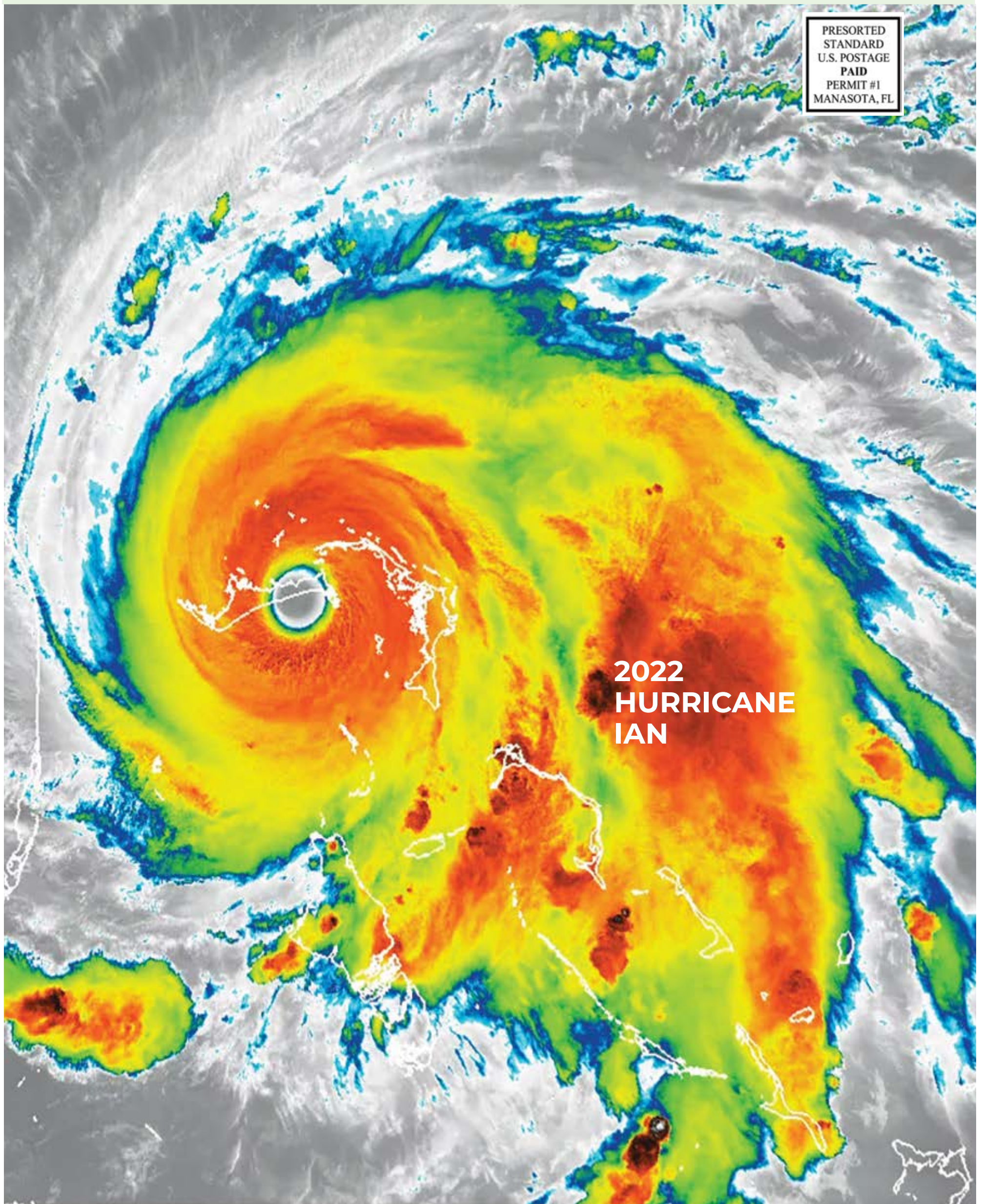


# Meadoword

The Meadows Community News and Lifestyle



# BE PREPARED

COMMUNITY  
NEWS  
2-7

OUR  
LIFESTYLE  
8-19

ACTIVITIES  
EVENTS & REMINDERS  
14-15

WRITE  
STUFF  
20-21

CLASSIFIEDS  
22-23



Marilyn Maleckas — MCA Board President

# Planning & Preparing BEFORE & AFTER A STORM

HURRICANE SEASON BRINGS A HUMBLING REMINDER THAT, DESPITE OUR TECHNOLOGIES, MOST OF NATURE REMAINS UNPREDICTABLE.

With plans and resources in place, we all will feel less stressed, more calm and better able to make the best decisions needed for the hurricane season. Preparing now will increase readiness and will be less overwhelming than immediately before a storm.

The Meadows' Emergency Preparedness Committee comprised of Meadows volunteers has already moved into high gear and their community meetings are available to all residents with the times and locations on the back cover of *The Meadoword* editions which are also available on our website.

Now is a great time to create a plan that allows that makes staying in your home as comfortable as possible and yet have items put together in one place in case you do need to evacuate even for a short time.



## BEFORE THE STORM Create inventory and photographs

We are advised to create an inventory of our home and photograph or video all the contents inside as well as photograph or video the outside including lanais, pool and pool cages. These steps are important for insurance claims to illustrate that any damage sustained during

the storm was not pre-existing damage.

**First 72 Hours Readiness.** County Emergency Management personnel tell us the first 72 hours are on us. That means we each need to prepare in advance and have food, water, medication, personal hygiene items, pet food, flashlights, first aid essentials, home repair tools, batteries and preferably a weather radio to keep track of the storm.

**Preparing for power loss.** Beyond generators, alternative power sources to consider would include portable power banks for iPhone and laptop usage, outdoor grills or tabletop propane grills for meal preparation.

**Assemble important documents.** Now is a great time to assemble in one place such as a waterproof, fireproof envelope to keep handy in one place items such as cash, passport or other identification, pet photos/vaccination information, insurance policy and agent contact information, bank account information as well as contact data for neighbors, property manager, relatives et al.

**Develop meal plans.** Making a multi-day meal preparation plan and purchasing the food ahead of time reduces the stress that last-minute shopping brings. In addition to planning regular meals, make sure to have sufficient healthy items and a few treats as well, all of which will contribute to balancing the acts of preparedness with a normal life.

**Temporary evacuation with a pet.** For information on local

pet friendly Florida hotels, visit [petswelcome.com](http://petswelcome.com).

**AFTER THE STORM** It is most important to stay inside until you are confident that the storm has passed, and we are all advised to use extra caution around downed wires as well as pooled, stationary water. If you incur property damage, notify your insurance agent/ insurance company and, as soon as practicable thereafter, contact local, licensed personnel for an independent assessment of damages. Here is a list of resources that may be needed if damage to property has occurred or if important information is required.

**Hotline Assistance.** For power restoration needs, Florida Power and Light's hotline number is 800 468-8243.

**Disaster Recovery Registry.** FEMA's hotline registry number is 800-621-3362.

**Contractor License Verification.** To verify if a contractor is licensed in Florida, visit: [MyFloridaLicense.com](http://MyFloridaLicense.com).

**Emergency.** For an emergency whether health or safety related, dial 911 for Sarasota County Emergency assistance.

We hope these articles help with your preparations. As we progress through hurricane season, we ask that you check on your neighbors. Our community's caring nature is what makes The Meadows a special place to live.

**OUR MISSION**  
To preserve the property values, ambiance and vitality of our community.

**OUR VISION**  
To be known as a well-maintained, welcoming, safe community with up-to-date housing, activities and services designed to meet the needs of all residents.

# Are You Prepared?



Frances Rippondi — MCA General Manager

## ARE YOU PREPARED?

In preparation for hurricane and rainy season there is plenty to be done. The MCA moves into full gear as we address our drainage system, tree canopies, prepare articles, constant contacts and reconvene the Emergency Preparedness Committee. All of this in an effort to keep the community informed and safe. Our goal is to get the word out that preparation and planning is key to safety.

## MASTER DRAINAGE SYSTEM

Prior to hurricane and rainy season, The MCA Maintenance Team inspects the drainage system to ensure swales and inlets are not overgrown with vegetation, that could prevent water from flowing. We notify the county if their drainage ditch system is blocked by debris, fallen trees or limbs.

Recently, both Sarasota County and FEMA contractors were in The Meadows removing downed and leaning trees in and on the banks of the canals. They also removed any trees that prevented their team from accessing the canal. The goal being, to eliminate blockages, and restore proper drainage.

Sarasota County also clears overgrown vegetation in designated ditches from the bottom of the canal to the top of bank. If you see limbs down or blockages in the canal system, please contact **Sandy Truman**, Community Standards Administrator at 941-377-2300 or [administration@meadowsca.com](mailto:administration@meadowsca.com) and report it.

The MCA master drainage system contains more than 85 lakes and numerous ditches and swales. Stormwater runoff is transported by curbs, inlets/storm drains, and pipes into our lakes and ponds. The majority of these ponds are interconnected by pipes/culverts, swales and ditches. This system was designed by civil engineers who analyzed The Meadows' existing conditions and natural systems. They took into consideration the amount of pervious and impervious surfaces based on the maximum buildout of the overall community project; they sized pipes, and connected stormwater retention ponds accordingly throughout the community to reduce potential flooding hazards. They designed

and directed the waterflow to enter the stormwater ponds and drain through pipes and outflow structures that allow water to ultimately flow into Phillipi Creek and Roberts Bay. Our stormwater system, which has been in place for almost 50 years, still operates according to the engineer's master design.

Several times per year the MCA receives calls about the water levels in the ponds. In the winter when it's dry, the concerns center around how low the water level is, followed by a request to turn the water on to fill the ponds. Conversely, in the summer, during rainy season, the concern is how high the water level is followed by a request to drain the water. While we wish we could accommodate residents' concerns, the MCA has no master control switch to fill or drain the ponds in The Meadows. The storm water ponds were designed to do exactly what they are doing.

## TREE REMOVAL, TRIMMING AND CARE TAKING

At The Meadows we love our trees because we understand the value they bring to our community



Map Island, located near 17th street entrance.

and our own well-being. Last year, Hurricane Ian wreaked havoc in our community with the loss of over 200 trees on MCA and golf course property. One would think, with so much loss there would be nothing to do in preparation for hurricane season but in fact, it's quite the opposite. Now is the time to prune your trees (if you haven't done it yet) to properly allow for wind to flow through the canopy and remove any remaining dead limbs or trees whose root structure has been compromised.

Unfortunately, The MCA is still removing dead trees and limbs that are now just becoming noticeable.

The MCA has begun their bi-annual tree trimming event. Contractors will remove dead branches, trees and lift the low hanging branches over common area roadways and paths. Properly addressing the landscaping needs on your property now will result in less debris damage during and after a storm event.

## DEBRIS, WHOSE RESPONSIBILITY IS IT?

Sarasota County and FEMA requirements are constantly changing. Each year the MCA submits the necessary Right-Of-Entry paperwork to Sarasota County to allow debris removal contractors to enter our property. Years back, after Hurricane Irma, Sarasota County contractors entered The Meadows and removed a substantial amount of debris. Fast forward to Hurricane Ian. After submitting the required paperwork and debris pick up was underway throughout Sarasota, FEMA provided new rules to the county. The county explained to us, things are always changing, and they needed to follow the guidelines they were given. The

County designated what roads would receive debris pick up in The Meadows - primarily roads in front of single-family homes that were not in Associations or Condominiums.

Per FEMA rules, the condominiums in The Meadows that are run by a condo association that owns the land are not eligible as no individual resident owns the property making it a commercial entity by FEMA's guidelines. Once the MCA received knowledge of this information we provided constant contact notices, and links to Sarasota County so residents could obtain the latest information.

Every year things change. We have already reached out to the County in preparation for this hurricane season and were informed that FEMA guidelines have not changed regarding restricted access versus unrestricted access for private roads or condominiums since last season. Therefore, associations

and condominiums should be prepared to dispose of their own debris.

The MCA will continue to keep you informed. However, it is best to log onto Sarasota County's Website to get the latest information at [www.scgov.net](http://www.scgov.net).

## MCA'S TREE REMOVAL RESPONSIBILITY

You may be asking yourself what does the MCA do after a storm with fallen trees? We have our contracted tree company on stand-by to enter our community and to clear all roadways to make them navigable. The MCA and our Contractor have multiple conversations prior to a storm event and we both have an understanding of our priorities:

- 1. Clear the Roads** - Even though a tree may have fallen within an association, our goal is to clear passage so residents and emergency vehicles can safely navigate The Meadows. That isn't to say we will remove it if it is in an association. The tree removal itself is the responsibility of the Association. Our goal is to work together to get the roads cleared.
- 2. Remove Dangerous Hanging Limbs over Walks and Roadways.**
- 3. Remove Dead Trees from Common Area Property.** Our goal is to have fallen trees removed as quickly as possible, but we understand that our tree service has other clients whose needs may be greater (i.e., trees on top of their homes). Therefore, we work together trying to get as many trees scheduled for removal while they accommodate their clients whose needs are greater.

This year we are hoping for a quiet hurricane season, but it only takes one storm to disrupt the lives of many. Similar to other communities, The Meadows is still feeling the effects of Hurricane Ian, with downed FPL lights, perimeter fencing and debris needing to be removed.

While we are doing our best to get these last remaining items completed, we hope you continue to do your part keeping you and your loved ones safe.



Tom Bondur—  
Standards  
Committee, Chair

# Stay Safe. Plan. Be Ready.

It is hurricane season again. Last year, Sarasota County took a substantial hit from Hurricane Ian. For many communities, particularly in the south county, cleanup and recovery operations are still underway.

Sarasota County has declared that residential debris recovery efforts from Hurricane Ian are complete (<https://www.scgov.net/government/solid-waste/hurricane-ian-solid-waste-recovery>). Yet homeowners and businesses are still dealing with damaged infrastructure, injured trees, and other problems.

The Standards Committee continues to receive architectural review applications to remove damaged trees, repair/replace roofs, and upgrade residences to high-impact windows. Supply chain issues and availability of service providers often complicate and delay these efforts. It is important to make improvements proactively to avoid these problems when possible.

Based on the number of applications the Standards Committee is receiving, there appears to be a high level of

awareness among residents on the need to prepare for a disastrous storm. Now is the time to trim trees, prune bushes, clear gutters, and remove debris from drainage channels. If you decide to remove a tree, especially a canopy tree such as a live or laurel oak, you must submit an architectural review application.

Please remember to secure or store any exterior objects that can become air-borne projectiles in a storm, such as lawn chairs, pottery, barrels, statuary, or similar items. It is particularly important to perform these tasks ahead of time if you plan to travel over the summer.

The Florida Division of Emergency Management (FDEM) declared two 14-day Disaster Preparedness Sales Tax Holidays to encourage residents to purchase emergency-preparedness items. The first one was May 27 through June 9; the second one is August 26 through September 8.

These tax holidays are good times to purchase expensive items like portable generators and other equipment as well as stock up on basic supplies such as flashlights, radios, batteries,

first-aid equipment, and other items found on any emergency-preparedness list (<https://www.ready.gov/kit>). Please be very careful storing gasoline or other combustible items.

If you plan to install a whole-house generator, you must submit an architectural review application in addition to applying for a Sarasota County building permit. Replacing old windows with hurricane-impact windows and front or garage door replacements also require both types of permits.

The summer months in Sarasota can be a great time of the year despite the heat and humidity. The tourists and other seasonal residents are gone. Traffic is light; restaurants are less crowded. You can drive to the beach and keys without sitting in stop-and-go traffic.

Despite the summer lull, we still need to be aware of what is happening around us in the Atlantic Ocean and Gulf of Mexico and be prepared. We all know how powerful nature is and how quickly it can drastically alter our lives. Stay safe, plan, and be ready. Have a great summer.

**TAX FREE DISASTER PLANNING**

TAKE ADVANTAGE OF THE TAX FREE DISASTER PLANNING FOR ADDED ITEMS YOU MAY NEED. AUGUST 26 THROUGH SEPTEMBER 8

## APRIL & MAY APPROVED ARCHITECTURAL REVIEWS

<p><b>APRIL</b> Heatherwood HOA 4648 Glebe Farm Rd 2993 Heather Bow 5667 Downham Meadow 4963 Rutland Gate (2) 4470 Highland Oaks Cir 4536 Glebe Farm Rd 4787 Greencroft Rd 4772 Greencroft Rd 3120 Heatherwood Ln 5452 Hampstead Heath (2) Chatsworth Greene Condo Assn 4575 Windsor Park 4719 Harvest Bend 4513 Longwater Chase 2864 Wrenwood Ct 3266 Sandleheath 5024 Marshfield Rd 4957 Rutland Gate 4648 Glebe Farm Rd 4802 Greencroft Rd</p>	<p>4859 Greywood Ln 3433 Highlands Bridge Rd 4387 Longmeadow 4643 Longwater Chase 4768 Ringwood Meadow 4775 Ringwood Meadow 3158 Sandleheath 3226 Sandleheath</p> <p><b>MAY</b> Long Common Condo Assn 3081 Quail Hollow 5029 Vivienda Way 4812 Greencroft Rd 2651 Greenbelt Yard 4648 Glebe Farm Rd 4441 Highland Oaks Cir 4541 Windsor Park 5417 Myrtlewood Rd 5310 Huntingwood Ct 5055 Marsh Field Rd (2) 4965 Marsh Field Rd 5675 Downham Meadow</p>	<p>3362 W. Chelmsford Ct 3380 W. Chelmsford Ct 4739 Harvest Bend Kingsmere Condo Assn Oakley Greene Condo Assn Papillon Condo Assn Woodmans Chart 3955 Chatsworth Greene 3379 E. Chelmsford Ct 5295 Everwood Run 4443 Glebe Farm Rd 4730 Harvest Bend 4562 Highland Oaks Cir (2) 3314 Highlands Bridge Rd 3418 Highlands Bridge Rd 4277 Highlands Bridge Rd 2924 Longleat Woods 4419 Oakley Greene 3015 Rosemead (2) 3744 Surrey Ln 4693 Glebe Farm Rd 4701 Greencroft Rd</p>	<p>4524 Highland Oaks Cir 5348 Myrtlewood Rd 5417 Myrtlewood Rd 4741 Ringwood Meadow 3132 Heatherwood Ln Woodmans Chart Condo Assn Sandleheath Condo Assn 4766 Ringwood Meadow (2) 3120 Heatherwood Ln (3) 5655 Pipers Waite 4774 Windsor Park 4444 Highland Oak Cir 3326 Highlands Bridge Rd 2890 Longleat Woods 4709 Ringwood Meadow Chatsworth Greene Condo Assn Pipers Waite Condo Assn 2483 Crispin Ct 4540 Highland Oaks Cir 3236 Ringwood Meadow 4646 Ringwood Meadow 4776 Ringwood Meadow 4325 Woodmans Chart</p>
---	--	---	---

# SAFETY REPORT

### APRIL REPORT

During the month of April, 2023 there were (18) incident free days - (3) More than March 2023. There were (24) reported incidents - (5) less than March 2023. There were (51) citations issued this month - (89) less than March 2023.

Incidents are defined as a variety of complaints or concerns ranging from minor to more concerning activity reported by a resident. Examples of such (but not limited to) are; an alarm, animal and fishing complaints, reports of safety hazards, burglary, harassment, welfare check, dumping, solicitation or suspicious person(s).

Citations are violations that do not respect our documents related to Meadows standards. Examples of such are: restricted vehicles, parking violations, garbage cans not being picked up or put out too early, violations subject to tow, sign restrictions. Safety responded to the following during the month of April:

### FISHING COMPLAINTS

- Fishing complaints – all were non-residents and complied with direction to leave the premises.

### DAMAGE COMPLAINTS

- April 3, a contractor ran over a stop sign on Windsor Park.
- April 23, Safety discovered damaged railings on the

sidewalk bridge adjacent to Heather Bow & the golf course. It was apparent damage was caused by a golf cart and the Meadows Country Club was contacted.

### BURGLARY REPORTS

- April 19, it was discovered by complainant upon her return from vacation that a "potted desert rose" plant was taken from in front of her home in the 5200 block of Huntingwood.

### MISCELLANEOUS

- April 9, traffic accident at Willow links. Both parties involved, handled the incident themselves.
- April 17, a missing person complaint was reported and resolved.
- April 23, suspicious person with a reported hygiene issue, was using an association pool. Person left when told to by complainants. Property maintenance was contacted by complainants.

### MAY REPORT

During the month of May, 2023 there were (12) incident free days - (6) less than April 2023. There were (27) reported incidents - (3) more than April 2023. There were (61) citations issued this month - (10) more than April 2023.

Safety responded to the following during the month of May:

- May 11, 28 & 30th Fishing complaints were answered. Two of whom were not residents and left without issue, one had left the area before the complaint was made.

### SUSPICIOUS PERSONS

- May 1, 3, 9, 17, 24 & 29
- Suspicious persons reported but were either residents or persons who had legitimate business in The Meadows with the exception of one:

A man described as appearing to be Hispanic, 6 ft. tall, balding in a white dirty T-shirt and black pants was found sleeping in the unlocked pool bathroom at an association pool. The man was told to leave by the residents and he left. Safety was unable to locate the man upon a search.

May 1 & 23

- Suspicious person was reported and found to be a neighbor.

- In was reported that handprints were found on sliding glass doors that were not the occupants. They were advised to call Sarasota Sheriff's Office.

### TRESPASSING

- May 2 & 8  
A man sleeping in his car at Bunker Oaks – Known to Safety and left when advised .

### ANIMAL REPORT

- May 3, 9 & 19
  - Animal complaint regarding dogs on Glebe Farm RD. getting out or running loose from their residence
- May 14, found a lost dog, owner was located and reunited with the dog.
- May 7 & 14, a dead Raccoon & dead birds – all were removed and disposed of.
- May 10, an injured bird – advised to leave alone and observed – bird left the area.

### BURGLARY

- May 19, a resident requested safety make a report on a burglary involving jewelry. This occurred three days prior to when it was originally reported on April 4. The incident occurred in the Ringwood Meadow area, and had already been reported to Sarasota Sheriff's Office.

### MEDICAL EMERGENCY

- May 28
  - A medical emergency called into safety for an unresponsive person in Chandlers Forde community. Caller was advised to call 911. Safety respond. EMS arrived at the same time as Safety. The individual was transported to the hospital.

.....

**In the event of an emergency, call 911.**

**The non-emergency Sarasota County Sheriff's Office number is 941-316-1201.**

**The Meadows Safety Patrol number is 941-809-0084.**

**MEGHAN MAYES**  
REALTOR

**Buying or selling a home?**  
Call Meghan, your on-site Meadows Realtor

**CONTACT**  
314-324-6741  
meghanmrgs@gmail.com  
5027 Ringwood Meadow  
Sarasota, FL 34235

# Emergency Preparations in The Meadows

Mike Mazur— Emergency Preparedness Committee, Co-Chair

We are one month into hurricane season as June 1st began the official start and on that date hurricane researchers at Colorado State University slightly revised their storm predictions upward. They are predicting near average activity with 14 named storms, seven hurricanes, and three major hurricanes. As is the case with all hurricane seasons, Meadows residents are reminded that it only takes one hurricane making landfall to make it an active season for us. We should prepare the same for every season, regardless of how much activity is predicted.

## Emergency Preparedness Committee

Over the decades, The Meadows has had the good fortune to have a group of dedicated volunteers staffing the Emergency Preparedness Committee (EPC). When you think of this committee, do not visualize Jim Cantore wanna-be's out in the wind and driving rain. During a storm, all EPC members, like you, should be sheltered in a safe place until the storm passes and the "all clear" is issued by county authorities.

After the "all clear", EPC members come out of their homes and safely assess conditions in their assigned area. The Meadows is divided into several zones and most have an Area Leader assigned. Area Leaders connect with their assigned committee members in advance of the storm and are the first line communication point for their zone. In each zone, there are several Rovers assigned who carefully drive or walk their section of their zone after the storm. Other committee members in a zone assess conditions in their

immediate area.

The items assessed by EPC members include trees or others items that are blocking roads, damaged or missing road signs, electrical issues, and other hazardous conditions. They also report any human health or injury issues that they may encounter.

The central point of contact for the EPC members is their area leader or the MCA Emergency Operations Center (EOC). The EOC is housed at the MCA building where a generator supplies power to parts of the building and internet and phone service is generally intact. It is staffed by EPC members on the communications team. They are receiving condition reports and are noting the most critical.

After Hurricane Ian, the EOC was open at 7:30 am with generator power and spotty Internet and phone service. The bulk of the reports were about trees blocking roads. By 10:30 am, the MCA's contracted tree provider arrived as had the MCA maintenance team. Debris removal started in earnest and all trees blocking roads, except for one, were removed. The sole road blockage had not been reported but MCA staff spotted it in follow-up drive-bys and the tree crew returned from elsewhere to remove it. With no further reports, the EOC ceased operations by noon. It was a busy morning with EPC volunteers covering all areas of The Meadows thoroughly.

## Preparation Is Crucial

PREPARATION is the middle name of our committee, and our goal is to prepare personally, to prepare



Highland Bridge Road with large tree blocking passage.

our community, and to prepare our neighbors for making it through a storm event with as little disruption to daily life as possible. That's a lofty goal and the reality is that you actually need to be a key player in this effort. One of the most helpful items offered by the county that will provide you with a wealth of information on personal preparation is the Sarasota County All Hazards Disaster Planning Guide. This 2023 publication is available on the Sarasota County Emergency Services website. It and several other county publications are available at the MCA Emergency Preparedness Information display at the MCA building to the left of the library entrance.

## Sarasota County Medical Needs Program

There are several aspects to preparation that are all important but in this issue, we are focusing on a crucial one that deserves your immediate attention if it applies to you, a loved one or a neighbor – **Medical Needs Program**

- If you have special needs with mobility.
- If you are on oxygen or use

electrical medical equipment.

- If you will need medical evacuation and special sheltering, this program is for you.

Sarasota County residents with qualifying medical needs are encouraged to apply for registration as a medically-dependent person (MDP). It is important to apply in advance for this program so, if qualified, you will be on the county's registry for transportation and sheltering at a medically-dependent Evacuation Center during a disaster. Pre-registration helps the county to help you when time is limited. Applications should be submitted now as this is not something that can be easily arranged if at all at the last minute.

There is an online registration on the Sarasota County Emergency Services website and there is also a paper application process. Visit <https://www.scgov.net>

**DON'T MISS THE EMERGENCY PREPAREDNESS Community Presentation**  
**Tuesday, July 18**  
**4-5:30 PM**

Sign Up on the MCA website [themeadowssarasota.org](http://themeadowssarasota.org)



**RENTALS NEEDED!!!!**  
 YOU CAN TRUST ME TO MANAGE YOUR PROPERTY! I HAVE YEARS OF EXPERIENCE LEASING BOTH ANNUAL AND SEASONAL PROPERTIES IN THE MEADOWS.  
**\*\*\*CALL ME NOW\*\*\***  
 I PAY ATTENTION TO THE DETAILS MAXIMIZING YOUR INVESTMENT AND MINIMIZING THE HASSLES.  
 941-954-4443

**SHIRLEY CUDDY**  
**RENTING & SELLING THE MEADOWS**  
**FOR OVER 30 YEARS!**  
**CELL: (941) 321-1549**





**Marcia McLaughlin**  
 HOMES IN PARADISE  
 (941) 726-1536  
 E-mail: [soldem@aol.com](mailto:soldem@aol.com)



1510 Sq. Ft. End Unit, 2 Bedrooms + Den, 2 Baths, 2 Car Garage, Air Conditioned Glassed-In Lanai, Walled Courtyard Entry, Shows Like a Model \$439,900

**FOR SALE**  
 3303 W CHELMSFORD COURT

**Selling Meadows Real Estate for nearly 30 years**

RE/MAX Alliance Group  
 2000 Webber Avenue, Sarasota FL 34239  
 Each office independently owned and operated




**MILITARY & SENIOR CITIZEN DISCOUNTS**




IS YOUR AC READY FOR THE HOT SUMMER MONTHS AHEAD? HAVE YOUR SYSTEM CLEANED AND TUNED TODAY! GRAB YOUR COUPON AT AIRRIFIC.COM

**CONTACT US**  
**941-371-3355**

**BOOK NOW**



**Welcoming Dr. Shamsia Shafi to the Meadows Family!**



## SERVICES

- Comprehensive Dental Care
- Implant Restorations
- Invisalign
- Cosmetic Dentistry
- Periodontal Management
- Selective Endodontic
- Fixed & Removable Prosthodontics
- Selective Oral Surgery
- Restorative Dentistry - Direct & Indirect

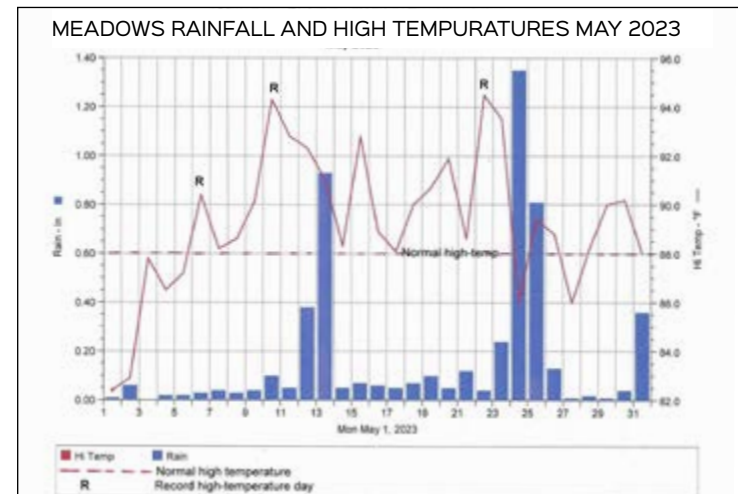
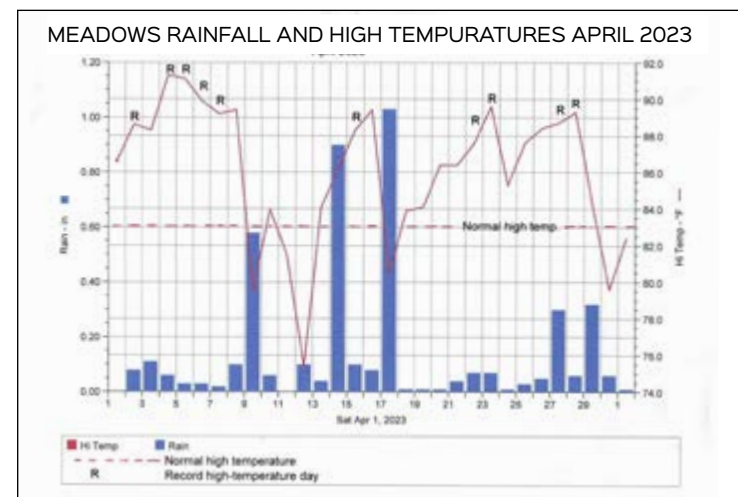
**Call today for an appointment**  
**941-377-3659**  
 4987 Ringwood Meadow  
 Sarasota, FL 34235  
[www.meadowsdentalassociates.com](http://www.meadowsdentalassociates.com)

# PREPARE . . .

## for the unexpected & unpredictable

Roy Wysniewski — April & May Weather Analysis in The Meadows

APRIL & MAY RAINFALL & TEMPERATURE DATA		
	APRIL	MAY
Rainfall for month:	4.36 inches	4.19 inches
Rainfall year-to-date:	7.82 in.	12.01 in.
25 yr. rainfall average:	2.16 in.	3.04 in.
Daytime high temperature:	88.8 F (normal: 83.0 F)	91.3 (normal: 88.2 F)
Above normal temperature days:	23	22
Record high-temperature days:	10	3



### ARE YOU READY?

If you have not yet updated your hurricane preparedness plan, there is still time to do so. Although scientists forecast a slightly below normal 2023 hurricane season, we must not drop our guard because history tells us that of all the hurricanes that do form in the Atlantic Ocean, forty percent make landfall in Florida. Consequently, there is a reasonable chance that several will strike the peninsula. Be prepared!

### RAINFALL ANALYSIS

Following two very dry months, April and May proved to be extremely wet – 64% above normal. This is quite unusual because much of coastal southwest Florida including the

Sarasota-Bradenton International Airport has reported moderate to severe drought conditions during this time.

The eight-month 2022-2023 'dry' season, which ended on May 31st, was rainier than usual as 18.5 inches were recorded – an inch and a half more than the historical average (17.1 inches).

### TEMPERATURE ANALYSIS

The pattern of above normal temperature days that began more than three years ago continued through April and May. Just how much did the temperature exceed normal in the two months? April was by far the warmest month. The average high temperature was nearly 6 degrees above normal in April, and about 3 degrees

above normal in May. Other temperature statistics for April and May (combined) include 45 above normal high temperature days and 13 record high temperature-days. Monthly rainfall and temperature data are presented in the two graphs.

### HURRICANE SEASON ANALYSIS

Forecasters at NOAA's Climate

Prediction Center (National Oceanic and Atmospheric Administration) and at the Colorado State University (CSU) are predicting a slightly below-average tropical cyclone season, see table on page 9.

Send comments and questions about this month's report to: roywys9@gmail.com.

# FORECASTS & PREDICTIONS

Roy Wysniewski



## National/Sarasota, Florida Forecast Sarasota Climate Adaption Center (CAC)

Seasonal hurricane forecasts are usually generated at the national level, not locally. In past years, residents living in The Meadows referred to forecasts issued by the National Oceanic and Atmospheric Administration, and by Colorado State University. This year, in addition to those traditional forecasts, residents have two new forecast options: First, a national/Sarasota, Florida forecast issued by the Sarasota Climate Adaption Center (CAC); and Second, and for the first time, a forecast for The Meadows generated in the Meadows.

**2023 National/Sarasota Hurricane Forecast:** On April 4th, the CAC issued their national forecast for the upcoming 2023 hurricane season. That forecast calls for 13 to 18 named storms, 5 to 8 Hurricanes, and 2 to 3 major hurricanes. The CAC's particular concerns for the Sarasota area are their expectations that 1) sea level rise, 2) storm surge, and 3) extreme precipitation will be more severe when the next tropical cyclone forms in the Gulf of Mexico. First-quarter 2023 atmospheric and sea temperature increases, and unprecedented Gulf of Mexico sea level

rise gives credence to the CAC concerns. The CAC's estimated timing for Gulf of Mexico cyclonic storms to develop is: Possibly one hurricane very early in the season, then a respite until October and November.

**2023 Meadows, Florida Hurricane Forecast:** Based on the CAC national and Sarasota forecast criteria, Meadows residents may experience one tropical storm and one hurricane - category 1-2. Although El Nino is projected to dominate the Atlantic Basin during the season, the influence of record-high CO2 absorption in the atmosphere and consistent above-normal Gulf of Mexico surface sea temperatures may be overriding factors, and storms that do enter the Gulf from the Caribbean Sea could intensify faster than in past years and take aim at Sarasota and Manatee counties. However, because of The Meadows' altitude above sea level (approximately 25 feet), residents don't need to be concerned about sea level rise or storm surge, but they most certainly should prepare for the possibility of extreme precipitation (flooding) events and damaging winds when storms do form!

## National Oceanic & Atmospheric Administration (NOAA)

Scientists at the National Oceanic and Atmospheric Administration (NOAA) released their 2023 hurricane forecast on May 25th. Their numbers are listed in the table below. Colorado State University's (CSU) hurricane researchers released their predictions in April, and their numbers are also listed below.

Based on an anticipated La Nina-to-El Nino transition by June (60% chance) or by September (80% chance), both NOAA and CSU anticipate a slightly below average-to-near normal Atlantic Ocean hurricane season when compared to about 30 years of data. However, there is some uncertainty because 1) Atlantic surface sea temperatures are climbing rapidly and are well above normal - warm ocean water is an important 'fuel' for tropical cyclone formation, and 2) In terms of hurricane formation in the Gulf of Mexico, surface temperatures are rising twice as fast as the ocean.

ATLANTIC BASIN HURRICANE SEASON I  
NUMBER OF STORMS

YEAR	2020	2021	2022	2023 (NOAA)	2023 (CSU)	30YR.AVG.
NAMED HURRICANES	30	21	14	13	13	14
MAJOR HURRICANES	13	7	8	6	6	7
	6	4	2	1-4	2	3

*It's always a great day in The Meadows!*

**FOR SALE**  
Pinebrook Hollow: 1 bedroom, partially furnished..... \$273,500.00  
Whisperwood: 3 bedroom, 3 bath, two car garage..... \$619,900.00

**FOR LEASE**  
Furnished Glen Oaks Manor Villa Seasonal: 2 bedroom, 2 bath, 2 car garage, water feature on lanai..... \$4,850.00 per month  
(08/ Seasonal rental rate \$3,500.00 per month)  
Weybridge: Furnished, available July-December..... \$3,400.00 per month

**Peg Schmitt**  
Realtor®

**Stop in the office for a copy of the Meadows Realty Group newsletter.**  
Sales/Rentals  
941-350-0552  
mhssunny@verizon.net  
5027 Ringwood Meadow | Sarasota, FL 34235

**2023 Best of SRO Local**  
PLATINUM WINNER

## You're Invited!

**Happy Hour Meet & Greet**  
with Aviva Senior Living Leadership

Join us for a happy hour where you can savor delectable appetizers, freshly prepared by Aviva's talented chef and culinary team, meet the Aviva Leadership Team, and mingle with residents to learn all that Aviva Senior Living has to offer.

**Thursday, July 20th | 4:00 - 5:00 PM**  
At the NEW Meadows Community Lifestyle and Wellness Facility  
3350 Long Meadow Street | Sarasota, FL 34235

**RSVP by July 17. Call 941-225-8369**  
or email [marketing@avivaseniorlife.org](mailto:marketing@avivaseniorlife.org).

**AvivaSeniorLife.org**  
Anchin Pavilion Lic#8951 Benderson Family Skilled Nursing and Rehabilitation Center Lic#13047046  
Independent Living | Assisted Living | Memory Care | Skilled Nursing & Rehabilitation

**Celebrating 30 Years**  
Aviva Senior Living  
Campus Active Community

**AFFORDABLE HAULING + JUNK REMOVAL**

CALL OR TEXT **941-217-9292**

[affordablejunkremovals.com](http://affordablejunkremovals.com)

**10% OFF\***  
\*Must request discount on initial call. Can not be combined with other offers

**LOCALLY OWNED & 5 STAR RATED AFFORDABLE RATES RESIDENTIAL / COMMERCIAL PROPERTIES**

- Garage Clean-Out
- Yard Debris Removal
- Storage Unit Clean-Out
- Move-In or Move-Out
- Trash Removal
- Shed Removal
- Appliance Removal
- Construction Clean-Up
- Light Demo & Removal
- Furniture Removal

**PRECISION LAWN**

## Howdy Neighbor!

Give us an opportunity to service your lawn.  
1 Month of Complimentary Lawn Care Service For you!

**Give us a call at: 941.313.6188**

**HAL POSCHMANN, Realtor®**  
941-284-4315 | [poschmann@comcast.net](mailto:poschmann@comcast.net)

**FEATURED PROPERTIES**

3385 E Chelmsford Close—2 Bd/2Ba—Villa with 2 car garage. Golf view!..... **PENDING** \$444,900

2889 Taywood Meadow—2Bd/2Ba—Fully updated! Water and golf view..... **SOLD** \$337,900

4620 Longwater Chase—2Bd/2Ba—Nicely updated. Ground floor. On the Golf Course..... **SOLD** \$334,000

4612 Weybridge—2Bd/2Ba—Great opportunity—ground floor with Golf and Water view..... **SOLD** \$295,000

**NEW LISTING**  
4578 Longwater Chase—2 Bd/2Ba—Condo with carport. Excellent rental history..... **\$329,000**

**#1 IN THE MEADOWS**  
FOR LISTINGS SOLD 2023 TO-DATE

**STOKES PROPERTY MANAGEMENT & REAL ESTATE, INC.**

# Preparing for Hurricane Season

Michelle Johnston—MHOA President

SOMETIMES IT TAKES ONLY ONE ACT OF KINDNESS AND CARING TO CHANGE A PERSON'S LIFE.



Since we are in Hurricane season, the single-family homeowners are busy preparing their homes and yards for heavy rains and high winds. Even homeowners, who are away for the summer, prepared before they left.

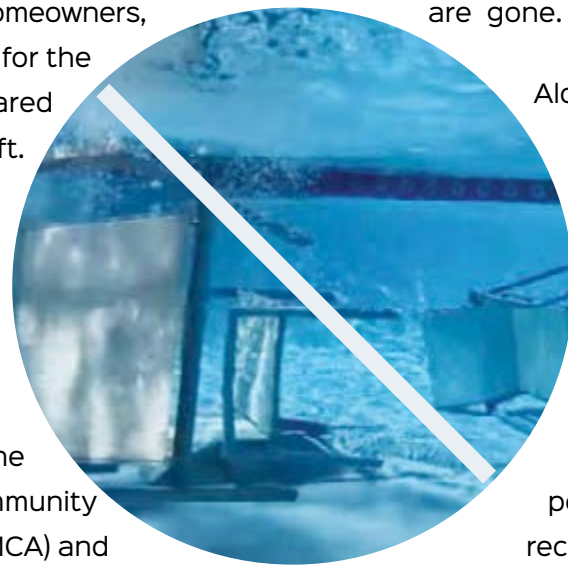
Most of the homeowners follow the emergency preparedness advice from The Meadows Community Association (MCA) and Sarasota Sheriff's Office, including:

- Trimming their trees and bushes.
- Removing anything outside that can become projectiles.
- Bringing lanai furniture and decorations into the house or garage.

A word of caution, for those single-family homeowners planning on throwing their lanai furniture into the pool before any severe storm, do not throw it in the deep end. The furniture lands on the bottom of the deep end, and it's hard to remove it from the pool.

Additionally, they helped immobile neighbors contact the Sheriff's

office at 311 to register the need for evacuation and shelter if there is a hurricane or have people watching their homes if they are gone.



Along with stocking up on provisions, first aid equipment, water, and batteries, they found secure places for their permanent records, including legal and medical

documents. Some even identified safe spaces like inside, windowless closets that can serve as shelters. Couch cushions, battery powered radios, and flashlights can make those spaces almost comfortable, while keeping residents safe and connected to the outside for news updates.

Now that almost everyone is ready for a storm, we all hope that the summer continues to pass by uneventfully. Because when all of the single-family homeowners return in the fall, the MHOA will have its big "Welcome Back Buffet" at the Centre Court Pool. It will be a great time to renew friendships and catch up on Meadow's news.

**IT'S TIME FOR SOME SUMMER FUN!**  
School is out and summertime is in full swing! Now's the perfect time to enjoy relaxing on your lanai next to the pool or entertaining guests by throwing a pool party. If you are looking to upgrade your home to enjoy the benefits of a screened lanai with a pool, or perhaps a home with water views, then I can help. Now is a great time to find the home of your dreams.

**CALL ME TODAY.**  
**Amy Chapman** REALTOR®, GRI  
941.225.1500  
AmyChapman@michaelsaunders.com  
ChapmanGroupSRQ.com  
**Michael Saunders & Company**  
LICENSED REAL ESTATE BROKER  
1605 Main Street | Sarasota, FL 34236

**Affordable Massage!**  
**\$55 for ONE HOUR**  
**Terri Magdalinski, RN, LMT**  
17 Years Experience as a Registered Nurse & 20 Years as a Licensed Massage Therapist  
**OFFERING THE FOLLOWING SPECIALTIES:**  
Relaxing massage • Deep tissue • Medical • Aromatherapy  
Reflexology • Arthroscopy • Energy therapy  
By Appointment Only • 941-378-4101  
terrimagdalinski17@gmail.com  
**The Meadows Shopping Village**  
5041 Ringwood Meadow  
Bldg G, Sarasota, FL 34235  
**GIFT CERTIFICATES AVAILABLE**  
RN 1586602 • MA 20912 • MM 18803

# PETparedness



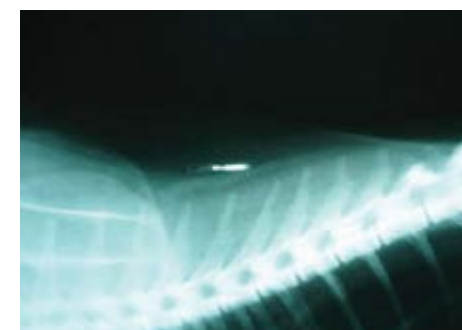
Tia Calomeris—MCA Director, Marketing & Communications

During hurricane Ian, hundreds of pets were displaced during and after the storm. Many homeowners were separated from their beloved pets during Ian and faced other challenges post Ian.

Plan ahead, and prepare early. Supplies usually fly off the shelves as news is released about a pending storm. Have what you need before you need it and not be in the position of trying to find it just before a hurricane is predicted. A storm such as what we all experienced last year requires us to protect ourselves but also those who rely on us most – including our pets. In an emergency, every second counts and it's critical that you are prepared to protect your entire family.

Here are some helpful tips that will keep your pet prepared for a tropical storm or hurricane before, during and after a storm.

## BEFORE THE STORM



- Microchip pets and/or put a tag on their collar with your name, current address and cellphone number.
- Bring all pets inside and ensure you have emergency supplies – extra pet food, water and a carrier ready that is large enough for your pet to turn around and lie down comfortably.

- Review your evacuation plan and have at the ready a pet disaster preparedness kit including a pet carrier, First Aid supplies, leashes, bowls, sanitation materials, chew toys and food, meds and water (minimum three days' worth, but ideally seven to 10 days' worth).

- If your family must evacuate, take your pets with you and leave as early as you can. Remember to take your pet disaster preparedness kit.

## DURING THE STORM.... IF YOU CANNOT EVACUATE

- Choose a safe room for riding out the storm—an interior room take your entire family there, including your pets.



- Stay with pets. If crated, they depend on you for food and water.
- Keep your emergency kit in that room with you (food, water, litter, meds).
- Know your pets' hiding



places. That is where they may run; keep them with you.

- Secure exits and cat doors so pets cannot escape into the storm.

- Do not tranquilize your pets. They will need their survival instincts should the storm require that. Comfort, love and reassurance is what they will need during a storm.

## AFTER THE STORM

- Make sure the storm has fully passed before going outside and assess damage before allowing animals out.
- Keep dogs on a leash and cats in a carrier. Displaced objects and fallen trees can disorient pets and sharp debris could harm them.
- Give pets time to become re-oriented. Familiar scents and landmarks may be altered and cause a pet to become confused or lost.
- Keep animals away from downed power lines and water that may be contaminated.
- Uncertainty and change in the environment affect animals, too, presenting new stresses and dangers. Your pet's

**BOTH DOGS AND CATS CAN BE AFRAID OF STORMS. SOMETIMES, YOUR PET WILL KNOW THAT A STORM IS COMING BEFORE YOU DO! THEY ARE VERY SENSITIVE TO BAROMETRIC PRESSURE CHANGES AND THEY CAN "FEEL" THE STORM BEFORE THEY CAN SEE OR HEAR IT.**

behavior may change after a crisis, becoming more aggressive or self-protective. Be sensitive to these changes and keep more room between them, other animals, children or strangers. Animals need comfort, too. Comfort your pet with kind words and lots of pats or hugs. If possible, provide a safe and quiet environment, even if it is not their own home.

Dangerous summer storms are part of life for Floridians. Ensuring you have a plan in place that includes your pets, will not only help save the lives of our beloved animals, but also the lives of owners, volunteers and first-responders.

**Magic Massage & Spa**

**60 Minutes + Massage \$20 OFF**  
Limited time offer. Expires 8/30/23. Can not be combined with other offers.

**Foot Massage \$20 OFF Regular Price \$65**  
Limited time offer. Expires 8/30/23. Can not be combined with other offers.

**Custom Couple Massage \$50 OFF Regular Price \$160**  
Limited time offer. Expires 8/30/23. Can not be combined with other offers.

**Call 941-726-9867**

**4981 Ringwood Meadow Sarasota, FL 34234**  
magicmassagespa2023@gmail.com  
MM:43800

# HURRICANE SEASON—Be smart. Be prepared.

## Do you know the difference between a hurricane watch and a warning?

A hurricane watch means that hurricane conditions (sustained winds of 74 mph or higher) are possible within the specified area. A hurricane watch is issued 48 hours in advance of the anticipated onset of tropical-storm-force winds in an area.

During a hurricane watch, prepare your home and review your plan for evacuation in case a hurricane or tropical storm warning is issued. Listen closely to instructions from local officials. Have your emergency kit ready and handy if conditions change.

Hurricane warnings indicate that hurricane conditions (sustained winds of 74 mph or higher) are expected somewhere within the specified area. Because hurricane preparedness activities become difficult once winds reach tropical storm force (sustained winds of 39 to 73 mph), the hurricane warning is issued 36 hours in advance of the anticipated onset of tropical-storm-force winds to allow for important preparation.

During a hurricane warning, complete storm preparations and immediately leave the threatened area if directed by local officials.

## Practical information to Remember When Navigating Through Hurricane Season

Tia Calomeris—MCA Director, Marketing & Communications

Good planning always helps minimize the worry prior to a storm and post storm management. Keep this practical information in mind when navigating your way through hurricane season.



### HURRICANE SHUTTERS

- The Meadows Pride and Preservation document states: Any style of hurricane shutter may be installed when a hurricane or tropical storm watch (48 hours prior) has been issued for our immediate area. Those shutters must be taken down promptly after the threat has passed. Hurricane shutters that have been approved, by application to The MCA, for the hurricane season, may be installed starting May 1, and remain so installed until November 30, or may be used for any part of that season.
- Shop early as supplies are often scarce as time draws nearer to a storm.

Hurricane Ian hit Florida on Wednesday, September 28, 2022 and will be remembered as one of the most powerful storms leaving its wide slow wake of destruction and devastation for millions of Floridians.

- The day after, Thursday 9/29, 2.1 million lost service, Florida Power and Lighting worked with dedication to restore power to 92% customers affected by Ian. This is when having equipment or gadgets that can help manage the discomfort in the aftermath is helpful. Generators, and devices such as; A Mobie extra battery case for your phone, or battery fans and coolers full of ice, will help you cope with loss.



of power for days after.

By December 21, 2022, reports identified that Sarasota County had a reported 3.3 million cubic yards of eligible vegetative, construction and demolition storm debris that was collected by contractors. That is about 1,000 Olympic-sized swimming pools of debris. Or another way of looking at it, this was 10 times the amount generated by Hurricane Irma.

- Managing your expectations during a disaster, will help you keep your stress levels down.



Resources will be limited so be realistic as information may be slow to come.

Evacuations may be necessary and knowing which shelters may be available is important. See the list of shelters/evacuation centers. Do your homework in advance, to understand which ones will take pets and which are closest to you or fit your needs. Check <https://www.scgov.net> for the latest updates.

- Remember, during a storm it is likely power will be lost, so be prepared. Manage your expectations and recognize that our county will be prioritizing its resources as needed. BE PATIENT.

### GAS SHORTAGES & CASH ONLY

Gas will become a focus post storm. Gas shortages, pumps requiring cash only, and long lines should be expected.

- Pumps may be limited due to lack of access to internet and power. CASH BECOMES A NECESSITY. Withdraw enough



cash to live off of for essentials, for one week.

### PROPER GAS CONTAINERS

- Improper gas containers add to safety concerns. Take advantage of the Tax Free timing in August and get the proper gas containers, for your needs.

### GENERATORS

Whether you chose a portable generator that is hardwired and can power the essentials such as;



refrigerator, lights, T.V. for updates, microwave, toaster oven, fans and internet, or ones that are propane or dual fuel based that support the whole house, do your homework.

- If you are using the portable generators, use at the proper safe distance from your home, make sure it is downwind, away from



open doors, windows and vents. It is recommended that you turn the generator off and allow it to cool 20 minutes before refueling.

- NEVER USE A PORTABLE GENERATOR INSIDE THE HOUSE OR GARAGE.

## Disaster Supply Checklist

Start now and inventory what you have on hand. Here are some of the items to ensure your family's basic comfort and well-being in the aftermath of a hurricane. The time to prepare is now.

Cash—banks and ATMs may not be open or available for extended periods.

Water—at least one gallon per person per day for three to seven days, plus water for pets.

Food—at least enough for three to seven days, including: non-perishable packaged or canned food and juices, food for infants and the elderly, snack food, non-electric can opener, vitamins, paper plates, plastic utensils.

Radio—battery powered and NOAA weather radio with extra batteries.

Blankets, pillows, etc.

Clothing—seasonal, rain gear/sturdy shoes.

First aid kit—plus medicines, prescription drugs.

Special items—for babies and the elderly.

Toiletries—hygiene items, moisture wipes, sanitizer.

Flashlight and batteries—make sure they are in working order.

Keys—easily accessible location.

Pet care items—proper identification, immunization records, ample food and water, medicine, a carrier or cage, leash.

## GET MOVING WHEN A STORM THREATENS

Have a plan start preparing NOW before the need.

Protect your home: cover windows, secure doors & loose items.

Determine sheltering options and consider your pets.

Ready your go-bag, meds & supplies, charge your phone, fill up/charge your vehicle.

Help you neighbors, especially the elderly & other vulnerable people.

Follow evacuation order if given.



### WATCH vs. WARNING

A warning means that conditions are expected. A watch means conditions are possible.

For a tropical storm the sustainable winds are 39-73 MPH.

For a hurricane the sustained winds are 74 MPH or higher.

### HURRICANE CATEGORY SUSTAINED WINDS

- 1 SUSTAINED WINDS 74-95 MPH
- 2 SUSTAINED WINDS 96-110 MPH
- 3 SUSTAINED WINDS 111-129 MPH
- 4 SUSTAINED WINDS 130-156 MPH
- 5 SUSTAINED WINDS 157+

### STORM SURGE



Storm surge is the abnormal rise in seawater level, above the normal predicted tide. It is caused by storm winds pushing water on shore and starts before a hurricane makes landfall. The danger is, it causes coastal flooding, making evacuation harder, and hurricane impact worse.



## HURRICANE EVACUATION CENTERS

**BOOKER HIGH SCHOOL**  
3201 N. Orange Ave.  
Sarasota, FL 34234

**BROOKSIDE MIDDLE SCHOOL**  
3636 South Shade Ave.  
Sarasota, FL 34239

**FRUITVILLE ELEMENTARY SCHOOL**  
601 N. Honore Ave.  
Sarasota, FL 34232

**GULF GATE ELEMENTARY SCHOOL**  
6500 S. Lockwood Ridge Road  
Sarasota, FL 34231

**HERON CREEK MIDDLE SCHOOL**  
6501 W. Price Blvd  
North Port, FL 34291

**NORTH PORT HIGH SCHOOL**  
6400 West Price Blvd  
North Port, FL 34291

**PHILIPPI SHORES ELEMENTARY**  
4747 S. Tamiami Trail  
Sarasota, FL 34231

**RIVERVIEW HIGH SCHOOL**  
1 Ram Way  
Sarasota, FL 34231

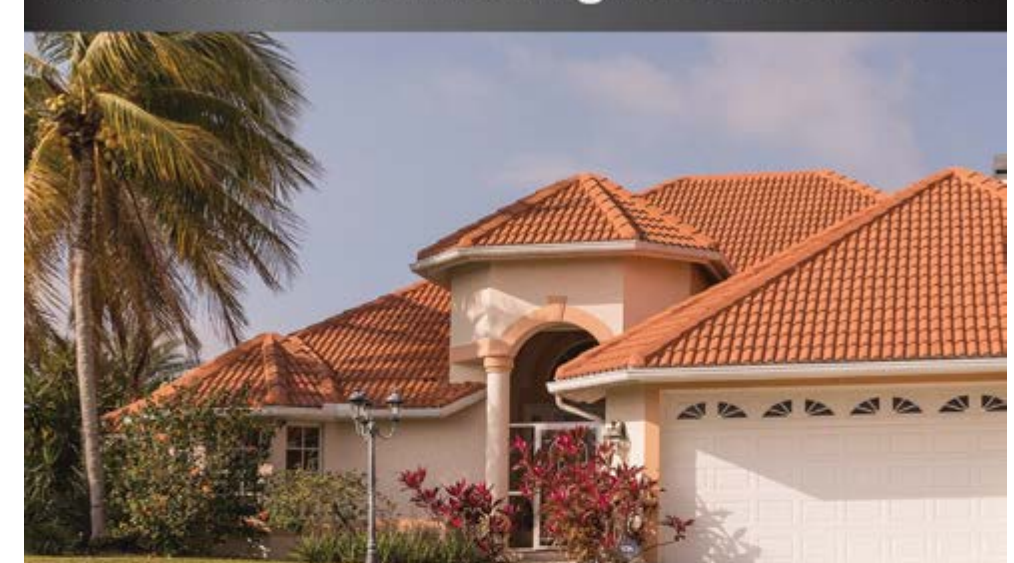
**SOUTHSIDE ELEMENTARY SCHOOL**  
1901 Webber Street  
Sarasota, FL 34239

**TAYLOR RANCH ELEMENTARY**  
2500 Taylor Ranch Trail  
Venice, FL 34293

**WOODLAND MIDDLE SCHOOL**  
2700 Panacea Blvd.  
North Port, FL 34289

visit <https://www.scgov.net/> to confirm evacuation centers.

## Florida Southern Roofing Has You Covered



Multi-Family & Residential Repair, Replace, Inspection and Maintenance

Call Us: 941.954.8811



Toll Free: 1-855-ROOF-PRO [www.FloridaRoofing.com](http://www.FloridaRoofing.com)

6653 19th Street East Sarasota, FL 34243 License# CCC-054787

## Christmas in July

MCA brings the shopping to you!  
Start your holiday shopping early, or treat yourself with some retail therapy.

Thursday, July 13  
6:00 - 8:00 PM

The Meadows Lifestyle & Wellness Facility

Sign Up on the MCA website  
themeadowssarasota.org



## The Meadows Country Club

IS HOSTING A

### 4th of July Cookout OPEN TO RENAISSANCE ACCESS

Tuesday, July 4  
11:00 AM - 3:00 PM

Centre Court Lounge  
\$20 all inclusive.

#### CHOICE OF ONE

Grilled Burger  
Foot -Long Hot Dog  
Marinated Chicken Breast  
Italian Sausage & Peppers & Onions

#### INCLUDES

Cole Slaw ■ Baked Beans  
Corn on the Cob ■ Watermelon  
Cookies

No Reservations Required.



## EMERGENCY PREPAREDNESS

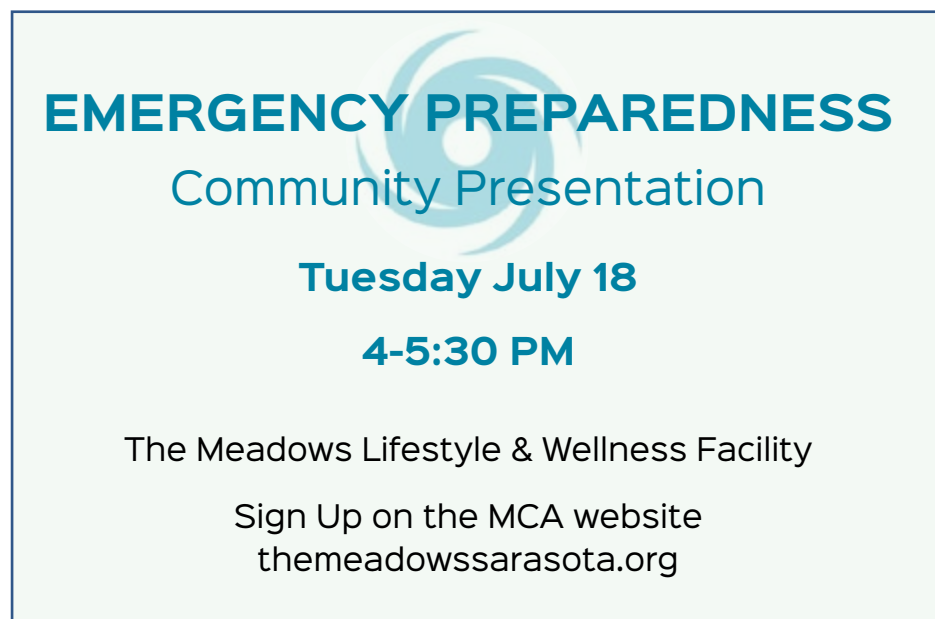
Community Presentation

Tuesday July 18

4-5:30 PM

The Meadows Lifestyle & Wellness Facility

Sign Up on the MCA website  
themeadowssarasota.org



## THE MEADOWS COUNTRY CLUB

### Summer Dance Party

OPEN TO RENAISSANCE ACCESS

July 15

6 - 9 PM

RSVP REQUIRED  
941-361-6000

The Meadows Country Club



## Meadows Morning Coffee & Conversation

Friday July 7  
8:30 - 9:30 AM

The Meadows Lifestyle & Wellness Facility



## Meadows SCAVENGER HUNT

Friday July 7  
8:30 - 11:30 AM

The Meadows Lifestyle & Wellness Facility

Sign Up on the MCA website  
themeadowssarasota.org



## ICE CREAM SOCIAL

Tuesday, July 11 • 6:30-7:30 PM

The Meadows Lifestyle & Wellness Facility



Sign Up on the MCA website  
themeadowssarasota.org



# REMINDERS

Sarasota County  
Health in Motion Bus  
July 31  
10 am - 1 pm  
MCA Parking Lot

## SARASOTA COUNTY HURRICANE & DISASTER PLANNING BROCHURES

Disaster Planning  
Guides are located  
outside the Library at  
the MCA.



## CALL FOR CANDIDATES

Consider being a candidate for  
election to the  
2024 MCA Board of Directors  
Helping to Make The Meadows  
THE Best Place to Live.

Any interested property owner may  
consider submitting an application as a  
candidate for election by Friday, October  
6, 2023, by 3:00 pm. All candidates will  
need to complete a Personal Information  
Questionnaire. For more information, call  
the MCA at 941-377-2300.



### THIS IS OUR IDEA OF Being Neighborly

Getting to know your neighbors is easy at The Windsor. Step outside your private apartment to be greeted by smiles in every hallway and welcomed by name into every room. With comfortable gathering spots and a calendar full of social opportunities, meeting new people and neighbors is easier than ever. It's a beautiful day in our neighborhood.

**The Windsor**  
of Lakewood Ranch  
AN ASSISTED LIVING RESIDENCE

8220 Natures Way  
Lakewood Ranch, FL 34202  
ALF# 10757  
A Residence of Legend Senior Living®  
LegendSeniorLiving.com

Call for a private tour.  
Lunch is on us. **941-907-9177**  
or visit us online at  
**LegendSeniorLiving.com**

★ **MCA OFFICES WILL BE  
CLOSED JULY 4** ★

In observance of Independence Day, MCA offices and The Meadows Community Lifestyle and Wellness Facility will be closed on Tuesday July 4. The Library at MCA will be open.

**FERTILIZER  
Blackout Period**  
Keep the Bay Blue, Not Green

Summer rains wash fertilizers and pollutants from our yards into our creeks and bays. Stormwater runoff carries the nitrogen and phosphorus from fertilizers into our waterways causing harmful algal blooms and killing aquatic life.

**DURING JUNE 1 THROUGH SEPTEMBER 30**

Sarasota County prohibits the use of fertilizer containing nitrogen and phosphorus during the summer rainy season. At least 50 percent slow-release fertilizer is required during the rest of the year.

**PLATELET DRIVE**  
July 18 • 8 AM - 2 PM  
MCA Parking Lot  
Call 1-866-972-5663 to register.

**ONSPOT  
DERMATOLOGY**

July 13 • 8 - 3:30 PM  
MCA Parking Lot

Call 941-444-0011 to schedule your appointment today!


### The Meadows, Hub of Sarasota

Resales ending the months of May 2023 and May 2022  
In The Meadows & Sarasota County

SALES	THE MEADOWS	SARASOTA COUNTY
Sales 2023 & 2022	12023 (14) 2022 (27)	12023 (1049) 2022 (1263)
Median Sale Price	↓\$342,450 \$352,500	↓\$450,000 \$460,000
Condominium Sales	12023 (13) 2022 (26)	12023 (408) 2022 (469)
Med Condo Sale Price	↓\$315,000 \$341,760	↓\$393,625 \$401,000
House Sales	2023 (01) 2022 (01)	12023 (641) 2022 (814)
Med House Sale Price	↑\$1097500 \$825,000	↑\$491,000 \$490,000
For sale on the 31st	12023 (32) 2022 (07)	12023 (2207) 2022 (1068)
Property Pending	12023 (17) 2022 (27)	12023 (1269) 2022 (1349)
Listing Supply	12023 (2.3) 2022(0.3)	12023 (2.1) 2022 (0.8)

**Dick Plumb, 26 years Full-time Resident, Specializing in listing & selling homes in "The Meadows". Call Anytime Direct 941-266-2512 SarasotaHomes@DickPlumb.com Horizon Realty International**

**Contact me any time if you'd like to sell or buy a home in The Meadows**





# Fertilizer

## Fertilizer Can Fowl Our Ponds & Contribute to Red Tide

Dick Bragaw— Water and Wildlife Committee

Few Meadows residents may link the use of fertilizers on their lawns and gardens with algal blooms in ponds or deadly outbreaks of Red Tide in Sarasota Bay and the Gulf, but experts say the nitrogen in fertilizers is a major contributor to excess nutrients in our water bodies, which feeds Red Tide and other harmful algae blooms.

Among the nine principles of Florida-friendly landscaping recommended by Forest Hecker, the Sarasota-based landscape specialist with the University of Florida's IFAS Extension, are fertilizing appropriately and responsibly (in many Meadows communities, that may mean not at all). Another problem contributing to runoff of nutrients into our water bodies is over-watering, Hecker says. If you irrigate, make sure your irrigation system has a rain gauge, so you don't water unnecessarily when it is raining.

Our soils are already high in phosphorus, so any fertilizer used should have zero phosphorus content, according to Hecker. Phosphorus is a predominant

element applied in most landscape fertilizers, yet state experts say phosphorus deficiency is quite rare in our landscape trees and shrubs.

"Lots of people don't realize they're over-fertilizing and over-watering," says Sandy Gilbert, a Meadows resident, member of the Meadows Community Association (MCA)'s Water & Wildlife Committee, and Chairman of Solutions to Avoid Red Tide (START), a local nonprofit that is leading efforts to improve water quality in our waterways to help contain Red Tide blooms. Gilbert points out that the MCA avoids fertilizing near ponds and uses only minimal amounts of phosphorus-free fertilizer in common areas, and those turf areas are healthy and generally look good. "Single family homeowners and community associations would do well to follow that example and back off on fertilizing," he added.

"Landscape fertilizer, at least in The Meadows, should happen sparingly. Most of your landscaping is mature and needs very little in the way of fertilizer, unless it is showing nitrogen deficiency," says

Mollie Holland, a Sarasota County environmental scientist who serves as an ad hoc member of the Water & Wildlife Committee.

"Fertilizer is not plant food, but it can help plants make their own food by supplying nutrients that otherwise might be lacking in the soil. Use fertilizer only if plants show signs of nutrient deficiency," she warns.

Hecker explains that excess nutrients in pond water leads to excessive aquatic weed and algal growth, which in turn reduces water clarity and quality and causes fish kills. He invites Meadows homeowners concerned about fertilizing to contact his office at Twin Lakes Park on Clark Road (941-861-9812, fhecker@scgov.net), and they will perform a soil test to determine what fertilizer might be appropriate for your lawn and garden. The benefits to your turf grass and plants will be obvious, and your ground and surface waters will be protected from pollution, he promises.

Hecker reminds homeowners that the Sarasota County fertilizer

ordinance requires at least 50% slow-release nitrogen. "Properly formulated slow-release products last through the summer. The more efficient use of nitrogen means less needs to be applied. The result is less nitrogen entering our waterways," he says.

"If you must fertilize, twice is nice," Hecker recommends, "once in April and again in October. This will carry you through the summer rainy season, without posing that extra risk to our water bodies."

Florida-friendly Landscaping

- Use only zero phosphorus and 50% slow release nitrogen fertilizers
- Fertilize only if plants show signs of nutrient deficiency
- If in doubt, order a free soil test
- Twice is nice: Fertilize once in April and once in October, and only as necessary
- Sweep grass clippings back into yard or recycle; never allow them to be washed into storm drains



**Sunnyside Village**  
A Christian Senior Living Community

- Residential Living
- Assisted Living
- Memory Care
- Skilled Nursing
- Inpatient Rehabilitation
- Outpatient Rehabilitation
- Palliative Care

Assisted Living # 0007952  
Skilled Nursing # 1535096

5201 Bahia Vista St., Sarasota, FL • 941-371-4245 • SunnysideVillage.org

# Food Safety for Summer Grilling

WHAT YOU NEED TO KNOW



Food poisoning peaks in the summer months when warmer temperatures cause foodborne germs to flourish. Follow these steps for a safe and enjoyable grilling season.

### SEPARATE

When shopping, pick up meat, chicken and other poultry, and seafood last, right before checkout. Separate them from other food in your shopping cart and grocery bags. To avoid cross-contamination, put packages of raw meat and poultry into individual plastic bags.

### CHILL

Keep meat, poultry, and seafood refrigerated until ready to grill. When transporting, keep at 40°F or below in an insulated cooler.

### THAW & MARINATE

Harmful germs can multiply quickly at room temperature. Thaw food safely in the refrigerator, cold water, or microwave. Always marinate food in the refrigerator no matter what kind of marinade you're using. Never thaw or marinate meat, poultry, or seafood on the counter.

### CLEAN

Wash your hands with soap before and after handling raw meat, poultry, and seafood. Wash work surfaces and utensils with hot, soapy water before and after cooking.

### CHECK YOUR GRILL AND TOOLS

Use a moist cloth or paper towel to clean the grill surface before cooking. If you use a wire bristle brush, thoroughly inspect the grill's surface before cooking. Wire bristles from grill cleaning brushes may dislodge and stick into food on the grill, causing you harm if swallowed.

# Getting Saucy

by Patricia Wilson

### BARBECUE SAUCE

Create your own classic BBQ Sauce by starting with tomato paste and adding a vinegar for tanginess (balsamic or red wine).

To make that sweet-and-sour pucker, balance the tanginess with something sweet, such as honey, molasses or maple syrup. I like to add apricot fruit spread.

Spice it up with your favorites like garlic powder, sea salt, and paprika, all to taste.

Perfect for grilled meats and veggie kabobs. Beef, chicken and pork contain B vitamins and the important minerals calcium, iron and zinc.

### CREOLE REMOULADE

Original French remoulade is a mayonnaise-based sauce with chopped pickles or capers. Creole-style remoulade omits the pickles and is made with horseradish and spicy Cajun seasonings. I like to combine



mayonnaise, German brown mustard with horseradish, cayenne pepper, garlic powder, celery seed, and the juice of half a lemon, all to taste.

Great with seafood. Tuna, cod and shrimp contain calcium, protein, magnesium and essential heart-healthy omega-3 fats.

*Excerpted and adapted from "Getting Saucy" by Patricia Wilson. First published in LIFESTYLES Magazine/Tyler Morning Telegraph, Tyler, Texas. Photo by Patricia Wilson. Copyrighted material; all rights reserved.*



**Fernando Viteri PA**

Sixteen-Time Winner  
**FIVE STAR**  
Best in Client  
Satisfaction Awarded

**33-YEAR**  
Meadows Resident



Talk to **Fernando 941.400.7676**

## Top 1% Sarasota Real Estate Agent

### FOR SALE IN THE HIGHLANDS

4056 Peshurst Park – Beautifully updated, spectacular pond and golf views . . . Pending  
3425 Highlands Bridge Rd - Breathtaking lake views, 3BD+office pool home . . . Pending  
2890 Longleat Woods – Spacious pool home in most desirable enclave . . . . . SOLD!  
3364 Hadfield Greene - Tranquil golf course views spotless villa, wood floors . . . SOLD!  
3400 Hadfield Greene – Fabulous re-creation with ideal open plan . . . . . SOLD!

### FOR SALE ELSEWHERE IN THE MEADOWS

4462 Weybridge – Panoramic lake and golf views with no neighbors in sight . . . . . SOLD!  
4600 Weybridge - First-floor end-unit, turnkey-furnished, lake and golf views . . . . . \$330K

### FOR SALE IN THE SARASOTA METRO AREA

West of Trail – Model-like pool home, 2017 Parade of Homes winner . . . . . SOLD!  
East of Trail – 2020 custom-built modern home, fabulous finishes, walled-in . . . . . SOLD!  
Downtown – Burns Court Villas, exclusive enclave in the heart of the city . . . . . \$1.599M  
Museum Area – State-of-the-art mid-century modern jewel, with pool and spa . . . . . \$1.295M  
University Park – Long lake views from estate home with great-room plan . . . . . SOLD!  
University Park – Stunning wide lake views, great-room plan pool home . . . . . Pending  
University Park – Easy-living 3BD/3BA pool home, convenient to the club . . . . . Pending  
Downtown – Canal-front updated 2/2 condo, steps to Burns Court & Main St . . . . . \$425K  
University Park – Updated maintenance-free villa in tranquil setting . . . . . SOLD!

Trust The Advice of a **Professional**

Helping You Achieve The American Dream with all of your real estate needs! I have created a business plan that eliminates the stress of selling a property. Contact me at 617.922.4714 or stevenverdelli@yahoo.com

5220 Myrtlewood, Sarasota  
\$345,000  
2 Bedroom | 2 Bath | 1117 sq. ft.

Contact Me Regarding A Complimentary Pre-Sale Inspection On Your Home Sale!

## Bay Road Animal Hospital

Beautiful new location on the corner of 17<sup>th</sup> Street & Honore Avenue

5292 17<sup>th</sup> Street  
Sarasota, FL 34235  
941.378.1236

**AAHA Accredited**

**PRACTICE HOURS:**  
Monday – Friday:  
7:30 AM to 5:30 PM  
Saturday & Sunday:  
CLOSED

*New clients and patients are always welcome (including dogs, cats, birds, and exotics)*

Nicole Tisdale, DVM

**READY TO BUY OR SELL?**

**MARIA CATANESCU**  
**(847) 274-0023**

- ✓ Meadows Community Resident
- ✓ 30 Years of Real Estate Experience
- ✓ More than 1,000 homes sold
- ✓ On-call handyman services available
- ✓ "Home checks" for out-of-towners

**FREE** STAGING CONSULTATION + PRE-INSPECTION BY LICENSED INSPECTOR

Maria Catanescu  
mariacatanescu@bhhsfloridarealty.net

**KEN COWLES**  
[KEN@KENCOWLES.COM](mailto:KEN@KENCOWLES.COM)  
**(941) 302-4152**

**BOB COWLES**  
[BOB@ROBERTCOWLES.COM](mailto:BOB@ROBERTCOWLES.COM)  
**(941) 302-4150**

**"STOP IN FOR OUR QUARTERLY REPORT"**

**YOUR NEIGHBORHOOD REALTY SPECIALISTS IN THE MEADOWS**  
3590 17<sup>TH</sup> STREET  
SARASOTA, FL 34235-8908  
Just up the street corner of 17th & Beneva Road

5611 SHEFFIELD GREENE CIRCLE- 2BED/2BATH 2<sup>ND</sup> FLOOR END UNIT UPGRADED AND PERFECTLY MAINTAINED. TWO LANAI'S AND ATTACHED GARAGE. MASTER BEDROOM HAS A STEAM ROOM!!!! 25K IN KITCHEN REMODEL.  
MLS#A4569362     \$399,500

5269 WEDGEWOOD LANE - UPDATED 2 BR CONDO. NEW WOOD LOOK VINYL PLANK THROUGHOUT KITCHEN, DINING, LIVING & MASTER. NEW STORM DOOR LETS IN LOTS OF LIGHT.  
MLS#A4562268     \$319,000

4570 RINGWOOD MEADOW- 2 BED, 2 BATH 2<sup>ND</sup> FLOOR END UNIT. UPDATES- WOOD LAMINATE FLOORING, KITCHEN NEW GRANITE COUNTERS, STAINLESS SINK, NEW IMPACT WINDOWS.  
MLS#A4566690     \$269,900

*Freedom Rings!*

**DONOVAN HAYES GROUP**  
941.539.7608  
donosrq@gmail.com  
DonovanHayesRealEstateSarasota.com

**Donovan Hayes Group**  
#1 Team representing the #1 Brokerage in The Meadows!\*  
We love our Meadows neighbors and want to help you effortlessly sell your home or assist you in finding your new home in paradise!  
*Let Our Proven Success Work For You!*

**FLAG US DOWN**  
AND CELEBRATE FREEDOM FROM WORRY DURING YOUR PURCHASE OR SALE!

\* Based on 2023 year-to-date volume, for zip code 34235. This is not a solicitation of another broker's listing.

**PROFESSIONAL PLUMBING DESIGN, INC.**

A COMPANY YOU CAN TRUST

- ✓ Fully licensed, bonded & insured
- ✓ 100% Satisfaction Guaranteed
- ✓ Family owned and operated since 1985
- ✓ Better Business Bureau A+ rated
- ✓ Non-Commission Employees
- ✓ Non-Franchise Company
- ✓ Third party verification by:

**Call The Professionals!**  
**(941) 355-5400**  
ProPlumbingDesign.com

**\$10.00 OFF Service**

PROFESSIONAL PLUMBING DESIGN, INC. Cannot be used on minimum service charge and cannot be combined with any other discounts. LICENSED - BONDED - INSURED License #CFC057045 and #10672

# Lessons in Chemistry

By Bonnie Garmus

Joanne Simons – The Meadows Book Club July Preview

Lessons in Chemistry (Doubleday Books, 2022) is a novel by first time author 64-year-old Bonnie Garmus. The heroin, Elizabeth Zott, is an aloof, beautiful, and brilliant chemist who is consistently denigrated by fellow scientists because of her gender. She has both a gifted toddler (who at age 4 reads War and Peace) and an intelligent dog (that “knows” over 900 words).

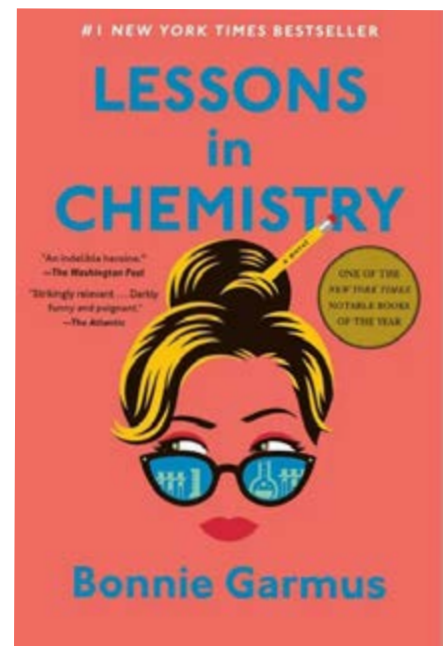
“The novel is set in the early 1960s in the mythical Southern California town of Commons where, it appears, few people are. Being a woman in science is a hard, lonely road. Elizabeth becomes a national somebody not in the lab but as a kitchen savant on a local afternoon television show called “Supper at Six.” Her nutritious dishes are doused in chemistry with a heaping side order of female empowerment.”

“Elizabeth’s unusual approach to cooking (“combine one tablespoon

acetic acid with a pinch of sodium chloride”) proves revolutionary. But as her following grows, not everyone is happy. Because as it turns out, Elizabeth Zott isn’t just teaching women to cook. She’s daring them to change the status quo.”

Acclaimed by many, as evidenced by its place on several “Top Ten” book lists, Lessons in Chemistry is not without its critics. Some complain it is a poorly researched, sexist, anti-Christian novel. It is also full of coincidences requiring that willing suspension of disbelief so common as authors wrap up the many threads of their stories. But, “there is an infectious absurdity to the book and its hero.”

“Garmus’s great skill here is to create a richly comic novel around a character who is entirely deadpan, and to whom some pretty dreadful things happen: “She’d been defined not by what she did, but by what others had done.” The comedy exists in the gap between Elizabeth’s calm but dogged refusal to be anything less than herself,



and the determination of those around her to squeeze her into an acceptable mould.”

Bonnie Garmus is a copywriter and creative director who’s worked widely in the fields of technology, medicine, and education. She’s an open-water swimmer, a rower, and mother to two pretty amazing daughters. In an interview about the book, Ms. Garmus said, “The story was inspired by a bad day at work. I’d been in a meeting and had endured some standard sexism. ... As for the storyline, I wrote the first chapter of Lessons in Chemistry that day at work...” This led to a substantial list of awards including British Book Awards Author of

the Year 2023, Barnes and Noble Book of the Year 2022, Dymocks Book of the Year 2022 (Australia), Waterstones Author of the Year 2022, Goodreads Choice Awards - Best Debut 2022, Best Books 2022 - Amazon.com, Best Fiction Books of 2022 - Sunday Times (London), Best books 2022 - Good Housekeeping UK, 100 Notable Books of 2022 - The New York Times, and Books We Love 2022 - NPR.

Remarkable as a debut novel, Lessons in Chemistry will be the topic of discussion at the MCA Book Club’s July 12th, 2 pm meeting at MCA Lakeside Room.

<sup>1</sup> <https://www.washingtonpost.com/books/2022/04/05/lessons-in-chemistry-book/>

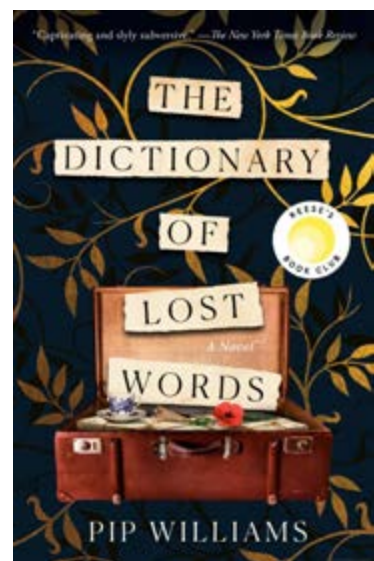
<sup>2</sup> <https://www.goodreads.com/book/show/58065033-lessons-in-chemistry>

<sup>3</sup> <https://www.washingtonpost.com/books/2022/04/05/lessons-in-chemistry-book/>

<sup>4</sup> <https://www.theguardian.com/books/2022/apr/19/lessons-in-chemistry-by-bonnie-garmus-review-the-right-comic-formula>

# Dictionary of Lost Words

By Pip Williams



Jerry Bernier – The Meadows Book Club August Preview

Knowledge of words and the power of language are crucial to everything we read, say and write. The Oxford English Dictionary was an important source of our speech development and reading for most of us in younger years. On August 9th the Meadows Book Club will discuss Pip Williams’ debut novel The Dictionary of Lost Words.

“The Dictionary of Lost Words is a first-person fictional account of a woman named Esme Nicoll who spends most of her life around or

directly working on the production of the Oxford English Dictionary. Esme is raised by her father, Harry Nicoll, who is a lexicographer working as a key editor on the OED. She spends some of her days during her earliest years under the sorting table at the Scriptorium where men, including her father, work on the dictionary.

The words considered for inclusion in the dictionary and their definitions and quotations are kept on slips stored in pigeon-holes in the Scriptorium. One day a slip falls to the ground with the word, “bondmaid” on it. Esme brings it to their housekeeper’s room and hides it in her trunk.” (Goodreads)

Thus begins Esme’s life-long quest to “save” words and stories of little recognized market women, abused women, and the words of soldiers at war (provided by her husband, an officer in World War I). Her husband compiles a book of the “lost words” and later her daughter becomes a lexicographer and performs presentations based on her mother’s collections.

The author, Pip Williams, was born in London, grew up in Sydney, and now lives in the Adelaide Hills of South Australia with her family and an assortment of animals. She has spent most of her working life as a social researcher, studying what keeps us well

and what helps us thrive, and she is the author of One Italian Summer, a memoir of her family’s travels in search of the good life, which was published in Australia to wide acclaim. Based on her original research in the Oxford English Dictionary archives, The Dictionary of Lost Words is her first novel and received worldwide outstanding reviews for its power of language.

PLEASE JOIN US ON WEDNESDAY, AUGUST 9 AT THE MCA’S LAKEVIEW ROOM WHEN WE DISCUSS THIS FASCINATING NOVEL. IN THE MEANTIME, PLEASE KEEP ON READING!

# A Change of Pace

Liz Barnett— Memoir Group

By this time, most of our seasonal residents are enjoying summer in the northern latitudes. With that change of place comes a change of pace in daily life. Haven’t those changes been some of the best parts of summer? Vacations meant trips to the beach or other new locales. School was out and we could play all day, at least after our chores were done. In our teen years we got our first jobs then came summer internships and we entered a new landscape and change of pace in the world of work.

However, few of us experienced as profound a change as Dick Bragaw. Although he was an English major at Dartmouth whose closest brush with a business course was one class in economics, Dick applied for the

summer program of the Association Internationale Pour Les Etudiants en Sciences Economique et Commerciale (International Association for Students in Economics and Commerce). The program was sponsored by companies in the U.S. and many other countries as a way to foster international cooperation and understanding by giving college students an opportunity to learn from working in another country.

Dick was accepted for the program and assigned to work at the Cassa di Risparmio Anconitana, a bank in Ancona, Italy. Soon he was on a plane to Paris and then on a train to Italy. Let’s join Dick as he experiences life in a new country.

# Exchange Student in Italy

By Dick Bragaw

After a brief exploration of Paris, I boarded a train for Italy. First stop was Milan. I followed instructions at the train station and found some people who seemed to be looking for a lost American. They held up some paperwork and pointed at a picture of me. They spoke no English, and I no Italian. I tried a little French, but that didn’t work very well. But I was able to confirm that I was their man. They seemed very friendly and graciously steered me to my connecting train for Ancona. Upon arrival there, I had a similar train station experience with another small group of very friendly Italians. They led me to Via Trento, No. 14, where I was to spend the next 10 weeks with La Famiglia Squartini, a wonderful Italian family.

Via Trento No. 14 was a roomy first floor city apartment style dwelling, with a nice living and dining room and several bedrooms. My room opened out onto a courtyard with a garden. I remember that very well, for when I ended up locked out late at night, I learned how to sneak in through the window.

Mama (Geltrude) and Papa (Duroso) Squartini seemed to have been sent from Central Casting. Both were well fed, but not too overweight, she maternally and emotional, he stern and serious. They had three sons: Marcello, who was away on military service, leaving the empty room they gave me; Marco, who was a couple of years younger than I, and Mauro, who was a couple of years younger than Marco. Marcello’s fiancé Gabriella was also around much of the time, but she wasn’t living there.

None of the Squartinis spoke English, and I spoke no Italian. Marco had studied French. I tried my French with him, and although it was halting and a bit trial and error, we were able to communicate at a

basic level. That became my communication gateway with the family.

At work, I realized that almost no one, including the Director and other top management people who had arranged the student exchange, spoke English. Fortunately, Luigi, one of the white-collar workers in the bank section where I worked, had served as an interpreter for American servicemen during the war and was nearly fluent in English. We soon became friends.

Virtually no one spoke English in the shops, bars, restaurants or on the streets in this port city of 100,000. I realized I needed a crash course in Italian. I found nowhere to enroll

in such a course, so I created my own. Every night after I got back from work and dinner, I sat in my room memorizing Italian words and studying the language. Thankfully, I was 20 years old and near the peak of my ability to learn. Also, since I had to converse in Italian to do just about anything, I was forced to practice every day. Day by day, my Italian improved.

I found the Italian way of life much different from what I was used to in America. Most notably, the work day included a long midday siesta. We reported for work at the bank at 8 a.m. and worked until 12:30, then had a break until 3:30 when we returned to work until 7 p.m. That was an 8-hour day, just structured differently from the U.S. custom. Italian people were



used to having their main meal in the early afternoon. I wasn’t quite ready to make that change in my daily routine. Instead of going somewhere for a big meal and then coming back home for a nap

after completing my morning work duties, I adjourned to the Piscina Comunale, a large outdoor public swimming pool located down near the Adriatic Sea. I’d swim, read, have lunch and get back to work, still preferring to have my main meal after work and before bedtime.

As I developed my daily routines, they usually included a bar where I had a before dinner cocktail and a restaurant where I dined. On special occasions, often a Sunday afternoon, the Squartinis invited me to join them for dinner at their dining table, but most of the time, I was on my own. The first time I went into a bar for a cocktail, I ordered a martini, my preferred before dinner drink. The bartender poured me a wine glass of Martini & Rossi dry white vermouth. I told him that wasn’t exactly what I had in mind. I saw a bottle of English dry London gin on the shelf and asked him to start with that, mix in a little of the vermouth, and add an olive. He obliged, and I had a nice martini. He wasn’t sure what to charge for



my cocktail. I think he charged 300 lire. At the time, the exchange rate was 625 Italian lire to the U.S. dollar.

One day, my English-speaking friend at the bank, Luigi, asked me to accompany him for lunch at the seashore. As we sat at a seashore table, a diver went out into the sea and emerged with a basket of fresh shellfish, which he brought to our table. We cracked them open and ate. I’ve never had fresher seafood in my life, of course, and it was very delicious.

As we ate, Luigi explained to me why, despite his obvious intelligence and ability, he was not interested in rising higher in the ranks of the bank’s management. “Richard,” he said, “the director comes to the bank on Saturday and sometimes even Sunday. He hardly has time to enjoy life. I want to drink fine Italian wine, enjoy the best cuisine in the world, and make my women happy. That is more important to me than position or income.”

I’d never heard that point of view articulated so honestly before. Everyone I knew in America seemed driven by a desire to succeed, if not in position or income, at least in academic accomplishment or public service. Everyone sought to be respected. No one seemed satisfied simply to be accepted as a person of value whose goal was to live fully and enjoy the experience.

## NEW MEADOWWORD SUBSCRIPTION OPTIONS

If you spend several months of the year away from The Meadows, and would like to receive a print copy of *The Meadowword*, consider subscribing to *The Meadowword* or access it on the meadowssarasota.org. Forms for subscriptions may be found on the MCA website under News & Resources/ Meadowword Forms.

Annual Subscription - Begin in January and end in December of that same year. Your subscription will include all *Meadowword* issues and any special editions in June and August IF published.

USA	\$24.00
Canada	\$42.00
Foreign	\$75.00

Semiannual Subscription - Begin in May and end in December of that same year. You will receive 6 issues of the full *Meadowword* and any special editions in June and August IF published.

USA	\$14.40
Canada	\$25.20
Foreign	\$45.00

## MEADOWWORD DEADLINES

The deadline for advertising and article insertions into *The Meadowword* is the first Monday, one month prior to the month of insertion.

The deadline for the September *Meadowword* is Monday, August 7.

There is no August issue of *The Meadowword*.



**Rosa Torres**  
Owner

Epichomecare@yahoo.com  
941-536-6372  
Sarasota, Florida

Call for a free evaluation

**SERVICES**

- Personal Care
- Respite Care
- Alzheimer's Care
- Light Cleaning
- Med Administration
- Meal Preparation
- Shopping, Errands & More

**Siesta Pressure Washing**

FREE Estimates Residential & Commercial

941-928-8160

Fences + Homes + Pool Decks + Lanai  
Driveways + Sidewalks + Concrete  
Pavers & Sealing + Garage Floors + Trash Bins

siestapressurewash@gmail.com

*Christine Hannafin, Ph.D.*  
Licensed Mental Health Counselor

Relief Without Medication

The Meadows Shopping Village- Building H  
5049 Ringwood Meadow, Sarasota, FL 34235  
610-608-1991  
chris@christinehannafin.com  
www.christinehannafin.com

**New Beginnings**  
Worshipping at The Haven  
4405 DeSoto Road, Sarasota

Worship 10:00 am on Sunday  
Worship 6:30 pm on Wednesday  
Small Groups meet  
Sunday, Wednesday and Thursday  
www.nbccsarasota.org for more information

**COMPUTER TECHNICAL SERVICES**

Certified Computer Technician  
Navy Trained Electronics Tech Vet

**KARL KRAUSSE**

Hardware/Software Problems Solved  
House Calls  
941-250-9406  
kkrausse@gmail.com

**Steven Verdelli**  
*The Meadows Concierge*  
617-922-4714

Shopping - Wait for service - Home Checks  
Medical Appointment Companion -  
Airport Transportation  
Meadows References Available Upon Request  
Complementary Notary Services for  
Current Clients & Military Veterans  
\$25.00/hr - 2 hour minimum

**HYGEIA**  
Spa & Fitness

3060 University Parkway  
Sarasota, FL 34243

Swedish \* Deep Tissue  
Reflexology \* Hot Stones  
Thai Herbal Ball

P: 941.376.3342  
E: my610@verizon.net  
W: hygeiaspaandfitness.com

**HANDYMAN**

Call Tom  
Small Job Expert  
(303) 358 - 9181  
Meadow Resident  
Closet Specialist

**JT SERVICES**

**JOE TIEMAN**  
Meadows Resident  
**217-556-9507**

- PRESSURE WASHING
- PAINTING
- GARAGE CLEANING
- WEED REMOVAL
- PAVER SEALING
- GUTTER CLEANING
- EXTERIOR CLEANING
- WINDOW WASHING

FREE ESTIMATES

Chris & Michael Residents of The Meadows

**Concierge Services**

Offering top-notch services catered to your needs!  
941-726-0059 cmconciergeservices@yahoo.com

Home Checks-Airport Transportation-Errands/Personal Needs  
Pet Care/Sitting-Wait for Service-Companionship  
\$25.00 hr./1 hr. minimum

Residential & Commercial Sales & Service  
Installation / Maintenance / Refrigeration  
Duct Cleaning  
Mold Removal

**Airrific**  
Air Conditioning and Heating

**Todd Case**  
Owner  
941-371-3355 Office  
941-554-4288 Fax  
Airrific.com

**KATHLEEN NIEDOSPIAL**  
BROKER ASSOCIATE

ALBERT WOOSTER & CO REALTY

941 780 2884  
SRQKat@outlook.com  
SarasotaKathleen.com

**LET DEBRA DO IT!**  
Shopping, Organizing, Rides  
Whatever You Need Done

**856-266-3893**  
Debragrace@aol.com  
Call, Text or Email

**Trustworthy, Efficient, Reliable**

**Pegatronics Computer Instruction and Repair**  
It's Easier Than You Think!

- Hardware Repair
- Virus / Malware Cleanup
- Software & Printer Install
- New Computer Setups
- New Purchase Consults
- Seniors & Beginners
- Windows 11 Upgrades
- On-Site and Off
- Phones/Tablet Help
- Apple & Microsoft
- Problems Solved
- Learn Computer Basics

**Pegatronics.com**  
**941-735-3362**

**HANDYMAN**

Handy Hands Handyman . . . . . 941-544-0208  
BobOlaf87@yahoo.com

Todd Florand . . . . . 941-228-7907  
tflorand@gmail.com

**HOME COMPANION/CAREGIVER**

Gentle Caregiver by Wieslawa . . 941-928-5801  
wjc2657@gmail.com

**HOUSEKEEPING**

Residential Cleaning . . . . . 941-256-5983  
tanita567@hotmail.com

Sharon's Housecleaning . . . . . 941-202-9020

Cleaning by Pauline . . . . . 941-592-5348  
paulinethib46@gmail.com

Cleaning by Louise . . . . . 941-726-0056  
Annplou1972@yahoo.com

**LANDSCAPING**

Victoria's Garden Landscaping . 941-350-2566

**MISCELLANEOUS**

The Concierge Realtor/Exit King . . 617-922-4714  
stevenverdelli@yahoo.com

Music Lessons by Morgan . . . . . 941-525-0643  
taylorklein@gmail.com

**PAINTING**

Phil's Painting . . . . . 941-400-1071  
ptaklonis@aol.com

**TECH SUPPORT/HELP**

The Patient Trainer . . . . . 941-404-5585  
dave@davidstoltie.com

Pegatronics . . . . . 941-735-3362  
pegatronics.com

Computer/Technical Services . . 941-250-9406  
kkrausse@gmail.com

## HOMES FOR SALE

2BR/2Bath Condo. Spectacular 2nd floor view of the green, fairway & water on the Meadows Course, from the Great Room, Kitchen, 2 screened/enclosed Lanai(s) & MBR, Fresh Paint, New Laminate Flooring, Convenient parking. Pet allowed. Close proximity to everything! For info call 941-376-1353

## HOMES FOR RENT

Meadows Sheffield Greene furnished, updated 2 BR 2 Bath first floor condo with attached garage. Screened lanai, all tiled flooring, heated pool. Available for Seasonal Rental. No smoking, No pets. Call or text 440-888-4500

Briarfield Furnished Villa 2B - 2B with Enclosed Garage Lanai Facing Golf Course Board Approval Required 732-966-4115

Bunker Oaks private end unit, 1/1 facing The MCA Country Club golf course. 30 day minimum, \$1,800 month April-November rgruneisen@aol.com

Second Floor unit available 7/1 in Village Lake. 2/2 Parking, Gym, Pool, New Floors, Paint, Beautiful View, Lanai, Call 917-359-2803 BEST PRICE Around. Golf, CC, Tennis, Rated #1 Place To Live in Sarasota

Lovely Condos For Rent 2 Bedrooms 2 Baths by month or longer. Golf Course View End Units By Owner 941-320-0502

2 Bedroom Villa with Golf Course View. Large enclosed lanai and semi-private garage - it has been totally updated. Available Oct-Nov-Dec and Jan-Feb-Mar. 941-957-8500

## HOMES FOR RENT

3/2/garage . 2200 sq. ft. under air, community pool, updated, furnished with washer/dryer. Rent/Lease 2 month minimum, \$3500 month. Text 765-714-3764; barriswift@yahoo.com

Wedgewood Lake: Beautifully decorated 2bed/2bath condo. Bright 2nd floor end unit. Well equipped kitchen. Primary w/king bed, walk-in closet. Newly remodeled bath. Luxury vinyl flooring. 3 TV's, WIFI, screened lanai. Steps to pool. Available Dec.23-Jan/24 920-980-8396

Three bedroom cottage for rent Jan. & Feb. on Ward Lake. Includes 2 baths, covered lanai, full kitchen, dining area, family room, comfortable furniture. Gated property, ample parking. Carport-firepit, air BNB Hidden cove #2 water view privacy 45001758 (941-321-3893)

Chatsworth Greene 3 bedroom, 2 bath villa, lake view, close to community pool, the clubhouse and golf courses, walk in shower, handicap accessible, 2 car garage, freshly painted and refurbished, 3-6 month seasonal rental. Call 410-465-7723

## WANTED TO RENT

Dave and Karen wish to rent a condo in The Meadows for March 2024. We are non-smokers. Please contact us via phone or text at 774-254-1437 or email at kayjay1005@aol.com Thank you.

## WANTED

Live In Housekeeper - Own Apartment, Duties: Prepare Lunch, Prepare Dinner, Light Cleaning. Please call Michele 803-920-0641

## MCA BOARD OF DIRECTORS

**Marilyn Maleckas, President**  
**Michelle Johnston, Vice President**  
**Stanley Miska, Treasurer**  
**Tom Bondur, Secretary**  
Amy MacDougall  
Tom Pound  
Mark Plenkos  
Paul Easley  
Chris Perone

**COMMITTEES**  
**Assembly Program Development**  
Ned Boston, Co -Chair  
Mike Mazur, Co-Chair

**Assembly Election Process**  
Ned Boston, Chair

**Best Kept**  
Lesley Totten, Chair

**Communications**  
Tia Calomeris, Chair

**Community Activities and Involvement**  
Michelle Johnston, Chair

**Emergency Preparedness**  
Bob Clark Co-Chair  
Mike Mazur, Co-Chair

**Finance and Budget**  
Stan Miska, Chair

**Garden Club**  
Meaiane Babineau, Chair

**Maintenance**  
Jo Evans, Chair

**Personnel**  
Marilyn Maleckas, Co-Chair  
Stan Miska, Co-Chair  
Amy MacDougall, Board Liaison

**Pickleball**  
Ned Boston, Chair  
Tom Pound, Board Liaison

**Safety**  
Michelle Johnston, Chair

**Standards**  
Tom Bondur, Chair

**The Library**  
Marilyn Schmal, Chair

**Water & Wildlife**  
Bob Hueter, Chair  
Mark Plenkos, Board Liaison

**Liaisons**  
The Meadows Country Club  
Marilyn Maleckas, Stan Miska

Aviva Senior Living, Paul Easley

The Meadows Center for Nursing and Healing, Paul Easley

Meadows Village Center  
Chris Perone

**THE MEADOWWORD**

Publisher, MCA: Frances Ripponi,  
MCA General Manager

Editor-in Chief/Creative Director:  
Tia Calomeris, Director, Marketing and Communications

MEADOWS COMMUNITY ASSOCIATION  
2004 Longmeadow  
Sarasota, Florida 34235  
Phone 941-377-2300  
Fax 941-377-2600  
marketing@meadowssca.com

Submissions are published at the discretion of the editor and the MCA.

**Kendrick Tropical Coast**  
Moving Solutions

Experience hassle-free moving with us!

kctmoving.com  
info@kctmoving.com

**Moving Services (941) 577-2748**

Classified ads cost \$25 for up to 40 words. Classified copy must be submitted with payment on or before the first Monday of the month prior to publication. If the first Monday falls on a holiday, ads are due the previous business day. Please practice due diligence when hiring service providers.



# Meadoword

The Meadows Community News and Lifestyle

## July 2023 Calendar

DATE	TIME	EVENTS/MEETING	
July 4	1 – 3 PM	TMCC Fourth of July Cookout	CCL
July 6	1-4 PM	Electronic Tutor	MCA
July 7	8:30 – 9:30 AM 8:30 – 11:30 AM	Meadows Morning Coffee & Conversation Meadows Savenger Hunt	MCLWF MCA
July 11	2 PM	Garden Club	MCA
July 12	6:30 – 7:30 PM	Bingo	MCA
July 13	7:30 AM – 3 PM 1 – 3 PM 6 – 8 PM	OnSpot Dermatology MCA Board Meeting Christmas In July Vendor Night	MCA MCLWF MCLWF
July 15	6 – 9 PM	TMCC Summer Dance Party Open to Renaissance Cardholders	TMCC
July 18	8 AM - 2 PM 4-5:30 PM 7 – 9 PM	Platelet Drive Emergency Preparedness Community Presentation Movie Night–The Book Club	MCA MCLWF MCA
July 20	4 - 5 PM	AVIVA Happy Hour	MCLWF
July 27	3 – 4 PM	How to Stay Mentally Sharp at Any Age	MCLWF
July 28	10 - 11 AM	Balance & the Inner Ear, Adept Audiology	MCLWF
July 31	10 AM – 2 PM	Health in Motion	MCLWF

MCLWF = Meadows Community Lifestyle & Wellness Facility, 3350 Longmeadow  
MCA = Meadows Community Association Building, 2004 Longmeadow



### CLUBS & SOCIAL GROUPS

#### Drop in Art Studio

Melinda Gordon  
mpgordan@gmail.com  
Every Thursday 10:00 AM – 12 PM

#### Bike Club

Janet Schmidt  
jlschmidt\_74@yahoo.com  
Every Wednesday 9 AM  
Meets at Meadows Pub

#### Bingo

Agnes Rutushni  
RSVPBingo@yahoo.com  
1st Wednesday of the month  
6:30 PM

#### Bridge-Wednesday

Susan Ritchay  
susanritchay70@gmail.com  
Every Wednesday 1 – 3:30 PM

#### Bridge-Friday

John Harwood  
jharwood222@verizon.net  
Every Friday 12:30 – 3 PM

#### Bridge Saturday Duplicate

Dot Boullia  
mcaduplicate@gmail.com  
Date/Time varies

#### Book Club

Jerry Bernier  
941-554-8574  
Monthly, 2nd Wednesday, 2 PM

#### Canasta: Hand & Foot

Debra Ashenofsky  
wheresmamamia@gmail.com  
Every Friday 1:15 – 5 PM

#### Cornhole

Susan Weisse  
cbweisse@yahoo.com  
Every Thursday 3 – 5 PM

#### Craft Group

Gayle Kroll  
Gkroll03@icloud.com  
Every Wednesday 9 – 11 AM

#### Game Night

Pat Webster  
mi2tail4u@gmail.com  
Every Thursday 6:30 – 8:30 PM

#### Garden Club

Melanie Babineau  
mbabineau50@gmail.com  
Monthly, 1st Thursday 2 – 3 PM

#### Hot Stove League

Mark Pienkos  
markpienkos2012@gmail.com  
Monthly, 2nd Tuesday 9 – 11 AM

#### Knit Happens

Vicki Carey  
vickidon1989@gmail.com  
Monthly, 2nd Monday 1 – 3 PM

#### Mah Jongg

Elizabeth Williams  
themedowsmahjongg@gmail.com  
Every Monday 9 AM – 12 PM

#### Meadowlarks

Michael Bruno  
michaelbruno@verizon.net  
2nd & 4th Fridays of each month  
10 AM – 12 PM

#### Meadows Chorus

Cheryl Dickerson  
cheryl\_dickerson@hotmail.com  
Every Thursday 7 – 9 PM

#### Meadows Sailing Assoc.

Adam Lawall  
saltyadam@gmail.com  
Every Tuesday 1 – 3 PM  
Meets at MCA Pond

#### Memoirs

Liz Barnett  
meadowsmemoirs21@gmail.com  
Meets 1st & 3rd Friday  
10 AM – 12 PM

#### Pieceful Quilting & Needlepoint

Marge Erasmus  
margareterasmus@gmail.com  
Every Saturday 9 AM – 12 PM

#### Shalom Club

Helen Stone at Heleuri@gmail.com  
or Joni Cohen at  
Joni.Cohen2@gmail.com  
Every 4th Sunday at 3 PM

All MCA activities, clubs and social groups meet at the Meadows Community Association Building (MCA), located at 2004 Longmeadow, unless otherwise noted.