

Meadoword

The Meadows Community News and Lifestyle



Meadows
Earth Week

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PROTECTING
THE PLANET

COMMUNITY
NEWS
2-5

OUR
LIFESTYLE
6-19

EARTH
WEEK EVENTS
12-13

WANT TO
STOP RED TIDE
7

MOTE
FEATURED ARTICLE
14-15

WORKING TOGETHER to Advance our Mission & Vision



Marilyn Maleckas — MCA Board President

As the newly elected President of the Meadows Community Association (MCA), I first want to thank my predecessor, **Bob Clark**, for the job he did as President this past year. We will continue to see Bob at various committee meetings and events as he participates in and contributes to achievements that keep The Meadows such a wonderful place to call home. I also want to thank our MCA Board for their confidence in me in my election as President of this wonderful organization. It is my pleasure to work with these diligent volunteers and with the management and staff of the MCA.

Also newly elected Directors to the MCA's Executive team are **Michelle Johnston**, Vice President; **Stan Miska**, Treasurer; and **Tom Bondur**, Secretary. Our heartiest congratulations to the team and we also extend a warm welcome to Michelle Johnston and **Chris Perone** who have been

newly elected to the Board and we extend a very warm welcome back to **Mark Plenkos** who has been reelected to a second term.

Our 2023-2024 community priorities include continuing the strong fiscal management and oversight of our budget and capital projects and community priorities; continuing the expansion of our strong calendar of community events, activities and lifestyle programs; expand our successful volunteer recruitment program; continue aggressive dedication in protecting and enhancing our beautiful environment, ponds, land and community through the Water and Wildlife, Safety, Standards, Best Kept, Maintenance, and Emergency Preparedness Committees. Strengthen our Communications by developing additional communications venues to engage and inform new and current residents, community

association leaders, Realtors, as well as our community commercial partners, The Meadows Country Club, Aviva, the shops and businesses in our Shopping Village as well as the Meadows Health Center for Nursing and Healing (formerly Tarpon Point).

We are happy to report that the Annual Meeting was well attended with residents appearing in person and via Zoom. For your convenience and detailed information, we recorded the meeting and that recording will be available for you to access on our website, themedowssarasota.org, very shortly.

In the meantime, we look forward to meeting and speaking with you about our plans, our progress and welcome your ideas and suggestions as we work together to further The Meadows' plans and progress.

2023-2024 MCA BOARD OF DIRECTORS OFFICERS



Marilyn Maleckas
President



Michelle Johnston
Vice President



Stanley Miska
Treasurer



Tom Bondur
Secretary

DIRECTORS



Tom Pound



Amy MacDougall



Paul Easley



Mark Plenkos



Chris Perone

OUR MISSION

To preserve the property values, ambiance and vitality of our community.

OUR VISION

To be known as a well-maintained, welcoming, safe community with up-to-date housing, activities and services designed to meet the needs of all residents.

we've got the whole world in our hands



Frances Rippondi — MCA General Manager

Earth Day is the perfect day to reflect on the wonderful gifts that mother earth has provided. Trees, ponds, a variety of flora and fauna, The Meadows has certainly been blessed. All you have to do is enter The Meadows and you're suddenly transported into a quieter, gentler, environment. These days a quiet walk amongst the trees is the perfect remedy for all that ails you, so if you're out soaking up the beauty of The Meadows be sure to notice nature's gifts amongst the abundance of greenspace.

NEW TREES

As stewards of the land, The Meadows Community Association (MCA) along with a generous resident, **Janice Kunkel**, together have added 54 trees to The Meadows this past year. Janice, a resident for 43 years, understands the importance of giving back to the land and environment that has given her so much joy. Each year, she generously contributes \$5,000 to purchase native trees species for our community. The trees added this past year were a mix of Oaks, Pines, Palms and Magnolias. This year there's an additional 22 trees being scheduled for May planting with additional trees pending by year end.

Native trees are beneficial to our community as they are drought resistant, better equipped to handle our subtropical climate, and provide habitats for indigenous species. It's important that we continue to replenish The Meadows with native trees as Hurricane Ian alone contributed to the loss of over 80 trees for the

common area of The Meadows and The Meadows Country Club tree loss was upward of 160 with many of these trees being mature species. This loss, coupled with trees dying due to age and disease, significantly impacts The Meadows' tree canopy and the beauty which everyone first fell in love with upon entering The Meadows. Therefore, give back to the environment that has given you so much and plant a tree for today, tomorrow and the future.

TAKE A WALK ON THE WILD SIDE—Nature Trail

If you want a quick escape into nature, jump off the beaten path and take a walk through The Meadows' nature trail. I recently visited the trail and the beauty never ceases to amaze me. Trees aligning maintained pathways lead you away from the built environment and instantly the stresses of the day evaporate. Nature not only serves as a welcoming refuge but has the power to lower blood pressure and the stress hormone, cortisol. Take the time to enjoy the great outdoors, you may just find that it transforms the way you are feeling.

ALLIGATORS

In the state of Florida alone, there are 1.3 million alligators and where there's a body of water, a pond, brackish river or even a fresh water spring, there is a chance that a gator could be present even if you don't see it. It is very common to see gators in storm water retention ponds not only in The Meadows but throughout the state. Therefore, first and foremost always be alert when in close proximity to a body of water, as the

chances are good there is a gator nearby.

The Meadows has 85 stormwater retention ponds so of course gators live in The Meadows. It is the goal of the MCA along with the Water and Wildlife Committee to coexist with nature and all native species. In doing so, safety has to be the number one priority. **Remembering the following SAFETY tips and REMINDERS will help keep you and your family safe.**

1. The courtship between alligators begins in early April, while the actual mating season occurs during the months of May and June, according to the Florida Fish and Wildlife Conservation Commission (FWC). During these months, gators are more apt to be more active moving from pond to pond, so be aware of your surroundings at all times.

2. Female alligators deposit their eggs in late June or early July, FWC notes, and the eggs hatch around August or September each year. Where there are nests or baby gators there is a proud mother gator guarding her nest, who will not be happy you are looking at her young. **STAY AWAY.**

3. FWC states that alligators tend to become more active during the warmer months when the temperatures are between 82 and 92 degrees. In colder temperatures, gators often haul out on pond banks to warm up in the sun. Whenever you encounter a gator, whether in a pond, on a bank, or moving

between water bodies – KEEP A HEALTHY DISTANCE, the farther away the better. Remember, gators can move surprisingly fast when on land.

4. According to wildlife officials, the reptiles are most active between dusk and dawn. Alligators primarily eat their prey at dusk or during the nighttime. Be cognizant of the times you are walking and make adjustments to your route if needed.

Establishing safe habits and an understanding of alligator behaviors is the best way to coexist with gators. While there is a far greater chance to be struck by lightning than to be attacked by a gator, tragedies do happen.

We have all probably read about the horrific tragedy where an elderly woman and her dog were attacked by a gator while walking by a pond's edge in St. Lucie County. The gator went after the dog and the woman tried to save her dog, but in turn fell victim to the gator's attack. Please, do not walk close to pond edges with your dog, under any circumstances. You may not be aware, but a gator could be nearby. Stay Alert.

If you have a concern about an alligator in The Meadows, reach out to the MCA at 941-377-2300 and ask for me or Sandy Truman. We will be happy to assist you.

We all hold the keys to a healthy environment in the palm of our hands. Plant a tree, respect the wildlife and praise mother earth for her beauty.

FEBRUARY SAFETY REPORT

During the month of February, 2023 there were (10) incident free days - (8) less than January 2023. There were (23) reported incidents (7) more than January 2023. There were (92) citations issued this month - (4) more than January 2023.

Safety responded to the following during the month of February:

- February 2— Solicitation in Huntingwood by personnel from Window Depot. Both subjects were advised solicitation was not allowed in The Meadows, as it is a private community. Both were advised of trespassing and ordered to leave, both refused. Sarasota County Sheriff's Office (SCSO) responded, the individuals were served with trespass warnings and left The Meadows.
- February 6— Kingsmere complainant reported a knock at their door around 4:19 am. A subsequent check of the area and surrounding communities found no one.
- February 14—vandalism

complaint in Long Common regarding flowers being ripped out of the ground and taken. Advised to make official report with SCSO.

- Petit Theft Complaints:
 - February 15 — someone took a wire basket off a bike at the pickleball court. Complainant wanted it as a matter of record.
 - February 18—someone stole a tray from an unlocked vehicle in the country club parking lot, which contained unknown amount of money. Advised to call SCSO, complainant had somewhere to be. It was requested they provide us with a report number if they call – no follow up reported.
 - February 17—a noise complaint was received from Winslow Beacon. Safety observed two people outside on a balcony and advised them of a noise complaint, subjects went inside.
 - February 16— a trespass complaint was received from Bunker Oaks. On February 17,

a suspicious vehicle report was received from Chatsworth Greene. Both incidents involved same individual known to safety. On February 16, the subject had left after the complaint was made. On February 17, subject was found sleeping in their car, woken up, and was reminded that they were trespassing and had to leave the community. Subject was followed out of the community without issue.

The Meadows is a NO SOLICITATION Community. If you see a suspicious person and feel threatened, call 911. If you see a suspicious person and are not in danger, call the non-emergency Sarasota County Sheriff's Office number. If something happens in your HOA or Association and you have called 911 or the non emergency number, PLEASE call MCA and follow up with us. If we are not aware of the incidents, we are not able to warn neighbors and others in our community. Reporting is important.

Please keep in mind that if MCA does not disclose a location

it is because it is an ongoing investigation and we are not at liberty to disclose additional information at the time. Residents are free to call the Sarasota County Sheriff's Office for more information.

SAFETY IS EVERYONE'S RESPONSIBILITY

In the event of an emergency, call 911. After you have called 911 please report the incident to the MCA Safety Patrol.

The non-emergency Sarasota County Sheriff's Office number is 941-316-1201.

The Meadows Safety Patrol number is 941-809-0084.

February Approved Architectural Reviews

3368 Hadfield Greene	Springlake Condo Assn	5434 Downham Meadow
2928 Heather Bow	Springlake Condo Assn	3340 E Chelmsford Ct
5127 Everwood Run	5325 Everwood Run	5334 Everwood Run
5433 Downham Meadow	5448 Downham Meadows	5199 Everwood Run
4662 Ringwood Meadow	5122 Marsh Field Rd	3424 Longmeadow
3912 Lyndhurst Ct Assn	4770 Ringwood Meadow	5000 Windsor Park
4847 Greywood Ln	4776 Ringwood Meadow	3128 Heatherwood Ln
4228 Highlands Bridge Rd	Villa Majorca Condo Assn	3346 E. Chelmsford Ct
3390 Highlands Bridge Rd	4759 Ringwood Meadow	Chelmsford Close Condo Assn
3417 Highlands Bridge Rd	Sandleheath Condo Assn	4957 Taywater Dell
(2) Chatsworth Greene Condo Assn	2952 Longleaf Woods	3841 Stable Ln
Long Common Condo Assn	4724 Greencroft Rd	3520 Trebor Ln
Papillon Condo Assn	4500 Longwater Chase	
	2815 Wrenwood Ct	

Assembly of Property Owners



Mike Mazur
Assembly
Chair

We had an informative and lively program about the resources offered by the Community Association Institute at our March meeting and April should be even more lively.

Join in on Wednesday, April 19, 2023 at 4:00 pm for "Insurance Lollapalooza" – a program combining two separate but strongly related topics – Insurance Appraisals and the Trends in the Current Property Insurance Market – especially for Association coverages.

Joining us for the insurance appraisal area will be Patricia Staebler, SRA, RS – Principal of Staebler Appraisal and Consulting. Patricia has previously presented to the Meadows Assembly of Property Owners an information-filled

program on reserve studies. Accurate and comprehensive insurance appraisals are crucial to establishing the fundamental values for your community property coverage and Patricia will cover best practices in this important area.

As the leaders of our 52 associations in The Meadows know, the property insurance marketplace is turbulent at best. Atlas Insurance is a local firm that provides insurance brokerage services to many associations. Tommy Kochis is an agency partner of Vice President of Sales for Atlas and has worked with numerous Meadows associations. Tommy will bring us up to date on the latest trends in the marketplace and how you can best position your association for the best offer(s) possible for your coverages.

There will be plenty of time for your questions about these important and related topics.

See you on April 19th!



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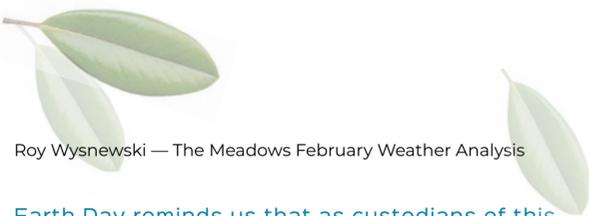
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EARTH DAY MORE THAN A CELEBRATION



Roy Wysnewski — The Meadows February Weather Analysis

Earth Day reminds us that as custodians of this beautiful planet we call Earth, we must stop polluting the atmosphere. The atmosphere's Greenhouse Effect acts like a blanket surrounding Earth, thus keeping us warm. Polluting the atmosphere with excess carbon dioxide and methane gases expands this blanket making us warmer than normal.

WEATHER SUMMARY (Records abound)

Meadow's residents will remember February 2023 as a record-breaking month on many weather fronts: average monthly high temperature; number of above normal temperature days; record high-temperature days; least February rainfall; and the streak of rainless days.

TEMPERATURE ANALYSIS

Following last month's record high temperatures, Meadows' residents together with our seasonal tourists were wishing for a temperature 'break' as we entered February. Unfortunately, due to a large stationary high-pressure system just to our north, we experienced what may be the warmest February on record for Southwest Florida! The average high temperature (82.7 degrees F) certainly is a record for the Meadows!

Other February statistics include twenty-six above normal temperature-days and a new record number of 'record-high temperature days' (9).

RAINFALL ANALYSIS

One only had to look at our lawns and lakes to see just how serious the recent eighteen-day drought has been! Typically, February is our

driest month. But this month, rainfall was unusually low (10% of normal) breaking a record in the Meadows. The eighteen-day streak without a drop of rain also is a record! In a normal February, there are six rain days. This year there were only two. Now, that's unusual!

Monthly temperature and rainfall data are presented in the graph.

PRE- HURRICANE SEASON ANALYSIS

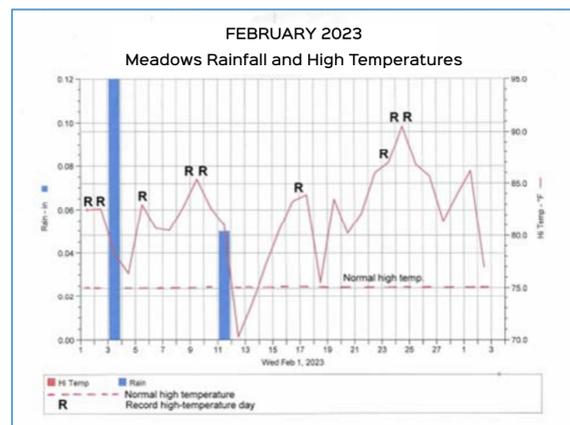
Why now, you may ask? Why discuss something that doesn't begin until June? For two reasons.

First, after experiencing the fringe impacts from a cat.4 hurricane and a tropical storm last Fall and seeing how close the Meadows was to serious storm impacts, we concluded that our lengthy tropical cyclone respite is over and that it might be prudent to begin our preparations earlier this year.

Second -- and this is very important -- we already see weather/climate data that suggests we could have a repeat of the 2022 hurricane season. Record high atmospheric temperatures during January and February combined with consistent above-normal Gulf water temperatures (5-10 degrees F) are the key ingredients for tropical cyclones to form in the Gulf of Mexico. If these patterns continue into late Summer, residents will need to be extra-vigilant!

Send comments and questions? Contact: roywys9@gmail.com.

DID YOU KNOW THAT NATIVE FLORIDA MAGNOLIAS AND PALMS MAKE FOR HIGH WIND AND STORM-WITHSTANDING TREES AND CAN EVEN BE USED AS AN ATTRACTIVE YARD BLOCKADE OR BOUNDARY BETWEEN PROPERTIES?



FEBRUARY RAINFALL & TEMPERATURE DATA	
Rainfall for month:	0.17 in.
Rainfall year-to-date:	2.69 in.
23 yr. monthly rainfall average:	1.60 in.
Average high temperature:	82.7 F (normal: 75 F)
Above normal temperature days:	26
Record high temperature days:	9

Want to STOP RED TIDE?

Join WWC For Aquatic Plants Day, May 12

Dick Bragaw — Water & Wildlife Committee

Wish you could do something to reduce algae in our ponds and help stop continuing Red Tide blooms that threaten the beauty of our beaches and bay and the health of our community? The Water and Wildlife Committee (WWC) has a suggestion: Join us for Aquatic Plants Day, May 12. We'll meet at The Meadows Community Lifestyle and Wellness Facility at 7:30 that Friday morning for continental breakfast and training on how to plant an aquatic plant for optimum survival by Mollie K. Holland, a Sarasota County environmental scientist who works closely with the WWC.

This will kick off our eighth planting session since the WWC was formed five years ago. In that time, our volunteers have added 7,400 plants to our 85 pond shorelines. We plant only Florida native aquatic plants recommended by Sarasota County environmental staff, including arrowhead, pickerelweed (not a "weed" in the bad sense), yellow canna, soft



stem bulrush, and spike rush.

Shoreline erosion has been a serious problem for Meadows ponds, and mechanical remediation is very expensive, running from \$70 to \$150 per linear foot. By comparison, plants provide protection at a cost of about \$1.50 per linear foot and provide many other benefits, including enhanced wildlife habitat. Aquatic plants protect shorelines from erosion by buffering the energy from the waves.

Aquatic plants along our pond shorelines and on pond littoral shelves add oxygen to the water, physically filter out sediments and undissolved solids, and biologically absorb dissolved nutrients in the out-flow water. They significantly improve the quality of storm water that discharges from our ponds, eventually reaching Sarasota Bay and contributing to Red Tide

Join us May 12, and you can be part of a solution to this problem. Contact Sandy Truman, MCA Community Standards Administrator, at 941-377-2300 or by email administration@meadowzca.com

Our ponds and other water features are parts of a stormwater system designed to allow material to settle and be absorbed. After a rainfall, water slowly drains from the pond through a pipe in the "outflow" structure. The ponds

protect our homes from flooding and remove pollutants from downstream waters. They serve their purpose best when the down-sloping shelf where water meets land, known as its littoral shelf, grows native plants.

Native aquatic plants shade the shallow areas and help keep out unwanted invasive plants like hydrilla and torpedo grass, which can choke a water body and have



been implicated in fish kills in our ponds. Healthy native plants support wildlife such as fishes, wading birds, and turtles. A planted littoral shelf will absorb pollutants from stormwater, removing these chemicals from water that will ultimately drain into our canals and streams and could poison our clean water supply.

"A balanced pond will require little maintenance and few, if any chemicals. Not only will the lake's littoral zone be aesthetically pleasing, but its water quality will help reduce foul odors and

excessive mosquitos," Holland says.

Littoral zones are crucial components of healthy ecosystems. Florida has lost more than half its wetlands since it became a state in 1845. They have been drained, dredged and/or filled for development, and wetlands are vital to the health of our environment. They filter and remove pollutants by slowing

down water, allowing suspended materials carried in stormwater and other effluents to drop out and become trapped by plants.

"Our No Mow Zones (NMZs) and shoreline plantings show how a natural shoreline can bring more life, beauty, and vitality to our ponds," says WWC Chair Dr. Bob Hueter. "We look forward to welcoming volunteers on May 12 who embrace this new look to our ponds and support our efforts to eco-beautify The Meadows."



Peg Schmitt
Realtor®

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The Meadows, Hub of Sarasota

Resales ending the months of February 2023 and February 2022 in The Meadows & Sarasota County

SALES	THE MEADOWS	SARASOTA COUNTY
Sales 2023 & 2022	↑2023 (17) 2022 (15)	↓2023 (675) 2022 (884)
Median Sale Price	↓\$345,000 \$375,000	↑\$450,000 \$420,500
Condominium Sales	↓2023 (12) 2022 (14)	↓2023 (261) 2022 (297)
Med Condo Sale Price	↓\$317,500 \$345,750	↑\$362,000 \$359,000
House Sales	↑2023 (05) 2022 (01)	↓2023 (414) 2022 (587)
Med House Sale Price	↑\$590,000 \$645,000	↑\$490,000 \$450,000
For sale on the 28th	↓2023 (24) 2022 (01)	↓2023 (2001) 2022 (450)
Property Pending	↓2023 (21) 2022 (30)	↓2023 (1377) 2022 (1552)
Listing Supply	↑2023 (1.4) 2022(0.1)	↓2023 (3.0) 2022 (0.5)

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Contact me any time if you'd like to sell or buy a home in The Meadows





Simple Tips for a More Sustainable Lifestyle

Tia Calomeris
MCA Director, Marketing and Communications

We can all help our planet in so many ways, by adapting small actionable ideas that can and will make a difference in achieving a more sustainable lifestyle.

START A HOME GARDEN

- Try to grow your own edible herbs by planting seeds in pots or window sills. A small area can be useful in providing space for fruits and vegetables while enjoying the fruits of your labor of love.

RECYCLE IT'S EASY

- Glass bottles, jars, aluminum / steel cans, food / beverage cartons, mixed paper (cardboard, magazines), kitchen, laundry, bath bottles and containers are all recyclable. Just make sure you empty the contents, rinse and replace the caps on the containers. Plastic wrap, food garbage or toxic waste materials are not to be included in your recycle bins. Check the website for more detail. <https://www.scgov.net/government/solid-waste/trash-and-recycling>.

REUSABLE BOTTLES

- Not only will carrying a reusable water bottle make you drink more water, it's better for the environment! According to Plastic Oceans, we are producing almost 300 million tons of plastic every year, and half of it is single use. Tons (literally) of plastic are dumped into the oceans each year as well. Littering with plastic has a negative impact on sea life. If you use plastic, recycle or find creative uses for them.

COMPOST OLD FOOD

- Food waste is a huge problem in America. On average, one pound of food per person is wasted each day. If you have waste consider composting. Sunshine Community Compost's Program offers a service here in The Meadows. Email meadowsgarden334@gmail.com or call Tracie at 650-743-3104 to learn more.

Composting

- It improves the structure and health of your soil by adding organic matter.
- Helps the soil retain moisture and nutrients.
- Attracts beneficial organisms to the soil and reduces the need for pesticides and fertilizers.
- Reduces soil erosion.



Elizabeth Anzellini
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SIMPLE TIPS FOR A MORE SUSTAINABLE LIFESTYLE *Continued from page 8*

MEAL PLAN

- Did you know that on a daily basis, each American discards on average 0.5kg (one pound) of food? Grocery shopping with a list and a complete idea of what you're actually going to cook helps to avoid buying too much. It takes some advanced thoughtful planning, and you can always freeze it and use it in the future.

PLANT ROOTS

- Plants help clean and purify the air in your home, which is good for everyone. Plants naturally absorb carbon from the air. One young tree can absorb CO2 at a rate of 13 pounds (5 kilograms) per tree. And that's just an itty bitty baby tree. Once that tree reaches about 10 years old, it's at its most productive stage of carbon storage. Then it can absorb 48 pounds (21 kilograms) of CO2 per year. Planting a tree or bush can help to offset your carbon footprint. **Remember to check with your HOA and MCA and follow proper architectural approvals.**

- Plus, having live greenery in your house is proven to boost your mood. Consider plants that don't require tons of watering like succulents.

TURN THE LIGHTS OFF AND ADJUST THERMOSTAT

- When you leave a room, or not using the lights, turn them off and keep them off. When changing out light bulbs, opt for energy efficient lighting.

- Adjust your thermostat when you are not home so it's not working as hard while you are gone. There are many products that allow thermostat programming that will allow it to adjust to your schedule or when you are away from your home. This saves energy and money! In a small way, you're able to help reduce carbon emissions created from fossil fuels and natural resources by reducing your own use of electricity and energy.

ONLY RUN THE DISHWASHER OR LAUNDRY WHEN IT'S FULL

- While some dishwashers have options for half loads, those that do not can save by not running it until there is a full load. Most washing machines allow you to select your wash size so you can change the amount of water used per load.

EAT SUSTAINABLE FOODS

- Today, large-scale food production accounts for as much as 25 percent of the greenhouse emissions. So how do you eat sustainably? Choosing food from farmers that aim to conserve the natural resources and have as little impact on the land as possible. Buying as much as you can from local farmers makes a difference. Grow your own fruits and vegetables, it's fun and satisfying knowing it's home grown from your own garden!

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REMINDERS

LOOKING FOR A SPECIFIC SERVICE ?
SEE PAGES 22-23 FOR BUSINESS AND CLASSIFIED SERVICES.



Beginning May 1, Sarasota County will not accept yard waste in plastic bags at the curb. Sarasota County is committed to environmental stewardship. **If you use plastic bags for your yard waste, May 1 or after, it will NOT be picked up.**

Homeowners will be required to use paper bags, reusable containers or bundles (when appropriate) for collection of yard waste and will be picked up on the regularly scheduled collection day. For added information, visit <https://www.scgov.net/government/solid-waste/leaf-it-out>

Put Away Your TRASH CAN PLEASE

Residents,
When your trash has been picked up, please retrieve your empty trash cans and place them out of view.

Thank you.
Meadows Management.



April 13 • 8:30 AM – 5 PM
MCA Parking Lot

Call 941-444-0011 to schedule your appointment today!

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APRIL 4
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April 14 • 9 AM – 1 PM
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Call 941-312-4781 to schedule your appointment today.

Renaissance Card Appointments

Meadows homeowners and annual tenants are eligible for a renaissance card.

Renaissance Cards are currently available for those who do not already have one but are eligible, by appointment so we may ensure the proper staff is available to assist you. Please call 941-377-2300 and ask to speak to **Tina Wagstaff** to make a Renaissance Access Card Appointment.



SEE OUR SAFETY PRESENTATIONS FOR APRIL



1-on-1 check-up with a Trained CarFit Technician. Improve the "fit" of your vehicles for safety and comfort.

Developed with AAA, AARP, & the AOTA.

April 1
10 AM – 1 PM

To register call MCA
941-377-2300

CLOSING UP YOUR FLORIDA HOME

María Portelos-Romero
University of Florida

Monday, April 3, at 10 am – MCLWF
Discover how to properly prepare your home for long absences.



To sign up: themedowssarasota.org

PREPARING FOR STORM SEASON

10 AM Thursday, April 6 at MCLWF

Chief McCrane
Director of Emergency Management
Services Sarasota

Important information on how to prepare for and stay safe throughout the storm season.

To sign up visit
themedowssarasota.org



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THREE NIGHTS, APRIL 8, 11 & 15
at the Sarasota Opera House

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HELLO APRIL

This is not a solicitation of another broker's listing. *Based on Q4, 2022 Statistics

BEST KEPT 2023 Spring Awards

JUDGING AND NOMINATING APRIL 3-6

All Single-Family Homes and Associations are eligible.

Nominees are evaluated by the following criteria:
GREAT LANDSCAPING & CARE
Colorful flowers and plants, new mulch, green lawn, trimmed bushes and trees, no weeds or debris!

CURB APPEAL & MAINTENANCE
Signs, lights, sidewalks & driveways, mailboxes, roofs, no disrepair!

(3) First Place
Winners \$100
(3) Runner-Up
Winners \$50
Community
Recognition
for Best results.

Improve your home's curb appeal and be a part of our community pride.



earth week activities and more

EARTH WEEK APRIL 17-22

presentations

APRIL 17 Learning From Nature

10 AM



We learn from nature about everything else...art, architecture, medicine, engineering, and more...why not leadership? Let's explore wildlife and wild places as you've never seen them before...full of lessons on how to drive change, lead teams, and build resilience...all while leading in the way you were born to lead. MCLWF

April 18 Let's Talk Trash Sarasota County

10 AM



"Talk Trash" with Sarasota County Solid Waste Program Manager, Wendi Crisp for a candid talk about our trash, recycling and ways to keep Sarasota County beautiful by eliminating household waste. Thirty minute presentation with Q & A to follow. Take the Keep Sarasota County Beautiful Pledge. MCLWF

April 18 Down the Drain –

1:30 PM



Don't Feed the Fatberg

A fatberg is a rock-like mass of waste matter in a sewer system formed by the combination of flushed non-biodegradable solids, such as wet wipes, fat, oil, and grease (FOG) deposits. These clogs can cause sewage spills and require costly repairs. Learn more about how to fight the fatberg menace and properly dispose of your kitchen waste, and help keep our waterways clean. MCLWF

April 19 Save the Drops – Water Conservation

10 AM



Presenter Jackie Leboutz, University of Florida's Sarasota Extension Office. Learn about Sarasota County's water supply and treatment, and ways to conserve water in your home's bathroom, kitchen, pool, landscape, and more. Q & A session to follow. MCLWF

April 19 Meet Mote – Guardians of the Sea

1 PM



Mote SEA, planned for Nathan Benderson Park, is projected to inspire 700,000 visitors from the Sarasota-Manatee region and around the world each year with incredible displays of marine life, interactive technology and windows into Mote's amazing science. Join Mote experts and learn first hand about the exciting work being done in Mote's laboratories and in the field. Bring your curiosity and questions. We promise you will leave inspired to learn more! MCLWF

April 20 Florida Friendly Landscapes – Planting for Wildlife & Pollinators

3:30 PM



Join this class to learn about the trees that thrive in our suncoast region; with an emphasis on native trees, flowering florida-friendly trees, and edible fruit/nut trees. Fine out which tree is right for your location, how to plant it and care for it. MCLWF

April 21 Red Tide & You

10 AM



Sandy Gilbert of START Solutions to Avoid Red Tide addresses Red Tide and it's affects on our coastal waters, our community, and way of life here in Southwest Florida. A thirty minute presentation followed by a Q & A session. MCLWF

Opening Celebration Saturday April 22

OPENING CEREMONY 10 AM

Tree Dedication
America the Beautiful
performed by The Meadows Chorus

Tree Planting



ECO FRIENDLY INFORMATIONAL STATIONS

10:15 AM – 1 PM

Composting Station
Benefits / Demonstration

Carbon Footprint
Bike Challenge

Support Our Pollinators
Build Community Bee Hotel

Wildflowers & Native Plants
How to Add Native Plants & Wildflowers

Outdoor Music
Acoustic Guitar Performance

Nature Walk
Birding & Our Eco-Ssystem

What's Your Foodprint?
Education & Fun Quiz
How Our Diet Affects Our Planet, Waste & Carbon Emissions

Just Grow!
Tips On Growing Your Own Herb / Veggie Garden

Nature's Beauty Through Poetic Readings

More Than a Cup of Joe
Don't Toss Those Grounds, Re-use Them

Pine Cone Craft
Nature's Bird Feeder

Call of the Wild – Animal Acoustics in Nature
Dr. David Mann, Ph.D. – 12 PM Lakeside Room

Campus Wide Scavenger Hunt

ICE CREAM SOCIAL

APRIL 4

6:30-7:30 PM

Its cool.
Its fun.
Its a great way
to meet new friends.

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Movie Feature Wall-E

Saturday, April 22

1:15 PM

MCA Lakeside Room

Sign up on MCA website
themedowssarasota.org

In the distant future, after Earth is uninhabitable and overrun with trash, a small waste-collecting robot inadvertently embarks on a space journey that will ultimately decide the fate of mankind and restore life to the planet.

COMING SOON Back from the Brink Tale of Atala & Cootie

MAY 9
10 AM

Discover the Atala Butterfly that is back from the brink of extinction.

CHAMPIONS



HOW MOTE'S NEW SCIENCE EDUCATION AQUARIUM WILL BUILD UPON MOTE'S MISSION OF FOCUSING ON RESEARCH AND EDUCATION TO CREATE A BETTER ENVIRONMENT FOR OURSELVES AND OUR CHILDREN.

This month, millions of people across the world will come together to celebrate Earth Day and promote a cleaner, safer environment on land and sea. At Mote Marine Laboratory & Aquarium, Earth Day is celebrated every day with a focus on educating tomorrow's marine researchers.

"We are committed to the belief that the conservation and

sustainable use of our oceans begins with research and education for all, and our new Science Education Aquarium is how we plan to improve the connection between our complex scientific research, our educational efforts, and our community," said Michael Moore, the Campaign Director for Mote Science Education Aquarium (Mote SEA). "Mote SEA will improve access to marine science

education, allowing future ocean leaders to discover their passion for science, technology and conservation, creating a brighter future for all."

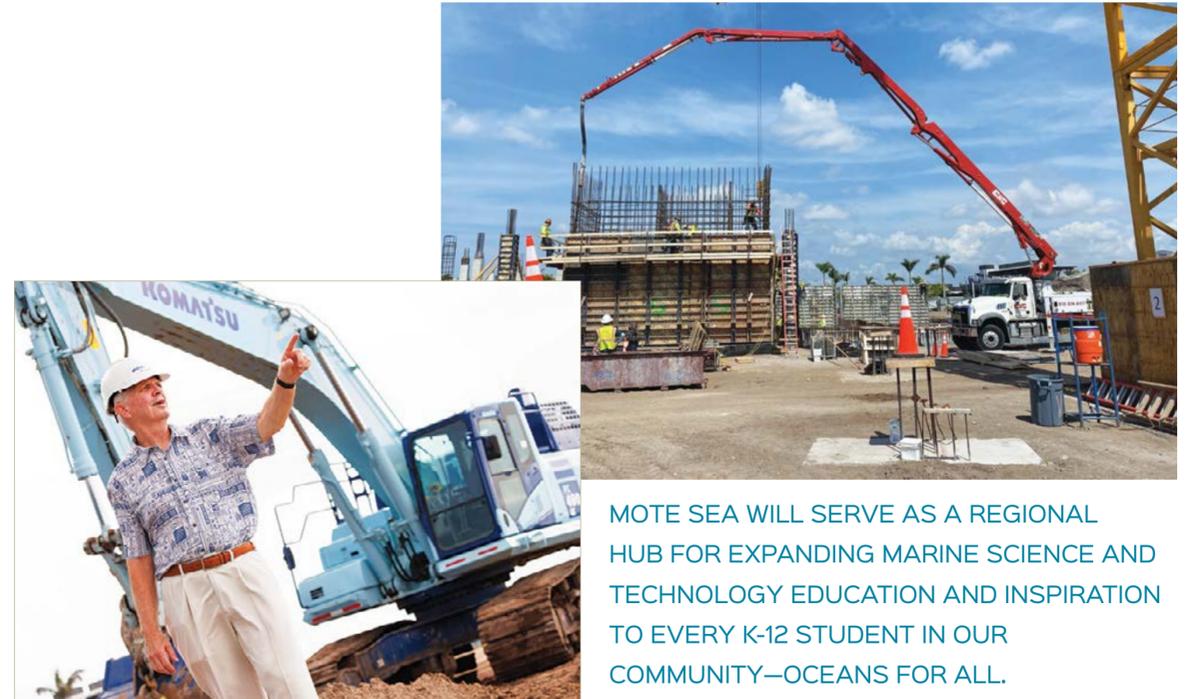
TAKE A LOOK: MOTE SCIENCE EDUCATION AQUARIUM

Only through exposure, hands-on experiences, and education can people truly understand the impact of marine science. That's why Mote embarked on the ambitious campaign, Oceans for All, to create Mote SEA in Nathan Benderson Park.

This planned rebirth of Mote's public Aquarium on the mainland will transform Mote's ability



FOR THE FUTURE OF OUR OCEANS



MOTE SEA WILL SERVE AS A REGIONAL HUB FOR EXPANDING MARINE SCIENCE AND TECHNOLOGY EDUCATION AND INSPIRATION TO EVERY K-12 STUDENT IN OUR COMMUNITY—OCEANS FOR ALL.

to provide informal science education and enhanced levels of ocean literacy to much larger and more diverse populations from around the world. Notably, Mote SEA will serve as a regional hub for expanding marine science and technology education and inspiration to every K-12 student in our community—Oceans for All.

ECONOMIC BOOST
Construction of Mote SEA is projected to benefit Florida's economy by producing \$280

THIS IS THE VISION

million in direct and indirect expenditures and 3,123 total person-years' employment. Beyond the one-time benefits of new construction, Mote SEA by itself — not including Mote's research enterprise — will support a total of over 260 direct and indirect jobs and provide approximately \$28 million annually in economic benefits for the State of Florida.

SERVING A HOTSPOT OF COMMUNITY GROWTH
Near Nathan Benderson Park, the I-75 intersection with University Parkway hosts an average 60,000 drivers on both sides

daily, which will allow an expected average of 43 million drivers to view Mote SEA each year.

SCIENCE IS THE ATTRACTION
At Mote SEA, science will be a part of each moment of the visitors' experience, with augmented reality technology creating an immersive ocean biome to explore. Inside the 110,000-square-foot facility, visitors' horizons will expand with glimpses of the deep sea or other remote habitats, including Mote research sites from around the world.

PROGRESS MILESTONES

- Throughout 2021: Phase 1 Progress: In 2021, the Mote SEA site was busy with teams operating heavy equipment to complete phase 1 of the Mote SEA development effort: grounds work. Construction teams prepared and paved the southern end of Mote SEA's future parking lot and partially completed the northern end of the lot so it could serve as a staging area for the next steps in site work and ultimately construction.
- September 2021: Sarasota County commissioners

approved the launch of phase 2—more extensive site preparation to make way for phase 3, vertical construction. As Mote's fiscal year ended on Sept. 30, 2021, Mote was preparing to launch phase 2—securing the dirt that will be packed and settled as the base for Mote SEA (which included dirt from the bottom of the adjacent lake), replacing drainage pipes between lakes at the north end of the park, and completing additional site work. A full blueprint for the vertical construction of Mote SEA was submitted to Sarasota County for review.

- October 2021: \$90 million had been committed in philanthropic, public and private support has been committed to the construction of Mote SEA.
- Winter 2021- early summer 2022: Contractors piled and settled approximately 140,000 cubic yards of dirt fill to form the building pad for Mote SEA. A pond at the north end of Nathan Benderson Park was drained and then refilled, allowing the contractors to replace pipes that enable flow

among adjacent ponds. Mote scientists were on hand to ensure native fishes were transferred to nearby ponds and invasive species were removed.

- July 2022: The Board of Sarasota County Commissioners unanimously approved the transfer of land for Mote SEA from the County to Mote, and construction permits were approved in August.
- September 2022: Vertical construction began and site workers began placing 346 auger, cast-in-place pilings 80 feet deep into the ground.
- October 2022: More than \$100 million in philanthropic, public and private support has been committed to the construction of Mote SEA.

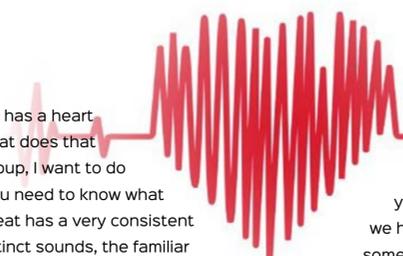
LEARN MORE ABOUT MOTE'S Oceans for All campaign online at: MoteOceansForAll.org



HEART MURMURS

David J. Smith, VMD—
Bay Road Animal Hospitals

My veterinarian says my 12-year old dog has a heart murmur. What is a heart murmur and what does that mean for my pet? As a caretaker to my pup, I want to do everything to help my friend. So, first you need to know what caused this murmur. The normal heartbeat has a very consistent rate and rhythm. Each beat has two distinct sounds, the familiar “lub dub.” The noise a murmur makes sounds like a “swish” in between the routine lub dub. There are several spots on the chest where a doctor can listen and it will indicate which valve is causing the noise. The valves usually keep blood flowing in the correct direction through the heart, into the lungs, and back out to the body. This is a right to left flow. Many times, bacteria in the mouth will flow to the heart valves and grow, causing a lump to grow on the valve. This lump, or granuloma, does not allow the valve to close and seal on each beat. Blood that is normally flowing through the valves in one direction now flows in two directions, both out and back through the valve. This back-flow causes turbulence, which makes a noise (the murmur). The more blood flowing backward, the louder the noise. Grading of the murmur goes from 1 to 6 (with 6 being a very loud murmur). This back-flow of blood causes many problems throughout the body, from kidney



disease to fluid build-up in the lungs or abdomen, depending on which valve is leaking.

When do we treat murmurs? Many years ago, we only treated the heart if there was a cough or build-up of fluid in the abdomen or lungs, or if your pet was unable to exercise normally. These days, we have other methods of evaluating the heart, which sometimes will lead to treatments before symptoms even occur. X-rays can show changes in the heart and lungs. Bloodwork is essential to evaluate the organs, most notably, the kidneys. An echocardiogram gives us the most information to decide upon treatment. With the use of echocardiograms, we can now “grade” a leaking heart valve, which tells us when medications will be valuable to extend the life expectancy of your pet. The ultimate treatment for this very common heart problem in pets is now being perfected, with the valve replacement surgery. Soon, this will become more routine and more cost effective, and will likely extend pets’ lives by years. Currently, the heart valve replacement surgery is being done at the University of Florida, at a cost of approximately \$30,000. If you have any questions about your pet’s heart condition, please do not hesitate to call me at Bay Road Animal Hospital.



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- 3300 Hadfield Greene – Updated villa with spectacular pond and golf views ... Pending
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- 2929 Heather Bow – Rare opportunity! Maintenance-free single-family home ... SOLD!
- 4462 Weybridge – Panoramic lake and golf views with no neighbors in sight ... \$389K
- 5246 Villa Majorca Ct – Secure villa with tranquil garden views ... SOLD!

FOR SALE IN THE SARASOTA METRO AREA

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- Downtown – Exquisite finishes, health-centered upgrades in prime location ... SOLD!
- Downtown – Burns Court Villas: exclusive enclave in the heart of the city ... \$1.75M
- East of Trail – 2020 custom-built modern home, fabulous finishes, walled-in ... Pending
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- University Park – Long lake views from estate home with great-room plan ... Pending

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Lawn Care Contributes to our Eco-Healthy Lakes

Ellen Weinberg — Garden Club



The Meadows is a beautiful place to live. The developers created walking paths, many open areas, and a lot of ponds and waterways. These water resources support plants and animals living in and around them. We all have a responsibility to protect our surroundings and keep The Meadows beautiful.

The Meadows Garden Club welcomed Jackie Leboutz from the UF/FAS extension. A graduate of New College, Jackie's interested in water began with studying Sarasota Bay. She is currently the Water Resource program assistant. By maintaining healthy fresh water areas we contribute to keeping the bay area clean.

Our biggest contribution to a healthy ecosystem is by adhering to Sarasota County's lawn care rules. March, April, and May are the best months for spring lawn fertilization. Many of us use lawn services, so it is difficult to control when products are applied. Optimally, fertilizer shouldn't be applied 48 hours before any heavy rain is expected to prevent runoff into ponds and storm sewers. Sarasota County prohibits nitrogen applications from June first until October first.

Eutrophication is the over abundance of nutrients in a body of water. Too much nitrogen and phosphorus in water decreases the amount of dissolved oxygen in that water. All gilled creatures rely on dissolved oxygen to breath. If our ponds lose shellfish, snails, and fish we lose all the wildlife that feed on them. Chemicals can block light form diffusing through water. Underwater plant life dies off when this occurs. Loss of seagrass in Sarasota Bay has caused our manatees to starve and rely on human intervention to survive.

Jackie explained how water reclamation helps the community. Florida's rapidly expanding population puts strain on our drinkable water resources. Using reclaimed water is one method to conserve the fresh water supply. It is expensive to irrigate with fresh water. Using reclaimed water is more cost effective. Our area of the county is served by the Bee Ridge Processing Plant. They clean and sanitize the water without removing all the nutrients. You add nutrients to your soil using reclaimed water and reduce the need to chemical fertilization. Jackie informed us that all new buildings are required to water landscape with reclaimed water. Just look for purple pipes that signify a reclaimed water line.

Jackie answered a question about red tide that is plaguing our coastline. Excessive fertilizer runoff does not create red tide. It does contribute to making it worse, though.

The UF/FAS extension the place to go to get your water or soil tested. They will make recommendations for your irrigation system and help with plants and pest. Jackie can be contacted at jleboutz@ufl.edu .

Our April meeting will be a site visit to Palmer Orchids in Bradenton on Friday the 21st. We will post information about car pooling closer to the outing date. Come and be dazzled by their beautiful floral display. Bring money to buy the plants you love.

The Meadows Garden Club will take part in the Meadows Earth Day activities on Saturday April 22nd. We will highlight composting participation. Our participation in this program keeps a lot of plant based waste out of local landfills. Come learn more about this program. We will be showing our Memorial Garden and our 17th street entrance butterfly garden. Wear comfortable walking shoes and join us.

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"SOMETIMES YOU WILL NEVER KNOW THE VALUE OF A MOMENT, UNTIL IT BECOMES A MEMORY."

— Dr. Seuss is the pen name of the American children's author Theodor Seuss Geisel.



How to NOT Bake a Cookie

By Judith Ristow

My cookie story begins with telling you that I've never baked a cookie. I grew up with a working mother who didn't bake, and a grandmother who never taught me to bake. As a child, baking was never something I wanted to do. I preferred outdoor chores of mowing and raking.

The trouble with baking, I realized, was that it would take a lot of time. When I married in 1962, and had a child and a full-time teaching job, I lived by the motto, that I could do anything but I couldn't do everything. That's when I sorted out the household tasks, and decided baking was something I wouldn't do. Besides, I grew up with a mother who went to a bakery nearly every day and bought great baked goods. I was not deprived of cookies in any way even though I didn't know how to bake them. I knew how to spot a good bakery.

I must admit I had a few challenges along the way with my lack of baking skills. One was during the Christmas season when I learned for the first time about a cookie exchange. I was told the purpose of this exchange was to provide a variety of cookies for each participant. I never heard clucking tongues behind my back, but I knew they were out there, as I presented bakery cookies to the women who baked cookies for hours in messy, hot kitchens. I can reliably say this never bothered me.

It was with great amazement that I acquired a cookie-baking mother-in-law. I was lucky with my lack of cookie baking skills when I got Ruth, the mother-in-law of my dreams. Ruth was a master-baker and cookies were her specialty. She started her baking in October and by December she had frozen enough cookies for a bake sale of her own. She was thrilled with me because I offered her no competition.

All year Ruth saved three-gallon ice cream pails, and when our three children arrived at her house on Christmas day, they were each given a pail to fill with cookies. Different kinds of cookies were spread out, and beautifully arranged on numerous tables, in her three-season porch. The kids loved this tradition.

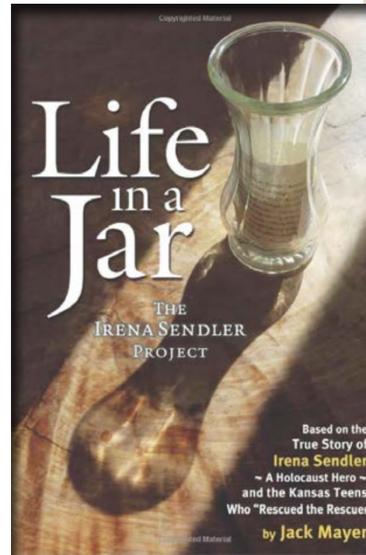
Then there were requests from my children's teachers for cookies for holiday parties. I had a plan. Not wanting my children to feel different, I exchanged the bakery box for a Tupperware container or another box, lined with tinfoil, to give bakery cookies a home-baked-cookie look. Kids are easily fooled, and my children reported that their classmates enjoyed my cookies. Teachers acknowledged my cookie offering with a smiles and winks of understanding. My grown kids love to tell the story of how I accomplished this trick. None of them bake now, and have never put the blame on me.

Liz Barnett — Memoir Chair

The best gift you can give are stories about you. It won't raise your carbon footprint; remembering those stories is a lot more fun than shopping; and there's no need to worry about duplication — it's a gift only you can give. You'll be much more likely to actually write those stories if you have a deadline, an opportunity to share the stories with an appreciative audience and helpful guidance. Just what you'll find at the Memoir Group; it's one of the reasons we want to stay connected and have made it easy to join us. The group meets

on Zoom. Seasonal residents can participate year-round.

Staying connected also leads to new ideas. Hearing the stories of others often reawakens memories of similar experiences you have had. That's what happened when Judith Ristow heard Susan Chapman's story of turning 15 pounds of flour into hundreds of cookies each Christmas. (You can read Susan's story in "To Bake or Not to Bake" in the March Meadowword.) Read on and see if these stories bring back memories of your adventures with cookies.



Joanne Simons – The Meadows Book Club April Book Preview

Life in a Jar: The Irena Sendler Project by Jack Mayer (Long Trail Press; 2nd Revised ed. Edition, March 28, 2011) is the story of many rescues: the rescue of 2,500 Jewish children from the Warsaw ghetto during World War II by Irena Sendler; the rescue of Irena Sendler's heroic story from Poland's buried and forgotten history; and the rescue of three high school girls who found personal strength and meaning in telling Sendler's story to the world.

Those who have read *Irena's Children* by Tilar J. Maseo, are already familiar with the story of Irena Sendler, the "Polish Catholic social worker, [who] organized a rescue network of fellow social workers to save 2,500 Jewish children from certain death in the Warsaw ghetto. Incredibly, after the war her heroism, like that of many others, was suppressed by communist Poland and remained virtually unknown for 60 years."¹



Life in a Jar

The Irena Sendler Product by Jack Mayer

In 2000, as their entry in the National History Day project, three Kansas high school students discovered Irena's story and wrote a ten-minute play that illustrated those long-ago events. They titled their play *Life in a Jar* referring to Irena's practice of writing the names and locations of the children she had rescued on slips of paper and secreting them in jars which she then buried. She hoped that by recording their birth names and their new Aryan names she would be able to reunite them with their families after the war. Tragically there were few families left for them to return to after the war.

"*Life in a Jar: The Irena Sendler Project* is a Holocaust history and more. It is the inspirational story of Protestant students from Kansas, each carrying her own painful burden, each called in her own complex way to the history of a Catholic woman who knocked on Jewish doors in the Warsaw ghetto and, in Sendler's own words, "tried to talk the mothers out of their children."²

The play the girls wrote and performed won Kansas's 2000 National History Day competition and continues to be performed worldwide even now, more than 20 years later. The girls were able to travel to Poland to meet Irena Sendler before her death in 2008. Irena Sendler has been honored as Righteous Among the Nations by Yad Vashem. A charity established in her name "promotes Irena Sendler's legacy and inspires educators and

students to emulate the project using unsung heroes in history to teach tolerance, respect, and understanding of all people regardless of race, religion, or creed."

Author Jack Mayer "is a retired pediatrician and a writer. He began practicing pediatrics in 1976 in Enosburg Falls, Vermont. He was a country doctor there for ten years, often bartering medical care for eggs, firewood, and knitted afghans. From 1987 – 1991 Dr. Mayer was a National Cancer Institute Fellow at Columbia University researching the molecular biology of childhood cancer. He was also an academic pediatrician at Columbia University's Presbyterian Medical Center. Dr. Mayer returned to Vermont in 1991 where he practiced primary care pediatrics until his retirement in 2021."

Throughout his career, Dr. Mayer has written short stories, poems, and essays. *Life in a Jar: The Irena Sendler Project*, is his first book of non-fiction. His award-winning historical fiction, *Before the Court of Heaven*, is about the rise of the Third Reich.³

Please join the Meadows Book Club on April 12 at 2:00 p.m. when we will be discussing *Life in a Jar*.

¹ <https://www.amazon.com/Life-in-a-Jar-Irena-Sendler-Project/dp/098411131X/>

² <https://www.goodreads.com/book/show/11387491-life-in-a-jar>

³ <https://www.jackmayer.net/about>

The next book review is *The Indigo Girl*, by Natasha Boyd, scheduled for May. Barb Beisel will be the presenter.

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2889 Taywood Meadow—2Rd/2Ba—Fully updated! Water and golf view.....	SOLD \$337,900
4620 Longwater Chase—2Bd/2Ba—Nicely updated. Ground floor. On the Golf Course.....	SOLD \$334,000
4612 Weybridge—2Bd/2Ba—Great opportunity—ground floor with Golf and Water view.....	SOLD \$295,000

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#1

IN THE MEADOWS FOR LISTINGS SOLD 2023 TO-DATE

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NEW MEADOWWORD SUBSCRIPTION OPTIONS

If you spend several months of the year away from The Meadows, and would like to receive a print copy of The Meadowword, consider subscribing to The Meadowword or access it on themeadowssarasota.org. Forms for subscriptions may be found on the MCA website under News & Resources/ Meadowword Forms.

Annual Subscription - Begin in January and end in December of that same year. Your subscription will include all Meadowword issues and any special editions in June and August IF published.

USA	\$24.00
Canada	\$42.00
Foreign	\$75.00

Semiannual Subscription - Begin in May and end in December of that same year. You will receive 6 issues of the full Meadowword and any special editions in June and August IF published.

USA	\$14.40
Canada	\$25.20
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MEADOWWORD DEADLINES

The deadline for advertising and article insertions into The Meadowword is the first Monday, one month prior to the month of insertion.

The deadline for the May Meadowword is Monday, April 3.



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The Concierge Realtor/Exit King 617-922-4714
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The Patient Trainer 941-404-5585
 dave@davidstoltie.com

TRADE SKILLS

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 nhalfacre@tampabay.rr.com

Classified ads cost \$25 for up to 40 words. Classified copy must be submitted with payment on or before the first Monday of the month prior to publication. If the first Monday falls on a holiday, ads are due the previous business day. Please practice due diligence when hiring service providers.

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Meadows Sheffield Greene furnished, updated 2 BR 2 Bath first floor condo with attached garage. Screened lanai, all tiled flooring, heated pool. Available for Seasonal Rental. No smoking, No pets. Call or text 440-888-4500

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Bunker Oaks 1/1 Rental for season \$1,800 email: rgruneisen@aol.com golf course view

Beautiful Golf Course View, 2 Bedroom Two Baths For Rent June through December by month or longer by owner 941-320-0502 No pets.

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Beautiful, fully furnished, 2nd floor 2/2 condo in Pinebrook Hollow. Available May-Dec. No pets, no smoking. Private, garden-like view. One month minimum. Short walk to pool. Call or text Gina (262) 719-3467 or ghaenisch@wi.rr.com

Fully furnished second floor unit available April 1 in Village Lake. 2 bed/2 bath with closed in lanai and parking spot. If interested please contact Heather at 917-886-6688 or hk035001@yahoo.com

1 Bedroom Quail Hollow first floor condo, just 200 yards from golf clubhouse and restaurant. Easy walk to tennis courts, paddleball, workout facility. Well cared for, walk-in shower, fully furnished including washer/dryer. \$212,500 \$700 quarterly HOA. 937-241-5176 or kkern789@gmail.com

WANTED BUY/RENT

Kevin and Patricia wish to rent a condo in The Meadows for 1 month – January 2024. Please contact us by phone or email 508-479-3430 kevin@choiceprint.com

Mike and Donna looking to rent a condo in the Meadows for 2 months February & March 2024. Please contact us by phone text or email 516 315-7116 or 516 852-7244 Dona219@aol.com

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Submissions are published at the discretion of the editor and the MCA.

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Meadoword



The Meadows Community News and Lifestyle

April 2023 Calendar

DATE	TIME	EVENTS/MEETING
April 1	9 AM 10AM – 1 PM	Groves Championship, TMCC CarFit, MCA Parking Lot
April 3	10 AM 2 - 3 PM	Closing Up Your Florida Home, MCLWF Safety Committee
April 4	10 AM - 2 PM 3-4 PM 6:30 - 7:30 PM	Health in Motion Bus (Blood Pressure, BMI & Glucose MCLWF Lot Standards Committee, MCLWF Ice Cream Social, MCLWF
April 5	1 - 2 PM 6:30 PM	Communication Committee, MCLWF Bingo, MCA
April 6	10 AM 10 – 11 AM 1 – 4 PM	Are You Prepared? Preparing for Storm Season, MCLWF Activities and Events Committee, MCLWF Electronic Tutor, MCA
April 9	11 AM - 3 PM	Easter Brunch, TMCC
April 11	9 - 11 AM	Hot Stove League, MCA
April 12	2 - 3 PM 2:30 – 3:30 PM 5 PM	Book Club, MCA Maintenance Committee, MCLWF Greek Cooking With Amanda, MCLWF
APRIL 13	8:30 AM – 5 PM 1 – 3 PM	OnSpot Dermatology, MCA Parking Lot MCA Board Meeting, MCLWF
April 14	9 AM – 1 PM	Adept Audiology, MCLWF
April 16	3 PM	Shalom Club, MCA
April 17	10 AM	Earth Week Begins, see page 12-13 for details, MCLWF Learning From Nature, MCLWF
April 18	10 AM 1:30 PM	Let's Talk Trash-Sarasota County, MCLWF Down The Drain, Don't Feed Fatbergs, MCLWF
April 19	10-11 AM 1 PM 4 PM	Save The Drops – Water Conservation, MCLWF Meet Mote – Guardians of the Sea, MCLWF Assembly of Property Owners, MCLWF
April 20	3:30 PM	Florida Friendly Landscapes – Planting for Wildlife & Pollinators, MCLWF
April 21	10 AM	Red Tide & You, MCLWF
April 22	10AM- 1 PM	Earth Day Celebration 23'– Invest in Our Planet, MCA Grounds
April 26	8 am-2 PM 6:30 PM	Blood Drive, MCA Parking Lot Movie Night—A Man Called Otto, MCLWF

MCLWF = Meadows Community Lifestyle & Wellness Facility, 3350 Longmeadow
MCA = Meadows Community Association Building, 2004 Longmeadow

CLUBS & SOCIAL GROUPS

- Drop in Art Studio**
Melinda Gordon
mpgordan@gmail.com
Every Thursday 10:00 AM – 12 PM
- Bike Club**
Janet Schmidt
jlschmidt_74@yahoo.com
Every Wednesday 9 AM
Meets at Meadows Pub
- Bingo**
Agnes Rutushni
RSVPBingo@yahoo.com
1st Wednesday of the month
6:30 PM
- Bridge-Friday**
John Harwood
jharwood222@verizon.net
Every Friday 12:30 – 3 PM
- Bridge Saturday Duplicate**
Dot Boulia
mcaduplicate@gmail.com
Date/Time varies
- Book Club**
Jerry Bernier
941-554-8574
Monthly, 2nd Wednesday, 2 PM
- Canasta: Hand & Foot**
Debra Ashenofsky
wheresmamamia@gmail.com
Every Friday 1:15 – 5 PM
- Cornhole**
Susan Weisse
cbweisse@yahoo.com
Every Thursday 3 – 5 PM
- Craft Group**
Gayle Kroll
Gkroll03@icloud.com
Every Wednesday 9 – 11 AM
- Game Night**
Pat Webster
mi2tall4u@gmail.com
Every Thursday 6:30 – 8:30 PM
- Garden Club**
Melanie Babineau
mbabineau50@gmail.com
Monthly, 1st Thursday 2 – 3 PM
- Hot Stove League**
Mark Pienkos
markpienkos2012@gmail.com
Monthly, 2nd Tuesday 9 – 11 AM
- Knit Happens**
Vicki Carey
vickidon1989@gmail.com
Monthly, 2nd Monday 1 – 3 PM
- Mah Jongg**
Andrea Papadakis
apapadakis1@yahoo.com
Every Monday 9 AM – 12 PM
- Meadowlarks**
Michael Bruno
michaelbruno@verizon.net
2nd & 4th Fridays of each month
10 AM – 12 PM
- Meadows Chorus**
Cheryl Dickerson
cheryl_dickerson@hotmail.com
Every Thursday 7 – 9 PM
- Meadows Sailing Assoc.**
Adam Lawall
saltyadam@gmail.com
Every Tuesday 1 – 3 PM
Meets at MCA Pond
- Memoirs**
Liz Barnett
meadowsmemoirs21@gmail.com
Meets 1st & 3rd Friday
10 AM – 12 PM
- Pieceful Quilting & Needlepoint**
Marge Erasmus
margareterasmus@gmail.com
Every Saturday 9 AM – 12 PM
- Shalom Club**
Helen Stone at Heleuri@gmail.com
or Joni Cohen at
Joni.Cohen2@gmail.com
Every 3rd Sunday at 3 PM



All MCA activities, clubs and social groups meet at the Meadows Community Association Building (MCA), located at 2004 Longmeadow, unless otherwise noted.