd	4291 Highlands Bridge Rd	Somerset Condo Assn
Chambery Condo Assn	2830 Longleat Woods	4609 Longwater Chase
Chatsworth Greene Condo Assn	4774 Ringwood Meadow	3338 Highlands Bridge Rd
Longleat & Highlands Bridge	4988 Taywater Dell	4523 Long Common Ln
	3158 Sandleheath	4952 Rutland Gate



Cinco de Mayo Celebration

**May 5
4-6 PM**

**Meadows Community
Lifestyle & Wellness Facility
3350 Longmeadow**

Join us for tacos, cervezas and live music!

\$15 Per person

**Sign Up on the MCA website
themeadowssarasota.org**

COOKING WITH AMANDA


Mexican Cuisine

Learn to make one skillet
Creamy Chicken Enchilada
Fresh Pico and Guacamole
May 2 ■ 5 PM

Sign Up on the MCA website
themeadowssarasota.org

TALE OF ATALA & COOTIE

Back from the Brink
Hear how the Atala
Butterfly came back
from near extinction.



May 9 | 10 AM

Sign Up on the MCA website
themeadowssarasota.org

MOTHER'S DAY COMEDY SHOW

May 15
2 PM

Sign Up on the MCA website
themeadowssarasota.org

ACTIVE SHOOTER CLASS

Will you know what to do?

Sarasota County Sheriff's Office

**May 16
1 PM**

Sign Up on the MCA website
themeadowssarasota.org

MOVIE NIGHT

THE WHALE

May 18
7 PM

Sign Up on the MCA website
themeadowssarasota.org

ICE CREAM SOCIAL

May 23
6:30-7:30 PM

Sign Up on the MCA website
themeadowssarasota.org

PLEASE NOTE: Room locations or times/dates of activities/events may change. Please check with event contact person, website, email updates, or room schedules outside MCA activity rooms to confirm.

FRIENDLY REMINDER: If you reserve space for an association meeting, activity or event and are unable to come, please call and let us know, so someone else may enjoy using the space.

REMINDERS

LOOKING FOR HOME WATCH SERVICES, HANDYMAN HELP, HOUSEKEEPING, COMPUTER SERVICES OR LANDSCAPING SUPPORT? SEE THE DISPLAY ADS THROUGHOUT AND PAGES 22-23 FOR BUSINESS AND CLASSIFIED SERVICES.



Beginning May 1, Sarasota County will not accept yard waste in plastic bags at the curb. Sarasota County is committed to environmental stewardship. **If you use plastic bags for your yard waste, May 1 or after, it will NOT be picked up.**

Homeowners will be required to use paper bags, reusable containers or bundles (when appropriate) for collection of yard waste and will be picked up on the regularly scheduled collection day. For added information, visit <https://www.scgov.net/government/solid-waste/leaf-it-out>



May 13 • 8 – 3:30 PM
MCA Parking Lot

Call 941-444-0011 to schedule your appointment today!



May 5 • 9 AM – 1 PM
MCA Garden Room
Sun Room

Call 941-312-4781 to schedule your appointment today.

PLATELET DRIVE

May 16 • 8 AM – 2 PM

MCA Parking Lot



Call 1-866-972-5663 to register.

MCA WILL BE CLOSED ON MEMORIAL DAY MAY 29 IN HONOR OF OUR FALLEN VETERANS.

The library on the public side will be open.

ALLIGATOR MATING SEASON OCCURS BETWEEN MAY AND JUNE

however, we have seen evidence it has begun early, so please be aware and conduct yourself with care.



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- Trash Removal
- Shed Removal
- Appliance Removal
- Construction Clean-Up
- Light Demo & Removal
- Furniture Removal



Peg Schmitt
Realtor®

*It's always
a great day
in The Meadows!*

Coming soon...
PINEBROOK HOLLOW FOR SALE

Stop in the office for a copy of the Meadows Realty Group newsletter.

Sales/Rentals
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mhssunny@verizon.net
5027 Ringwood Meadow | Sarasota, FL 34235




MARCH REPORT
heat wave

Roy Wysnewski — March Weather Analysis in The Meadows

“BY FAILING TO PREPARE, YOU ARE PREPARING TO FAIL.”

Benjamin Franklin

WEATHER SUMMARY

Record heat with drought-like conditions continue.

TEMPERATURE ANALYSIS

The average high temperature (86.0 degrees F) is another

MARCH RAINFALL & TEMPERATURE DATA

Rainfall for month:	0.13 in.
Rainfall year-to-date:	2.82 in.
23 yr. monthly rainfall average:	2.24 in.
Average high temperature:	86.0 F (normal: 79.0 F)
Above normal temperature days:	28
Record high temperature days:	11

record for The Meadows!

Other March statistics include twenty-eight above normal temperature-days and a new record number of 'record-high temperature days' (11).

RAINFALL ANALYSIS

Rainfall Analysis: Once again,

rainfall was scarce (6% of normal) – the mini-drought continues. An eighteen-day streak without a drop of rain also is another record!

Send comments and questions about this month's report to: roywys9@gmail.com.

NOTE FROM THE EDITOR: Please see the Hurricane checklist on page 9. Have a plan, do not procrastinate regarding early preparations, the best time to start is BEFORE the threat is imminent. Know your evacuation level and centers. Have your emergency supplies on hand, and use the list to ensure you have the essentials ready. Even with the best of information, hurricanes can be unpredictable so be prepared early. Hurricane seasons begins June 1.



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33-YEAR
Meadows Resident



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FOR SALE IN THE HIGHLANDS

- 4056 Penhurst Park – Beautifully updated, spectacular pond and golf views . . . \$850K
- 2890 Longleat Woods – Spacious pool home in most desirable enclave Pending
- 4488 Highland Park – Like new! Perfectly remodeled plus golf views. SOLD!
- 3300 Hadfield Greene – Updated villa with spectacular pond and golf views SOLD!
- 3400 Hadfield Greene – Fabulous re-creation with ideal open plan \$549K

FOR SALE ELSEWHERE IN THE MEADOWS

- 4462 Weybridge – Panoramic lake and golf views with no neighbors in sight. Pending

FOR SALE IN THE SARASOTA METRO AREA

- West of Trail – Model-like pool home, 2017 Parade of Homes winner Pending
- East of Trail – 2020 custom-built modern home, fabulous finishes, walled-in Pending
- Downtown – Burns Court Villas, exclusive enclave in the heart of the city \$1.675M
- University Park – Long lake views from estate home with great-room plan Pending
- University Park – Stunning wide lake views, great-room plan Pending
- Downtown – Canal-front updated 2/2 condo, steps to Burns Court & Main St. . . . \$460K
- University Park – Updated maintenance-free villa in tranquil setting Pending

DISASTER SUPPLY KIT CHECKLIST

- General**
 - At least two weeks supply of medication, medical supplies used regularly and a list of allergies
 - List of the style, serial number, and manufacturer information of required medical devices
 - Flashlight
Do not use candles and be sure to have enough batteries
 - Radio
Battery operated or hand cranked radio, a NOAA weather radio
 - Cash
Banks and ATMs may not be available after a storm
- First Aid**
 - First Aid Manual
 - Sterile adhesive bandages of different sizes
 - Sterile gauze pads
 - Hypoallergenic adhesive tape
 - Triangular bandages
 - Scissors
 - Tweezers
 - Sewing needle
 - Moistened towelettes
 - Antiseptic
 - Thermometer
 - Tube of petroleum jelly
 - Safety pins
 - Soap
 - Latex gloves
 - Sunscreen
 - Aspirin or other pain reliever
 - Anti-diarrheal medicine
 - Antacid
 - Laxative
 - Cotton balls
 - Q-tips
- Important Documents**
 - Insurance cards
 - Medical records
 - Bank numbers
 - Credit card numbers
 - Copy of social security card
 - Copies of birth and/or marriage certificates
 - Other personal documents
 - Set of car, house, and office keys
 - Service animal I.D., veterinary records, and proof of ownership
 - Information about where you receive medication, the name of the drug, and dosage
 - Copy of will

**Items should be kept in a water proof container*
- Vehicle**
 - Keep your motor vehicle tanks filled with gasoline
- Food and Water**
 - Food
Enough for at least seven (7) days, nonperishable packaged or canned food and beverages, snack foods, juices, baby food, and any special dietary items
 - Non-electric can opener
 - Paper plates
 - Napkins
 - Plastic cups
 - Utensils
 - Water (1 gallon per person)
- Pet Care Items**
 - Pet food and water
 - Proper identification
 - Medical records/microchip info
 - A carrier or cage
 - Muzzle and leash
 - Water and food bowls
 - Medications
 - Supplies for your service animal
- Clothing**
 - Include seasonal or rain gear and sturdy shoes or boots.
- Special Needs Items**
 - Be sure to include specialty items for infants, small children, the elderly, and those family members with a disability.
- Phone Numbers**
 - Maintain a list of important phone numbers including: county emergency management office, evacuation sites, doctors, banks, schools, veterinarian, a number for out of town contact, friends & family

Find more disaster preparedness tips at FloridaDisaster.org, or scgov.net or The MCA website themeadowssarasota.org

A Refreshing Craft and Bake Sale

Liz Barnett— Craft Group



"We've found you at last!" said dozens of shoppers as I greeted them at the doors of the new Meadows Community Lifestyle and Wellness building. Many had initially gone to the familiar MCA building and for many this was their first visit to the new building. When they stepped through the doors to the spacious, light-filled interior with 30 tables filled with handmade crafts, they were excited the Craft Sale's new location.



Their treasure hunt for must-haves was easier here because we could display everything we had made all at once. With our unique greeting cards spread over four tables, shoppers could find just the right card for every occasion. They bought 292 cards. Every kid, who walked by the display of Squeezums, wanted one and so did lots of grandparents. Thirty-

eight of the little animal heads, whose mouths open when the sides are squeezed, found new homes.

As they browsed, shoppers found this was the perfect place to find just what they needed to refresh their homes and themselves. The houseware section was filled with practical products to make life easier. Cleaning got a lot easier for everyone who scooped up scratchless Scrubbies or a fanciful Floor Mop – towel backed pads in the shape of lady bugs, turtles and fish to push with your foot for moping with no bending needed. Microwave bowl holders, hanging towels, dishcloths, casserole carriers, and drier balls, made the housewares section one of the most popular areas.

Many shoppers prepared to refresh their home's decor with Welcome signs, cute hanging ornaments and table top decorations in the shape of bunnies or chicks. Others would renew their decor with mosaic coasters and trivets, decoupage shells and miniature paintings.

There was plenty of jewelry and accessories to add some spring-time sparkle to your look. Whether you needed a silk scarf, a pendant, bracelets or some new earrings to accent your outfit, there were plenty to choose from. You'd be

ready for an unencumbered outing with one of our key rings that slip over your wrist and a tiny, colorful purse large enough to hold an ID and a credit card but small enough to slip into a pocket.

After shopping, it wasn't hard to find something to refresh yourself with a sweet treat or two. An entire room was filled with homemade Baked Goods and Easter candies. At 9 o'clock, every counter and table in the café area was filled with an array of goodies. By 12, most were gone. If you were one of those who indulged themselves, don't feel guilty about the calories; just repeat "It was for charity." You'd be right. All the sale proceeds will be donated to local charities.

We thank our good neighbors in The Meadows for again shopping at our sale and strengthening our community by supporting local charities. We hope you found something that enhances your life just as the weekly meetings of the Craft Group enhance our lives. We'd like to invite you to join us in making crafts at the MCA building every Wednesday morning from 9 am to 11 am.



Inspiring Home Renovation Trends for 2023

Tia Calomeris— MCA Director, Marketing & Communications

ZERO-THRESHOLD SHOWERS

A sleek shower renovation takes thoughtful consideration about your future plans, as they can be very costly, however bathroom remodels have an average ROI rate of 70%. Zero-threshold showers are more work and expense, but highly desirable. They make sense, for all ages, as it minimizes the trip risk. Accessible design style is both practical and SAFE.

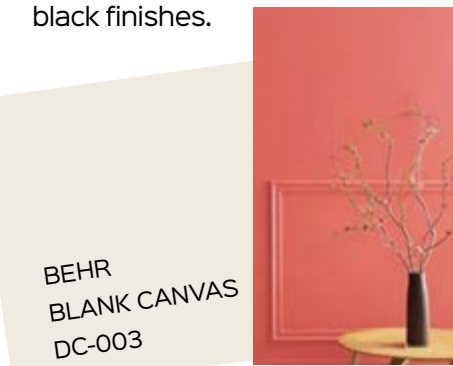


A recent study by the CDC produced some sobering statistics regarding injuries in the bathroom. Approximately 370 individuals are injured in a bathroom every day in the U.S. making it the second most dangerous room in the house. The kitchen holds the number one spot. Every year approximately 235,000 adults and teenagers over the age of 15 are admitted to emergency rooms due to these "slips and falls".



STONE & NATURAL WOOD TONES

The mix of natural stone and warm wood tones used in kitchen design is gaining momentum in 2023. Sort of a modern old world look. Stone sinks are gaining popularity, as well as warmer cabinets neutrals. Kitchen refreshes are seeing less white and more warm beige, with all the modern appliances for convenience. Along the more warmer push is the mix of metals gold, brushed nickel, chrome, and black finishes.



COLOR TRENDS FOR 2023

Benjamin Moore announced its 2023 Color of the Year as Raspberry Blush, a fiery red-orange. The vivacious color marks a pull toward bold, warm hues. But there is no beating the soothing color tone of the warmer neutrals, Behr's 2023 color is Blank Canvas, its goes with everything.



NEW POOL DESIGNS AND RENOS

The pool industry is booming in Southwest Florida. When COVID struck and Americans found themselves housebound, the desire to have their own pools, sent the industry soaring with heightened demand. Greater attention to health and wellness, the migration of northerners to the Florida region, and the increase in the housing market, have all played a factor in the concentrated attention to outside living spaces.

The most common pool trends seen recently have been, larger sun shelves, darker pool colors, flush spa designs, and unique water features. The possibilities are endless, limited only by budget.

HAVE FUN REIMAGINING

Trends are always fun to contemplate but there are many ways to reimagine your home and give it a refresh. Have fun and explore the possibilities. Updating your home doesn't always mean a big expense, there are ways to add to your home's beauty or functionality with little expense but big impact. New lighting, cabinet pulls, paint, a back splash refresh, or updating your landscaping, all have big impact with resonable expense.

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FEATURED PROPERTIES

3385 E Chelmsford Close— 2 Bd/2Ba— Villa with 2 car garage. Golf view!..... **PENDING** \$444,900

2889 Taywood Meadow— 2Bd/2Ba— Fully updated! Water and golf view..... **SOLD** \$337,900

4620 Longwater Chase— 2Bd/2Ba— Nicely updated. Ground floor. On the Golf Course..... **SOLD** \$334,000

4612 Weybridge— 2Bd/2Ba— Great opportunity—ground floor with Golf and Water view..... **SOLD** \$295,000

NEW LISTING

4578 Longwater Chase— 2 Bd/2Ba— Condo with carport. Excellent rental history..... **\$329,000**

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The Meadows, Hub of Sarasota

Resales ending the months of March 2023 and March 2022 In The Meadows & Sarasota County

SALES	THE MEADOWS	SARASOTA COUNTY
Sales 2023 & 2022	12023 (17) 2022 (18)	12023 (995) 2022 (1154)
Median Sale Price	1\$375,000 1\$360,000	1\$495,000 1\$436,500
Condominium Sales	2023 (15) 2022 (15)	12023 (355) 2022 (427)
Med Condo Sale Price	1\$330,000 1\$296,000	1\$415,000 1\$360,000
House Sales	12023 (02) 2022 (03)	12023 (640) 2022 (727)
Med House Sale Price	1\$491,000 1\$565,000	1\$540,000 1\$492,000
For sale on the 31st	12023 (30) 2022 (03)	12023 (2244) 2022 (680)
Property Pending	12023 (22) 2022 (32)	12023 (1429) 2022 (1533)
Listing Supply	12023 (1.8) 2022(0.2)	12023 (2.3) 2022 (0.6)

Dick Plumb, 26 years Full-time Resident, Specializing in listing & selling homes in "The Meadows". Call Anytime Direct 941-266-2512 SarasotaHomes@DickPlumb.com Horizon Realty International

Contact me any time if you'd like to sell or buy a home in The Meadows

Modern Living Home Transformation

It's no surprise that Kate and David Delmore won the 2023 Spring Best Kept Chairman's Choice First Place Award for Single Family Home. Their Modernized transformation was extensive, and a labor of love for Kate and David. Having lived in The Meadows for six years before taking on this renovation, they knew exactly what they wanted. This wasn't just another renovation for the Delmore family, it was a lifestyle choice to live in The Meadows, and they wanted their home to reflect that inspiration. Reimagining their home was easy for them since they have renovated many properties they've owned before.

Kate and her husband David shared, "we invested in The Meadows because we were drawn in by its beauty with the mature trees and a location that couldn't be matched by Lakewood Ranch or the newer developments. This home had golf course and lake views directly outside our backyard, and open space vistas from every window."

Kate's mom lives in The Meadows too. So, like many other families in the community, they are generational residents.

Approvals from MCA Architectural Review were completed and their dream began.

- Open floor plan.
- Garage addition provides a 3 car garage for David's beloved truck.
- New exterior sliders and Weather Tite windows.
- Full view lanai screen for an unobstructed view of the lake and golf course.
- New roof.
- Kitchen.
- Bathroom reconfiguration provides expansion to three full baths.
- New driveway & exterior patios.
- Landscaping, river rock instead of mulch to avoid washout.
- New irrigation.
- Interior and exterior lighting.



Full view lanai screening to enjoy the beautiful lake and golf course vistas.



New kitchen with full island storage and non obstructed views to outdoors.



Addition of a new truck garage, now provides space for three vehicles.



Dining room built-in storage and shelving, make the most out of the alcove space and is accented with tonal coastal wallpaper.



Light fills the living room seating area, with large modern front windows equipped with plantation shutters.



The large laundry room area provides plenty of space for storage, folding and sorting.



A peaceful color palette, and bold wallpaper print strikes the perfect balance for this spa like, stylish bathroom.

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BEST KEPT FEATURES THE REFRESHED

Lesley Totten — Best Kept



SINGLE FAMILY HOME—FIRST PLACE
4824 Water Bridge Down (Shown Above & Right)
Dwight & Arlette Shackelford



Welcoming secret garden.



SINGLE FAMILY HOME—RUNNER UP
3902 Stable Lane (Shown Above & Right)
David & Nancy Bowman



Storybook setting.



This tree was transplanted from the backyard to the front.

CHAIRMAN'S CHOICE — RUNNER UP
3338 Highland Bridge RD (Left & Above)
Fernando & Victoria Viteri

SPRING AWARD WINNERS PROPERTIES



The beauty of detailed trimming and beds.

ASSOCIATION—FIRST PLACE
Heatherwood Lane (Shown Above)
Steven Taylor—President

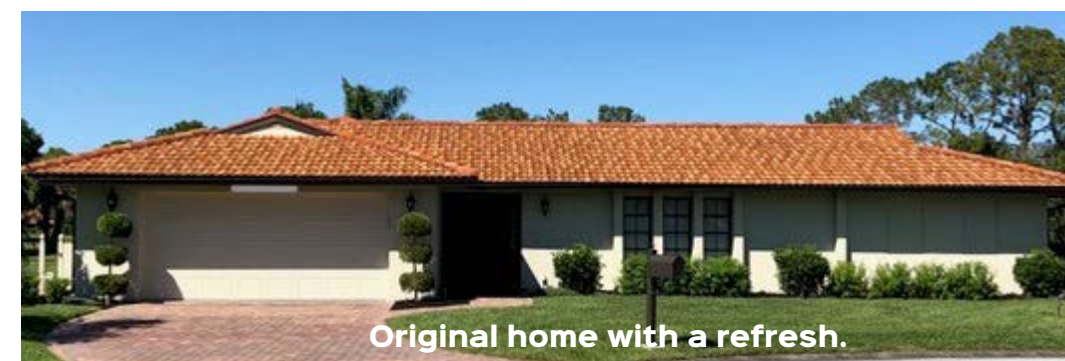


360° Simple beauty.

ASSOCIATION—RUNNER UP
Huntingwood (Shown Above)
Pat Lyons, President



Original home with a total renovation.



Original home with a refresh.

CHAIRMAN'S CHOICE—FIRST PLACE
5187 Everwood Run (Shown Above & Left)
David & Kate Delmore



Original home.

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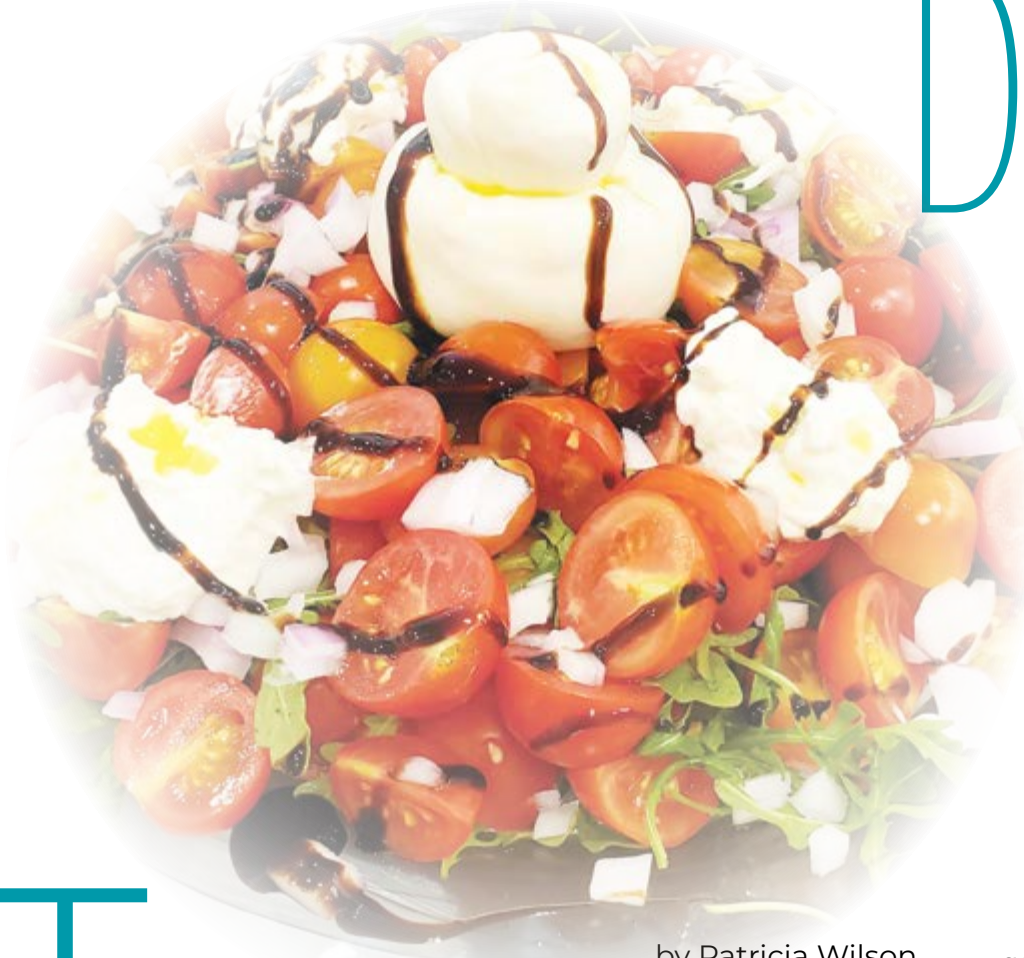
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Dressing a Refreshing Salad



by Patricia Wilson

The warm spring season is the perfect time for cool, refreshing salads, and making homemade dressing is easier than you might think. Dressings are whipped up in minutes, stay fresh in the refrigerator for several days and can double as dips or marinades.

All you need are four things: a base, a flavor-maker, some seasonings, and a sweetener.

Base

For vinaigrette choose an oil as a base. Olive, coconut, or walnut oil are great options. For creamy dressings, create a thick base from full-fat canned coconut milk, soft silken tofu, mashed avocado, mayonnaise or softened cream cheese.

Flavor-Maker

To flavor a vinaigrette, some possibilities are red wine vinegar, balsamic vinegar, lemon juice, champagne, or raspberry puree. To flavor creamy dressings, try mustard, horseradish, ketchup or relish.

Seasonings

Add your favorite herbs and spices. Dill, oregano, onion powder,

garlic, thyme or chives are flavorful choices as well as sea salt and cracked pepper. For a little kick, add a pinch of cayenne pepper or paprika.

Sweetener

A touch of sweetener balances the tanginess. In lieu of sugar, I prefer maple syrup, honey and stevia.

You can use this four-step guide to create your own signature dressing.

The benefits of olive oil are many including heart and brain health. Red wine vinegar contains the important antioxidant resveratrol. Maple syrup is rich in vitamin B, potassium, calcium, and zinc.

The Burrata salad shown above was made during one of our Healthy Cooking series. The dressing was made with a balsamic reduction, a touch of garlic, lemon juice whisked with olive oil.

Excerpted and adapted from "Gluten-Free and Loving It" and "Raising the Bar" both by Patricia Wilson. First published in LIFESTYLES Magazine/Tyler Morning Telegraph, Tyler, Texas. Photo by Patricia Wilson. Copyrighted material; all rights reserved.

Connect with her at PatriciaCWilson.com.

Join us at our next Cooking Demonstration with Amanda.
Featuring Mexican Cuisine—One Skillet Creamy Chicken Enchilada, Fresh Pico and Guacamole.
Tuesday, May 2 at 5 pm at The Meadows Community Lifestyle & Wellness Facility—Perch.
Sign up on our website: themeadowssarasota.org



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RENEWING Our Ponds Through NMZ

Meadows Homeowners Association (MHOA)

Michelle Johnston,
MHOA President

In the 1970s, The Meadows began as one of the largest planned developments in Sarasota County with 85 water features, open spaces, and natural preserves, which all residents who live here continue to enjoy, especially the single-family homeowners. Just looking out a window from any home in The Meadows provides a great view! Additionally, with the open spaces, there are lots of birds and wildlife. The early mornings are especially nice when the birds are active, which makes walking in The Meadows like

visiting in an Audubon preserve.

All of the beauty that we enjoy is because of the forethought and planning of The Meadows founder, Frank Taylor, from England. It is his legacy that we need to protect for the future. To that end, the Meadows Homeowners Association (MHOA) Board, representing the single-family homeowners supports the work of the Meadows Water and Wildlife Committee because it is actively renewing the ponds through supporting "No Mow Zones (NMZ)" around the ponds and planting aquatic plants along their banks. Please join the Water and Wildlife Committee on May 12 to assist with the aquatic planting event. To maximize the cooler morning temperature, it will begin at 7:00 AM at The

Meadows Community Lifestyle & Wellness Facility, with coffee and breakfast sweets. Contact Sandy Truman, MCA Community Standards Administrator, at 941-377-2300 or by email administration@meadowssa.com or sign up through our website themedowssarasota.org.

Further, the single-family homeowners, who are continuously improving their homes and property, are upholding the decades-long traditions of keeping The Meadows beautiful. A brief trip through The Meadows shows remodeling, renewing, and renovating on each street, from exterior painting to new plantings. There is a lot of activity in The Meadows. Even seasonal residents continue to improve their properties while away.

For our neighbors, who are leaving this Summer, the MHOA Board wants to remind you to start planning to close up your home about three weeks before you leave. Some of your close-up activities should include,

making sure that air conditioner professionals check your system, figuring out how to control the humidity inside your home, finding a friend to look after your home, and preparing your home for hurricane threats. Additionally, clean out the refrigerator and freezer, set up timer lights, and cancel mail, papers, and other services. This list is brief and includes just a few of the many actions that you should take. To find out more information, county cooperative extension offices and the Meadows Community Association (MCA) have information or you can find information online by googling "Closing my Florida Home for the Summer."

When everyone returns to The Meadows, the MHOA will have a great event to welcome you back and renew our friendships.

For information on joining the MHOA, please email meadowshomeownersarasota@gmail.com.



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THE INDIGO GIRL

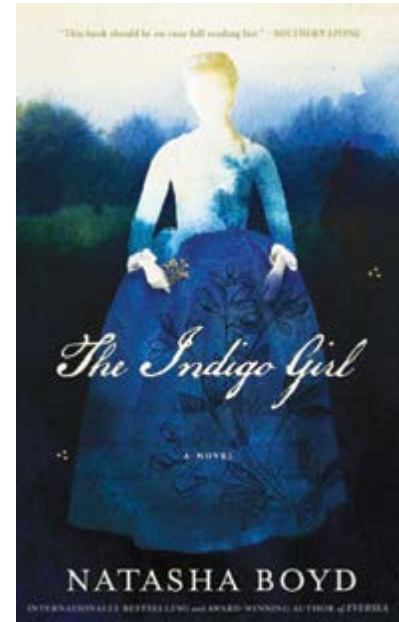
BY NATASHA BOYD

Joanne Simons – The Meadows Book Club May Preview

Soon her family is in danger of losing everything.

process of making indigo dye and in return-against the laws of the day-she will teach the slaves to read.” (Book Cover)

“Upon hearing how much the French pay for indigo dye, Eliza believes it’s the key to their salvation. But everyone tells her it’s impossible, and no one will share the secret to making it. Thwarted at nearly every turn, even by her own family, Eliza finds that her only allies are an aging horticulturalist, an older and married gentleman lawyer, and a slave with whom she strikes a dangerous deal: teach her the intricate thousand-year-old secret



Natasha Boyd (writing romance as Tasha Boyd) is a USA Today, Wall Street Journal, internationally bestselling, and award-winning author of contemporary romance, romantic comedy and historical fiction. She resides in Atlanta with her husband and two sons. The Indigo Girl was long listed for the Southern Book Prize and was a Southern Independent Booksellers’ Association OKRA PICK. Her work is available in English, Italian, Turkish, German, French, Czech, Serbian, Russian, and Indonesian.

Please join the Meadows Book Club on May 10 at 2:00 p.m. in the Lakeside Room at the MCA to discuss this interesting book about a fascinating and determined young woman who persisted despite ever so many obstacles placed in her way. Until then, please keep on reading!

Most of us love historical fiction when it is well-researched and true to the facts. With her novel, *The Indigo Girl*, (Blackstone Publishing, 2017) bestselling author Natasha Boyd draws from the true story of Eliza Lucas Pinckney and her personal writings for a story of ambition, betrayal, and sacrifice—and at its core, the secret process of making indigo dye.

“The year is 1739. Eliza Lucas is sixteen years old when her father leaves her in charge of their family’s three plantations in rural South Carolina and then proceeds to bleed the estates dry in pursuit of his military ambitions. Tensions with the British, and with the Spanish in Florida, just a short way down the coast, are rising, and slaves are starting to become restless. Her mother wants nothing more than for their South Carolina homestead to fail so they can go back to England.

THE BOOK CLUB JUNE PREVIEW IS *HORSE BY GERALDINE BROOKS* (VIKING; FIRST EDITION, JUNE 2022) IS THE THIRD NOVEL THAT THE MEADOWS BOOK CLUB HAS READ BY THIS AUTHOR. HER NOVELS ARE SATURATED WITH DETAILS FROM HER PRODIGIOUS RESEARCH AND ENLIVENED BY HER ABILITY TO WEAVE A STORY OUT OF SNIPPETS OF HISTORICAL FACT.

THIS BOOK REVIEW WILL BE AVAILABLE ON THE MCA WEBSITE themedowssarasota.org UNDER THE BOOK CLUB ICON.

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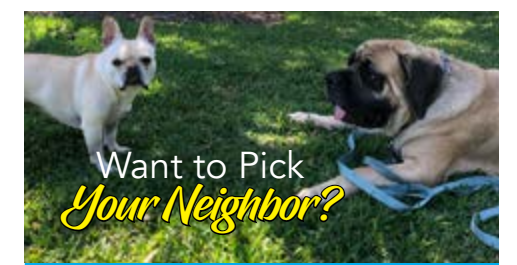


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- 6736 Deering Circle** \$499,900
3 Bdrms | 2 Baths | 1689 Sq. Ft | Single Family
- 4616 Hamlets Grove Dr** \$539,900
3 Bdrms | 2 Baths | 1817 Sq. Ft | Single Family
- 4857 Post Pointe Dr** \$550,000
4 Bdrms | 2 Baths | 1942 Sq. Ft | Single Family
- 5344 Howard Creek Rd** \$1,700,000
3 Bdrms | 2 Baths | 1802 Sq. Ft | Single Family
- 3532 Flamingo Avenue** \$3,589,000
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Annual Subscription - Begin in January and end in December of that same year. Your subscription will include all *Meadowword* issues and any special editions in June and August IF published.

USA	\$24.00
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USA	\$14.40
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MEADOWWORD DEADLINES

The deadline for advertising and article insertions into *The Meadowword* is the first Monday, one month prior to the month of insertion.

The deadline for the *July Meadowword* is Monday, June 5.

There is no June issue of *The Meadowword*.

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Briarfield Furnished Villa 2B – 2B with Enclosed Garage Lanai Facing Golf Course Board Approval Required 732-966-4115

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Bill & Louise wish to rent a 2BD/2BA condo in The Meadows for February and March 2024. Please contact us by phone, text or email 847-830-9286 or wkhayes6@gmail.com

Martha and Dick wish to rent a condo in the Meadows for one, two or three months, Feb, March, April 2024. Please contact us @ 612-581-0797 or martha.capps@gmail.com Meadows reference available.

ITEMS FOR SALE

Sara Stedy Compact-lift to bed or chair \$925 (1 owner)
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THE MEADOWWORD

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Meadoword

The Meadows Community News and Lifestyle



May 2023 Calendar

DATE	TIME	EVENTS/MEETING	
May 1	2-3 PM	Safety Committee	MCLWF
May 2	3-4 PM	Standards Committee	MCLWF
	5 PM	Cooking With Amanda Mexican Cuisine	MCLWF
May 3	1 PM	Communications Committee	MCLWF
	6:30-7:30 PM	Bingo	MCA
May 4	10 AM-11 AM	Activities & Events Committee	MCLWF
	2 PM	Garden Club	MCA
	1-4 PM	Electronic Tutor	MCA
May 5	9 AM-1 PM	Adept Audiology	MCA
	4-6 PM	Cinco de Mayo Celebration	MCLWF
May 9	10 AM	Tale of Atala & Cootie	MCLWF
	4-5 PM	Emergency Preparedness	MCLWF
May 10	2:30-3:30 PM	Maintenance Committee	MCLWF
May 11	1 - 3 PM	MCA Board Meeting	MCLWF
May 12	7 AM	Aquatic Planitng	MCLWF
May 13	8:30 AM – 3:30 PM	OnSpot Dermatology	MCA Parking Lot
May 15	2-3 PM	Mother's Day Comedy Show	MCLWF
May 16	8 AM-2 PM	Platelet Drive	MCA
	1 PM	Active Shooter Class	MCLWF
May 18	7 PM	Movie Night: The Whale	MCLWF
May 23	6:30-7:30 PM	Ice Cream Social	MCLWF
May 24	4 PM	Assembly of Property Owners	MCLWF

MCLWF = Meadows Community Lifestyle & Wellness Facility, 3350 Longmeadow
 MCA = Meadows Community Association Building, 2004 Longmeadow

CLUBS & SOCIAL GROUPS

- Drop in Art Studio**
Melinda Gordon
mpgordan@gmail.com
Every Thursday 10:00 AM – 12 PM
- Bike Club**
Janet Schmidt
jlschmidt_74@yahoo.com
Every Wednesday 9 AM
Meets at Meadows Pub
- Bingo**
Agnes Rutushni
RSVPBingo@yahoo.com
1st Wednesday of the month
6:30 PM
- Bridge-Wednesday**
Susan Ritchay
susanritchay70@gmail.com
Every Wednesday 1 – 3:30 PM
- Bridge-Friday**
John Harwood
jharwood222@verizon.net
Every Friday 12:30 – 3 PM
- Bridge Saturday Duplicate**
Dot Boulia
mcaduplicate@gmail.com
Date/Time varies
- Book Club**
Jerry Bernier
941-554-8574
Monthly, 2nd Wednesday, 2 PM
- Canasta: Hand & Foot**
Debra Ashenofsky
wheresmamamia@gmail.com
Every Friday 1:15 – 5 PM
- Cornhole**
Susan Weisse
cbweisse@yahoo.com
Every Thursday 3 – 5 PM
- Craft Group**
Gayle Kroll
Gkroll03@icloud.com
Every Wednesday 9 – 11 AM
- Game Night**
Pat Webster
mi2tall4u@gmail.com
Every Thursday 6:30 – 8:30 PM
- Garden Club**
Melanie Babineau
mbabineau50@gmail.com
Monthly, 1st Thursday 2 – 3 PM
- Hot Stove League**
Mark Pienkos
markpienkos2012@gmail.com
Monthly, 2nd Tuesday 9 – 11 AM
- Knit Happens**
Vicki Carey
vickidon1989@gmail.com
Monthly, 2nd Monday 1 – 3 PM
- Mah Jongg**
Andrea Papadakis
apapadakis1@yahoo.com
Every Monday 9 AM – 12 PM
- Meadowlarks**
Michael Bruno
michaelbruno@verizon.net
2nd & 4th Fridays of each month
10 AM – 12 PM
- Meadows Chorus**
Cheryl Dickerson
cheryl_dickerson@hotmail.com
Every Thursday 7 – 9 PM
- Meadows Sailing Assoc.**
Adam Lawall
saltyadam@gmail.com
Every Tuesday 1 – 3 PM
Meets at MCA Pond
- Memoirs**
Liz Barnett
meadowsmemoirs21@gmail.com
Meets 1st & 3rd Friday
10 AM – 12 PM
- Pieceful Quilting & Needlepoint**
Marge Erasmus
margareterasmus@gmail.com
Every Saturday 9 AM – 12 PM
- Shalom Club**
Helen Stone at Heleuri@gmail.com
or Joni Cohen at
Joni.Cohen2@gmail.com
Every 4th Sunday at 3 PM



All MCA activities, clubs and social groups meet at the Meadows Community Association Building (MCA), located at 2004 Longmeadow, unless otherwise noted.