



# Meadoword

The Meadows Community News and Lifestyle

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MANASOTA, FL

## Knowledge is Power

Do you know . . .

Which MCA staff member can help with your specific question?

IT'S MCA'S  
**50TH**  
ANNIVERSARY  
NOVEMBER OF THIS  
YEAR!

Get a feel for the early years on page 4.

NEW  
RENAISSANCE  
CARDS WILL BE  
RE-DISTRIBUTED  
THIS YEAR.

About all the  
February Fun  
Activities and  
Events

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Marilyn Maleckas — MCA Board President

WE THANK TOM POUND FOR HIS MANY CONTRIBUTIONS, CREATIVE THINKING AND DEDICATION. IT IS WITH THE DEEPEST RESPECT THAT WE FOLLOW HIS RECOMMENDATION AND ELECT A SIMILARLY QUALIFIED RESIDENT.



Ned Boston Appointed to MCA Board of Directors.

## Recognizing a Dedicated Contributor to Our Community



It is with my sincere sympathies and much sadness that I inform you of the passing of our colleague, friend and fellow Meadows Community Association (MCA) Board member and Meadows Country Club member, Tom Pound.

Tom and Sue have been avid social and tennis members of the country club and Tom enjoyed playing bridge in The Meadows for some time. Tom served as an MCA Board Director, President of the Meadows Homeowners Association (MHOA, now known as Meadows Single-Family Homeowners Alliance MSHA), was a member of

the Emergency Preparedness Committee and the Activities and Events Committee Liaison to the MCA Board. Our Pickleball players at the Club and in the community owe a debt of gratitude to Tom as he relentlessly advocated for more Pickleball courts in The Meadows, and that reality will come to fruition in 2024. Tom and Sue have made so many positive contributions together, to both the Community and The Country Club. Tom's dedication and commitment will be an everlasting memory to The Meadows, we thank him and Sue.

Contributions to the American Cancer Society may be made in honor of Thomas P. Pound of Sarasota, Florida.

Recently, Tom asked me to nominate a successor to the Meadows Community Association Board to fulfill the remainder of his term due to his declining health. It was with the deepest respect for Tom and his many, many contributions, ideas, leadership and quality time that we follow his recommendation and elect a similarly qualified resident.

## Welcoming a New Board Member

It was my extreme pleasure to put forth the nomination of Ned Boston to our Board, who was unanimously approved as an MCA Board Director.

Ned grew up in Westerville, Ohio and attended Ohio State for both his undergraduate and graduate studies in Political Science. Upon graduation, his career spanned time in both County and State governments in Columbus for 17 years. At the point of his resignation, he was the Director of Claims Processing for the State of Ohio's Medicaid program. His Division was responsible for accurate and timely processing of several billion dollars of Medicaid claims.

In 1985, Ned was recruited to join Wisconsin Physicians Service Insurance Corporation, what is now WPS Health System as a Director and was soon promoted to Vice President and subsequently further promoted to Senior Vice President. He was responsible for Offices in Madison, Wisconsin, Detroit, Chicago and Marion, Illinois as well as Minneapolis, Minnesota. He was responsible for an administrative budget of over \$100 million per year. He retired early in 2006 to spend more time with his wife and to travel country wide in their motor home.

That travel continued until his wife's passing in 2018, and he moved to Sarasota in 2019. His wife and he had spent time over the years in Sarasota and liked the community as a place to live.

Ned and his wife were both very active with the Red Cross as Disaster Service volunteers and CPR instructors. He was the Vice Chair of the Board of Directors of Wisconsin Special Olympics for several years as well as a member of the Board of a private club in Madison.

Ned resides in the Villas of Papillon community and served a term as Secretary of the Board of that Association and is currently the Chair of its Long-Range Planning Committee. In this role, Ned will lead the charge to revise and restate Papillon's documents. Ned also serves as the Chair of the MCA's Pickleball Committee, Co-Chair of the Assembly of Property Owners and Chair of the Assembly's Executive Committee.

Besides travel, his hobbies include amateur radio - for 64 years - as well as sports cars, motorcycling and last but by certainly not least, Pickleball.

Please join me in welcoming Ned to our Board.

### OUR MISSION

To preserve the property values, ambiance and vitality of our community.

### OUR VISION

To be known as a well-maintained, welcoming, safe community with up-to-date housing, activities and services designed to meet the needs of all residents.



Frances Rippondi — MCA General Manager

# Did You Know?

### NEW RENAISSANCE ACCESS CARDS WILL BE DISTRIBUTED

New cards are a way of us updating our database and providing access to only those who currently live in The Meadows. Card distribution will begin at the end of February and beginning of March. Multiple sessions will be offered, and card pick-up will be available to you both day and evening for your convenience. Look for the constant contacts to see what times work for you.

Do you remember why you moved to The Meadows? It may have been for the abundance of open space, the large oak trees, mature vegetation, pathways to enjoy and peaceful feeling when you turned into the property off Honore and 17th St. Or perhaps it was what you did not see when you drove through the community - homes with cars parked on the lawn, trash cans left curbside, neglected landscapes and common areas and run down home exteriors.

Fortunately for The Meadows, when a homebuyer purchases a home in the community, they become a member of the Meadows Community Association and are bound by the governing documents. These documents (Articles, Bylaws, Declarations, Rules and Regulations) provide a set of standards for residents and the community to follow that preserve the quality and integrity of the life in The Meadows.

With today's busy schedules, information overload and continual email blitzes, it is hard to remember everything associated with The Meadows way of life. If you have a question about The Meadows, our documents are conveniently located on our website at Documents/Governing Documents/MCA Master Association for you to reference. Staff are always here to help too, so feel free to reach out for assistance with your questions at 941-377-2300.

Here are a few important things you may have not known . . .

### THE MCA THANKS YOU & ALL OUR VOLUNTEERS

The MCA thanks everyone in the community who works hard to maintain their property values, support and participate in our lifestyle programs, and volunteer to keep The Meadows a thriving updated community.

### ASSESSMENTS

Assessments are due March 1st, delinquent by March 10th, sent to Collections March 30th.

### SAFETY

E-bikes, Electric Scooters & Other Power-Driven Motorized Devices (except for golf carts) are Prohibited on Walkways, Sidewalks and Nature Trail.

Golf carts using pathways must be equipped with warning devices to alert other pathway users.

Speed Limit is 25 Unless otherwise posted. Please keep the community safe and observe the posted speed limit.



## Lifestyle

In 2023 The MCA has held 122 activities, and specialty events.

Our lifestyle includes traditional games such as bridge and mah jongg, crafts, quilting, and bingo but that is only the foundation. Layered on top, is the programming that makes the lifestyle in The Meadows soar. Lifestyle programming that engages socialization (dances, ice cream socials, meet and greets), health lectures and cooking demonstrations, environment and safety presentations.

Sue Lytle, Lifestyle Manager, brings an active lifestyle to the community. She is firmly engaged and continually brings exciting experiences to The Meadows. Make sure you sign up for our Constant Contact updates.

### LISA COMPTON— Administrative Accountant

Lisa Compton, Administrative Accountant, can help you with any questions related to your assessments. She is responsible for a variety of tasks, from updating our contact database, advertising contracts, parking/boat lot storage fees, tracking warranty deeds, estoppel certificates, fees, payment and collection facilitation of assessments.

### STANDARDS, EXTERIOR IMPROVEMENTS, ARCHITECTURAL APPLICATIONS

All exterior improvements require an architectural application. (Unless you are making a landscape change in an existing bed).

No architectural application, No approval, No exterior improvement.

The MCA's goal is to assist you through the Architectural Application process and help you understand what is permitted. Proceeding with an exterior improvement without proper approval could result in fining or having to return the project back to its original condition.

Sandy Truman, Standards Community Administrator who is always willing to help, has over 10 years of experience working at the MCA, she can answer questions related to common area, architectural or standards questions.



Tom Bondur— Standards Committee, Chair

## Early Days in The Meadows

County approved the development plan for The Meadows. We celebrate the 50th anniversary of the community this year.

Don Smally was one of SWN's partners. His son, Len Smally, remembers working on the survey crews for The Meadows when he was a student. Len studied civil engineering in college. After a stint in the US Navy, he returned to Sarasota where he worked as a Director of Public Works for the city of Longboat Key. Later, Len became manager of The Meadows from 1998 to 2015.

Len remembers The Meadows as pasture land with low swampy areas, lakes, stands of oaks, and slash pine trees.

The 17th Street entrance was a dirt road with a sales office near the lake. 17th Street ended at the canal just west of The Meadows entrance. There was no bridge. Taylor Woodrow built the bridge as a requirement for the project.

The Meadowood wastewater treatment plant on 17th Street was also part of the development. It was a first in Sarasota County—an innovative, closed-cycle system designed to use wastewater to irrigate golf courses. It included a centralized irrigation system to store and re-use rainfall, which is our lake system.

The original plan for The Meadows



Sir Frank Taylor

included two schools, a village shopping center, office complex, curvilinear roads (an innovative idea in America pioneered by Taylor Woodrow back in the 1930's) situated among trees, nature trails, golf courses, and other types of open space. The Meadows "cluster-housing" plan was designed to offer a mix of home-ownership choices from single-family housing to condominiums.

Bill and Doris Eiseman purchased the first property in The Meadows. They moved into their Woodmans Chart condo on January 21, 1977. Their son, Tim Eiseman, remembers his experiences living in The Meadows in the earliest days of the community as a young student and seasonal construction worker.

Bill and Kathy Maier moved to The Meadows Arborfield neighborhood in 1978. Their neighbors were Roger Postlethwaite, Taylor Woodrow's chief planner and general manager; Tom Brown, sales manager; and Alan Shaw, the company comptroller. Bill and Kathy remember when Honoré was just a construction road and the northern part of Glebe Farm Road did not exist. They provided many stories about country club life, citizen's patrol, Fourth of July fireworks at the shopping village, professional tennis tournaments, and the horse stables in the tennis center parking lot.

Louise Mitchell is another very early resident. She is 103 years old. In 1977, she bought a home in Woodmans Chart. In her interview,

Louise provided many details about social life in The Meadows—golf, tennis, bridge, and cabana weekends on the Keys.

Jo Evans provided the first interview for the project. Jo moved to The Meadows in 1990. Jo remembers tea with the Taylor family, Greenwood Stables horse farm, a vibrant social life centered around country club activities, and dining at the Dickens Restaurant—later the old The Meadows Fitness Center— demolished in 2023.

Kirby Rolfe, Randy Lohr, and Dave Gindlesberger, served as team leaders in maintenance operations of The Meadows for many years. Affectionately known as The Three Musketeers, these skilled gentlemen were responsible for ongoing maintenance for decades and made many infrastructure



improvements enjoyed by the Community. Their interview provides interesting details about operations work in The Meadows. Over the years, upgrades and improvements to The Meadows physical environment were made, including landscaping and beautification projects, tree trimming, installing street signs, repairing bridges and roads, constructing new irrigation systems, installing phone and computer wiring in the MCA building, and building the Nature Trail.

The Meadows Oral History Project (<https://www.meadows-oral-history-project.org/>), is a collection of information and stories about the early days of the community. It preserves the collective memory of the community— the shared experiences, values, as remembered by a variety of residents, that contributed to making The Meadows such a great place to live.

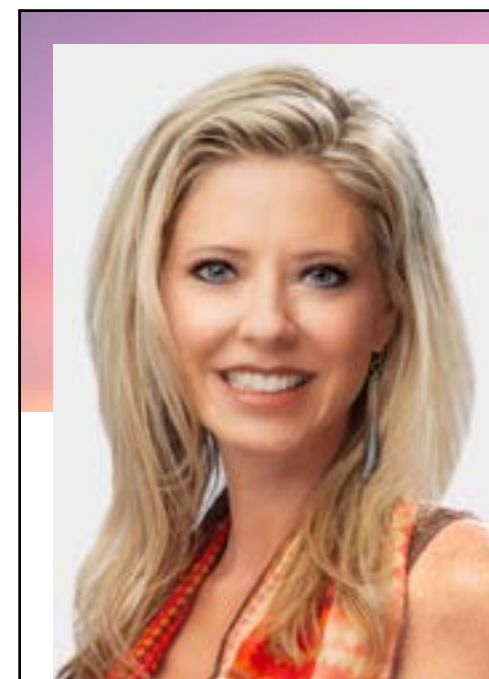
### How much do you know about the early history of our community?

The Meadows was one of the first Developments of Regional Impact (DRI) in Sarasota County. This designation meant that water management districts, regional planning councils, state and federal pollution control agencies, and local governments were all part of the approval process.

The developers had to create plans for arterial roads, flood control, schools, hospitals, libraries, fire stations, wastewater treatment, and commercial facilities. It was a massive undertaking. It was the first DRI in the area and became the textbook for other developments that followed.

In 1973, Sir Frank Taylor of Taylor Woodrow Construction purchased the Newburn Ranch in unincorporated Sarasota County for development. He hired Smally, Wellford and Halven (SWN) as civil engineers to plan and develop The Meadows.

On November 14, 1974, Sarasota



### LOVE WHERE YOU LIVE

Thinking about making a move? If buying a new home is one of your goals this year, I'd love to help you achieve your real estate dreams.

I have been a Meadows real estate specialist and resident since 2009 and a licensed Realtor® since 1998.

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### DECEMBER APPROVED ARCHITECTURAL REVIEWS

4907 Taywater Dell  
3520 Trebor Ln  
Lyndhurst Court HOA  
Somerset Condo Assn  
3405 Highlands Bridge Rd  
4904 Rutland Gate  
4939 Rutland Gate  
5615 Sheffield Greene Cir

5674 Sheffield Greene Cir  
3725 Surrey Lane  
3725 Surrey Lane  
Pinebrook Hollow Condo Assn  
Chatsworth Greene Condo Assn  
Somerset Condo Assn



Mike Mazur & Ned Boston – Assembly Program, Co-Chairs

An integral part of what we do with the Assembly of Property Owners is to provide the volunteer leadership of the 52 condominium and homeowner associations in The Meadows with a program of education and information that provides tools to assist them in providing outstanding leadership to their individual communities. In addition, many of the programs we arrange apply to the single family homeowners.

Navigating the Legal Landscape of Emotional Support Animals presented by attorney Scott K. Petersen provided the Assembly gathering on January 17, 2024 contained a wealth of information on how to handle buyers of condominiums and tenants in either condominiums or single family homes when there is an Emotional Support Animal involved. His presentation covered the questions that can

be legally asked of applicants and how to avoid legal issues including under the Fair Housing Act.

For the February 21, 2024 Assembly gathering, Assembly Executive Committee member Cathy Gruneisen has invited Nicholas Lemmon, founder and owner of Shield Home Watch, a professional home watch provider based in Bradenton to present



Home Watch: Your Trusted Guardian for Property Security and Peace of Mind. Through this program you will learn about the various means of having your home watched. As insurance companies tighten their requirements, some are requiring evidence of a frequent home

watcher utilized by seasonal occupants. Also learn about potential liability for the watcher including neighbors who perform this caretaker role for you.

The Assembly Executive Committee consisting of Lorraine Scrimshaw, Cathy Gruneisen with Ned Boston and Mike Mazur – Assembly Program Co-Chairs are finalizing programs for the balance of the year

including community association insurance in March, an arborist in April and a legislative update in May. All programs are held the

third Thursday of each month at 4:00 pm and all Meadows property owners are invited especially all association board members.

See you on the 21st!

## Top 1% Sarasota Real Estate Agent

### FOR SALE IN THE HIGHLANDS

4571 Highland Oaks Cir – Fabulous opportunity to customize large pool home . SOLD!  
3426 Hadfield Greene – Exquisite renovation, hurricane windows, a must see . . . \$729K

### FOR SALE ELSEWHERE IN THE MEADOWS

5505 Chanteclair – Beautifully updated villa, maple floors, garden views . . . . . \$500K  
4581 Kingsmere - Spectacular golf-course views from this updated end-unit . . . . . \$450K  
4842 Greencroft Rd – 3/2 single family home with large lanai on private lot . . . . . Pending  
5515 E Long Common - Golf course views from this 2/2 plus Den end-unit villa . . . . . \$419K  
5424 Hamsptead Heath – Spectacular pond framed by wide golf course views . . . . . \$375K  
3131 Windrush Bourne – Tranquil pond views, updated carefree villa . . . . . SOLD!  
4621 Morningside – Beautifully updated 2/2 villa with lush garden views . . . . . \$330K

### FOR SALE IN THE SARASOTA METRO AREA

Downtown – Burns Court Villas, exclusive enclave in the heart of the city . . . . . SOLD!  
Sarasota – New construction townhouse at Bath-and-Racquet . . . . . Pending  
Lakewood Ranch – Open-plan single family home with preserve views . . . . . \$584K  
Grande Oaks Preserve – Secure, luxurious 2+den furnished condo . . . . . \$349K



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## SAFETY REPORT...

### WHAT ARE INCIDENTS AND CITATIONS?

Incidents are defined as a variety of complaints or concerns ranging from minor to more concerning activity reported by a resident. Examples of such (but not limited to) are; an alarm, animal and fishing complaints, reports of safety hazards, burglary, harassment, welfare check, dumping, solicitation or suspicious person(s).

Citations are violations that do not respect our documents related to Meadows standards. Examples of such are: restricted vehicles, parking violations, garbage cans not being picked up or put out too early, violations subject to tow, and sign restrictions.

During the month of December, 2023 there were (17) incident free days – matching the total for November 2023. There were (20) reported incidents - (3) more than November 2023. There were (103) citations issued this month – (30) More than November 2023.

Safety responded to the following during the month of December:

#### THEFT

• December 28– Theft complaint in the Lyndhurst Community. The complainant reported that on December 27, at approximately 10:46 am Fed Ex made a delivery and shortly thereafter the item was retrieved from outside the residence by an unknown male. The security system provided video of the incident and was reviewed by Safety. The resident was advised to contact the Sarasota County Sheriff's Office of the incident.

#### SUSPICIOUS PERSON

• December 18 – Suspicious Person complaint on the 2800 block of Wrenwood Court. The

complainant reported that at approximately 11:40 am, she received notification from her RING alarm system that the perimeter of her residence had been breached. She accessed the cameras to her residence only to observe an unknown female peering through the windows. The complainant attempted to communicate with the unknown female but was unsuccessful. A Meadows Safety Patrol Officer arrived at the residence, performed a perimeter check and phoned the complainant to assure her that there was nothing suspicious to report at that time.

#### SUSPICIOUS VEHICLE

• December 14 – Suspicious Vehicle complaint on the 5200 block of Everwood Run. The complainant reported that at approximately 5:00 am, for the past three (3) days, he's observed a suspicious vehicle parked nearby. He stated that due to the time of day, it's dark and he was unable to give the make, model or color. However, he did state that it was a large pick-up truck with a diesel engine. He stated each time he approaches that area the driver starts the engine and drives away. He was instructed not to approach the vehicle, contact Safety in the event he should observe the same vehicle again. Safety would be advised of the incident.

#### SUSPICIOUS INCIDENT – (PHONE CALL)

• December 5 – Suspicious Incident occurred on the 4700 block of Greencroft Road. The complainant reported she received a phone call from a person (male voice) identifying themselves as being from Meadows Safety. She stated the person called her by first name which startled her. She stated when inquiring why they were calling the voice trailed off but indicated it was concerning a house and hung up. The complainant was asked if she

would provide the phone number of the caller and she complied. The number was crosschecked with those employed by Meadows Safety and it did not match any on file. The complainant was informed of this and it was recommended that she file a report with Sarasota County Sheriff's Office .

#### VANDALISM INCIDENT

• December 12 – Vandalism Incident occurred on the 2700 block of Goodwood Court. The complainant reported she attended a Christmas party during the evening at approximately 4:45pm. She stated that it was at this time she set the timer for her Christmas lights on the exterior of her residence. She stated that upon her return, she noticed the lights were inoperable. On the morning of December 13, she stated she inspected the lights on the exterior, more specifically the walkway and noticed there were multiple places where the wires appeared to have been severed. Photos were taken and a written report submitted. The complainant was instructed to contact this office and or the Sarasota County Sheriff's Office should it occur again.

#### TRAFFIC INCIDENT

• December 3 – Traffic Incident occurred on the 5100 block of Everwood Run. The complainant reported at approximately 2:50 pm, observing late model VW sedan traveling across his lawn. The vehicle completed a semi-circle on the lawn before driving towards Honore. The complainant was instructed that if the vehicle appeared again to contact Sarasota County Sheriff's Office and Safety.

#### FISHING INCIDENT

• December 12 – Fishing complaint at the 6th hole on the Highlands Golf Course. At approximately 7:25 pm, Safety observed both a male and female seated at the

pond with fishing poles in hand. Once the suspects noticed Safety approaching, they grabbed their belongings and began swiftly walking away. Safety returned to the vehicle and attempted to locate the suspects but was unsuccessful.

#### MAINTENANCE INCIDENT

• December 14 – Maintenance complaint on the 3200 block of Sandheath. At approximately 8:00 am, the complainant reported flooding behind her residence. Safety arrived, photos were taken, a written report submitted and the Country Club informed. The incident was addressed swiftly without further incident.

#### ANIMAL INCIDENT

• December 20 – Animal complaint at Village Lake. At approximately 9:15 am, the complainant reported that a resident had their small dog off its leash and was permitting it to antagonize the cranes. Safety arrived, performed a foot patrol of the area and was unsuccessful at locating the subject. A written report was submitted without further incident.

#### VEHICLE INCIDENT (TOW)

• December 16 – Vehicle towed on Marshfield Road. A Dodge Ram Pickup received its first citation on September 15. Due to this being its second violation, the vehicle was towed.

• December 14 – Vehicle towed in Winslow Beacon. A white Chevy Silverado Pickup received its first citation on June 15. Due to this being its second violation, the vehicle was towed.

#### DISTURBANCE

• December 26 – Disturbance/Noise complaint in the area of Hadfield Greene. At approximately 3:55 pm, the complainant reported the sounds of gunshots. Safety responded to the area, and confirmed what appeared to be gunshots. Golfers were in the area, and when confronted, they too attested to hearing

*Safety Report continued from page 6*

what appeared to be gunshots. However, they continued golfing, they expressed the shots were being fired at a gun range. Patrolling continued without further incident.

#### TRESPASS

• December 26 – Trespass incident occurring in the area of the 3100 block of Longmeadow. At approximately 3:50 am, Safety observed two (2) E-Bikes parked in the cul-de-sac closest to the ice machines. Two individuals were located nearby, a male and female, and when approached they stated they were employed by a resident and was retrieving ice for them. The individuals

were informed that they were trespassing and directed to leave the property. The unknown individuals left as instructed without further incident.

#### EMERGENCY NUMBERS

- **In the event of an emergency, call 911. After you have called 911 please report the incident to the MCA Safety Patrol.**
- **The non-emergency Sarasota County Sheriff's Office number is 941-316-1201.**
- **The Meadows Safety Patrol number is 941-809-0084.**

**"Safety First is Safety Always."**

— Charles Melville Hays

We ❤️ The Meadows  
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Welcoming  
**Dr. Shamsia Shafi**  
to the  
Meadows Family!



## SERVICES

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# REMINDERS



**THE MEADOWS**  
COMMUNITY ASSOCIATION, INC.

The Meadows Community Association Annual Meeting will be held on Monday, March 4 at 7 pm in The Meadows Community Lifestyle & Wellness Facility.

**SAVE THE DATE**  
**MARCH 16**  
**MCA GARAGE SALE**  
8 AM-1 PM  
**CRAFT SALE**  
9 am-2 pm

**ONSPOT**  
DERMATOLOGY

**February 8 • 7:30 AM – 3:30 PM**  
**MCA Parking Lot**  
Call 941-444-0011 to schedule your appointment today!

**SAVE THE DATE**  
**HAZARDOUS WASTE**  
**DROP OFF**  
**MARCH 26 at 9-11 AM**  
Place materials in vehicle trunk. Remain in your vehicle. MCA staff and volunteers will unload. No walk-ups.

**SUNCOAST**  
BLOOD BANK  
Live Here. Give Here. Saves Here.

**BLOOD DRIVE**  
**February 22 • 8 AM – 2 PM**  
**MCA Parking Lot**  
Call 1-866-972-5663 to register.



## RENAISSANCE ACCESS CARDS

**RENAISSANCE FUN**  
Your Renaissance Access Card provides you with expanded amenities.

**Golf**-25% discount on Groves and Highlands course. Access to the Members Meadows course during the 3rd Saturday of the month, after 12 noon.

**Dining**- Access to Centre Court Lounge, Fountain View Lounge during operational hours. (see details on website).

**Fitness / Pool**- Access to gym and pool during regular operational hours. Fitness classes. (see website for class list). NOTE: To use the fitness center you must first go through orientation, to make arrangements, call 941-671-6000, when prompted, choose fitness.

**Social**- Select TMCC events and activities as released.

**Clinics**-Tennis, golf and Pickleball clinics are available to Renaissance Access Cardholders.

**Pickleball**-Pickleball play is available to Renaissance Access Cardholders. Play is scheduled through the Club App.

**DISTRIBUTION OF NEW CARDS**  
Card distribution will begin at the end of February, beginning of March and continue through the end of April. At that time, the grace period will end, and you will no longer be able to use your old card at venues, starting May 1, 2024.

Multiple sessions will be offered, and card pick-up will be available during day and evening hours. Dates for pick-up will be announced in our Constant Contact email updates.

Please remember to have your new card with you at events. If you are a seasonal resident, bring your card when you return to The Meadows, you will need it.



New Homeowner Renaissance Access Card.



New Renter Renaissance Access Card.

concerts  
DANCES  
FUN  
presentations  
Tours

### KNOW YOUR ELIGIBILITY & WHAT TO BRING

ALL who are eligible are required to bring a valid ID.

1. You are eligible for a Renaissance card if you are a homeowner whose name is on the deed or if you are an annual renter.
2. NOTE: If you are a homeowner who has relinquished your card to an annual renter, you will not be eligible to receive a Renaissance Card.
3. LLC ownership must bring their Warranty Deed.
4. Spouses or partners are eligible for a card, if they live in the residents with you or if their name is on the deed.
5. Dependents of homeowners are eligible if they are 16 years old or older and are part of the address household shown on the deed. They will need to show their valid ID with The Meadows address on it or the same mailing address as the parents to be eligible for a Renaissance Card.
6. Annual renters must bring their annual lease agreement. The lease agreement must show signatures by the owner of the property and the renter, and must indicate the term length with expiration date. NOTE seasonal renters less than a year are NOT eligible.
7. You will be required to be present to pick up your New Renaissance Card so we may check your paperwork and IDs. MCA will not be mailing cards to residents.
8. MCA does not issue Guest Cards. If you have a guest, you are welcome to bring them to event venues, the pool, restaurants and other venues as allowed, but you must be with them and present your card. Your guest will have to pay any fees if required.
9. **DOG PARK STICKERS** Please bring all your updated dog records on vaccinations to receive your new dog park sticker. Forms can be found on [themeadowssarasota.org/documents/forms](http://themeadowssarasota.org/documents/forms).



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HOMES IN PARADISE  
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**MEADOWS.**  
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**INVESTMENT AND MINIMIZING**  
**THE HASSLES.**  
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**MEADOWS FARMERS MARKET**  
**SEASON 3**  
**HOLIDAY MARKET CALENDAR**

DEC 10 SEASON 3 KICK-OFF HOLIDAY MARKET SERIES SANTA IS COMING!

JAN 28 NEW YEAR'S MARKET (KICK IN 2024 LATER USE)

FEB 25 LOVE YOURSELF MARKET CELEBRATE LOVE IN THE ALE!

MARCH 24 SPRING MARKET EASTER SUNDAY IS COMING!

APRIL 14 SPECIAL LOVE & PLANTS MARKET CELEBRATE LOVE LATER USE!

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**MEADOWS FARMERS MARKET**  
Join us for Season 3  
**HOLIDAY MARKET SERIES**  
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• Meadows resident since 2005  
• Owner-Hi-Touch Services, LLC, serving homeowners in The Meadows since 2006  
I promise to serve you with the same integrity and diligence you have come to know me for.

**FEATURED PROPERTIES**

5611 Sheffield Greene Circle - 2Bd/2Ba Condo with garage! Totally renovated! ..... \$369,000

4508 Longwater Chase - 1Bd end unit on golf course! Just painted. New flooring throughout. ... \$219,000

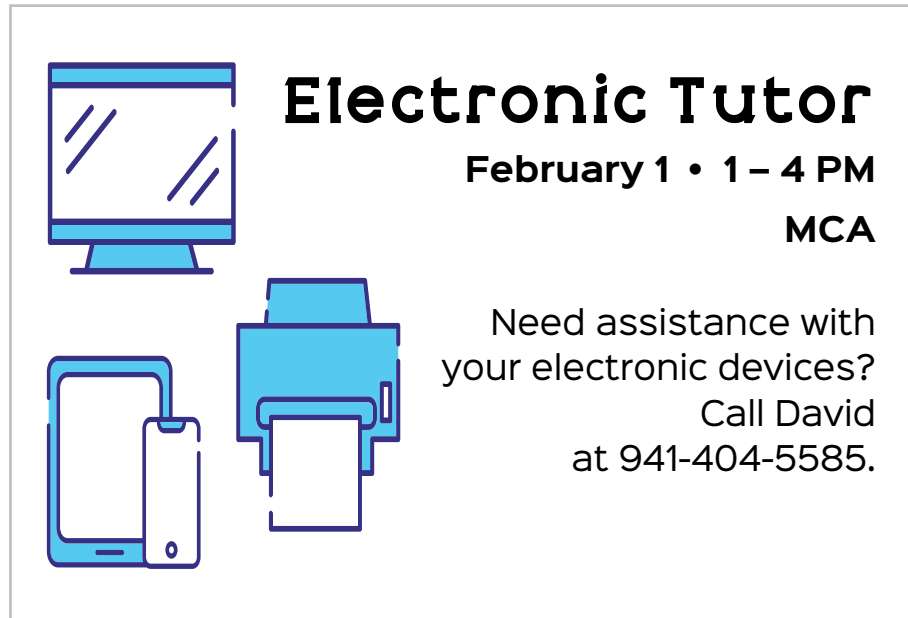
4502 Kingsmere - 2Bd/2Ba end unit Villa with garage. Lots of light/updates. Priced to sell! ... \$379,000

5138 Harpers Croft - 2Bd/2Ba - Golf view. Vaulted ceiling. Very private. SOLD ..... \$299,000

4631 Longwater Chase - 2Bd/2Ba - Furnished. Fabulous view of ent. SOLD ..... \$314,900

**STOKES PROPERTY MANAGEMENT & REAL ESTATE, INC.**

# Have you heard about



**Electronic Tutor**  
February 1 • 1 – 4 PM  
MCA

Need assistance with your electronic devices?  
Call David at 941-404-5585.

**CUPID SHUFFLE**  
Line Dancing

FRIDAY  
FEBRUARY 2  
3 PM AT MCLWF

Meadows Community Lifestyle & Wellness Facility  
Sign up at [themedowssarasota.org](http://themedowssarasota.org)

**BINGO**

FEBRUARY 7 / 6:30-7:30 PM / MCLWF  
3 CARDS \$5

CASH ONLY. EXACT CHANGE REQUIRED.  
DOORS OPEN AT 6 PM  
To Sign Up email: [RSVPBingo@yahoo.com](mailto:RSVPBingo@yahoo.com)

**SARASOTA ART CRAWL**

FRIDAY, FEBRUARY 9  
SARASOTA ART CRAWL  
5 – 9 PM

DISCOVER TOURS \$13.50 PP  
COMPLIMENTARY WINE/BEER, HOP ON/HOP OFF  
TROLLEY TOUR OF 6 UNIQUE ART GALLERIES – DOWNTOWN SARASOTA.  
SIGN UP: [themedowssarasota.org](http://themedowssarasota.org)

**FITMINDS – YOUR BRAIN**

PRESENTATION BY  
**DESOTO PALMS**

Your brain is the most important muscle we have. Discover tips on how to keep it sharp.

February 13  
10:30 am

sign up on MCA website:  
[themedowssarasota.org](http://themedowssarasota.org)

**Affair To Remember**  
A Classic  
Vocal Quartet

Thursday  
February 13  
\$15  
4 - 5:30 pm

Meadows Community Lifestyle & Wellness Facility  
Sign up at [themedowssarasota.org](http://themedowssarasota.org)

**Pre-Arrangement Planning**

Give the gift of planning to your family.

February 15 • 10 AM • MCLWF

Anne Swartz Pre-arrangement counselor with Coastal Cremations and Funeral Care  
Register at [themedowssarasota.org/lifestyles](http://themedowssarasota.org/lifestyles)

**CARFit**

BACK BY POPULAR DEMAND

1-on-1 check-up with a Trained CarFit Technician. Improve the "fit" of your vehicles for safety and comfort.

Developed with AAA, AARP, & the AOTA.  
February 17, at 9 AM  
To register call MCA 941-377-2300

# the February Fun?

*What's it Worth, an Antique Road Show Series!*

THE FINAL TWO IN THE SERIES

**CURRENT MARKET TRENDS** 2



**SARASOTA ESTATE AUCTION & TRADING**  
Andrew Ford Presents the 2nd in the 3 part series  
MIX OF ANTIQUES & MODERN INTERIORS  
FEBRUARY 7,  
1-2:30 PM  
MCLWF  
SIGN UP  
[themedowssarasota.org](http://themedowssarasota.org)

**ANTIQUE ROAD SHOW** 3




**SARASOTA ESTATE AUCTION & TRADING**  
Andrew Ford Presents  
FEBRUARY 21,  
6-7:30 PM

Whats it Worth. Bring Your small item in and learn what it's worth. Discover how to integrate your antiques into your design aesthetic.



**ICE CREAM SOCIAL**  
February 19  
6:30-7:30 PM

MCLWF  
Sign Up on MCA Website  
[themedowssarasota.org](http://themedowssarasota.org)



If you reserve space for an association meeting, activity or event and are unable to come, please call and let us know, so someone else may enjoy using the space.

MCA plans for events based on how many signed up. This is why it is important to let us know if you will not be attending the event you signed up for. Please give us adequate notice prior to the event, so we may order the proper amount of supplies and food.

Thank you – MCA Management

MOVIE NIGHT  
*Breakfast*  
AT TIFFANY'S  
Wednesday  
February 23  
6 pm

MEADOWS COMMUNITY LIFESTYLE & WELLNESS FACILITY  
SIGN UP: [themedowssarasota.org](http://themedowssarasota.org)

**Traffic Safety**

PRESENTED BY  
SARASOTA COUNTY SHERIFF'S OFFICE

Tuesday  
February 27  
1 pm  
MCLWF

Sign Up  
[themedowssarasota.org](http://themedowssarasota.org)




**SARASOTA COUNTY HEALTH IN MOTION**  
MARCH 1  
10 AM-2 PM

\*Complimentary Flu Shots, Blood Pressure Checks, Glucose Screening  
Sign Up [themedowssarasota.org](http://themedowssarasota.org)

Ants don't have lungs. They instead breathe through spiracles, nine or ten tiny openings, depending on the species.

Snails have teeth. between 1,000 and 12,000 teeth, to be precise. They aren't like ours, though, so don't be thinking about snails with ridiculous toothy grins. You'll find the snail's tiny 'teeth' all over its file-like tongue.

Identical twins don't have the same fingerprints. You can't blame your crimes on your twin, after all. This is because environmental factors during development in the womb (umbilical cord length, position in the womb, and the rate of finger growth) impact your fingerprint.

All the world's bacteria stacked on top of each other would stretch for 10 billion light-years. Together, Earth's 0.001mm-long microbes could wrap around the Milky Way over 20,000 times. Ew.

Earth's rotation is changing speed. It's actually slowing. This means that, on average, the length of a day increases by around 1.8 seconds per century. 600 million years ago a day lasted just 21 hours.

Meadows Composting has turn approximately 7100 lbs of trash into composting. By March 1, it is anticipated to hit 8,000 lbs.

**Do you know?**  
(Odd Fun Facts)

CROWS OFTEN HOLD GRUDGES AGAINST SPECIFIC PEOPLE. CROWS ARE EXCELLENT AT RECOGNIZING PEOPLE'S FACES AND ARE ABLE TO REMEMBER PEOPLE FOR A LONG TIME! THIS CAN BE EITHER A NEGATIVE OR POSITIVE FACT, DEPENDING ON HOW NICE YOU ARE TO THEM.

WHILE CROWS CAN TELL US APART, WE WOULD FIND IT DIFFICULT TO DISTINGUISH ONE CROW FROM ANOTHER.

Scientists have discovered narrowing your eyes is the best way to build a rapport with cats. This technique mimics what is known as the "cat smile" referred to as a "slow blink".

The longest anyone has held their breath underwater is over 24.5 minutes. The world record for breath-holding underwater was achieved by Croatian Budimir Šobat on 27 March 2021, who held his breath for a total of 24 minutes and 37 seconds. On average, a human can hold their breath between 30-90 seconds.

Forbes Health/One Poll survey found that the average resolutions last just 3.74 months.

A cloud weighs around a millions tonnes.

Do you know the difference between a tonne and a ton?

Snakes can predict earthquakes-Many animals are able to predict earthquakes to varying levels of success. Yet, snakes are the most reliable, sensing earthquakes from as far as 75 miles away (121 km). They can even sense an earthquake five days before it actually occurs!



**Did You Know About Our Neighbor ?**

Skyler Betts – Director of Business Development & Enrollment  
Town Square at University Parkway / townsquare.net

“60% of caregivers pass away before the ones they are caring for due to the strain on their mental and physical health.”

Perhaps many of you met Town Square during The Meadows Health Fair January 4, 2024, kicking off the new year with a focus on health. Town Square University Parkway is a community whose mission is to connect people to their neighbors. They opened their doors as a resource in March of 2023, providing care for seniors suffering from dementia, Alzheimer's, Parkinson's, MS, depression, and other physical impairments.

This new adult day center offers 15,000 square feet to explore providing a fun 1950s-themed atmosphere. Located off of Lockwood Ridge and University Parkway (in the Walmart shopping complex next to Petland) The center also offers FREE support groups, educational classes,



and resources that are open to the public. During these give-back events, the center provides free respite, ensuring that the caregiver can get the support they need, while their loved one enjoys some much-needed socialization in a safe and secure environment. More often than not, families become worn out providing care for their loved one 24/7. 60% of caregivers pass away



before the ones they are caring for due to the strain on their mental and physical health.

Tours of the center are available Monday - Friday from 10 AM to 3 PM.

Call the center to find out more about Town Square University Parkway 941-277-5048.

**MARK YOUR CALENDARS**

There are free monthly events and free respite provided.

- First Tuesday of the month at 3 PM - Parkinson's Support Group

- Second and fourth Tuesday of the month at 2:30 PM - Dementia/Alzheimer's Support Group
- Third Wednesday of the month at 3 PM - Educational Class for Caregivers.



Our organization, All 4 The Member's has a nonprofit focus on providing supplemental financial assistance to families and caretakers of seniors. The mission of their nonprofit is to offer resources, services, transportation, and membership assistance for adult day services. Ultimately facilitating the aging population so they can age in place for as long as possible. Their Board of Directors is expanding, and they are actively seeking volunteers.

To find out more about our organization and services, or wish to volunteer, please visit the website at: [all4themembers.org](http://all4themembers.org)



PHOTO BY: CHARLIE MERICLE

Alligators are unable to regulate their body heat so when it gets cold they often sun themselves on waterbanks.

**PLEASE BE ALERT**

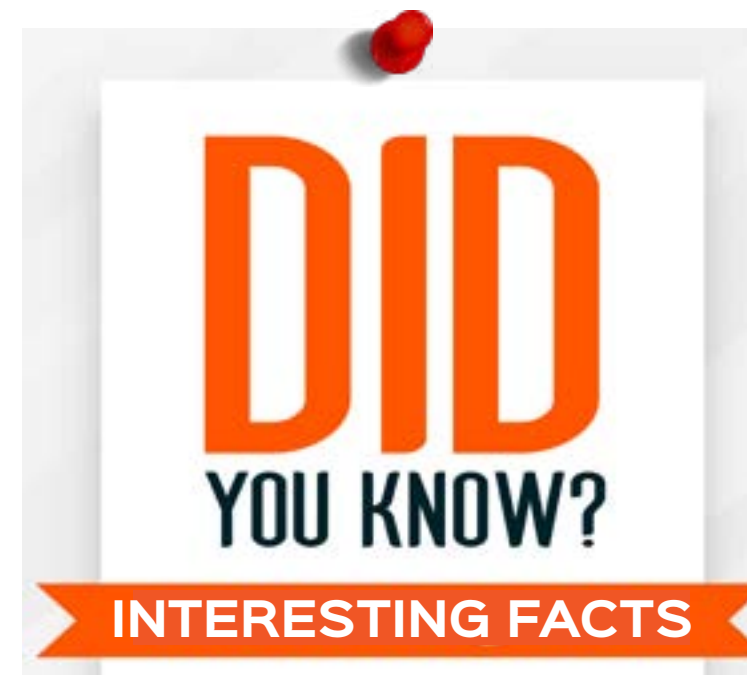
When walking by ponds, stay on sidewalks and away from lake bank edges. Avoid walking dogs down on the water banks and always keep your dog on a leash, it could save your life.

NEVER feed the alligators, it's against the law and danger. Our wildlife can forage for themselves.

# MCA'S 2nd Annual Health Fair

Studies show, healthy changes in our nutritional intake can result in extended life expectancy of three to 13 years. The sooner the better on making the changes.

- Depending on when the changes are implemented. The sooner the better.
- Age 20: 10.7 years for women, 13 years for men.
  - Age 60: 8 years for women, 8.8 years for men.
  - Age 80: 3.4 years for both women and men.
- Eat more legumes, nuts, and whole grains.



Over 40+ Vendors shared the latest with residents.

## Over 300 People Attended The Health Fair.

### HEALTHY CHOICES



The cooking with Amanda Rainbow salad and Nora Clemens Smoothie demo segment gave us tips on cost effective and time saving healthy cooking. Red cabbage is rich in antioxidants, including anthocyanins. Antioxidants help protect the body against free radicals, reducing oxidative stress and the risk of chronic diseases. Eating foods with carotenoids can lower your risk of cancer. Other vegetables high in carotenoids are carrots, spinach, sweet potatoes, and collard greens.



Nora Clemens gave us smoothie ideas that are high in protein and vitamins.



### RAFFLE WINNERS



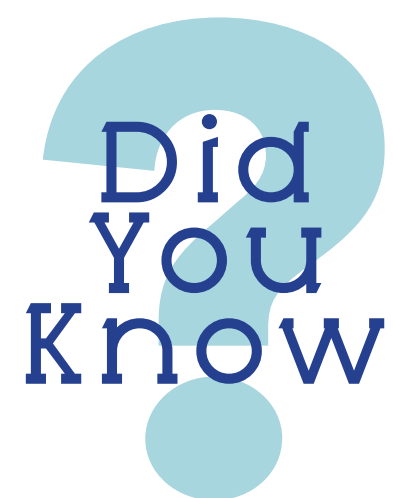
CHRIS AND SOFIYA VERCELLI'S 2 MONTH OLD BABY GIRL, NATALIE WAS OUR YOUNGEST MCA 2024 HEALTH FAIR ATTENDEE.



Interactive learning/activities, are 6x more likely to advance the learning process.

Cooking demos, questionnaires, interactive games, and experiencing new things, like the latest alternative treatments, were all part of the 2nd Annual MCA Health Fair.





**THE MEADOWS** was the only community given the opportunity to tour the Mote facility under construction. 140 residents participated.



engineering and math education in its three K-12 STEM teaching labs to 70,000 students from Sarasota and Manatee County schools, and family day passes to 24,000 Title 1 schools each year, free of charge.

“Mote SEA will expand education access and participation of learners, including populations that are underserved in our community or underrepresented in marine science and technology. Whether Mote is encouraging girls to excel in scientific

In November and December of 2023 - over 120 Lucky Meadows residents got a sneak peek of what's to come at Mote's Science Education Aquarium at Nathan Benderson Park. They joined Mote staff in Mote's SEA construction trailer and heard about plans for the many exciting exhibits and the latest timetable from Mote's Vice President of Aquarium Dan Bebak and Michael Moore, Special Advisor to the Office of the President.

Then groups of 5 donned construction safety vests, hard hats and glasses and toured the site by golf cart getting up close and personal with the immensity of the project. These two days of tours for The Meadows community was the largest tour conducted at the site so far. It's safe to say that everyone left feeling excited about their future neighbors, human or otherwise.

Later in December, Mote Marine Laboratory & Aquarium came one step closer in realizing its vision of significantly improving access to marine science education



and technology for all, as it held a topping off ceremony for its new Mote Science Education Aquarium (Mote SEA).

“The topping off ceremony is a major milestone for our entire Mote family and communities throughout the region to celebrate how close we are to witnessing the truly transformative nature of experiential science learning opportunities that over 100,000 school children and nearly a million visitors will experience every year within these walls,” says Dr. Michael P. Crosby, Mote President & CEO. “Mote SEA will transform our ability to provide informal science education and enhanced levels of ocean literacy to much larger and more diverse populations locally and from around the world. The impacts of Mote SEA will be seen and heard far and wide. Mote SEA

is no ordinary building and is much more than just an aquarium. Mote SEA is an innovative, world class ocean science education center bridging the gap between paradigm changing research and science education access for everyone that will spark opportunities and change.”

From pre-K children to retired adults, from family-focused education programs to National Science Foundation-supported research internships and teacher professional development workshops, Mote SEA will tailor marine science education for myriad audiences at every stage of life. Most importantly, Mote SEA will provide critical experiential science, technology,



fields, involving at-risk youth in ocean technology product development, or engaging local communities in volunteer citizen science projects, Mote SEA will provide hands-on marine science and technology research experience opportunities that reach far and serve all,” says Aly Busse, Associate Vice President, Mote Education.



# Mote Science Education Aquarium one step closer to opening its doors.



Heading into 2024, the construction team will begin to install the remaining large-scale acrylic panels for the balance of the main habitats throughout Mote SEA. In addition, a complex network of plumbing and life support systems, necessary to breathe life into the one million gallons of habitat throughout the facility, will begin to take shape.

Interactive teaching labs will be accessible to all schools in the region, including no-cost opportunities, so that each child has the chance to discover marine science and technology, first-hand. Strategically collaborating with schools and community groups where needs are greatest, Mote will continue to educate students who might not otherwise have access to aquariums and marine science education. Students will dive into marine STEM in three teaching labs on the first floor of Mote SEA.

Mote SEA won't just deepen students' education—it will also help bridge gaps between education and careers through four Workforce Development Labs on the second and third floors. In these labs, interns and program participants including high schoolers, undergraduate and graduate students will gain technical skills, hands-on research experience, and career-building networking opportunities by working alongside Mote scientist mentors on their ongoing projects.

It is anticipated that the certificate of occupancy (C.O.)—a formal approval from Sarasota County certifying that Mote SEA meets all required construction requirements and is safe for occupation—will be applied for in late summer 2024. Once the C.O. is issued, Mote aquarium biologists can undertake Mote's thorough transport and acclimation process for the wide array of animals that will ultimately call Mote SEA home.

Perhaps most exciting is the anticipated opening of the facility, which remains on schedule for early 2025, when Mote will realize its vision for offering a window of discovery into the globally-significant marine science research conducted by Mote scientists across every ocean in the world.

Mote is pleased to be recognized by the Tampa Bay Business Journal as the #1 revenue-

generating cultural nonprofit in the entire Tampa Bay region. The ranking is based on approximately \$44 million in revenue in 2022 by Mote.

For nearly seven decades, Mote has conducted world-class innovative research, technology development and science education around the world with a broader mission to positively impact restoration, conservation and sustainable use of ocean and coastal ecosystems, while also enhancing the overall literacy of the public. With more than 27 diverse marine research, technology development and conservation programs conducted by over 40 PhD-level scientists, and more than 300 total staff members, Mote also has eight operational campuses, stretching from Tampa Bay to Key West, including the public outreach arm of Mote's research, Mote Aquarium.

To continue with Mote's growth trajectory, Mote's ninth campus, Mote Science Education Aquarium (Mote SEA), is currently under construction and will open in the Winter of 2024. Mote SEA will serve as a regional hub for providing critical experiential science, technology, engineering and math (STEM) education in its three K-12 STEM teaching labs to 70,000 students from local schools, and help bridge gaps between education and careers

through four STEM Workforce Development Labs.

Mote is proud of the partnerships it has built over the decades, including with over 200 government, university, nonprofit and commercial institutions. It's incredible growth over the past decade and Mote's ambitious vision for the evolution of a marine science-based economy in Southwest Florida led its President & CEO, Dr. Michael P. Crosby, to be named a Living Legend by Florida Trends' annual “Florida 500,” which highlights the most influential business leaders for creating waves of change that ultimately leave Florida a better place.



**MOTE NAMED #1 REVENUE-GENERATING CULTURAL NONPROFIT IN TAMPA BAY REGION, WITH CEO NAMED FLORIDA LIVING LEGEND BUSINESS LEADER**

# The Club Life

Did you know

The The Meadows Country Club offers a casual and comfortable environment and a variety of amenity choices to fit your lifestyle whether you are a current or new annual or seasonal resident, or just visiting with friends, here's a look at the club life.

- 1. Renaissance Access Program** for homeowners and annual tenants include a variety of country club amenities. One of which is a 25% golf discount for the Highlands and Groves courses. It also provides access to the Member's Meadows course the third Saturday of the month, after 12 pm. The pool, fitness classes, Pickleball play, specific tennis- pickleball-golf-clinics, Fountain View Lounge (Lunch anytime and Tuesday Dinner), Centre Court Lounge dining, and other club events, as they are released are all part of the program.
- 2. Offers Seasonal Memberships** available November-April, and Summer Memberships May-October.
- 3. There is an Exclusive offer for Meadows Residents** that currently "waives" the Annual Initiation Fees for Homeowners and Annual tenants. A savings of \$1750-\$7,500.
- 4. A large option of Full Memberships that fit your lifestyle, whether your interest is golf, tennis, or social.**
- 5. Fitness Center** open Monday – Friday from 7:30 AM – 7:00 PM, Saturday from 8:00 AM – 4:00 PM, and Sunday from 9:00 AM – 1:00 PM (Excluding holidays). Members enjoy keyless entry.
- 6. Hosts The Annual Larry Turville USTA Super Senior Grand Prix**, scheduled this year for February 5-10. This tennis tournament attracts the nation's top men's singles and doubles players from ages 55 and up. The event is open to the public, free of charge.
- 7. Offers Golf & Tennis Lessons.**
- 8. Has multiple Social Activities for Members** that include – Wine Tastings, Dinner/Dancing, Holiday Parties, Stargazing, Fashion Shows, Weekly Card Games, Entertainment that includes shows, music and comedy along with weekly dining specials!
- 9. Raised more than \$500,000 for Charity in 2023.**
- 10. A Community Golf Invitational in a Scramble** format Competition between the Individual communities within The Meadows, with qualifying rounds played between March 1-15. Call the Golf Shop at 941-378-5153 for more information.
- 11. Boasts a PGA Director of Golf (Patric Flinn)** who has set two course records – The Club at Pelican Bay & Alden Pines and has one of the most colorful collections of golf shoes on the planet!
- 12. The ever-popular Burger Night** every Tuesday in The Fountain View Lounge at The Club and residents are invited to enjoy a casual meal and great camaraderie.
- 13. Hosts Weddings, Bridal/Baby Showers, Bar/Bat Mitzvahs, Quinceaneras, Birthday Parties, Celebration of Life Events, and more.** From small intimate gatherings to an attendance of more than 200. Contact Joel Pozo (Catering Director)
- 14. Recently hosted a former Wimbledon Tennis Champion** exhibition, collecting toys for "Toys for Tots." For information about Membership, please contact Bob Bolton (Membership Director) at **941-893-3224 / bbolton@theiconteam.com**

## An Unlikely Place for a Shrine

by Bill Levy

## DID YOU KNOW IT'S THE 6TH YEAR FOR THE HOT STOVE LEAGUE



The Hot Stove League is celebrating their 6th year since the club started meeting monthly the 2nd Tuesday of the month from 9-11 am.

They enjoy sharing their perspectives on a variety of sports news and most importantly the interaction and lively discussions they all engage in.

### WANT TO JOIN THE FUN?

Contact Mark Pienkos, Hot Stove League Chair, at markpienkos2012@gmail.com, it's a great way to meet new friends.



Who would have guessed that close to us, near the now congested corner of University and Honore, there is an unlikely shrine to a legendary American hero? The shrine and the hero's fame and name have both somehow endured throughout the years.

In our society filled with instant celebrities and one-hit wonders, Andy Warhol's well-known quote usually rings true. But there are exceptions. This hero, whose faded countenance shines through the cracks and wear of age on a bench adjoining the CVS here, has been remembered far more than fifteen minutes; he is still remembered over 37,000,000 minutes since he first came to prominence during the early 1950s.

The ancient, worn Herald Tribune cover picturing the hero has become harder to decipher over the years. But the shrine and the hero have been resilient and are still available for a pilgrimage.

Although it has been fifty-five

years since this hero has retired and almost three decades since he died, the fascination with him by his generation and the two generations before and after has never subsided. It was more than his seven World Championships, his tape-measure home runs, and all his memorable exploits on the field. It was more than his All-American smile and his name you loved to repeat over and over. Mickey Mantle was the symbol of the optimism of our youth, flawed though he and the times were.

Sportscaster Bob Costas described him as "a fragile hero to whom we had an emotional attachment so strong and lasting that it defied logic." And the fact that this shrine has persevered also defies logic.

Who would have guessed?

Bill Levy resides in the Weybridge community. He is a retired New York City and New Jersey teacher who now devotes his time to writing. Three of his recent books are *Beyond the Beach: The Wit and Wisdom of Nevil Shute, Lest We Forget: The John Ford Stock Company and Lawman: A Companion to the Classic TV Series.*

It's unbelievable how much you don't know about the game you've been playing all your life.

– Micky Mantle



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CALL THE EXPERT YOU ALREADY KNOW.  
**SHIRLEY CUDDY**  
941-321-1549



**FitMinds**  
Life Changing Mental Stimulation  
*Presented by Cindy Black & Wendy Mills*

**SIGN UP FOR 2/13 10:30 AM CLASS**

FitMinds provides mental stimulation for seniors in groups, in individualized programs. Its curriculum exercises 5 key areas of cognition; language and music, visual and spatial orientation, memory, critical thinking and computation. This presentation will include a typical FitMinds session. You will learn the following:

- ✓ What is FitMinds?
- ✓ What are examples of the key 5 areas of cognition?
- ✓ What happens if you don't stimulate your brain?
- ✓ What is a typical FitMinds session like?

**Call today for more information:**  
**(941) 355-0303**

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Teri Magdalinski  
RN, LMT

**941-378-4101**

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Sarasota FL 34235

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Deep Tissue  
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Reflexology  
Relaxing Massage

RN 1586602 • MA20912 • MM18803

# DID YOU KNOW

About the latest Meadows Pieceful Quilting and Needlepoint Group Project?



This artful quilt was created by The Pieceful Quilting and Needlepoint Group and is in the process of being framed. Once framing is completed, it will be displayed on the public side of the MCA Community Building located at 2004 Longmeadow, so that others may enjoy its creativity and beauty.

The back dedication says: Pieceful Meadows. Designed, pieced, stitched and embroidered by the Pieceful Meadows Cottage Group. Peg Green, Designer, Mary Jo Drantell, Marge Erasmus, Suzanne Laroche and Betty Turner-2023.

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Did you know . . .  
**2,250**  
Lives were saved by  
The Meadows  
Residents

## THE IMPORTANCE OF BLOOD DONATIONS

Cassie Vassallo –SunCoast Blood Bank

SunCoast Blood Bank wishes to thank all the Meadows Residents who donated during the years to make a significant impact on the lives saved by their donations. We could not have done it without your wonderful blood donors.

- 2019: Collected 178 (COVID started Nov 15, 2019)-Lives saved 534
- 2020: Collected 123 Lives saved 369
- 2021 Collected 164-Lives saved 492
- 2022: Collected 156-Lives saved 468
- 2023: Collected 129- Lives saved 387.
- The goal for 2024 is to save 500 lives at our local hospitals. Help us reach that goal.

## THE MEADOWS BLOOD DRIVE DATES 2024

- Thursday, February 22, from 8 am-2 pm
- Thursday, April 18, from 8 am-2 pm
- Wednesday, June 19, from 8 am-2 pm
- Thursday, August 22, from 8 am-2 pm
- Thursday, October 17, from 8 am-2 pm
- Thursday December 12, from 8 am-2 pm

## SUNCOAST BLOOD CENTERS

- We ship the blood to local hospitals daily.
- There is a need to collect 125 units of blood per day to meet the needs of local hospitals.
- Chemo destroys 100% of our platelets. Platelets only last for 5 days before they must be used. They play a vital role in cancer treatment. More than 50% of platelets donations go to patients to fight and survive cancer.
- The body only has 8-11 pints of blood, and a major trauma can use 15 plus units – so we basically refilled the patient twice of their entire blood.

We help you live your *best* life.

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## Did You Know 2023 Was Our Warmest & Driest Year?

Roy Wysniewski — December Weather Analysis in The Meadows

Yearly Temperature and Rainfall Summary: In reviewing weather data recorded in the Meadows over the past ten years, 2023 was our warmest and driest year. The average daytime temperature recorded for the year was 89 degrees Fahrenheit (F), two degrees higher than the previous high – 87 F set in 2020. Although rainfall exceeded normal in December, the yearly total was two-thirds of normal, and represents the least amount recorded during the ten-year period.

Temperature Analysis: December's average daytime temperature exceeded normal by two degrees F. [The twelve-month 2023 daytime temperature average (89 F) was by far the

### DECEMBER RAINFALL & TEMPERATURE DATA

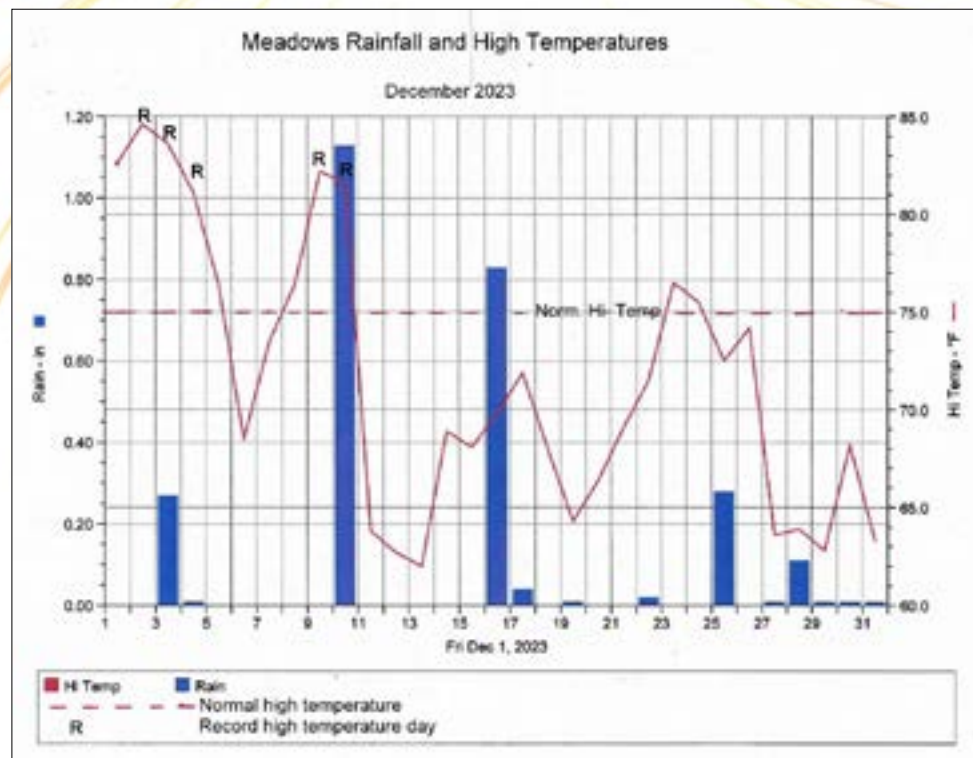
Rainfall for month:	4.5 in.
Rainfall year-to-date:	35.1 in.
23 yr. rainfall average:	2.0 in.
Average high temperature:	75 F (normal: 73 F)
Above normal temperature days:	14
Record high-temperature days:	5

highest ever recorded in the Meadows.] Other statistics for December include fourteen above-normal temperature days and five record high-temperature days.

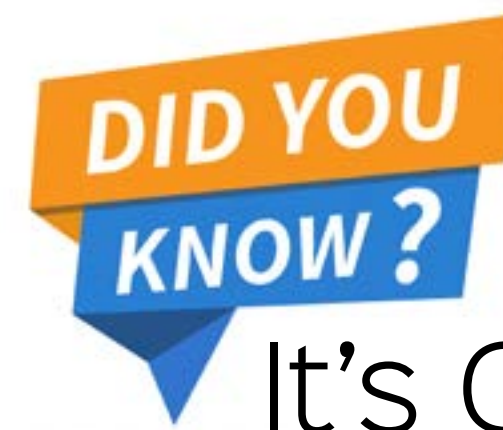
Rainfall Analysis: December's rainfall total was above normal. However, the drought that gripped coastal southwest Florida for much of 2023 reduced the year's total to 34.6 inches -- two-thirds the yearly average of 51.5 inches, and the least since a total of 34.1 inches was recorded in 2008.

Monthly temperature and rainfall data are presented in the graph.

Send comments and questions about this month's report to: roywys9@gmail.com.



Send comments and questions about this month's report to: roywys9@gmail.com.



## It's Good for You

Liz Barnett Memoir Group

### Revelations

Did you know that a memoir is not an autobiography? Memoirs are stories of your life, not a chronological life story. Did you know that at the Memoir Group we read what we've written to an appreciative audience of group members who tells us what they liked about our work. We spend a little time learning techniques help us tell our stories better. But the emphasis is on what we want to preserve, for each of us has stories to tell.

Because we choose what stories to tell, memoirs give us an opportunity to write about life as we experienced it and to reflect on our experiences. We may choose to relive happy moments, to come to terms with conflicts and failures, to see how we have changed and identify transformational events. For many of us it's an opportunity to create a written legacy. It's a way to enhance intergenerational connectiveness and to make grandparents real by showing how they responded to some of the same situations their children and grandchildren are experiencing. But most of all reflecting on the stories of our lives may lead us to discover the meaning of our life. You'll see what I mean when you join Michael Bruno in a traumatic experience that leads to some surprising and life-affirming realizations, see page 24.

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SALES	THE MEADOWS	SARASOTA COUNTY
Sales 2023 & 2022	↓2023 (11) 2022 (12)	↑2023 (609) 2022 (605)
Median Sale Price	↓\$448,000 \$518,500	↑\$475,000 \$430,000
Condominium Sales	↓2023 (05) 2022 (09)	↓2023 (210) 2022 (235)
Med Condo Sale Price	↓\$370,000 \$450,000	↑\$400,000 \$386,500
House Sales	↑2023 (06) 2022 (03)	↑2023 (399) 2022 (370)
Med House Sale Price	↑\$705,000 \$649,500	↑\$499,000 \$479,000
For sale on the 31st	↑2023 (62) 2022 (29)	↑2023 (3491) 2022 (1658)
Property Pending Listing Supply	↑2023 (16) 2022 (12)	↑2023 (712) 2022 (660)
	↑2023 (5.6) 2022(2.4)	↑2023 (5.7) 2022 (2.7)

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# Goin' Down the Road Feelin' Bad

Michael Bruno

One beautiful sunny Virginia spring morning in 1989 I was on my usual thirty-mile commute from Williamsburg to Hampton and entered onto a short stretch of Interstate 64 eastbound that would take me to my exit for Thomas Nelson Community College. I-64 was a four-lane stretch there, and sorely needed space for frequent heavy traffic situations; this was one of those mornings that had traffic building already at 8:30. I maneuvered my black Chevy S-10 Blazer - with its hip after-market pinstriping - into the left lane, which had fewer cars spaced better, and would allow me to move more safely before my exit from the right lane about a mile ahead. Traffic tooled along at 60 or so, though the posted speed was 55. I usually split the difference in that kind of situation. About a car-and-a-half space ahead of me was the next vehicle, and I was slowing to put more space there, not in any particular rush since my first appointment was at 9:00. Plenty of time.

A number of things then happened in quick succession: A mid-size convertible with its top down and two women in the front seat with head scarves blowing in the wind abruptly pulled right in front of me at full speed.

Bad move!

Worse, the driver immediately hit her brakes hard as if to come to a stop.

Really bad move!

No time. I had to bail. The steady stream of traffic to my right offered no safe place to go, so nursing my brake, I got onto the inner berm as much as possible, hoping to avoid or minimize vehicle contact, and slowing enough that the car ahead moving faster left some space for me to swerve back onto my lane.

Or not.

As I watched, "Brake Lady" just kept on going and my left wheels caught in the soft grassy margin beyond the berm and took control of my vehicle, my

direction, and my life as well as the lives of the others around me in the rapid traffic. I got control again and tried moving back into the lane I'd just left. It didn't work. The speed, wobbling vectors from disengaging from the grass, and a sudden tilt to the right snatched control again.

I found my Blazer suddenly airborne, spiraling forward like a football, tilting inexplicably, as if in slow motion, over on to its right side. It started down to hit the pavement with that side, again seeming in slow motion. My mind silently shouted, "Lean into the center! Lean into the center!" I did so, rolling my right side onto the center console as far as possible, keeping my head down and gripping the wheel, the rest of me loose in my seatbelt as the truck landed on its right side, bounced high, went airborne again, and completed one or two pavement rolls that ended with my side door against the paving of the right berm, me facing forward hanging in my harness, and the shattered right window beyond me facing up into the sky.

Things got very quiet.

I took inventory of myself, did not feel any serious or even dull pain, could move my neck, legs, and arms in the cramped space, and was neither dizzy nor disoriented. I just was on the interstate, hanging in my seat harness, unable to leverage myself into any other position except a sort of fetal one. The only ache was from trying to keep my head square to my shoulders while gravity argued it down into the broken side window glass. Ya-da-doo-de-doo.... Hm. Hm. Hmmm. Not much happening, eh? What now?

Suddenly a face appeared in the warped open space of the passenger window, framed by the bright blue sky.

"You look okay! Hang on! I called 911 and they're on the way! Don't move!" said the woman, loud but calm and reassuring. She followed with "I'm a nurse graduate of Thomas Nelson and can help you,

if necessary, but you should stay right where you are for the EMTs. We can't get this door open, and your roof looks pretty banged in."

So "I" was now "we." Good. Progress. Hm!

I was disassociating.

A man's face appeared over her shoulder. "I'm from TNCC Nursing too! On my way to campus for papers. You're a lucky man, buddy! You've also got traffic snarled back at least a mile. No one else involved, it looks like." I recalled Scarf Headed Brake Lady and started wondering how her day at the beach was going. Sharks came to mind.

An unseen man joined behind the two puppet-like faces in my opening. "Hey I'm from Thomas Nelson too, saw your TNCC parking sticker, and thought I could... hey I had you for English! Mr. Bruno! How you doing, man?"

Here's how my mind was doing: "What the hell is this, a reunion?" "And how the heck do you think I'm doing?" My next thought was, "I sure as hell hope I passed that guy!" My next thought, "Gee we sure do make an impact in this community!" There were two situations happening: my wreck and a TNCC event. Not able to do much about the former, I'd disassociated into the latter.

Sirens weaved their way from the last intersection and cleared the reunion crowd away, got traffic secured, and EMTs and State Police assessed things through my hatch to the outer world. All agreed that I looked fairly unscathed except for some blood on my face. Preliminary in-place triage assessment supported removing me from the vehicle and transporting me to nearby Riverside Hospital.

Actually, they had to remove the vehicle from me. When the roof had hit the pavement in one of the rolls, it partly collapsed, and the glasshouse frame was bent such that no door would open. The Jaws of Life were brought, my head was covered for protection, and the windshield cracked thoroughly but held as

the roof was peeled back enough to lift me through and onto a gurney.

"TNCC, eh? We've got you, buddy, you're in great care. I took classes there," from a male voice. And then I was lifted into the ambulance for the short ride to the hospital.

Shock took over on that ride. A whirl of sirens, rapid movement, whirling through the ER area, next aware that I was in a hospital room and my wife Susan was there, having been called at work by someone from either the hospital or the college, which had been informed of my situation. Probably a couple dozen phone calls hit TNCC, judging from the pavement party we'd had. The truck was a total wreck.

Thank God Chevy "built it tough." Toughly, yes, though stupidly: the State Police, the insurance agent, and the ER doctor concurred that those small Blazers and other SUVs were built top-heavy with a tendency and habit to tip over at the slightest non-forward motion. No fault. My only injury was a surface cut where my dark glasses' nose piece had broken the skin during the tumbling. I was otherwise safe and was released after a few hours' observation and tests.

I considered my earlier in-roll actions, surprised at them. I wondered why I'd done what I had done. I recalled that two weekends before, there had been a horrible accident at the busy intersection near our neighborhood. A woman had lost her life because part of her had been hanging out of the car when it rolled on her. "Lean in! Lean in!" had stayed in me somewhere deep, and in its own voice it rushed out exhorting the precisely right move at precisely the right moment. Out of that lady's tragedy my family's was prevented. R.I.P., Ma'am!

I have had several occasions in my life that suggest to me there's a purpose to my existence for which I get repeated passes on the alternative. So far, at least. I'm grateful for whatever that purpose is and hope that I do achieve it or have achieved it.



# The PERSONAL LIBRARIAN



Joanne Simons -  
February Book Review

"Some books leave you wondering why the author has chosen to tell this particular story, and why now. This is emphatically not the case with "The Personal Librarian" (Berkley; First Edition - June 29, 2021), a novel about the woman who helped shape the Morgan Library's spectacular collection of rare books and art more than a century ago.



Marie Benedict Victoria Christopher

It quickly becomes clear why two popular authors, Marie Benedict and Victoria Christopher Murray, have teamed up to tell this important, inspirational story.

Belle da Costa Greene's success in the almost exclusively male world of art and rare book dealers was an unusual feat for a woman in the early 20th century. But what makes it even more extraordinary - and such rich material for historical fiction - is the secret she harbored throughout her long career: She hailed from a prominent, light-skinned Black family, many of whose members had chosen to pass as white."

By Paul César Helleu - Derived from The Morgan Library & Museum, Public Domain, <https://commons.wikimedia.org/w/index.php?curid=58338747>

*The Personal Librarian* is replete with the fabrications necessary in historical fiction - imagining dialog and feelings that would not have been documented. "It's 1905, and financier J.P. Morgan is seeking a librarian for his burgeoning collection of rare books and classical and

Renaissance artworks. Belle da Costa Greene, with her on-the-job training at Princeton University, seems the ideal candidate. But Belle has a secret: Born Belle Marion Greener, she is the daughter of Richard Greener, the first Black graduate of Harvard, and she's passing as White. ... As Belle thrives in her new position, the main source of suspense is whether her secret will be discovered. ... The real Belle left scant records, so the authors must flesh out her personal life, particularly her affair with Renaissance expert Bernard Berenson and the sexual tension between Belle and Morgan. But Belle's mask of competence and confidence, so ably depicted, distances readers from her internal clashes, just as her veneer must have deterred close inquiry in real life." "Marie Benedict is the pseudonym of American lawyer and author Heather Benedict Terrell. She uses the pen name when writing historical fiction novels, and her real name when writing fantasy and young adult novels. A holder of a BA degree with a focus in History and Art History from Boston College, where she graduated

magna cum laude, and a Juris Doctor degree from the Boston University School of Law, where she graduated cum laude." "Victoria Christopher Murray is the ... best-selling author of more than 30 novels, including ... The Personal Librarian and The First Ladies. Both novels, Victoria co-wrote with Marie Benedict. A native New Yorker, Victoria Christopher Murray attended Hampton University where she majored in Communication Disorders. After graduating, Victoria attended New York University's Stern Business School where she received her MBA in Marketing."

The Meadows book club will meet at the Meadows Community Building located at 2004 Longmeadow, on Wednesday, February 14 at 2:00 p.m. to discuss *The Personal Librarian*. Please join us; all are welcome.

1 <https://www.csmonitor.com/Books/Book-Reviews/2021/0629/L.P.-Morgan-s-librarian-hid-her-race-A-novel-imagines-the-toll-on-her>  
2 <https://www.kirkusreviews.com/book-reviews/marie-benedict/the-personal-librarian/>  
3 <https://www.booksradar.com/benedict-marie/benedict.html>  
4 <https://victoriachristophermurray.com/author>

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### BOOK CLUB SCHEDULE

TITLE:	The Girls of Atomic City
AUTHOR:	Denise Kiernan
Presenter:	Kathleen Roberts
MONTH:	March 13, 2024



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## MEADOWS DEADLINES

The deadline for advertising and article insertions into *The Meadow* is the first Monday, one month prior to the month of insertion.

The deadline for the MARCH 2024 *Meadow* is Monday, February 5.

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Beautiful 1700 sq ft home for full time rent on golf course in Vivienda Way (Meadows). 2bd/2ba, Enclosed lanai, Lrg Screened Porch, 1 car garage. Offered furnished (\$2800 mo) or unfurnished (\$2500 mo). Call for details. Ken 614-370-4120 or Kmorley777@gmail.com

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## THE MEADOWWORD

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Submissions are published at the discretion of the editor and the MCA.

# Meadoword



The Meadows Community News and Lifestyle

## February 2024 Calendar

February 1	1-4 PM	Electronic Tutor	MCA
February 2	3 - 4 PM	Cupid Shuffle – Line Dancing Class	MCLWF
February 7	1 PM 6:30 PM	Antiques in Current Design Trends Bingo	MCLWF
February 8	7:30 AM - 3:30 PM 1 PM	On Spot Dermatology MCA Board	MCA Parking MCLWF
February 9	5 PM	Sarasota Art Crawl	Discover Sarasota
February 13	10:30 AM 4-5:30 PM	FitMinds An Affair To Remember A Classic Vocal Quartet	MCLWF MCLWF
February 15	10 AM	My Wish For You	MCLWF
February 17	9 AM - 12 PM	Car Fit	MCLWF
February 19	6:30 PM	Ice Cream Social	MCLWF
February 20	4 PM 6 PM	Assembly of Property Owners Antique Roadshow	Flight MCLWF
February 23	6 PM	Movie Night – Breakfast At Tiffany's	MCA / Lakeside
February 27	1 PM	Traffic Safety	MCLWF

## MARCH PREVIEW

March 1	10 AM - 2 PM	Sarasota County Health in Motion Bus	MCA
March 4	7 PM	MCA Annual Meeting	MCLWF
March 19	7 AM - 7 PM	Presidential Primary Elections	MCA
March 26	9-11 AM	Hazardous Waste Collection	MCA parking Lot
March 29	TBD	Spring Fling	CCL / Poolside

**A BIG THANK YOU GOES TO OUR RESIDENTS, FOR YOUR GENEROSITY TOWARDS THE FLORIDA GUARDIAN AD LITEM CHILDREN.**



### CLUBS & SOCIAL GROUPS

**Drop in Art Studio**  
Melinda Gordon  
mpgordan@gmail.com  
Every Thursday 10:00 AM – 12 PM

**Bike Club**  
Janet Schmidt  
jlschmidt\_74@yahoo.com  
Every Wednesday 9 AM  
Meets at Meadows Pub

**Bingo**  
Agnes Rutushni  
RSVPBingo@yahoo.com  
1st Wednesday of the month  
6:30 PM

**Book Club**  
Lois Robinson  
LRobi18755@aol.com  
Monthly, 2nd Wednesday, 2 PM

**Bridge-Wednesday**  
Kerriane McMurdo  
Kkm988@gmail.com  
Every Wednesday 1:30 – 4 PM

**Bridge-Friday**  
John Harwood  
jharwood222@verizon.net  
Every Friday 12:30 – 3 PM

**Bridge Saturday Duplicate**  
Dot Boulia  
mcaduplicate@gmail.com  
Date/Time varies

**Canasta: Hand & Foot**  
Debra Ashenofsky  
wheresmamamia@gmail.com  
Every Tuesday 1:30 – 5 PM

**Cornhole**  
Susan Weisse  
cbweisse@yahoo.com  
Every Thursday 3 – 5 PM

**Craft Group**  
Gayle Kroll  
Gkroll03@icloud.com  
Every Wednesday 9 – 11 AM

**Game Night**  
Pat Webster  
mi2tall4u@gmail.com  
Every Thursday 6:30 – 8:30 PM

**Garden Club**  
Melanie Babineau  
mbabineau50@gmail.com  
Monthly, 1st Thursday 2 – 3 PM

**Hot Stove League**  
Mark Pienkos  
markpienkos2012@gmail.com  
Monthly, 2nd Tuesday 9 – 11 AM

**Knit Happens**  
Vicki Carey  
vickidon1989@gmail.com  
Monthly, 2nd Monday 1 – 3 PM

**Mah Jongg**  
Elizabeth Williams  
themedowsmahjongg@gmail.com  
Every Monday 9 AM – 12 PM

**Meadowlarks**  
Michael Bruno  
michaelbruno@verizon.net  
2nd & 4th Fridays of each month  
10 AM – 12 PM

**Meadows Chorus**  
Cindy Rubin  
meadowschorusinc@gmail.com  
Every Thursday 7 – 9 PM

**Meadows Sailing Assoc.**  
Adam Lawall  
saltyadam@gmail.com  
Every Tuesday 1 – 3 PM  
Meets at MCA Pond

**Memoirs**  
Liz Barnett  
meadowsmemoirs21@gmail.com  
Meets 1st & 3rd Friday  
10 AM – 12 PM

**Pieceful Meadows Quilting & Needlework** Marge Erazmus  
margareterazmus@gmail.com  
Every Monday 9 AM – 12 PM

**Shalom Club**  
Helene Stone-  
shalomhelene24@gmail.com  
Joni Cohen -shalomjoni23@gmail.com  
Every 4th Sunday at 3 PM