

Fitness & Pool

Crystal Romeo, the Club's Fitness Director heads the programming for fitness.

Cardholders have full access to the workout equipment, an array of classes, and personal training sessions. See the examples below.

- . Tai Chi, Aqua Aerobics, Stretch and Tone, yoga classes
- . Balance & Body Activation classes
- . Muscle Activation Technique



sessions
. Customized Active Isolated Stretches using the Aaron Mettes Method.

Cardholders have full access to the Pool as well and to all dining options at the Centre Court Lounge. The expanded deck surrounding the pool and canopied tennis courts proves the ideal spot to dine while socializing and watching tennis.

AUGUST CALENDAR

August 1	6:30-8:30 pm	Movie Night-Moana Popcorn & PJs	MCA Lakeside
August 10	6:30-7:30 pm	Ice Cream Social	Perch
August 14	1 pm	Sustainable Food & You	MCLWF
August 17	6-8:30 pm	Denim & Diamonds Dinner Dance Party	MCLWF
August 25	6:30-8:30 pm	Movie - 80 For Brady	MCA Lakeside

AUGUST
2023

SPECIAL EDITION



Renaissance

Marilyn Maleckas— MCA Board President

The Renaissance Access Plan is an exciting amenity for Meadows homeowners and annual tenants that was conceived through the outgrowth of resident feedback from surveys in 2016, 2018 and 2022. Enhancements are continuously occurring based on survey feedback and interactions with residents.

The recent 2022 community survey indicated that 93% of respondents who are full-time residents have cards, as do 89% of our seasonal owners and 74% of full-time working residents do as well. Attendance at the Club's dining, golf, fitness, pool, tennis and social events is enthusiastic. Dining favorites include Tuesday night \$9 burger and fries, Thursday prime rib night, Friday Fish Fry and Fountain View Lounge Friday Night Live music with dinner.

Golf's Lofty Rise

Since January 1, 2023, 4,081 rounds of golf have been played by Renaissance Cardholders.



The Meadows Country Club Junior Golf programs in Sarasota recently took First, Second, and Third Place in the Junior Golf Championship games! WOW, way to go,

Sage Johnson, PGA-TMCC instructor extraordinaire for putting The Meadows officially on the Sarasota Junior Golf map!

From a business perspective, the Country Club is a separate entity from the Meadows Community Association (MCA), the master HOA association within the Community.

The Club has its own 12-member Board of Governors, and is managed by ICON / Troon Management Services, the preeminent Country Club management service provider in Southwest Florida. The Country Club and the MCA formed a strategic partnership several years ago, when the MCA purchased the land and the buildings, that once belonged to the Club, which are now leased back to the Club to operate.

Integral to this strategic partnership is the amenity rich Renaissance Access Program which began January 1, 2020. Over 5,000 cards have been issued to date. Current offerings, include extensive and expanding golf programs.

GOLF on The Meadows Member's Golf Course

- . Cardholders and 3 guests are eligible to play the Member's Course on the 3rd Saturday each month.
- . Tee times after 12 noon, member guest rates apply to cardholders and up to 3 guests. Tee times may be scheduled up to 5 days in advance.
- . Full access to the driving range on the 3rd Saturday monthly, after 12 noon.

RENAISSANCE

GOLF on the Highlands and Groves Courses

- . Full access to the Groves and Highlands Courses, practice areas, putting, chipping and driving range nets at preferred rates. 25% discount on all rounds for cardholders and up to 3 guests per play.
- . Full access to separately priced golf clinics and lessons. Access to Club's "Golf Tips" articles.
- . Full access to Family Play Days on the Groves.

golf fun

Renaissance Access Golf Enhancements in 2023.

Interested in league play, family scramble opportunities, and community competition events? The golf team, under the leadership of Patric Flinn, PGA –TMCC Director of Golf, has compiled an exciting array of fun golfing events, as a direct response to Renaissance Cardholder input. Highlighted here are the popular venues.



- . Parent / Child Scrambles – Open to parents, grandparents, aunts, uncles and children under 16 years old. Teams will play an 18 hole two-person scramble, followed by lunch to include: burgers, hot dogs, and fun at the Fountain View Lounge.
- . Back by popular demand, is the Team Competition between The Meadows' individual neighborhoods with a social gathering afterwards, traveling trophy presentation to the winning neighborhood, following the competition. Play/ qualifying will begin November 1 through December 31 with the finale in January 2024.
- . The "Groves Championship" on Saturday, January 6, 2024 is extended to all Renaissance Access Cardholders. Shotgun begins at 9 am with low net and low gross format featuring fun,

food and prizes immediately following play, over at Centre Court Lounge.

- . "Golfish" runs through October 31 featuring golf, followed by a delicious fish fry at Fountain View Lounge in the main clubhouse. Special pricing for Renaissance Cardholder Participants.



Fountain View Lounge (FVL) – Indoor / Outdoor

- . Enjoy Sunday Brunch or Eat-in-Lunch (currently Wednesday through Friday) inside or outside on the deck overlooking the putting green and driving range.
- . Indoor and outdoor dinner dining is available May 1 through October 31 in FVL.
- . Tues. Night \$9 Burgers Wed. Pasta Night, Thurs. Prime Rib, Fri. Fish Fry. Full dinner menu or specials.
- . Special events are available all year long. Ideal location for Associations' gatherings and social events. Call Joel Pozo-George, 941-371-6000 or email jpozo@theiconteam.com to make arrangements.
- . Take-out/To-Go Dining Wed – Fri To order call 941-371-6000 between 1-4 PM, pick-up from 5-8 PM.

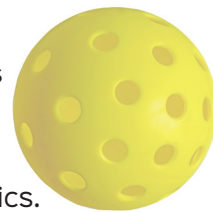
Centre Court Lounge (CCL) Lunch & Dinner – Indoor / Outdoor, Poolside Dining

- . Full access to all lunch and dinner dining inside Centre Court or outside on the deck.
- . Take-out/To Go for lunch / dinner service during normal operating hours.
- . Attendance at Poolside parties and other special events, as they become available.

Tennis & Pickleball – Lessons / Clinics

Want to improve your game or get back into the swing of racquet sports? Discover your hidden skills through clinics.

The new summer clinics include Monday Drill and Play; Tuesday, Three and Me Doubles; Wednesdays, Thursdays, and Fridays are set aside for the popular Drill



MCA, under the leadership of Frances Ripponi, General Manager, has initiated the necessary steps to build two additional pickleball courts adjacent to the current ones. There is now a newly formed MCA Pickleball Committee, with Ned Boston as its Chair, and Tom Pound as the Board Liaison.

Gathering & Socializing

Many social activities and events take place throughout the year including: Ice Cream Socials, pool parties (such as Spring Fling), Meadows Morning Coffee, Veterans Day celebrations, Movie Nights, Earth Day and much more. Renaissance offers cardholders the opportunities to enjoy the socialization, camaraderie, and MCA programs on Health and Wellness, Safety, Lifestyle, Environment, and Continued Education.

Sign up for the email updates on events and community news, and visit the website calendar for the latest events. themeadowssarasota.org

discover

EDUCATIONAL PROGRAMS & CLINICS

and Play, while Saturdays focus on Cardio Tennis.

These clinics present the opportunity to learn from the experience of our popular USTA staff and enjoy the camaraderie of others.

It is no secret that the most popular racquet sport sweeping the nation is Pickleball, with over 2.5 million players. It's a passion many of our residents enjoy.

- . Pickleball play is available to cardholders 7 days per week at no charge.
- . Pickleball clinic access is available for a fee and is conducted by Curt Reimer, tennis / pickleball Pro at the Tennis / Pickleball Pro Shop.



Spring Fling Fun

Ice Cream Social