

CARFIT

Helping Mature Drivers Find Their Safest Fit

AOA American Occupational Therapy Association



AARP
Driver Safety



CarFit is a free, educational program designed to help drivers improve the “fit” of their vehicles for comfort and safety.

A FREE 20-minute, 1-on-1 check-up with a Trained CarFit Technician will help you better understand:

- > Proper safety belt use and fit
- > Safe distance between you and your airbag
- > Clear line of sight above the steering wheel
- > Mirror positioning to minimize blind spots
- > State and local resources

For more information, visit www.Car-Fit.org.

Find Your Perfect Fit

When:

Saturday, April 1, 2023
10:00 AM – 1:00 PM

Where:

Meadows Health & Fitness Center
3350 Longmeadow
Sarasota, FL 34235

Register:

Elena Vizvary
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CarFit is presented in partnership with:



CarFit is an educational program developed in collaboration with AAA, AARP, and the American Occupational Therapy Association.