

# Meadoword

The Meadows Community News and Lifestyle



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**OUR VETERANS**

**OUR FAMILY**

**OUR THANKS**

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# Community News



Marilyn Maleckas — MCA Board President

# Honoring Our Veterans

## HONORING OUR VETERANS



HIGHLANDS



GROVES

**SPECIAL PRICING FOR OUR ACTIVE and VETERAN MILITARY RESIDENTS.**  
50% OFF on Friday, Saturday and Sunday  
NOVEMBER 10, 11 AND 12.

**T**his month in The Meadows, we are honoring our resident heroes, our Veterans, who fought for our freedom and risked their lives in order for us to live our lives peacefully and safely. We are so proud of our Veterans as are our partners at The Meadows Country Club who have stepped forward to recognize our Veterans and thank them with special offers designed for them during this Veteran's Day Weekend. Friday, Saturday and Sunday, November 10, 11 and 12.

In recognition of our Meadows' Active and Veteran Military residents, Friday, Saturday and Sunday, November 10, 11 and 12, The Meadows Country Club is providing a 50% discount on Green Fees/Cart Fees for both the Highlands and Groves Golf Courses.

In addition to the discounted round of golf, the Club will provide an "appreciation" (complimentary) beverage of domestic draft, house wine, or non-alcoholic beverage. Meadows Community Residents will need to show proof of eligibility to our Pro Shop attendants to receive the discount and procure the ticket for a complimentary beverage. There is no limit to the number of rounds that can be played during the weekend by these warriors.

To each of our Meadows' Veterans, thank you for putting your life on hold to serve our country. We are grateful for the sacrifices these men and women are making, and have made, to keep America free. Let's join together in letting them know that their sacrifices have earned our everlasting gratitude.

November is also a time of celebration and gratitude as we launch into the holiday season. The staff at the MCA and its awesome volunteers have been very busy planning, scheduling, and inviting each of our residents and their families to attend the many exciting events during this month. All of these events are taking place in The Meadows Lifestyle and Wellness Facility. Come one, come all, bring family and friends and celebrate with us. See the inside spread on page 14-15 and our back calendar for our November events and activities.

Visit page 11 for some inspiring quotes on Patriotism and our events and activities for Veterans Day on pages 14-15.



New to The Meadows? Stop by The MCA building located at 2004 Longmeadow and pick up your Newcomer's folder.

*"Life without liberty is like a body without spirit."*

KAHLIL GIBRAN

### OUR MISSION

To preserve the property values, ambiance and vitality of our community.

### OUR VISION

To be known as a well-maintained, welcoming, safe community with up-to-date housing, activities and services designed to meet the needs of all residents.



Frances Rippondi — MCA  
General Manager

## Our Veterans. Our Volunteers. *Our Thanks.*

### VETERANS

In a day in which we all have a tendency to have full schedules, hectic lives and only a few moments for friends and family, the month of November is a refreshing reminder to stop and be thankful.

The mere mention of November evokes feelings of gratitude and all that we should be thankful for, Veterans, volunteers, community, family and friends. The unselfish giving of oneself is exemplified when you stop and reflect on the Veterans who have served our country or are actively enlisted in our armed services.

These great Americans protect our freedoms and provide services and aid to those in need both home and abroad. They are the reason today the MCA is honored host a Veterans Day Celebration.

Please join us as we share a moment of remembrance and gratitude by recognizing those who proudly served our country and stood up to protect us. See our Veterans Day Programming below.

### VOLUNTEERS

In a month that is dedicated to giving thanks it only seems fitting that we stop and thank all the MCA community volunteers who give freely of their time, expertise and talents for the betterment of the

community. The wisdom, energy and drive of the volunteers to pursue a greater community is the reason why today that the The Meadows has experienced such a Renaissance.

If it wasn't for the shared vision of the Board of Directors throughout the years, improvements such as the new entry, the Meadows Community Lifestyle and Wellness Facility, and the purchase of the TMCC's buildings and land to preserve our greenspace would never have come to pass. With the support of the Standing Committees: Finance, Maintenance, Standards, Safety and Assembly, the MCA continues to move in a forward trajectory. These volunteers assist staff in making things happen.

The Maintenance and Standards committee meet each month to discuss needed improvements in the common area, single family homes and associations. This is no easy task, as each member reviews designated zones and provides monthly reports to MCA staff. Each report becomes a work order and ultimately the issue is resolved in the field.

We can thank the Garden Club working committee and the Water and Wildlife committee for their extraordinary efforts in making our gardens and waterways attractive not only to us but to

the abundance of wildlife we have here at The Meadows. These two committees single handedly have taken gardens, that once were underutilized, and ponds, that were visually unappealing, and have created mini – sanctuaries for everyone to enjoy. Check out the Memorial Garden and the Glebe Farm North Pond as both these areas have been completely transformed!

Having so many beautiful homes and landscape from which to choose the Best Kept committee has their work cut out for them. This team of 11 members drive the community in their zones, evaluating each property in order to select exceptional Single Family Homes, Associations and Chairman's Choice Awards where recipients are proudly called BEST KEPT.

Are you ready? Emergency Preparedness is, and their job number one is to assess any damage to the community after a storm has passed. Once an all clear is given, each zone member reports downed trees and exterior damage to the committee leaders in order for the MCA and associations to respond accordingly. We are thankful to them for educating the community on how to prepare for pending storms.

Keeping the community safe is the priority for the Safety Committee

and Allied Services. Each month our Safety Director, Rick Gorman, reports on monthly MCA incidents while Deputy Duff, our Sarasota County Sheriff's liaison, alerts us to the latest crimes, cyber scams in the area and throughout Florida. The committee members report areas of concern and share their insights on how to keep the community safe.

We thank the fine librarians who lend a hand, book, and puzzles to keep our minds active and engaged in a flurry of mystery, travel, and wonderment by selecting and cataloging reading choices that appeals to everyone. Our compact library host over 3,500 books and is the Meadows-Go- To location to escape in a literary adventure.

Living the lifestyle comes with a lot of work behind the scenes. The MCA appreciates the volunteers who continually decorate, collect tickets, serve and participate as hosts at our events. These party goers are not always whooping it up, often times they are working hard to ensure fun is being had by all. These helping hands support the community activities an allow us to grow our programming.

So, thank you veterans and community volunteer's past, present and future for shaping our future and continually working hard to make a difference.

**PLEASE JOIN US ON FRIDAY NOVEMBER 10 AT 9 AM FOR MCA'S VETERANS DAY SALUTE**  
**Refreshments will follow.**

TAPS BY JOHN GUNTER



DOVE RELEASE CEREMONY




HONORARY SPEAKERS




CANINES FOR HEROES DEMONSTRATION





**Welcoming  
Dr. Shamsia Shafi  
to the  
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## THANKFUL . . . For the Change of Season

Tom Bondur—  
Standards Committee, Chair

This summer was brutally hot. It is finally starting to cool down. Most of us are thankful for the change of seasons.

The days are shorter, but the time you can work outside is longer. November is a good time to catch up on those exterior maintenance tasks that you had to put off until the temperatures dropped.

The harsh weather puts stress on all protective barriers to a home. Fall is a good time to inspect exterior structures for damage from sun and rain. Repair or replace any worn or broken items.

Check the roof for cracked shingles or damaged underlayment. The high heat, intense sunlight, and excessive humidity can cause roofing materials to deteriorate and leave your roof vulnerable to leaks.

Clean gutters and downspouts of falling leaves, pine needles, and dirt that wash off the roof from the summer rain. Make sure roof vents are clear and functioning to allow moisture and heat to escape from the attic.

Seal and repaint wall cracks or sunburned fascia. Pressure-wash walkways and driveways to eliminate slipping hazards and improve appearance.

Fall is a good time to prune or plant trees and shrubs, fertilize lawns and gardens, mulch plant beds to inhibit weeds, repair irrigation systems, and adjust watering or outdoor-lighting schedules. If you have outdoor lighting, replace dead bulbs and outdated fixtures with energy-efficient components; add up-lights to trees and spotlights in dark areas to improve curb appeal and security.

Working out in the yard in the cooler temperatures is a welcome change from the endurance challenge of this summer. Once you have all your work done, you can sit out in your screened patio next to the pool and think about all the fun you will have in the approaching holidays.

The snowbirds are trickling back into town. Restaurants are getting busy. Traffic is increasing. Soon it will take twice as long to drive out to the keys.

But here in The Meadows, an oasis of calm and natural beauty, centrally located, convenient to downtown, shopping, and the SRQ airport, life is good. You can feel thankful.

Thanksgiving is just a few weeks away. Soon you will be together with friends and family celebrating the holidays. The stress and strain of this long, hot summer will fade and be forgotten.



### SEPTEMBER APPROVED ARCHITECTURAL REVIEWS

4584 Glebe Farm Rd  
Pipers Waite Condo Assn  
3149 Heatherwood Ln  
4633 Longwater Chase  
4720 Harvest Bend  
4646 Arborfield Rd  
5269 Wedgewood Ln  
4580 Windsor Park  
2891 Longleat Woods  
4742 Ringwood Meadows  
4721 Chandlers Forde  
3441 Highlands Bridge Rd  
4041 Oakley Greene  
4907 Taywater Dell

3520 Trebor Ln  
Lyndhurst Court HOA  
Somerset Condo Assn  
3405 Highlands Bridge Rd  
4904 Rutland Gate  
4939 Rutland Gate  
5615 Sheffield Greene Cir  
5674 Sheffield Greene Cir  
3725 Surrey Lane  
3725 Surrey Lane  
Chatsworth Greene  
Condo Assn  
Somerset Condo Assn

# Assembly Next on the Agenda

Mike Mazur and Ned Boston— Assembly Program Development, Co-Chairs

The first Assembly program of the season was informative and well-received by the attendees. Byrony Swift, a Shareholder with Becker Law, presented a program outlining the key changes in the Condo and HOA statutes that most commonly affect the communities in The Meadows. Many of the most time consuming and costly changes impact buildings of three or more stories, but that three-story benchmark has been confusing to many. Her program helped to clarify matters for our association leaders.

The November 15, 2023 program will consist of the introduction of candidates for election to the 2024-25 MCA Board of Directors. There will be three openings on the Board effective at the March 4 Annual Meeting. Each candidate will have an

equal amount of time to make a statement on their behalf. The Assembly Executive Committee, chaired by Ned Boston, will oversee this part of the program. In addition, MCA Treasurer Stan Miska will provide an overview of the proposed MCA Budget for the 2024-2025 fiscal year.

Assembly meetings are open to all MCA members; however, every Board member of the 52 associations is especially encouraged to attend as the emphasis of the program each month from October to May is on topics that directly impact the volunteer Association leaders. With a hiatus during December, the program will resume on January 17, 2024.

**See you on November 15th beginning at 4:00 pm.**



Bob Clark — Emergency Preparedness Committee, Co-Chair

## Looking For The Light At The End Of The Tunnel

Hoping for an early end to the hurricane season

As I am writing this we are halfway through the hurricane season and so far have remained relatively lucky with only a near miss by a major storm. Currently there are two storms in the Atlantic that appear to be no threat to Florida.

I realize that due to the long lead time for Meadoword articles, you could be reading this in the middle of a major storm and asking yourself “what was this guy thinking?” But let’s hope our good fortune holds out and we continue to avoid any major storms. The hurricane season normally runs

through November, so we are close to the end.

If we are threatened by another storm our volunteers on the Emergency Preparedness Committee will be on the job making our community as safe as possible. Our thanks go out to them for their continued service.

In the meantime, once again review the hurricane safety guide on the Sarasota County web site. Being prepared is the key to being safe. Best wishes for the remainder of the year.

# Showtime REALTY *at The Meadows*

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ASSOCIATE BROKER

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**MON-FRI: 8:30 - 4:30 | SAT-SUN: 12:30 - 4:30**  
**OTHER TIMES BY APPOINTMENT**



## September Safety Report

Incidents are defined as a variety of complaints or concerns ranging from minor to more concerning activity reported by a resident. Examples of such (but not limited to) are; an alarm, animal and fishing complaints, reports of safety hazards, burglary, harassment, welfare check, dumping, solicitation or suspicious person(s).

Citations are violations that do not respect our documents related to Meadows standards. Examples of such are: restricted vehicles, parking violations, garbage cans not being picked up or put out too early, violations subject to tow, and sign restrictions.

During the month of September, 2023 there were (18) incident free days - (3) more than August 2023. There were (15) reported incidents - (9) less than August 2023. There were (53) citations

issued this month - (12) More than August 2023.

Safety responded to the following during the month of September

### SOLICITATION COMPLAINTS

- Sept. 1 & 5 Solicitors were gone prior to calls and subsequent patrol yielded nothing.

### DISTURBANCES

- Sept. 21 & 22 - derogatory remarks made to two complainants, by an unknown woman in the Longwater Chase community. One complainant stated she was afraid to exit the car. She was advised to call the Sheriff's Office. A subsequent patrol of the area did not result in identification of the woman.
- Sept. 27 - Call received regarding a loud argument taking place in the 5200 block of Myrtle Wood. Safety responded but found no disturbance upon arrival. Complainant was advised to call the Sarasota Sheriff's Office.

### SUSPICIOUS PERSONS

- Sept. 7 - A man was walking down Longmeadow with no shoes or shirt made his way into the MCA building. 911 was called for assistance. He was checked by Emergency Medical Technicians (EMT). Sheriff's Office outreach Officer was also on the scene. After refusing assistance he was directed off the property.

- Sept. 13 - Complainant reported encountering an individual wearing a disguise of a blonde wig, hat and sunglasses. The man left in a truck. A formal report with the Sarasota Sheriff's Office was made by the complainant.

### BURGLARY - AUTO

- Sept. 28 - A woman reported that during the night someone attempted to break into her vehicle in the Heronmere II community causing damage to her vehicle. She was advised to contact the Sarasota Sheriff's Office and make an official report. This matter is being address by the Sarasota Sheriff's Office.

### EMERGENCY NUMBERS

- In the event of an emergency, call 911. After you have called 911 please report the incident to the MCA Safety Patrol.**
- The non-emergency Sarasota County Sheriff's Office number is 941-316-1201.**
- The Meadows Safety Patrol number is 941-809-0084.**



### Steven Verdelli & Alex Mendez

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Tia Calomeris— MCA Director, Marketing & Communications

**T**he Thanksgiving “post event line-up” usually starts with a nap on the sofa after the Thanksgiving feast, followed by holiday shopping on Black Friday, and Cyber Monday, which offer a variety of bargain deals.

Many holiday shoppers may be opting to get their shopping done before Black Friday. More than three-quarters of US Consumers said they shopped over the Thanksgiving Holiday weekend. The National Retail Federation (NRF) reported 196.7 million American consumers shopped in stores and online during the five-day holiday shopping period from Thanksgiving Day through Cyber Monday, according to the annual survey released November 29, 2022. It seems the shopping time frame gets earlier and earlier every year. Maybe you're an avid shopper who spends weeks creating a well thought out list, or the type who procrastinates and makes a mad dash for last-minute specials. Whatever your Bargain Hunting Strategy is, enjoying the process and staying safe is the most important thing.

Whenever you start, whether you're online, at a crowded store or in the parking lot, you need to be more aware of your personal / property safety and financial security. If you're distracted or in a hurry, that's when you are more susceptible to holiday crime while shopping.

**Keep these thoughtful tips in mind when you begin your holiday shopping, they will help to protect you, your family and financial information.**

- 1 Charge Your Phone Fully** – Before you leave to go shopping make sure your phone is always fully charged. Keep a charging cable in your car. Access to your phone in the event of an emergency, should always be part of your personal safety.
- 2 Share Your Shopping Plans** – Let your family or friends know when you're heading out to go shopping and when you plan to be home.
- 3 Park in a well-lit area** – Always park under a streetlight or in a well-lit area. Pay attention to where you park, take a picture, it will help you remember the section you parked in.
- 4 Know when to put your phone away** – Put it away when you're walking through the parking lot or in the mall area. Eliminating this distraction makes you less of an obviously distracted target. Know what is going on around you, this prevents you becoming a victim of crime..
- 5 Walk with Confidence** – Keep your head up and eyes forward. Walking with confidence makes you appear less of a target to attackers. Be alert, scan your surroundings.

- 6 Make sure you can carry the load.** –Consider all that you're buying and how you'll get it to your vehicle. You become potentially more vulnerable if you are fatigued and / or if you can't carry what you purchase. You make yourself more visible to potential thieves. Plan ahead and arrange for a friend or store employee to help you take packages to your car.
- 7 Approach your car with your keys ready** – Always prepare with your keys in your hand. Avoid having to stand in the parking lot searching for your keys in your pocket or purse, it makes you vulnerable to criminal activity. Keep them ready and accessible.
- 8 Trust your gut.** Always trust your gut instincts. If something doesn't seem right or you get a strange feeling, go back into the store and request to have a security guard escort you to your car. Don't be embarrassed to ask for help. Better to be safe, than sorry.
- 9 Be on the lookout for identity theft while you're online.** If you shop online, practice solid internet security and choose companies you know and trust. Check the background of any company you're not familiar with. And remember – if any deal sounds too good to be true, it probably is. While scam artists still run schemes in person or over the phone, they also work online to get you to click on a fake link or send your financial information to a bogus email address.
- 10 Keep your financial information away from wandering eyes.** Protect your credit card information, especially as you stand in line to pay. It's an easy way to prevent identity theft and credit card fraud. Crowded stores can be an easy place for someone to steal your information, just by looking over your shoulder.
- 11 Leave a paper trail** – for your own reference. Save all your receipts. Along with needing them for returns, it's also a good idea to confirm your purchases against your credit card or bank statement. Once identity thieves have your credit card info, they will make small purchases, or “pings” to see if the card is still active. You can help prevent further theft by consistently reviewing your statements for unusual or frequent purchases.

**REMEMBER, IF IT DOESN'T FEEL RIGHT, TRUST YOUR GUT INSTINCTS AND DON'T BE AFFRAID TO ASK FOR HELP FROM THE STORE SECURITY OR STAFF.**



## Thanksgiving Composting

Linda Nordenberg — The Meadows Garden Club

Studies have shown that food waste increases more than 25% during the time period between Thanksgiving and Christmas, making Thanksgiving a great time to focus on waste reduction.

Thanksgiving is a time of giving thanks, appreciating all we have, the health of our family and friends and giving back. It's also a time when that Thanksgiving meal keeps giving with all those tasty leftovers. But What about those scraps?

Here is some helpful guidance on what of that delicious Thanksgiving dinner is compost worthy and what is not.

### TURKEY

The turkey is the thanksgiving star of the day, great for repurposing in stocks, stews, leftovers, but isn't one for composting. Keep these scraps

out of our composting bin.

### VEGETABLES

Those scrumptious side dishes with the classic potatoes, yams, corn, green beans, Brussels sprouts and others are great materials to composts, as long as they don't contain animal fats like



bacon, gravy, lard or dairy.

### CRANBERRIES & FRUIT

Whether you are team canned or fresh or jelly, these sweets of Thanksgiving are typically ideal for composting material as they are usually not mixed with animal

proteins or dairy. Consider some of those pies too, just remember the guidelines.

### BREADS

Before you think of composting, stale bread makes for a great component for all those plentiful stuffing recipes or salad croutons. Sourdough, rye, pumpernickel and other types of bread that aren't



reused for your feast can go in your composting bin. Nothing like a great hot cup of coffee or tea after your Thanksgiving feast

before you curl up on the sofa. Tea and coffee grounds are the perfect composting ingredients, just make sure they don't include the containers such as the tea bags, K-cups or other packaging.

Food wrappers, butcher paper, and even some composter

approved containers often have small plastic linings that make them more suitable for recycle bins than composting bins.

Food waste is a problem year-round, but this issue is especially prevalent around Thanksgiving.

In 2021, about 305 million pounds of food valued at \$400 million, went to waste on Thanksgiving alone, according to ReFED, a non-profit working to end food loss.

Let's do what we can to plan our meals carefully and use these

resources to enrich our soil.

Thank you to The Meadows Composting participants that have diverted 5,000+ pounds = over 2.5 tons of food scraps and other compostables from Sarasota's landfill this past year!

**Be a part of the effort, email us at meadowsgarden334@gmail.com to learn more or call 650-743-3104 to sign up for composting.**





**WISHING YOU A JOYFUL THANKSGIVING!**

Enjoy the warmth of home and the company of loved ones this Thanksgiving. If you're seeking a new home perfect for creating treasured Thanksgiving memories, I can help you discover a home that suits your lifestyle and dreams, where you can enjoy the magic of home and hearth for years to come.

As a veteran real estate agent with a history of success and a long-time Sarasota resident, I can help you reach your real estate goals.

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# Thankful for Tradition

by Patricia Wilson

Stuffing arguably is the hallmark of Thanksgiving. My husband, Jack, loves to make his generations-old family French recipe every year for us to share and enjoy. This happy tradition engages our senses and connects our hearts with loved ones near and far.

Because it is made without bread, it is naturally grain-free and gluten-free. Some neurologists recommend eliminating gluten and grain as part of a strategy to improve brain health, prevent diabetes, and to assist those who have autism, arthritis, and infertility issues.

This recipe is flexible, so be creative! If your diet does not include pork, easily prepare this dressing with ground chicken or turkey instead. For a low-carb version, use mashed cauliflower in lieu of potato.

## INGREDIENTS

2 pounds of ground pork  
2.5 pounds of potato, peeled, diced  
1 medium-sized onion, chopped  
olive oil, to sauté  
poultry seasoning, salt and pepper, all to taste

## INSTRUCTIONS

In a pan, lightly sauté the onion in the olive oil. Add the ground pork. Cover with water and bring to a boil. Simmer until the water evaporates and the pork is cooked (about 45 minutes). Boil the potatoes in a separate pot until they are soft. Drain and mash. Add the cooked pork mixture to the potatoes; stir. Season with salt, pepper and a generous amount of poultry seasoning, to taste.

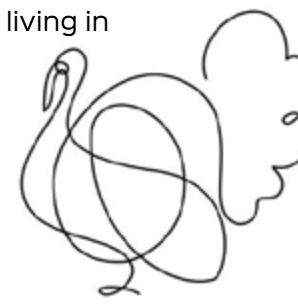
Serves 10, with leftovers, which



freeze nicely.

Try using some of your seasonal decor to create your special holiday placesetting.

I am a designer, artist and published author, living in The Meadows. Connect with me at PatriciaCWilson.com.



*Excerpted and adapted from "Gluten-Free Dishes that Don't Sacrifice Taste" by Patricia Wilson. First published in LIFESTYLES Magazine/Tyler Morning Telegraph, Tyler, Texas. Image by Patricia Wilson. Copyrighted material; all rights reserved.*



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4571 Highland Oaks Cir- Fabulous opportunity to customize large pool home .. \$825K  
4081 Penshurst Park – Tranquil pond views, bright and spacious floor plan ..... SOLD  
3962 Chatsworth Greene – Serene golf course views from this spotless villa .... Pending

### FOR SALE ELSEWHERE IN THE MEADOWS

4843 Marsh Field Rd – Beautifully updated and secure pool home ..... Pending  
5605 Pipers Waite – Spotless villa with spectacular pond and golf views ..... SOLD  
2977 Heather Bow – Maintenance-free single family home, large lot ..... \$459K  
2633 Greenbelt Yard – Gorgeous lake views from this updated villa ..... Pending  
3131 Windrush Bourne – Tranquil pond views from updated carefree villa ..... \$399K

### FOR SALE IN THE SARASOTA METRO AREA

Downtown – Burns Court Villas, exclusive enclave in the heart of the city ..... \$1.6M  
Osprey - Custom-built John Cannon home with sweeping lake views ..... Pending  
Siesta Key - Stunning full gulf views, beachfront fun turnkey condo ..... Pending  
Sarasota – New construction townhouse at Bath-and-Racquet ..... Pending  
Sarasota - Beautifully updated home in centrally located Center Gate ..... SOLD  
Grande Oaks Preserve -Gorgeous penthouse overlooking a preserve ..... SOLD

**Fernando 941.400.7676**

# Our Lifestyle



Displayed here are some of Major General John B. Richardson's medals. For his full bio and medal listing and description visit: [https://en.wikipedia.org/wiki/John\\_B.\\_Richardson\\_IV](https://en.wikipedia.org/wiki/John_B._Richardson_IV)



## IN HIS OWN WORDS

By Maj. Gen. John B. Richardson IV November 11, 2022—  
U.S. Army Fort Cavazos Media Center

*EDITOR'S NOTE: While this article was written almost one year ago, it expressed the importance of Veterans Day, in so many ways. In his own words, from the perspective of a highly decorated officer and leader who served in Afghanistan (Operation Freedom's Sentinel), Baghdad-Iraq, and Bosnia, along with significant assignments at the Pentagon, as Commanding General 1st Cavalry Division at Fort Cavazos, Texas and presently-Special Assistant to the Commanding General, III Corps at Fort Cavazos, Texas. It's Love of Country. He, and all our armed forces makes us proud to be an American. We thank you.*

Veterans Day is a day of reflection and appreciation for the patriotism, service, and sacrifice of all who have served in the U.S. Military. We celebrate Veterans Day on the anniversary of the armistice that ended World War I. It was on the eleventh hour, of the eleventh day, of the eleventh month in 1918, the battlefield of Europe fell silent after more than four years of fighting. The day became known as Armistice Day and celebrated around the world by nations that participated in World War I as a day of remembrance for those who fought in that devastating war.

In 1954, the US Congress changed Armistice Day to Veterans Day to remember not only the Veterans of World War I, but to remember all Veterans who have served the Nation in military service.

But while we take time to reflect and appreciate our Veterans every November 11th, we must also take this time to make sure they are never forgotten and remembered and supported the other 364 days of the year. Prospective Soldiers observe how we take care of our Veterans as they consider serving themselves. Our ability to have an all-volunteer Army of the future depends on our support of our Veterans today.

Approximately 75,000 Soldiers transition out of the Active Army annually and become Veterans. The U.S. now has the largest population of young Veterans since the Vietnam War. We owe it to these men and women to make sure they transition from their active-duty careers with the skills and experience to find meaningful employment outside the Army and demonstrate to their communities the value of serving in the Army.


As a nation, and as an Army, we

must commit to taking care of Veterans. Seventy-seven years and two months ago, as World War II came to a close, the First Team led the Allied Occupational Army into Tokyo. In the decade following that great conflict, the GI Bill enabled 7.8 million WWII Veterans to participate in education and training programs. This is one example of how our Nation showed appreciation for those who served to defend it.

Today, the Army's Soldier for Life Program works in communities across the country to create opportunities for Veterans and Families and encourages Veterans to remain connected to their Army.


Once you earn the title Soldier, you are a Soldier for Life. The Army is committed to the success of our Soldiers and their Families from pre-enlistment to post-separation, and to supporting our Veterans by connecting them to opportunities for employment and education.

Today, we remember our Veterans, we thank them for their service, and pay tribute to their sacrifices. Our Nation's Veterans throughout our history kept us free, protected and defended our Constitution and our way of life.



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# PATRIOTIC QUOTES

Take a moment to pay tribute to those who have fought for our contry and remember how lucky we are to live in the land of the free . . . AMERICA.

"Let every nation know, whether it wishes us well or ill, that we shall pay any price, bear any burden, meet any hardship, support any friend, oppose any foe to assure the survival and the success of liberty."

*John F. Kennedy*

“

PATRIOTISM CONSISTS NOT IN WAVING THE FLAG, BUT IN STRIVING THAT OUR COUNTRY SHALL BE RIGHTEOUS AS WELL AS STRONG.

*James Bryce*

”

“May we think of freedom, not as the right to do as we please, but as the opportunity to do what is right.”

—Peter Marshall

America is another name for opportunity.

—Ralph Waldo Emerson

“ I am an American; free born and free bred, where I acknowledge no man as my superior, except for his own worth, or as my inferior, except for his own demerit.”

*Theodore Roosevelt*

Where liberty dwells, there is my country.

—Benjamin Franklin

“I think patriotism is like charity—it begins at home.”

*Henry James*

*Sgt. Major Bill Paxton*

"May we never forget our fallen comrades. Freedom isn't free."

"I THINK OF A HERO AS SOMEONE WHO UNDERSTANDS THE DEGREE OF RESPONSIBILITY THAT COMES WITH HIS FREEDOM."

*BOB DYLAN*

One flag, one land, one heart, one hand,  
one nation evermore!

—*Oliver Wendell Homes*

# Best Kept Fall 2023



**SINGLE-FAMILY HOME**  
First Place – (Shown left and above)  
4426 Highland Oaks Court  
Edward & Lynn Flynn



**SINGLE-FAMILY HOME**  
Runner-up – (Shown above left and right)  
4958 Rutland Gate  
Carol Lenfestey Rodin



# Refreshed & Radiant



## ASSOCIATION

First Place – (Shown left) – Willow Green  
Melanie Jendreski, President



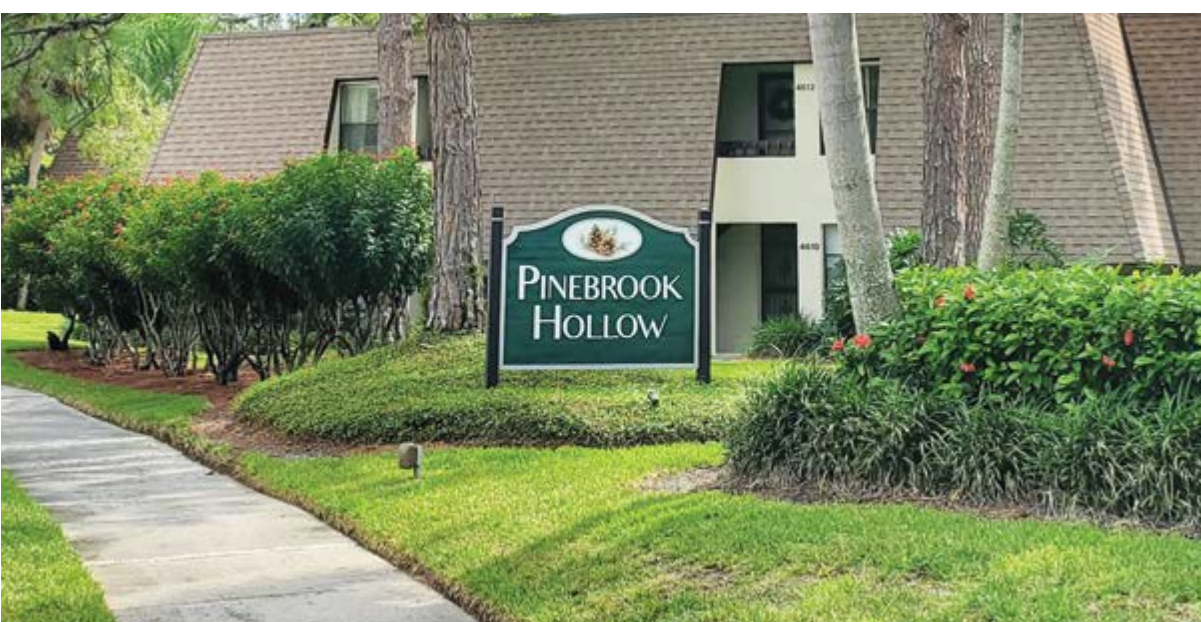
## ASSOCIATION

Runner-up – (Shown above right) – Peshurst Park  
Malcolm Hay, President



## CHAIRMAN'S CHOICE

First Place (Shown here and left)  
2965 Longleaf Woods –  
Ronald Jackson & Vincent Polvinale



## CHAIRMAN'S CHOICE

Runner-up – (Shown left)  
Pinebrook Hollow Condo Association  
Linda Schutt, President

**HAPPY  
248  
BIRTHDAY  
US Marine  
Corp.  
ON 11/10/23  
We salute  
you!**

# EVENTS &

The Meadows Community Association



Invites our Meadows Residents and Veterans to the MCA Veterans Day Salute

**Friday, November 10  
9:00 am at MCA**  
2004 Longmeadow

★ **MCA Veterans Day Salute** ★  
TAPS by John Gunter  
Dove Release  
Speakers: Saul Feldman US Navy,  
and Mark LaFlamme Retired Lt Col USAF.  
Canines for Heroes Demonstration  
Refreshments following ceremony.


Sign-up on [themeadowssarasota.org](http://themeadowssarasota.org)

PLEASE JOIN US AT THE  
**15th Annual**  
**Veterans Day  
Celebration**

**HONORING ALL  
MEADOWS VETERANS**

**Saturday, November 11 at Noon**  
The Meadows Country Club  
Complimentary Lunch  
All Meadows Veterans, their  
guests & friends are welcome  
RSVP to Country Club 941-371-6000

Veterans Day Committee Chairs  
Saul Feldman & Joe Gleason



**GUEST SPEAKER JAMES TOWNLEY**  
Captain, U.S. Coast Guard, Vietnam Veteran,  
over 30 years of service, highly experienced in  
marine safety and security.

MCA  
HOLIDAY PARTY

*Peace on  
Earth*

**SAVE THE DATE**

**December 12  
5:30-8:30 pm**

REGENCY ROOM

**CHANUKAH PARTY**

Wednesday, December 13 at 12 pm  
at Aviva ■ \$15 per person  
**ALL ARE WELCOME**






TRADITIONAL LATKES LUNCHEON  
WILL BE SERVED.

Rabbi Sigal Brier of Kol HaNeshama in Sarasota  
will officiate the Chanukah program.

Contact Joni or Helene for  
sign-up and ticket sales at:  
Joni Cohen at [shalomjoni23@gmail.com](mailto:shalomjoni23@gmail.com) or  
Helene Stone-[shalomhelene24@gmail.com](mailto:shalomhelene24@gmail.com)

Sign-up by December 6.

**MCA & The Sarasota County Fire Dept. Team-up**

Join us at The Meadows Community Lifestyle & Wellness Facility. Learn the 3 part process on how to save a life. Hands Only CPR, how to use and administer AED, and BeFast Stroke Training.

**Sign up early to secure your spot. Sign-up at [themeadowssarasota.org](http://themeadowssarasota.org)**

# ACTIVITIES

## 2-DAY CRAFT & BAKE SALE

Shop Early  
for handmade unique gifts!

November 18-19  
9 AM-2 PM

The Meadows Community Lifestyle & Wellness Facility  
3350 Longmeadow

**PLEASE NOTE:** Room locations or times / dates of activities / events may change. Please check with MCA, the MCA website, email updates, or room schedules outside MCA activity rooms or listings in The Community Lifestyle and Wellness Facility to confirm.

**FRIENDLY REMINDER:** If you reserve space for an association meeting, activity or event and are unable to come, please call and let us know, so someone else may enjoy using the space.



### CLEANING WITHOUT CHEMICALS Wednesday, November 29 1 PM

The Meadows Community Lifestyle & Wellness Facility  
Presenter Dr. Maria Portelos-Romero  
University of Florida IFAS  
Explore a way of cleaning without chemicals.  
Safe for our environment and your health.  
Sign-up at [themeadowssarasota.org](http://themeadowssarasota.org)

## MCA HEALTH FAIR

Thursday, January 4, 2024  
10 am-1 pm

- Presentations on Health & Wellness
  - > Desoto Plams FitMinds
  - > Florida Digestive Health Specialists
  - > Fox Rehab-Balance
- Healthy Cooking demonstrations

Sign up at [themeadowssarasota.org](http://themeadowssarasota.org)

### VISIT THE FITNESS CENTER DURING THE HEALTH FAIR

Equipment Demonstrations  
Fitness Center Orientations  
Learn about specialty services.

## MCA GAME NIGHT

NOVEMBER 29 AT 6 PM  
Presented by Tampa Game Night  
\$5 per person

Friendly Feud, and more!  
4 Games in total! Limited to 60 participants!  
Snacks included.

Register on-line at [meadowssarasota.org](http://meadowssarasota.org)



**McNulty**  
COUNSELING AND WELLNESS

### HOW TO MANAGE HOLIDAY STRESS

Presented By

McNulty Counseling and Wellness

**Friday, December 1**

Meadows Community Lifestyle & Wellness Facility  
Register at [themeadowssarasota.org](http://themeadowssarasota.org)

## on Basic Health Training

Friday, January 19 at 1 pm

**BASIC CPR, AED AND BEFAST  
STROKE TRAINING  
60 MINUTE LIFE SAVING CLASS !**

# Our Lifestyle

# MCA HEALTH FAIR

HEALTH FAIR  
JANUARY 4  
10 AM-1 PM

SIGN UP TODAY TO ATTEND THE HEALTH FAIR

[themeadowssarasota.org](http://themeadowssarasota.org)



- Christine Hannafin PhD— Psychology
- Electric Caregiver
- Eye Watch Live
- Fitlife Foods
- Fox Rehabilitation
- Grey Matters
- Jubese
- Maui Skin Bus
- McNulty Counseling & Wellness
- Meadows Dental
- Meadows Nursing & Rehabilitation
- My Care Finders
- My Sanctuary of Wellness
- Nutrition and Wellness Solutions
- OnSpot Dermatology
- Optimum Hearing Care
- Paradise Physical Therapy
- Poet's Walk
- Safe Mobility for Life
- Sarasota County Department of Health
- Sarasota County Sheriff's Office
- Sarasota Memorial Hospital
- Sarasota Memorial Hospital
- Stretch Lab
- Stop the Bleed
- SunCoast Blood Bank
- Teresa K Bowman Attorney
- Terri Magsalinski-Massage Therapist
- The Vitamin Shoppe
- Trump Insurance Company
- VanWezel Performing Arts Hall

## COME FOR A Seasonal Stay

Leave your cares behind.



Aviva Senior Living is a part of the Meadows Community which provides beautiful tropical vistas, nature walkways in an idyllic location for our residents.

This winter, try our lifestyle on for size. You'll have your own **fully furnished** apartment with access to everything our award-winning community provides, including more than 50 activities, classes, and programs every week.

We'll do the cooking, laundry, and even provide room service. All you have to do is see how you like it at Aviva, voted Sarasota's Best Retirement Community by SRQ Magazine.

Book your Seasonal Stay today! Call (941) 702-4907 or email us at [info@avivaseniorlife.org](mailto:info@avivaseniorlife.org) for details.

*Seasonal Stay requires a two-month minimum short-term lease that can convert to an ongoing monthly lease, if desired.*



Anchin Pavilion Lic#8951  
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[AvivaSeniorLife.org](http://AvivaSeniorLife.org)  
1951 N. Honore Ave. | Sarasota, FL 34235



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\*Two week minimum

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# REMINDEERS



### Meadows Morning Coffee & Conversation

Friday November 3  
8:30 - 9:30 AM

Sign Up on  
[themeadowssarasota.org](http://themeadowssarasota.org)

The Meadows Lifestyle & Wellness Facility



**November 11 • 7:30 AM – 2:30 PM**  
**MCA Parking Lot**

Call 941-444-0011 to schedule your appointment today!

### TIME TO FALL BACK Daylight Savings Time

Remember to roll back your clock on Sunday, November 5, at 2:00 am. Set your clock back to 1 am.

### BLOOD DRIVE

**November 14**  
**8 AM – 2 PM**  
**MCA Parking Lot**



Call 1-866-972-5663 to register.

### ICE CREAM SOCIAL

Tuesday, November 7  
6:30-7:30 PM

The Meadows Lifestyle & Wellness Facility

Sign Up on the MCA website  
[themeadowssarasota.org](http://themeadowssarasota.org)

### Thanksgiving Trash Pick Up Schedule for the week of 11/21

Mon	11/20	No Change
Tues	11/21	No Change
Wed	11/22	No Change
Thurs	11/23	Changed to Friday 11/24
Fri	11/24	Changed to Sat 11/25



HEARING SCREENING CLINIC

Wednesday, November 8 • 9-11 am

CALL 941-677-2660  
FOR AN APPOINTMENT



### Happy Thanksgiving

The MCA office will be **CLOSED**  
**November 23-24**

The public side and library will be open.



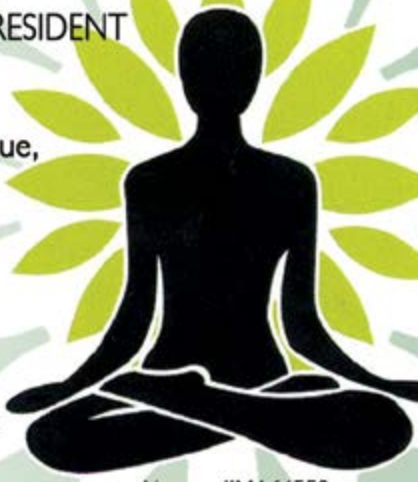
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Free Consultation

## Our Lifestyle

# 2-Day CRAFT & BAKE SALE

**Saturday and Sunday,  
Nov. 18 & 19  
9am to 2pm**

The Meadows Community Lifestyle & Wellness Facility, 3350 Longmeadow

Liz Barnett— Memoir Group

Mark your calendars and set your alarm clocks! We give you that advice every year because for 32 years our good neighbors in The Meadows have flocked to the Craft Group's Fall Sale and the early birds find the best selection. There's something for everyone here and all the proceeds from the sale are donated to local charities! No need for guilt if you treat yourself to something; just say "It's for charity."

We'll have a whole room filled with homemade baked goods and gourmet nibbles in the BAKE Sale. You'll find cookies, cupcakes, pies, tarts, banana and pumpkin breads, candies, muffins, fudge, and more.

Don't miss the BASKET RAFFLE where there will be 30 gift-filled baskets. You'll find baskets with Restaurant Gift Certificates, Coach tote bags, Craftsmen tools, Kids Crafts, Baskets of Cheer filled with adult beverages, a Detwiler's basket with a gift certificate and treats, Christmas Stockings stuffed with goodies, and more. For a small donation, you'll receive tickets to fill in with your contact information and deposit in the baskets of your choice (savvy shoppers bring address labels). Drawings for the winner of each basket will be held at the end of the sale.

GRANNY'S ATTIC will be filled with gently-used treasures. You might find small appliances, tools, toys, games, kid's books, utensils, cook books, or even a man's bicycle. It's a fun treasure hunt.

Of course, handmade crafts are the centerpiece of the sale. To make shopping easier, we've listed some of the things you'll find at the sale.

### CHRISTMAS

- Ornaments for the Tree or Packages: Santas, Angels, Snowmen, Stars, Reindeer (Tip- the ornaments make nice gifts; start a tradition of giving one every year to your kids or grandkids; they will have a tree full of memories when they start their own homes)
- Mantle and Table Décor Centerpieces, Miniature Christmas trees, Table Runners

- Wall-Hangings, Wreaths and Stockings

### GREETING CARDS

An amazing array of designs, including many new styles, ensures that you can find the perfect card for all your friends and family. Whether you choose an intricately decorated hand-made design or a fanciful embellished card, your card is sure to be memorable. Our prices are less than cards sold elsewhere; stock up for the whole year before prices go up again.

- Special Occasion Cards- Birthday, New Baby, Congratulations, Thank you



- Holiday Cards - Christmas, Hanukkah, Thanksgiving, Mother's and Father's Day
- All Occasion Cards – Blank inside for your message or you can use our pre-printed inserts

### HOUSEHOLD GOODS

- Practical must-haves: Potholders, Hand-Knit Dishcloths, and Scrubbies for fast, scratch-free clean-up
- Hanging Kitchen Towels in holiday prints and bright colors.
- Microwave Bowl Holders that go from microwave to table and give protection from hot bowls.
- Casserole Carriers to tote your food to pot lucks and parties



- Drier Balls in felted wool to replace drier sheets and fabric softener

- Insulated Potato Bags – to make baked potatoes in minutes in the microwave

- Decorative magnets for the refrigerator displays

- Table runners, placemats, napkins, coasters

### JEWELRY

Update your look with new styles and find gifts for all ages.

- Teens' Special Bracelets – Girls exchange them at Taylor Swift Concerts and you'll see them by the checkout counters at trendy stores at the mall. You'll want several of these cute beaded bracelets with references to Taylor's lyrics and affirmations of your style.

- Necklaces dramatic pendants, glittering evening styles and eye-catching casual styles

- Earrings in an array of styles; each mounted on a decorative card, ready for gift giving

- Bracelets to complement grown-ups' day-time outfits



### BOUTIQUE BONANZA

- Pocket Wallets to hold a credit card or two instead of a purse
- Bridge Tallies & Playing Card Holders to make it easy for kids and those with arthritis to hold a hand of cards
- Travel Accessories -Shoe Bags, Jewelry Pouches; 4, 5, and 6-Pocket Pouches
- Decorated Scallop Shell Jewelry Holders
- Scarves, Shrug, Slippers, Yoga Socks
- Fascinators

### HOME DECOR

- Decoupage and Embellished Coasters, Plates, Bowls, Vases, Flower Pots
- Mini Pictures – abstract infusions of color to brighten a mantle/ shelf
- Cord Tamers – to keep your charger cords neatly in place
- Phone Stands – for Hands-free Cell Phone Calls or Face Time
- Painted Rocks & Decorated shells



### CHILDREN AND BABY GIFTS

- Squeezums – tiny animals that open their mouths when squeezed
- Baby Booties and Bibs
- Knit Blankets, Mittens, Hats, Slippers, Capes, Purses

It's easy to understand why shopping at the Craft Sale has become a Meadows tradition. Join your friends and neighbors for the fun on Nov. 18 and 19. Do good by shopping. The proceeds will support local charities and lives will be changed.



## Sunnyside Village

A Christian Senior Living Community

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- Assisted Living
- Memory Care
- Skilled Nursing
- Inpatient Rehabilitation
- Outpatient Rehabilitation
- Palliative Care

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- ✓ KNEE PAIN / INJURIES
- ✓ HIP PAIN / INJURIES
- ✓ BACK AND NECK PAIN / INJURIES
- ✓ POST-SURGERY REHAB
- ✓ VERTIGO
- ✓ GOLF, TENNIS, & PICKLEBALL INJURIES

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Proudly representing the **#1 Brokerage** in The Meadows!  
WE ARE SO GRATEFUL FOR ALL OF OUR CLIENTS, FRIENDS,  
AND NEIGHBORS IN THE MEADOWS!  
**Let Our Proven Success Work For You!**

## Our Lifestyle

# Meadows Single-Family Homeowners Alliance (MSHA)

Michelle A. Johnston— MHOA, President

November is a special month for single-family homeowners because our friends and neighbors return to The Meadows for the season. Their return closes a circle and makes our neighborhoods complete. This season, we are especially thankful that everyone is returning safely because of the Canadian forest fires and storms in the north to this wonderful, sunny paradise.

To celebrate the return of our friends and neighbors, the MSHA is having its annual welcome back party on November 15, 2023.

The party starts at 5:00 PM with dancing, and dining to memorable Motown music in the background. There will also be some tasty Motown treats and prizes. To get more information about the Motown-themed, welcome back buffet and dance, go to meadowshomeownersarasota@gmail.com.

Returning residents can see that throughout the spring, summer, and fall, the Meadows Community Association (MCA) actively worked on lots of improvements to ensure that the returning residents will have a wonderful season. For example, the newly

resurfaced pool with upgraded deck area is just waiting for everyone to enjoy it, including extended family members who are here for the holidays.

Further, the pond-bank restoration with aquatic planting and no-mow-zones is working, and many of the ponds are looking great. Lastly, for the walkers and exercisers, the Fitness Trail has been spruced-up, and the repairs on the bridge behind the Hunt Club are complete, providing an additional trail for trekking. Everyone should walk around the area and enjoy the results of this work.

Additionally, during the summer, the MCA also focused on safety and security inside and outside of the house. In a recent safety presentation, Deputy Brian from the Sarasota County Sheriff's Office told the audience that The Meadows was safe compared to other communities in the area. Since our community is safe, it is a popular place to live. However, he also spoke about situational awareness, meaning that even though The Meadows is relatively safe, residents should always be vigilant, and if they see something they should

say something to The Meadows Safety Patrol at 941-809-0084 or the Sarasota County Sheriff at 311.

You should notice that all of the neighborhoods are looking great and improving. MSHA supports the MCA Standards Committee and its commitment to keep our homes and lawns beautiful. Single-family homeowners are continuously improving their properties, working with the Standards Committee, and having architectural reviews ensure the best, most attractive outcomes.

Lastly, throughout November, The Meadows is buzzing with activities in addition to the Motown-themed welcome back buffet and dance on November 15, all of the clubs and activities are in full swing, including the Veteran's luncheon, Pickleball, and the Women's Club fashion show. So, by Thanksgiving, everyone can just sit back, relax, and enjoy!

For more information on the MSHA, please email meadowshomeownersarasota@gmail.com.



**THE MEADOWS**  
COMMUNITY ASSOCIATION, INC.

### 2023 Holiday Best Kept Awards Splendor of the Season

Judging December 4-6

Let's decorate. Be colorful. Be creative. Join in the fun! Our whole community is eligible to participate.

First Place winners receive \$100 and Runners-up receive \$50 in each of the three categories:

- Single Family Homes
- Associations
- Chairman's Choice

Remember to turn your lights on by dusk for judging on December 4-6.

Lesley Totten, Chair



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**MANAGE YOUR PROPERTY!**  
**I HAVE YEARS OF EXPERIENCE**  
**LEASING BOTH ANNUAL AND**  
**SEASONAL PROPERTIES IN THE**  
**MEADOWS.**  
**\*\*\*CALL ME NOW\*\*\***  
**I PAY ATTENTION TO THE**  
**DETAILS MAXIMIZING YOUR**  
**INVESTMENT AND MINIMIZING**  
**THE HASSLES.**  
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# Bay Road Animal Hospital East

Beautiful new location on the corner of 17<sup>th</sup> Street & Honore Avenue



5292 17<sup>th</sup> Street  
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**AAHA Accredited**



**PRACTICE HOURS:**  
Monday – Friday:  
7:30 AM to 5:30 PM  
Saturday & Sunday:  
CLOSED

*New clients and patients are always welcome (including dogs, cats, birds, and exotics)*



Nicole Tisdale, DVM

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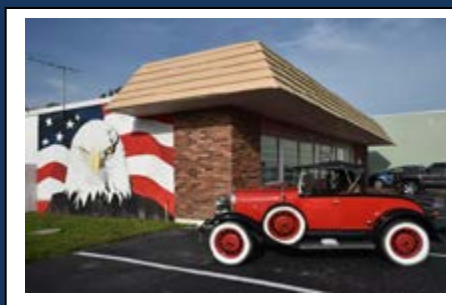
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For those that are new to The Meadows, meet Paul Easley. Paul and his wife Kathy have lived

in The Meadows for 10 years and have both been tremendous volunteers and contributors within the community.

Paul is an MCA Board of Directors member, loves to paint rocks and leave them along his travels and with people he meets, to brighten their day. Paul helps keep The Meadows looking its best by picking up litter while riding along The Meadows sidewalks and trails or taking a walk.

Please take caution as the vehicle makes frequent stops. Give him a wave hello, and a thank you for helping to keep The Meadows the best place to live.



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## Garden Club



The Garden Club visitors to Sweet Bay Nursery in Parrish learned about Florida-friendly plants from the owner, Tom Heitzman.

The glory of gardening: hands in the dirt, head in the sun, heart with nature. To nurture a garden is to feed not just on the body, but the soul.

—Alfred Austin

# Giving Thanks For a Hurricane-Free September!

Roy Wysnewski — September Weather Analysis in The Meadows

**SEPTEMBER RAINFALL & TEMPERATURE DATA**

Rainfall for month:	2.4 in.
Rainfall year-to-date:	29.8 in.
23 yr. rainfall average:	6.9 in.
Average high temperature:	95 F (normal: 90 F)
Above normal temperature days:	29
Record high-temperature days:	9

development in the Atlantic Ocean as seven named storms formed. Three storms were hurricanes – Lee, Margot and Nigel, and four were tropical storms – Katia, Ophelia, Phillipe, and Rina. With tropical storm Rina’s appearance September 28th, a record was established this year for most named storm formations in the 40 days between August 20 and September 29.

Fortunately, none of these storms impacted Southwest Florida and The Meadows. However, as discussed in previous columns, October is the primary month for tropical cyclone development in the Gulf of Mexico and with continued above normal temperatures in both the Caribbean Sea and the Gulf, residents should remain vigilant.

HE IS RICHEST  
WHO IS CONTENT  
WITH THE LEAST,  
FOR CONTENT IS  
THE WEALTH OF  
NATURE.

–Socrates

**WEATHER SUMMARY**

Thanks in part to a strong El Nino event, the Meadows, as well as all Southwest Florida, escaped the wrath of an active Atlantic hurricane season in September. What the region didn’t escape was the summer-long extreme heat wave that continued for the better part of September making outdoor activities uncomfortable, and sometimes unbearable.

**TEMPERATURE ANALYSIS**

September was another ‘hot’ month. Although the summer ‘extreme heat dome’ slowly dissipated during the second half of the month, temperatures remained above normal.

September temperature statistics include: an average monthly temperature of 95.0 degrees Fahrenheit -- five degrees above normal; twenty-nine (out of thirty) above normal temperature-days; and nine record high-temperature days.

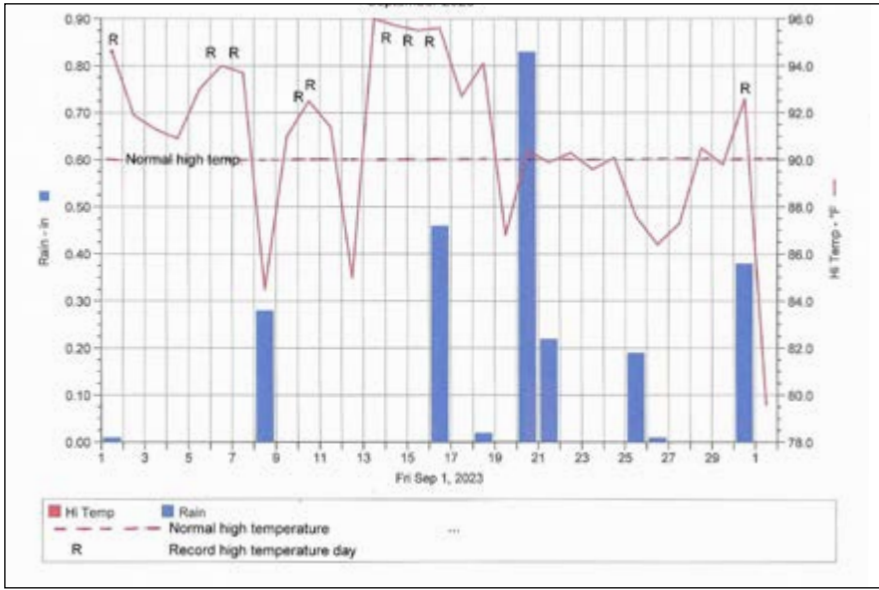
**RAINFALL ANALYSIS**

The extreme drought conditions reported in the June-July weather column returned in September as rainfall was limited to 2.4 inches. Normal September rainfall is 6.9 inches. The year-to-date rain shortfall is 17 inches.

Monthly temperature and rainfall data are presented in the graph.

**HURRICANE SEASON ANALYSIS**

September was a very active month for tropical cyclone



MEADOWS RAINFALL AND HIGH TEMPERATURES SEPTEMBER 2023

Send comments and questions about this month’s report to: [roywys9@gmail.com](mailto:roywys9@gmail.com).



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**4631 Longwater Chase**–2Bd/2Ba–Full view of entire 18th hole. .... **\$314,900**

**3385 E Chelmsford Close**–2Bd/2Ba–Large, Den, Golf view..... **\$444,900**

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## Our Veterans' Stories Precious Memories

Liz Barnett – Memoir Group

I never met my father. He died on a battlefield in WWII a month after I was born. I know him mostly through the letters my mother saved and some short stories and essays he wrote as a college student. I wish there were more.

Susan Chapman's father left an entire file. The file includes a telegram declaring him "missing in action," a newspaper article about his involvement in the Battle of the Bulge, 30 pages of an article he wrote about his experiences and a letter he wrote to his family after

he escaped from captivity as a POW. That file enables her to share an account of his experiences as a POW and for us to remember the sacrifices our veterans have made as they served and protected our country. No wonder that Susan considers the file her inheritance.

Before memories become as thin and fragile as the paper of WWII's V-mail letters, let's take time on Veteran's Day to record our veterans' stories.

## MY FATHER'S MILITARY SERVICE The Long March Few Remember

By Susan Chapman

My only inheritance from my father, other than memories and my genes, was a file he kept on his prisoner of war experiences.

My father's first and only battle was the Battle of the Bulge, the bloodiest battle of World War II. The Battle of the Bulge is considered a great military victory for the Allies. The ultimate victory came with a terrible price. For my father's unit, the 422d regiment of the 106th Infantry Division, it was disaster. Historical descriptions say his unit was "wiped out," "decimated," or "annihilated."

My dad was eager to serve, and he thought he was being sent to a "quiet sector" in the Ardennes for "Gentleman's Warfare." Instead, his unit was met with a vicious counter-offensive planned by Adolph Hitler himself. On December 16, 1944, German infantry attacked. My father's commanding officer was mortally wounded by shelling. My father narrowly escaped being hit by a V-1 rocket. Later, he had another brush with mortality when he tripped on a booby-trapped hand grenade. He was hit by shrapnel.

His unit advanced to the tiny village of Schonberg to gather with other troops to attempt to fight back to the Allied lines. They were surrounded, and the Commanding Officers voted to surrender. My father became a Prisoner of War on December 21, 1944 along with 1,000 others.

The prisoners were forced to march over 20 miles through

snow covered terrain. They were fed only potato skins. My father traded his overshoes for a loaf of bread from a German housewife.

The prisoners were then loaded onto boxcars. The boxcars were strafed by American planes killing 14 and wounding 45 prisoners. The young soldier beside my father was killed instantly. The prisoners broke the lock to the boxcar and spelled "POW" in the snow.

The prisoners marched 56 miles and then were loaded onto a train bound for Stalag IV-B, Germany's largest POW camp. Captured soldiers from 33 nations were housed there in squalid and overcrowded conditions. My father was fortunate that Polish prisoners shared their food with him. He was already starving.

After 13 days, my father was sent with other non-commissioned officers to Stalag VIII-A, a former Hitler Youth Camp on the Eastern border of Germany. When the American POW's arrived, the barracks were in a filthy condition. Prisoners slept 6 men to a tier.

My father was there only 33 days before news of an impending Russian invasion led to an "evacuation" on February 14. My father was one of 1200 prisoners forced to march westward for 41 days. This is known as The Long March or the Lamsdorf Death March. Prisoners were fed meager rations every two days. My father's boots were stolen, and he was forced to march through the frozen landscape with

his feet wrapped in rags. Frostbite ensued. If malnourished prisoners fell by the wayside, they were beaten into unconsciousness and left to die. The Prisoners survived by foraging garbage, rotting vegetables from fields, and sugar beets and turnips piled by the roadside. Prisoners caught taking beets or turnips from these piles were shot.

On March 20, 1945, they reached Duderstadt after marching 244 miles. The Prisoners were billeted in a bombed-out brick factory. The conditions were so foul that in order to leave, Prisoners volunteered to work in Brunswick, my father among them. They reached Brunswick on March 26 after marching 57 miles. They were so emaciated that they were too weak to work. While there, Brunswick was bombed and bombs narrowly missed their barracks.

Allied troops were advancing toward Brunswick and rather than giving up the prisoners, the Germans forced them into another march on April 9. On April 11, my father and his friend, Jack Scholl, escaped by pretending to fall by the wayside. They ran into the woods before the body wagon picked them up.

They were hidden and fed by slave laborers who were hiding other escaped prisoners. Around April 15th, American troops came through. They threw rations to the group. A film crew was with them and filmed them on a Newsreel that can be seen

at [https://www.youtube.com/watch?v=TnfDLg\\_lhyQ](https://www.youtube.com/watch?v=TnfDLg_lhyQ). My father's body was ravaged by malnutrition; he weighed 90 pounds and could encircle his thigh with his hand. Yet, he seemed excited to be on a newsreel and in a letter to his family seemed exuberant.

### EPILOG

When my parents married, my father's Best Man was his P.O.W. buddy, Jack Scholl.

All who had been on the Long March received the Bronze Star. My father did not learn of this until years later.

My father attended journalism school at the University of Missouri with tuition paid by the GI bill. My parents' first home was financed through a V.A. loan. We never ate chicken, because my father had been forced to eat a raw chicken in order to avoid starvation while a prisoner. He lost his teeth at an early age and suffered with his feet. He said he had a weak stomach. Certain odors nauseated him, and certain foods caused diarrhea.

The impacts of trauma are persistent. They drag a person down over time. My father had a debilitating stroke at age 48. His heart failed at age 53 on April 7, 1977.







Joanne Simons—  
November Book Review

# FAHRENHEIT 451

“JUMP, AND YOU WILL  
FIND OUT HOW TO  
UNFOLD YOUR WINGS  
AS YOU FALL.”

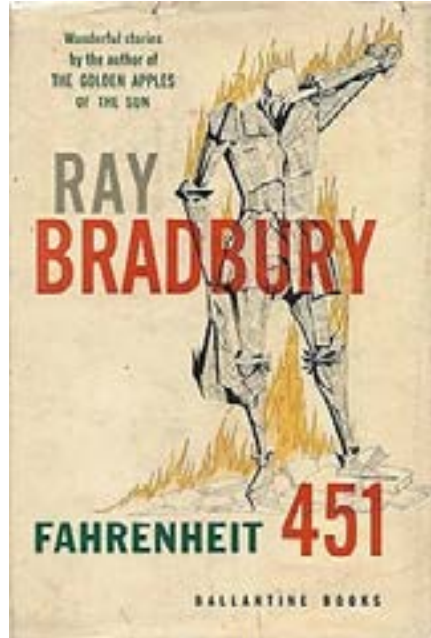
*Ray Bradbury*

Seventy years ago, Ray Bradbury wrote a novel about a post-apocalyptic society characterized by the elimination of books and a television-like media that anesthetized the masses. How things have changed?

Bradbury wrote *Fahrenheit 451* (1953; Ballantine Books) in the era of the Red Scare and the McCarthy hearings. He imagines a society where individual thought was discouraged; the "parlor wall" – large televisions filling the living rooms in every home – lulled a submissive populace; and books were outlawed as evil and subversive. Firemen set fire to books and burned down houses where books were found.

Bradbury's hero, Guy Montag, is himself a fireman. "One fall night while returning from work, he meets his new neighbor Clarisse McClellan, a teenage girl whose free-thinking ideals and liberating

spirit cause him to question his life and perceived happiness." This encounter leads Montag to show his wife the books he has illegally secreted in their house. He urges her to read one with him. She is horrified and, along with her friends, she turns him in to his boss, Captain Beatty, the firehouse leader. Montag, ordered by Beatty, burns his own house to the ground. He then in a turns the flame thrower on Beatty who is reduced to ashes just like Montag's house. Montag manages to escape the ensuing manhunt. He eventually finds and joins a band of intellectuals who have vowed to memorize the books they cherish in order to keep them alive. "I don't try to describe the future. I try to prevent it." – Ray Bradbury



Ray Douglas Bradbury was born in 1920 in Waukegan, Illinois. He died June 5, 2012, at the age of 91. He was self-educated after high school.

Bradbury wrote several works on the themes of censorship, technology, and dissatisfaction. His best-known novels are *Fahrenheit 451*, *The Illustrated Man*, *Dandelion Wine*, *Something Wicked This Way Comes*, *The Martian Chronicles*, and *I Sing the Body Electric*. He was also a screenwriter and a prodigious writer of short stories, poetry, and plays. Among his many awards are "the Prometheus Award (1984), Emmy Award (1994), Medal for Distinguished Contribution to American Letters from the National Book Foundation (2000),

National Medal of Arts (2004), and a Special Citation by the Pulitzer Prize jury (2007)."<sup>2</sup>

The Meadows book club will meet on Wednesday, November 8 at 2:00 p.m. to discuss *Fahrenheit 451*. Please join us; all are welcome.

<sup>1</sup> [https://en.wikipedia.org/wiki/Fahrenheit\\_451](https://en.wikipedia.org/wiki/Fahrenheit_451). Retrieved 9/29/2023.

<sup>2</sup> <https://www.thoughtco.com/biography-of-ray-bradbury-4797153>

“THERE ARE WORSE  
CRIMES THAN  
BURNING BOOKS.  
ONE OF THEM IS  
NOT READING THEM.”

*Ray Bradbury*

“I'M NEVER GOING TO GO TO MARS, BUT I'VE HELPED INSPIRE,  
THANK GOODNESS, THE PEOPLE WHO BUILT THE ROCKETS  
AND SENT OUR PHOTOGRAPHIC EQUIPMENT OFF TO MARS.”

*Ray Bradbury*

## BOOK CLUB SCHEDULE

TITLE	AUTHOR	PRESENTER	MONTH
Fahrenheit 451	Ray Bradbury	Jo Ann Lovell	November 18
Into the Beautiful North	Luis Alberto Urrea	Heather Fagnani	December 13
An Affair of Spies	Ronald H. Balson	Besty & David Neumeister	January 10, 2024
The Personal Librarian	Marie Benedict	Millie Irwin	February 14, 2024
The Girls of Atomic City	Denise Kiernan	Kathleen Roberts	March 13, 2024

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Median Sale Price	↓\$389,000 \$440,000	↓\$450,000 \$459,950
Condominium Sales	2023 (09) 2022 (09)	↑2023 (242) 2022 (215)
Med Condo Sale Price	↓\$327,500 \$340,000	↑\$380,000 \$378,000
House Sales	↑2023 (04) 2022 (02)	↑2023 (497) 2022 (407)
Med House Sale Price	↓\$712,500 \$785,000	↓\$486,500 \$500,000
For sale on the 30th	↑2023 (35) 2022 (18)	↑2023 (2526) 2022 (1503)
Property Pending	↓2023 (18) 2022 (19)	↓2023 (826) 2022 (980)
Listing Supply	↑2023 (2.7) 2022(1.6)	↑2023 (3.4) 2022 (2.4)

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If you spend several months of the year away from The Meadows, and would like to receive a print copy of *The Meadowword*, consider subscribing to *The Meadowword* or access it on [themeadowssarasota.org](http://themeadowssarasota.org). Forms for subscriptions may be found on the MCA website under News & Resources/ Meadowword Forms.

Annual Subscription - Begin in January and end in December of that same year. Your subscription will include all *Meadowword* issues and any special editions in June and August IF published.

USA	\$24.00
Canada	\$42.00
Foreign	\$75.00

Semiannual Subscription - Begin in May and end in December of that same year. You will receive 6 issues of the full *Meadowword* and any special editions in June and August IF published.

USA	\$14.40
Canada	\$25.20
Foreign	\$45.00

## MEADOWWORD DEADLINES

The deadline for advertising and article insertions into *The Meadowword* is the first Monday, one month prior to the month of insertion.

The deadline for the December *Meadowword* is Friday, November 3, due to the abbreviated holiday production schedule.



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## THE MEADOWWORD

Publisher, MCA: Frances Rippondi,  
MCA General Manager

Editor-in Chief/Creative Director:  
Tia Calomeris, Director, Marketing and Communications

MEADOWS COMMUNITY ASSOCIATION  
2004 Longmeadow  
Sarasota, Florida 34235  
Phone 941-377-2300  
Fax 941-377-2600  
marketing@meadowsca.com

*Submissions are published at the discretion of the editor and the MCA.*

Classified ads cost \$25 for up to 40 words. Classified copy must be submitted with payment on or before the first Monday of the month prior to publication. If the first Monday falls on a holiday, ads are due the previous business day. Please practice due diligence when hiring service providers.

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## HOMES FOR RENT

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Worship 10:00 am on Sunday  
Worship 6:30 pm on Wednesday  
Small Groups meet  
Sunday, Wednesday and Thursday

www.nbccsarasota.org for more information

# Meadoword



## The Meadows Community News and Lifestyle

### November 2023 Calendar

November 1	10 AM-2 PM 6:30 - 7:30 PM	Health In Motion-Flu shots & Cholesterol Screening Bingo	MCLWF MCA/ Laskeside
November 2	1-4 PM	Electronic Tutor	MCA
November 3	8:30-9:30 AM	Coffee & Conversation	MCLWF / Perch
November 7	6:30-7:30 PM	Ice Cream Social	MCLWF / Perch
November 8	9-11 am	Optimum Hearing Screening Clinic	MCA
November 9	1-3 PM	MCA Board Meeting	MCLWF / Flight
November 10	9:00 AM	MCA Veterans Salute (See page 14 for details)	MCA
November 11	12:00 PM 7:30 AM-2:30 PM	Veterans Day Celebration / Luncheon OnSpot Dermatology	TMCC MCA
November 14	8 AM - 2 PM	Blood Drive	MCA Parking Lot
November 15	4-5 PM	Assembly of Property Owners	MCLWF / Flight
November 16	7 PM	Perlman Alumni Tobais Quartet Concert/ Reception to follow performance	MCLWF
November 18-19	9 AM-2 PM	2 Day Craft Sale	MCLWF
November 23-24		MCA is Closed For Thanksgiving	MCA / MCLWF
November 28	6-8 PM	Rock-Around-The Clock-Sock Hop	MCLWF
November 29	1 PM 6 PM	Cleaning Without Chemicals MCA Friendly Feud Game Night	MCLWF MCLWF

#### CLUBS & SOCIAL GROUPS

##### Drop in Art Studio

Melinda Gordon  
mpgordan@gmail.com  
Every Thursday 10:00 AM – 12 PM

##### Bike Club

Janet Schmidt  
jlschmidt\_74@yahoo.com  
Every Wednesday 9 AM  
Meets at Meadows Pub

##### Bingo

Agnes Rutushni  
RSVPBingo@yahoo.com  
1st Wednesday of the month  
6:30 PM

##### Book Club

Lois Robinson  
LRobi18755@aol.com  
Monthly, 2nd Wednesday, 2 PM

##### Bridge-Wednesday

Kerriane McMurdo  
Kkm988@gmail.com  
Every Wednesday 1:30 – 4 PM

##### Bridge-Friday

John Harwood  
jharwood222@verizon.net  
Every Friday 12:30 – 3 PM

##### Bridge Saturday Duplicate

Dot Boulia  
mcaduplicate@gmail.com  
Date/Time varies

##### Canasta: Hand & Foot

Debra Ashenofsky  
wheresmamamia@gmail.com  
Every Tuesday 2 – 5 PM

##### Cornhole

Susan Weisse  
cbweisse@yahoo.com  
Every Thursday 3 – 5 PM

##### Craft Group

Gayle Kroll  
Gkroll03@icloud.com  
Every Wednesday 9 – 11 AM

##### Game Night

Pat Webster  
mi2tall4u@gmail.com  
Every Thursday 6:30 – 8:30 PM

##### Garden Club

Melanie Babineau  
mbabineau50@gmail.com  
Monthly, 1st Thursday 2 – 3 PM

##### Hot Stove League

Mark Pienkos  
markpienkos2012@gmail.com  
Monthly, 2nd Tuesday 9 – 11 AM

##### Knit Happens

Vicki Carey  
vickidon1989@gmail.com  
Monthly, 2nd Monday 1 – 3 PM

##### Mah Jongg

Elizabeth Williams  
themedowsmahjongg@gmail.com  
Every Monday 9 AM – 12 PM

##### Meadowlarks

Michael Bruno  
michaelbruno@verizon.net  
2nd & 4th Fridays of each month  
10 AM – 12 PM

##### Meadows Chorus

Cindy Rubin  
meadowschorusinc@gmail.com  
Every Thursday 7 – 9 PM

##### Meadows Sailing Assoc.

Adam Lawall  
saltyadam@gmail.com  
Every Tuesday 1 – 3 PM  
Meets at MCA Pond

##### Memoirs

Liz Barnett  
meadowsmemoirs21@gmail.com  
Meets 1st & 3rd Friday  
10 AM – 12 PM

##### Pieceful Quilting & Needlepoint

Marge Erasmus  
margareterasmus@gmail.com  
Every Monday 9 AM – 12 PM

##### Shalom Club

Helene Stone-  
shalomhelene24@gmail.com  
Joni Cohen -shalomjoni23@gmail.com  
Every 4th Sunday at 3 PM




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**2 years: Law Firm: Closing Agent**

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**REVIEW - SALE IN THE MEADOWS**

If there was a grade on the grading scale higher than an A+, Jennifer would receive it. Her knowledge, professionalism, and communication was outstanding!! Jennifer went above and beyond, and her work ethic is certainly something to be celebrated... Thank you, Jennifer!!  
 Read more of Jennifer's reviews online at [www.rem.ax/jennifernaylorreviews](http://www.rem.ax/jennifernaylorreviews)

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