

Meadoword

The Meadows Community News and Lifestyle



ARE YOU READY?



Focus on Prevention



Keep Emergency Contact Numbers



Protect Vital Business Records



Understand your insurance coverage



Know Your Risks

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BE PREPARED



Marilyn Maleckas —
MCA Board President

At this time of year, we begin to develop or refresh our plans for the upcoming hurricane season, and we are grateful and thankful that we have an Emergency Preparedness Committee, headed up by past President Bob Clark and Director of Administration and Community Support, Mike Mazur, leading us in preparation for any storm emergency. This committee is run by dedicated volunteers who begin to prepare for each and every potential storm emergency. They begin to prepare at the first notification of a storm that could be headed our way and remain active and engaged until the danger has passed.

Without our volunteers, we would need a much bigger staff to handle the workload necessary to properly run the operations. Let us know if you would be interested in joining this dedicated group of volunteers by calling the MCA and telling our staff that you want to volunteer. We will warmly welcome your involvement.

To help you prepare for the upcoming season, Sue Lytle, our Lifestyle Manager, is organizing an informative Emergency Preparedness Event on Thursday, May 23, in the Community's Lifestyle and Wellness Facility.

MEADOWS GOLF COURSE READERS' CHOICE FINALIST

When speaking of preparation, the Meadows Country Club's golf operations management and staff have been busy maintaining the three courses and surrounding grounds as well as developing the many varied venues that make golf so well enjoyed by members and Renaissance Access cardholders. The culmination of their efforts was recently on full display when The Meadows Member's Golf Course was voted as a Finalist in Sarasota Herald Tribune's Community's Choice Award for the Best Private Golf Course in Sarasota. Also named as a Private Course Finalist is Laurel Oak with the Plantation in Venice taking the top spot.

The Meadows Private Golf Course has achieved one of the highest awards in the Sarasota private golf marketplace. Competition is intense for this annual heralded award voted by Sarasota Communities..

There are two golf teams at the Meadows Country Club that deserve kudos for the experience, expertise, and dedication

that they bring to Meadows Golf. Mark Nykorchuck, Director of Grounds Maintenance, and his talented team provide the required leadership and expertise required to provide the care and maintenance that this expansive property requires to achieve this recognition. Mark is joined by teammate, Patric Flinn, Director of Golf Operations, who with his enthusiastic and creative team, develops and implements the many golf programs, events, competitions, leagues, outings, and charity events attended by so many members and Renaissance Access cardholders.

Both Patric and Mark report directly to the Club's General Manager, Tony Johnson, and each is acknowledged by members and residents as true professionals.

FOUNTAIN VIEW LOUNGE EVENING DINING CHANGE

The Food and Beverage team at the Club has been well prepared for the opening of social events and evening dining at the Fountain View Lounge that began on Wednesday, April 17, through the end of October, 2024. No reservations are required, and dining is available both inside as well as outside on the deck overlooking the driving range. The Fountain View Lounge's hours of operation as well as menus are available on the Club's website.



OUR MISSION

To preserve the property values, ambiance and vitality of our community.



OUR VISION

To be known as a well-maintained, welcoming, safe community with up-to-date housing, activities and services designed to meet the needs of all residents.

ARE YOU READY FOR THE UNEXPECTED?



Frances Rippondi —
MCA General Manager

It is no wonder, with so much construction, that animals not typically seen in urban settings are now being observed wandering through The Meadows and the coyote is no exception.

Recently, we received several reports of early morning/evening coyote sightings on the golf course and behind neighborhoods. While this can be concerning, keep in mind that they are generally afraid of you. The reason The Meadows is so appealing to a diverse population of wildlife (even coyotes) is due to our abundance of vegetation. For the most part, when coyotes

are forced into urban settings they prefer to shelter and hide amongst the trees and vegetation, and shy away from human interaction.

The Urban Coyote Initiative research project reports that one shouldn't assume that a coyote seen in the daytime is sick or acting bold, it is their natural hunting time. Spring and summer is the time of year when they raise pups and need more food causing them to be seen more frequently. However, over time coyotes have made behavioral changes to avoid humans switching from being active daytime and dusk (daylight hours) to mostly being active at night ultimately reducing their encounter with species of which they are naturally afraid while still allowing them to hunt.

Neither Sarasota County nor The Meadows removes coyotes. The Florida Fish and Wildlife

Conservation Commission states that removing and/or killing coyotes can open a space for another coyote to move in, much like what we experience when removing a gator from a pond, another moves in and makes the pond their home.

Being well informed and prepared is the best thing you can do to protect yourself from a negative chance encounter. Here are a few tips to keep you safe:

1) Don't Feed Wildlife/ Secure Attractants.

Feeding any wildlife puts you at risk for an unintentional encounter. You may feel you are only feeding the birds, but the extra seed can attract squirrels, rodents, etc. which could attract coyotes and hence an unexpected encounter. Pet food, garbage, bird seed, fallen fruit are commonly what brings coyotes to the area.



Coyotes are opportunistic feeders (a type of foraging in which an animal feeds on a wide variety of prey and can adapt to whatever food is available), they eat fruits, vegetables along with animal prey - rodents, rabbit, deer etc. Although they prefer a natural diet, it does not mean that, if presented, stray cats, and fido may be a target if left outside not properly supervised.

2) Protect Pets. Pets are best protected when they are accompanied by their owner even in a fenced yard, kept inside, and walked on short (6 foot) leashes.

3) Hazing. Making loud noises reinforces the coyotes' fear of humans, sudden loud noises and threatening gestures: yelling, deploying air horns, pots and pans, aluminum cans filled with nuts, stones, or coins etc. can be useful in scaring them away.

If you happen to see a coyote or any wildlife, such as alligators or bob cats, always keep a safe distance. While this is certainly common sense to most, sometimes people's curiosity gets the best of them as they approach these animals to get photographs. This can result in a tragic outcome. To peacefully co-exist with wildlife species, we must give each other plenty of room to go about our business while supporting the safety and wellbeing of both humans and wildlife.

Coyotes in Florida
Coyotes live in urban, suburban and rural areas throughout Florida. Follow these tips to avoid conflicts.

- FEEDING COYOTES IS ILLEGAL. THEY WILL LOSE THEIR FEAR OF HUMANS.
- SECURE GARBAGE CANS. CLEAN UP PET FOOD and FALLEN FRUIT.
- SECURE LIVESTOCK in PREDATOR RESISTANT Enclosures.
- KEEP PETS IN ENCLOSED AREAS. WALK DOGS ON A SHORT LEASH.

Coyotes are an important part of the landscape in Florida. They help maintain healthy ecosystems by managing populations of rodents, insects and other small animals. By preventing conflicts, we can better coexist with coyotes and other wildlife.

Average Florida COYOTE WEIGHS 28 lbs.

Roofing Materials



Tom Bondur— Standards Committee, Chair

The Meadows celebrates its 50th anniversary this year. Most homes in our development were built between 1974 and 1990. If you live in an older home, you or a previous owner has probably replaced the roof at least once. Many residents are coming close to the time when their roof will need to be replaced again.

In hurricane-prone Florida, it is essential to make sure your home is properly protected with a well-maintained roof. Insurance companies are prohibited by law from denying coverage due to age for a roof. For older roofs, insurers must allow a homeowner to have an inspection before refusing coverage. If the inspection shows that the roof has five or more useful years left, the company cannot reject coverage based on age.

Florida law allows insurers to offer homeowner policies that adjust claims to the actual cash value if a roof is over 10 years old. The reimbursement schedule prorates the value depending on the type of roof. For example, a metal roof may have a higher replacement value than a concrete or clay tile roof; an asphalt shingle roof of similar age may have a much lower value.

The type of roofing material you select is an important consideration. While premium roof materials, such as metal and concrete or clay tile, are more expensive, these materials last longer and are more resistant to damage from water leaks, wind shear, fire, mold, and insects. The following list describes the most common roofing materials and the pros and cons of each type:

- **Asphalt shingles** are an affordable material, easy to install and repair, and provide good protection against weather. However, these shingles are relatively lightweight and less resistant to wind shear than heavier, more premium materials. Asphalt shingles deteriorate more rapidly due to ultra-violet radiation, high temperatures, and humidity. While the manufacturers may say an asphalt roof will last 25-30 years, these shingles typically last around 20-25 years in a harsh climate like Florida. Architectural-grade asphalt shingles may have a longer lifespan.

- **Concrete or clay tiles** are more expensive, but have a 30 to 50-year life span or longer. Clay tiles are more durable than concrete. Concrete or clay tiles are much heavier than asphalt shingles. It is important to have an engineer inspect your roof structure to make sure the roof can handle the load. Concrete or clay tiles are fragile to walk on and more prone to cracking due to temperature changes than metal tiles.

- **Metal shingles** are coated steel or aluminum materials stamped into shapes that imitate Spanish tile, wood shake, or slate. Aluminum products are lower weight than steel and naturally rust-resistant. Aluminum is a very lightweight, relatively soft metal, so it is more prone to denting and damage than steel. High-density, expanded polystyrene (EPS) or Styrofoam panels installed between the roof covering and underlayment increase durability, acoustical insulation, and walkability.

Coatings for residential metal roofing fall into three categories: clear coats, stone coats, or paint finishes.

- Uncoated steel is prone to rust. Galvanized and galvalume steel use a zinc or zinc/aluminum coating to protect the metal from corrosion. These coatings tend to wear off over time. Uncoated steel shingles are not recommended for coastal environments.

- Stone-coated steel has a textured aggregate glued to a metal base. The coatings are susceptible to streaking, fading, and staining like asphalt shingles, especially in damp climates.

- PVDF (polyvinylidene fluoride) paint finishes form a tight molecular bond to metal tiles. Kylar 500 and Hylar 5000 are common trade names for this type of coating. These products are fade-resistant, use reflective pigments to enhance energy efficiency, and are considered the most premium metal coating. Optional ThermoBond heat-reflective coatings increase energy

efficiency. SMP (silicone-modified polyester) is another paint option used primarily in side walls of industrial buildings rather than roofs. It is harder and more scratch resistant, but also less flexible, tends to chalk up, and fades more quickly.

Some metal roof systems have exposed fasteners and others use concealed fasteners. Exposed fasteners are screwed down through the surface of the metal panel. As the panels expand and contract, the fasteners may loosen and require occasional tightening or even replacement to avoid leaks. Exposed fastener products cost less, but maintenance concerns make these designs less desirable. Concealed fastener products offer greater strength, wind resistance, and durability.

Stone-coated products typically have overlapping panels with exposed fasteners, rather than interlocking panels, which can open over time allowing water or debris to penetrate the edges. Pressure washing can erode the coating like asphalt shingles. PVDF-coated shingles use concealed fasteners and interlocking panels, which makes these products prone to fewer problems over time.

All roof replacements are subject to MCA Standards and are required to go through the Architectural Application approval process. Please refer to your governing documents for a list of approved material before submitting your Architectural Application. For more information contact the MCA at 941-377-2300.

MARCH APPROVED ARCHITECTURAL REVIEWS

4492 Highland Oaks Cir	4921 Rutland Gate	2818 Longleat Woods	4415 Highland Oaks Cir
Woodmans Chart Condo Assn	4933 Rutland Gate	3681 Longmeadow	Whisperwood Condo Assn
1903 Dalecroft	3364 Sandheath	3116 Ringwood Meadow	2924 Longleat Woods
5296 Everwood Run	4988 Taywater Dell	4741 Ringwood Meadow	Stratfield Park HOA
4842 Greencroft Rd	3112 Windrush Bourne	4940 Rutland Gate	2422 Arborfield Square
4848 Greywood Ln/4858	4571 Highland Oaks Cir	43419 Woodmans Chart	5412 Champagne
Greywood Ln	Chambery Condo Assn	4291 Highlands Bridge Rd	5545 Downham Meadow
4872 Greywood Lane	Sandheath Condo Assn	4988 Taywater Dell	5647 Downham Meadow
3052 Ringwood Meadow	4401 Glebe Farm Rd	5138 Marsh Field Ln	2706 Goodwood Ct
3148 Ringwood Meadow	2738 Goodwood Ct	5014 Marsh Field Rd	4933 Rutland Gate
3250 Ringwood Meadow	4830 Greywood Ln	3829 Fishing Trail	3544 Trebor Ln
4610 Ringwood Meadow	Harpers Croft Condo Assn	4321 Highland Oaks Cir	5065 Vivivenda

FINAL ASSEMBLY MEETING OF THE SEASON LEGISLATIVE SESSION UPDATE

Ned Boston and Mike Mazur
Assembly Program Co-Chairs

The Assembly meeting on May 15, 2024 at 4:00 pm will be the last meeting of this program year. Our 2024-25 program year will commence on October 16, 2024.

This last meeting is particularly important. The Florida legislature completed their session in late March. This session was marked by significant legislative changes to Condominium statutes (Section 718) and Home Owner Association statutes (Section 720). The changes enacted are far reaching and will require every Condominium Association and Homeowners Association to update their governing documents and the administration of their association. Many of the changes have an effective date of July 1, 2024, so association

officers will have to get up to speed on the changes and make appropriate adjustments by that date.

We are particularly fortunate to have an Assembly favorite presenter, Bryony G. Swift to provide this important update. Ms. Swift

is a shareholder in the Becker law firm. She practices in the firm's Community Association Practice Group. Bryony is a voting member of the Real Property and Trust Law Section's Condominium and Planned Development Committee within the Florida Bar. She is also a delegate to the Florida Legislative Alliance and a member of the Community Association International's Leadership Lobby.

Ms. Swift earned her undergraduate degree for the University of Nebraska and her Juris Doctor degree from the Stetson University College of Law.

Her previous presentations to the Assembly have been very well received. She is an excellent communicator and will provide us the information we need to begin to navigate the coming legislative changes.

We look forward to you joining us on Wednesday, May 15th!



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FOR SALE IN THE HIGHLANDS

- 2866 Longleat Woods – Exceptional pool home nestled in enchanting setting Pending
- 3444 Highlands Bridge Rd – Meticulously updated pool home on cul-de-sac SOLD!
- 4426 Whisperwood – Lush setting with golf course views in the distance Pending
- 3426 Hadfield Greene – Exquisite renovation, hurricane windows, a must see \$659K
- 3379 Hadfield Greene – Tranquil garden views and easy living \$645K
- 3343 Hadfield Greene – Fabulous, peaceful lake and golf course views PENDING
- 3349 Hadfield Greene – Tranquil pond views with golf course in the backdrop SOLD!

FOR SALE ELSEWHERE IN THE MEADOWS

- 4542 Chandlers Forde – Move right into this luxuriously renovated villa Pending
- 5516 Chanteclair – Sweeping golf course views, beautifully updated Pending
- 5505 Chanteclair – Beautiful maple floors, impact windows, garden views \$475K
- 4581 Kingsmere – Spectacular golf-course views from this updated end-unit \$412K
- 4522 Kingsmere – Beautifully updated end-unit, high ceilings, lush views Pending
- 5424 Hamsstead Heath – Spectacular pond framed by wide golf course views \$359K
- 5042 Marsh Field Rd/Heronmere – Spacious and updated 2nd floor condo \$325K
- 4533 Long Common Ln – Spacious 2/2 with high ceilings and 2-car garage SOLD!

FOR SALE IN THE SARASOTA METRO AREA

- Bird Key – Gorgeous pool home created by Sawa Design Studio SOLD!
- Downtown – Secure 3-story townhouse in desirable Burns Court Pending

The Meadows Emergency Preparedness Committee Prepared to Serve Our Community



Bob Clark & Mike Mazur Co-Chairs – The Meadows Emergency Preparedness Committee

As this article is being written, hurricane forecasters are releasing their initial predictions for the 2024 hurricane season which begins June 1st. The Colorado State University Tropical Weather & Climate Research organization released the following summary prediction for the season:

“A warmer-than-normal tropical Atlantic provides a more conducive dynamic and thermodynamic environment for hurricane formation and intensification. This forecast is of above-normal confidence for an early April outlook. We anticipate a well above-average probability for major hurricanes making landfall along the continental United States coastline and in the Caribbean.”

As we know, it just takes one storm to do a lot of damage that can take years from which to recover. Nearby neighbors in Fort Myers or other closer locations know this all too well with recovery from Hurricane Ian still underway for many and not even started for others.

Although The Meadows has been spared any major hurricane impacts throughout its 50-

year history, we have had a dedicated group of volunteers over the years who are the heart and soul of the Emergency Preparedness Committee. This group serves as the eyes and ears of the community by safely and carefully inspecting and reporting conditions after the all-clear is given after a storm has passed. They also are a font of knowledge about preparing your home, yourself, your loved ones, neighbors, and your pets in advance of a storm.

Mike Mazur, who co-chairs the Emergency Preparedness Committee with Bob Clark, made a comment several years ago to then co-chair John Spillane that we just keep saying the same things at meetings and perhaps we were boring people. John advised and Mike’s experiences since have shown the value of repetition given the turnover in the community and the need for residents of The Meadows to receive repeated messages on things that may not matter in the moment but may be invaluable when it counts.

The Emergency Preparedness Committee members celebrate with cake at their last meeting of each season in November if

no named storms have impacted The Meadows. We did have cake in 2023 with no storm impact in our community; however, for each of us, memories of no cake and damaged roofs, uprooted trees, blocked roads and no electricity and cable in parts of The Meadows in 2022 post-Ian had not been erased. This is why we continually meet during hurricane season and promote advance preparedness throughout the community.

The most important message from the Emergency Preparedness Committee members to the community is about registering now for assistance for those with medical needs.

Sarasota County has an amazing Emergency Services led by Emergency Management Chief Sandra Tapfumaneyi, who began her service early this year. One of the many functions that Chief Tapfumaneyi oversees is the Medical Needs program that goes into full force in the days

leading up to a storm. Now is the time to register anyone who needs the services provided by the county. When power may be out and roads may be impassable, those who rely on oxygen, other medical needs that require electricity and simply a cooled space, the services of the county for medical needs can be life-saving. Visit <https://www.scgov.net/government/emergency-services/emergency-management/medical-needs-program> to register today for this program as it may be too late to have a place when registering in the days before a storm.


The Emergency Preparedness Committee can always use more volunteers especially from individual condominium and homeowner associations and your help is most welcome. Join us at the first meeting of the season at 4:00 pm on Tuesday, May 14, 2024, when we will review the responsibilities of Emergency Preparedness Committee members. It’s a congenial group of residents who come together for the good of the community. Consider being a part of this vital group of volunteers as it looks like we may be busier than normal.

The Meadows, Hub of Sarasota
Resales ending the months of March 2024 and March 2023 In The Meadows & Sarasota County

SALES	THE MEADOWS	SARASOTA COUNTY
Sales 2024 & 2023	↓2024 (12) 2023 (17)	↓2024 (937) 2023 (1028)
Median Sale Price	↓\$362,500 \$375,000	↓\$470,000 \$495,000
Condominium Sales	↓2024 (09) 2023 (15)	↓2024 (356) 2023 (371)
Med Condo Sale Price	↑\$333,000 \$330,000	↓\$380,000 \$410,000
House Sales	↑2024 (03) 2023 (02)	↓2024 (581) 2023 (657)
Med House Sale Price	↑\$569,050 \$491,000	↓\$510,000 \$540,000
For sale on the 31st	↓2024 (96) 2023 (30)	↓2024 (4483) 2023 (2244)
Property Pending	↓2024 (32) 2023(22)	↓2024 (1449) 2023 (1429)
Listing Supply	↑2024 (8.0) 2023(1.8)	↑2024 (4.8) 2023 (2.2)

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SAFETY REPORT

WHAT ARE INCIDENTS AND CITATIONS?

Incidents are defined as a variety of complaints or concerns ranging from minor to more concerning activity reported by a resident. Examples of such (but not limited to) are; an alarm, animal and fishing complaints, reports of safety hazards, burglary, harassment, welfare check, dumping, solicitation or suspicious person(s).

Citations are violations that do not respect the documents related to Meadows standards. Examples of such are: restricted vehicles, parking violations, garbage cans not being picked up or put out too early, violations subject to tow, and sign restrictions.

During the month of March, 2024 there were (9) incident free days - (2) More than February 2024. There were (26) reported incidents - (3) more than March 2024. There were (145) citations issued - (34) less than March 2024.

Safety responded to the following during the month of March:

ALARM COMPLAINTS

March 13th & 14th: Two Alarm complaints on the 3400 block of Longmeadow (both were medical issues), EMS responded.

ANIMAL COMPLAINTS

March 10th & 21st: Reports of coyotes around Waterbridge Down & Downham Meadows roads. One reporting damage to their gutters.

March 22nd: A loose black & white rabbit, owners retrieved the animal after safety had reached out.

SOLICITATION COMPLAINTS

March 20th: Windsor Park & Marshfield Rd. areas. Solicitors were instructed to leave the Meadows.

March 26th: Waterbridge down area. Subject advised of no solicitation and responded he just finished a job but was leaving.

FISHING COMPLAINTS

March 1st, (2) on the 5th, & 12th: Safety responded and all were advised of no trespassing and left when instructed to do so.

NOISE COMPLAINTS

March 3rd: 3000 block of Heatherwood Ln., dogs were reported to be barking. Upon safety's arrival dogs could be heard barking. There was no answer to safety knocking on the door. A noise disturbance notice was issued.

March 8th: Loud music was reported in the 4000 block area of Lyndhurst. Upon arrival safety did not hear any music.

March 16th: Loud music was reported in the 4000 block area of Greencroft Rd. Resident was advised of said complaint and instructed to turn the music down and he complied.

VANDALISM COMPLAINTS

March 3rd & 17th: Several different types of traffic control signs throughout the Meadows were damaged. Sarasota Co. Sheriff's Office were contacted.

March 21st: A rain gutter was reported as damaged in the 2000 block of Wrenwood Ct.

PROPERTY DAMAGE

March 15th: A broken window was reported in Quail Hollow. Sarasota Co. Sheriff's Office was contacted.

MEDICAL EMERGENCY

March 6th: 3000 block area of Longmeadow Dr. safety and EMS responded and EMS took charge.

INDECENT INCIDENT

March 2nd: A man was reported to have been relieving himself in the 4000 block area of Weybridge. Subject was approached by a resident and left the area.

EMERGENCY NUMBERS

- In the event of an emergency, call 911. After you have called 911 please report the incident to the MCA Safety Patrol.
- The non-emergency Sarasota County Sheriff's Office number is: 941-316-1201.
- The Meadows Safety Patrol number is: 941-809-0084.

REMINDERS

OPTIMUM HEARING CARE
HEARING SCREENING CLINIC
MONDAY, MAY 7 • 9-11 AM
MCA
Please call Mary Jane at 941-377-2300 to schedule your complimentary hearing screening today!

The MCA will be closed on Monday, May 27, in Observance of Memorial Day in honor of our Fallen Veterans. The public side and library will be open.

FERTILIZER BLACKOUT PERIOD

Keep the Bay Blue, Not Green

Summer rains wash fertilizers and pollutants from our yards into our creeks and bays. Stormwater runoff carries the nitrogen and phosphorus from fertilizers into our waterways causing harmful algal blooms and killing aquatic life. **DURING JUNE 1 THROUGH SEPTEMBER 30** Sarasota County prohibits the use of fertilizer containing nitrogen and phosphorus during the summer rainy season. At least 50 percent slow-release fertilizer is required during the rest of the year.

HELPFUL HINTS

Trim your shrubs and trees to prevent potential damage.

Proper pruning will allow wind to easily pass through the canopy, reducing the risk of damage to trees.

ONSPOT DERMATOLOGY
THURSDAY, MAY 9
7:30 AM - 3 PM
MCA Parking Lot
Mobile Dermatology Services.
Most insurances accepted.
Call 941-444-0011 to schedule your appointment today.

Check your gutters, downspouts and drains. Make sure they are all draining properly and are free of damage and debris.

ALLIGATOR MATING SEASON OCCURS BETWEEN MAY AND JUNE.

Evidence supports it began early. Please be aware and conduct yourself with care.

FRIENDLY REMINDER:

If you reserve space for an association meeting, activity or event and are unable to come, please be courteous and let us know, so someone else may enjoy using the space.

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ACTIVITIES



Wednesday, May 1
1 PM • MCLWF
 Come meet The Meadows Safety Team to include our responding officers from the Sarasota County Sheriff's Office. Safety Q&A




BINGO
Wednesday, May 1
6:30 – 7:30 PM
MCLWF



Around the Bend NATURE TOUR
Friday, May 3 • 10 AM
Ken Thompson Park
\$16 per person
 Join adventure leader Around the Bend Nature Tours for a morning of educational fun. Start with a dip-net experience, where attendees will dip and retrieve catch. The catch will be examined then released to help monitor The Bay. The group will then proceed on a Mangrove Nature walk through the Mangrove tunnels with attention to flora & fauna. Bring a sack lunch to eat at the tour conclusion under the pavilion.

Cinco de Mayo AFTER PARTY
Monday, May 6 • 5 – 7 PM
MCLWF • \$15 per person
 Come celebrate Cinco de Mayo with us! Enjoy the fabulous taco bar from Moe's Southwest Grill. Dance to DJ Miketastic. Complimentary beverage, cash bar to follow.

MOVIE NIGHT
OPPENHEIMER
Thursday, May 9
6:30 PM
MCA, Lakeside
 Register on-line at themeadowssarasota.org

NO PLACE LIKE HOME
Herb Gardening
Friday, May 10 • 9:45 AM • MCA
\$15 per person
 Master Gardener Lue from Lue's Garden will instruct a class on herb container gardening. Each participant will create their own container garden to take home featuring an assortment of three cooking herbs. Limited class size.



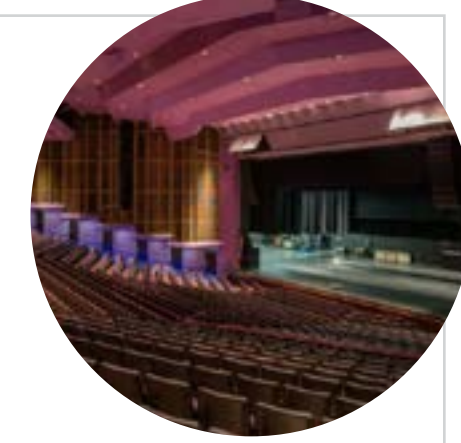
Mother's Day Fashion Show
 featuring **chico's**
 WHITE | BLACK
Friday, May 10 • 3 – 5 PM • MCLWF
 Lite bites and beverages.

FitMinds
Tuesday, May 14
10:30 AM • MCLWF



AND EVENTS

Van Wezel
BEHIND THE CURTAIN TOUR
Thursday, May 16
1 PM • \$16 per person
 Tour the Van Wezel's Art collection and go behind the scenes of their performance areas to include the dressing rooms, stage, orchestra pit and more!



AVIVA
Sip, Savor & Mingle
Tuesday, May 21
4 – 6 PM • MCLWF
 Come get to know our neighbors. Enjoy some food and a chance to win the raffle.



Ice Cream Social
Wednesday, May 15
6:30 – 7:30 PM
MCLWF



ELECTRONIC TUTOR
MAY 2 • 1 – 4 PM • MCA
 Need device advise? Complimentary technology assistance provided by the Patient Trainer, David Stoltie. Call 941-404-5585 to schedule your appointment today.




SAVE THE DATE
JUNE 6 | 4 – 6 PM | MCLWF
Let's Flamingle
SOCIAL HOUR



STOP THE BLEED
Wednesday, May 22 • 2 PM • MCLWF
 Learn how to save a life.

EMERGENCY PREPAREDNESS Community Event
Thursday, May 23 • 4 – 5:30 PM
MCLWF
 Floridians know, the best time to prepare is before the season begins on June 1. John Scalzi, Meteorologist Channel 7 News discusses the predicted tropical storm season. Sarasota County Emergency Management's EJ Landrith will address resident concerns and offer action items to begin preparing for hurricane season now. Visit first responders, local vendors, informational tables and Meadows EPC Committee Members, all providing valuable resources following keynote presentations. Raffle - Give-a-ways!



Preparing for Disaster
Wednesday, May 29
3 PM • MCLWF
 Presented by Dr. Maria Portelos-Romero UF/IFAS



SAVE THE DATE | JUNE 4
SARASOTA FIRE DEPARTMENT
"Do Your Part, and Fire Won't Start" Presentation



SAVE THE DATE | JUNE 12
What's it Worth?
 with Sarasota Trading Company (mini Antique Roadshow event)
MCLWF



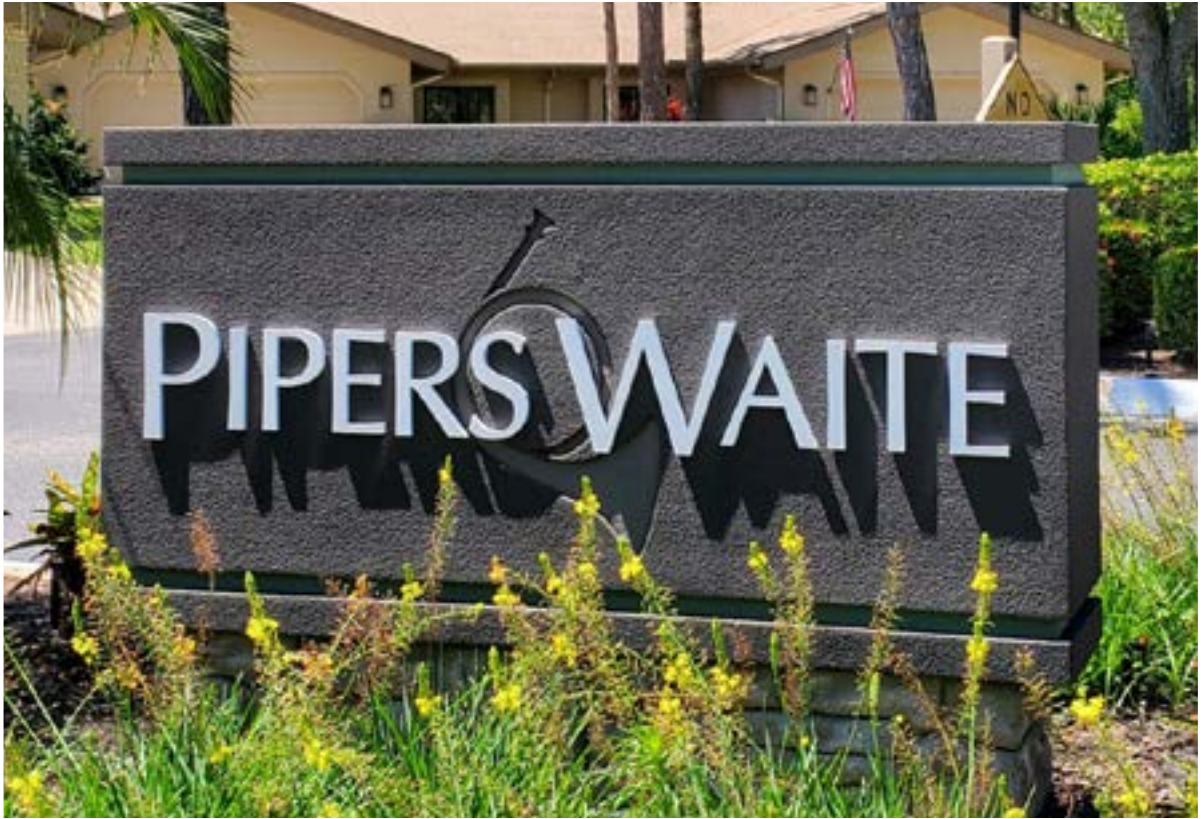
Best Kept 2024 Seasonal Review CHAIRMAN'S CHOICE AWARDS



4768 Ringwood Meadow
(Shown above and left)
Owners: Mark & Sandy Merritt



4492 Highland Oaks Circle
(Shown above and left)
Owners: Scott Swan & Michael Sibert



ASSOCIATION:
Piper's Waite
(Shown above)



4672 Glebe Farm Road
(Shown above and right)
Owners: Sylvia & John Reed



5199 Everwood Run
(Shown above and right)
Owners: Russell & Jenny Hamner



EMERGENCY PREPAREDNESS

START WORKING ON YOUR EMERGENCY SUPPLY LIST NOW

Storm season isn't anything new for most Floridians. That precarious time between June 1 and November 1, where the probability of storms increases dramatically, accompanied by heavy downpours, high winds, and the occasional hurricane. The Department of Atmospheric Science at the University of Colorado recently released its 2024 storm season prediction, stating this will be an "extremely active" season with the highest number of predicted storms since the team began releasing predications in 1995. There are many factors as to why storms are increasing in both strength and size, but one thing is certain. Storms are coming, and we all must do our part and begin to prepare now.

How we fare depends on how much we prepare. Admittedly, we are a society of procrastinators. Mostly thinking we personally will not be affected by whatever negative force is headed our way. This tendency to wait only contributes to the chaos, forcing last-minute trips to stores searching for necessities, only to find depleted supplies and empty shelves, not to mention the long lines at the gas pump. To eliminate added stress and the possibility of being left without, start working on your emergency supply list now.

The Federal Government defines an Emergency Supply list as items that will cover your basic needs for a minimum of 72 hours. This means having enough food, water, medications, supplies, and cash on hand to last three days or longer. Three days may seem like a long time, especially in today's culture and times, but the electricity and water may be out that long or longer forcing you to rely upon your own resourcefulness to get by. The current recommended basic supply needs are a flashlight with extra batteries, manual can opener, first aid kit,

medications, sanitary items such as toilet paper and paper towel, a whistle, cash held in a water-safe container, fire extinguisher, water-proof matches, and a battery-powered or crank radio.

TO BEGIN BUILDING YOUR EMERGENCY FOOD SUPPLY, THE SARASOTA COUNTY GOVERNMENT RECOMMENDS YOU PURCHASE FOODS THAT:

- Have a long storage life.
- Require little or no cooking, water, or refrigeration.
- Meet specific dietary needs.
- Are not salty or spicy, as these foods increase the need for drinking water.

STORING YOUR EMERGENCY FOOD:

- Check expiration dates on canned food and dry mixes.
- Store between 40- and 70-degrees Fahrenheit.
- Store food away from ranges and refrigerators as heat causes foods to spoil more quickly.
- Place food items in plastic, airtight containers to protect from insects or rodents.

PREPARING AN EMERGENCY WATER SUPPLY:

- Store at least one (1) gallon of water per person per day – to include pets.
- Observe the expiration date on store bought water and replace your supply every six months.
- Store a bottle of unscented, liquid chlorine bleach to disinfect your water for general cleaning and sanitizing.
- Thoroughly clean food grade water storage containers before use.
- Un-opened commercially bottled water is the safest.
- Label water containers according to "drinking water" or "cleaning".



- Keep all stored water in a cool, dry place.
- Do not store water in direct sunlight.

ADDITIONAL TIPS ON PREPARING A WATER SUPPLY ARE:

- Fill all bathtubs with water for washing.
- Fill your top-load washing machine with ice to act as a cooler.

FOODS THAT WILL KEEP ON A SHELF:

- Meals Ready to Eat (MRE's)
- Canned fruits, vegetables, beans, meats, fish
- Canned juices, broths and soups
- Shelf-stable "boxes" of juices and milk
- Crackers and melba toast (don't pick combination packs with cheeses or luncheon meats if they require refrigeration)
- Peanut butter, jelly
- Dry, ready-to-eat cereals and granola
- Dried fruits, nuts and trail mixes
- Jerky
- Granola bars
- Hard candy

ALSO PLAN WATER SUPPLIES TO PREPARE:

- Instant oatmeal
- Dry milk
- Powdered drink mixes
- Instant pudding
- Dried soups
- Bouillon cubes or powder
- Instant rice and potatoes

IF THE ELECTRICITY GOES OFF:

- First, use perishable foods and foods from the refrigerator.
- Second, begin using foods from the freezer.
- Minimize the number of times you open the refrigerator and freezer by posting a list of contents on the door.

- Consume frozen foods if they have ice crystals remaining in the foods centers or if the food has remained below 40 degrees.
- A good tip to see if your frozen items have begun thawing or not is to freeze a cup of water. Place a small coin atop the ice. Leave this in your freezer. If the temperature rose to unsafe conditions, the ice would melt, and the coin would fall into the cup.

COOKING WITHOUT POWER:

- For emergency cooking, you may use a gas-powered grill, charcoal grill, or fire outdoors ONLY.
- Food may be heated on candle warmers, fondue pots or chafing dishes as well.

Coping with storm season is the price we pay for living in paradise. Preparing for storm season helps secure the safety of you and your loved ones.

Ready to learn more about how you can prepare for hurricane season? Join us on Thursday, May 23rd at 4 PM in the Meadows Community Lifestyle & Wellness Facility for the 2024 Meadows Emergency Preparedness Event.

John Scalzi, Meteorologist from WWSB Channel 7 will address the upcoming tropical season outlook, and EJ Landrith, Emergency Services Operations Manager for Sarasota County Emergency Management discusses ways to prepare your home, self, and family for the upcoming hurricane season. Meet one-on-one with industry professionals, local first responders, Meadows EPC Committee Members and vendors specializing in preparing your home for hurricane season following the keynote presentations.

As Stephen King once said, "There's no harm preparing for the best, as long as you're prepared for the worst."

STAYING CALM BEFORE THE STORM

Keep this common sense hurricane prep in mind this season

Hurricane season is here, bringing with it the vague disquiet that you're just not doing enough to prepare. And while we can't exactly change the weather, we can offer just a few tips on how to stay prepared for the worst and evacuate safely.

Register for a Special Medical Assistance Shelter NOW

Most hurricane shelters only provide basic first aid. If you or a loved one will require more medical assistance than that, then it is vital to pre-register for assistance before a hurricane arrives. You can do so by calling Sarasota County's Call Center at 941-861-5000 or by filling out the county's Medical Needs Application form online. Once registered as a Medically Dependent Person (MDP), you will be on the county's registry for transportation and shelter at a medically dependent evacuation center.

Though well-equipped with vital supplies, medical care at these shelters will still be limited, so it is crucial that caregivers accompany. Medical alert bracelets that include the person's name and medical conditions are also strongly recommended.

NOTE: Sarasota County stops accepting online applications 60 hours prior to a storm's arrival, so be proactive.

Stock Up On Needed Medications

In the case of an imminent emergency, always have a supply of your needed medical items.

For prescription medications, it's best to have at least a two-week supply. Also include a list of the dosage, the prescribing physician and the prescribing physician's phone number. Other medical items you may need are catheters, walkers, wheelchairs, special dietary food and oxygen. If you have an electric wheelchair, it's great to have an extra battery—but it's even better if you have a manual wheelchair, just in case. And if you have registered as a Medically Dependent Person (MDP), be sure that you have enough oxygen to get to and from the shelter, and a spare cylinder on top of that.

Sarasota Memorial Hospital is a designated medical shelter for patients and medically dependent residents with qualifying health needs **who require a hospital setting throughout a hurricane and who are assigned to the hospital by the county.**

MDPs must register with Sarasota County, which will assign MDPs to the appropriate shelter in the area. Local emergency officials will establish other shelter locations for people with medical needs who do not require a hospital setting.

Make A First Aid Kit

In the event of an emergency, being able to take care of minor injuries—and keep them from turning into major problems—is essential.

Make A Home Survival Kit

Whether you're sheltering at home or coming home after a storm, these are items you're likely to need around the house, and it's not going to be convenient—and might not even be possible—to go pick them up at the store.

A good foundation for your home survival kit could be:

- A large tarp or tarps, to patch roof damage or cover debris
- Fire extinguisher
- Cleaning supplies, especially a disinfectant like bleach
- Large, quality, trash bags, that you can use to store necessities and valuables before the storm, and to then pack up debris after

PROTECT YOUR PAPERS

Seal all of your important documents in a Ziploc baggie, watertight, so it's quick and easy to pick up and take along with you. Inside, you're going to want to have identification such as passport, driver's license, birth certificate, and social security card, but also insurance cards, medication list, certain bank documents, and contact list.

Make A Travel Survival Kit

A whole array of emergency supplies is laid out for inspection.

If you're heading to a shelter, you're going to have to pack light and pack smart. Here's a good foundation for any travel survival kit:

- Water
- Non-perishable foods (don't forget the can opener)
- Pillow and blankets
- Personal hygiene items (including extra toilet paper)
- Disinfectant
- Insect repellent
- Sunscreen
- Flashlights and batteries
- Spare keys

When it comes to clothing, remember that it's likely going to be hot and humid and alternately sunny/stormy after the hurricane passes. So wear light, comfortable clothing, and be sure to include a hat for the sun, rain gear for the rain, and extra shoes, just in case.

Add Your Personal Survival Kit

You may want to get a waterproof container and put a few personally necessary items in there ahead of time, so you're not scrambling at the last minute. An extra pair of glasses, hearing aid and batteries, that sort of thing.

Make A Contact List

Once upon a time, you had to remember everybody's phone number. Thanks to cell phones, however, many have lost the habit. But you can't always rely on having a charged cell phone throughout a prolonged emergency. So you want to have a printout, an actual list of people's names and phone numbers, that you can take with you.

But while we're on the topic, a solar phone charger is not a bad investment.

Establish A Personal Support Network

After a storm passes, we always hear on the news about how the neighbors have gotten to know each other through the event. Go ahead and get to know your neighbors ahead of time. You don't have to invite them to family dinner, but know who's evacuating and who's staying, know who needs help and who's available to help you, should you need to evacuate.

Are You Ready for a Record Hurricane Season?

Roy Wysniewski — March Weather Analysis in The Meadows

In the first 2024 national hurricane forecast, "Accu Weather predicts 'explosive' 2024 hurricane season that could break record". With the start of hurricane season just one month away, it's time to make our annual preparations. And, because this season has all the ingredients for a record number of storms, we need to maximize our preparations now to protect our property and assure our personal safety.

Summary: As reported last month, a strong El Nino event – which began in mid-June 2023 – continues globally, and in Southwest Florida. The result is that much of the U.S. including the greater Sarasota area is experiencing warmer temperatures with less than normal rainfall.

Temperature Analysis: Repeating a pattern begun last year, March average temperature was well above normal (84.6 vs 79.0 degrees Fahrenheit). This is typical of El Nino weather conditions.

Other March temperature statistics include twenty-eight above normal temperature-days and three record high-temperature days.

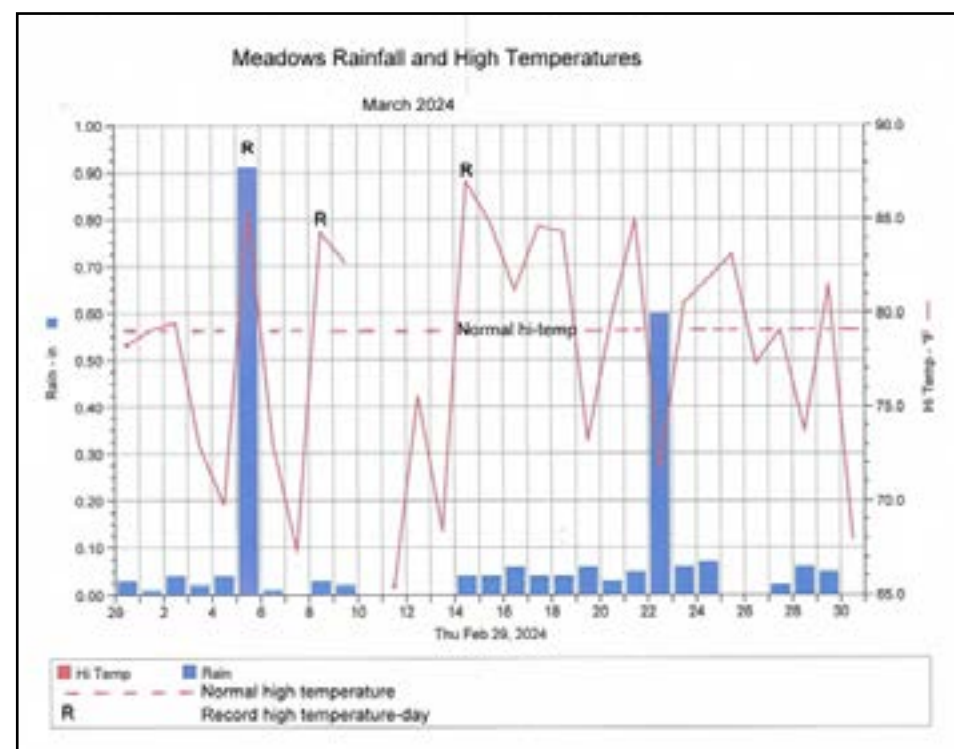
Rainfall Analysis: Typically, March is one of our drier months. Yet

this month was even drier than normal -- despite El Nino's presence. Rainfall was 15% below normal – thus worsening the on-going severe drought in Southwest Florida.

Monthly temperature and rainfall data are presented in the graph.

Pre- Hurricane Season Analysis: February's analysis has not changed, and it is bolstered by Accu Weather's latest forecast calling for: an "explosive" hurricane season that has the potential to break the record of 30 named storms in a season.

This is the time for all Meadows residents to take heed and begin serious preparations aimed at protecting our property and lives.



MARCH RAINFALL & TEMPERATURE DATA

Rainfall for month:	1.90 in.
Rainfall year-to-date:	7.53 in.
23 yr. rainfall average:	2.21 in.
Average high temperature:	84.6 F (normal: 79.0 F)
Above normal temperature days:	28
Record high-temperature days:	3

Send comments and questions about this month's report to: roywys9@gmail.com.

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4533 Longwater Chase --2Bd/2Ba on the golf course, Turnkey furnished,	\$349,000
5611 Sheffield Greene --2Bd/2Ba with garage, Totally renovated, Reduced to,	\$349,000
4502 Kingsmere --2Bd/2Ba end unit Villa with garage,	\$379,000
4508 Longwater Chase --1Bd end unit on golf course,	\$219,000

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Are You Ready for SUMMER ACTIVITIES?

At The Meadows Country Club we are slowly turning the page from the "season" to the "summer". Our seasonal visitors to The Meadows community and Country Club are slowly migrating back to the upper Midwest, Northeast, Canada and beyond. We are so thankful for their visit and look forward to them returning this fall.

Are you ready for the summer? Ready to hit the pool or the beach? Prepared to keep the kids off their cell phones and video games? Looking for ways to improve your game - on the course, and on the courts?

If you are looking for ways to be ready for the pool and the beach - the Fitness Center is an excellent way to work on shedding the winter insulation, we all have a tendency to pick up around the holidays. Contact Crystal Romeo, Athletic Director (cromeo@theiconteam.com, 941-404-4055) for information pertaining to our classes. Water aerobics, Stretch & Tone, Yogo, Golf Yoga, Balance Classes, Personal Training, and more.

Are you ready for the kids or grandkids to be home for the summer? Hoping to keep them from spending all their time on their cell phones or video games?

The Meadows Country Club has two fun Camps running all summer long.

SUMMER SPORTS CAMP

June 3 - Aug 2
M-F 8:30 AM - 3:30 PM

- Activities include:
- Tennis with certified USPTA & PTR professionals
 - Golf with certified PGA professionals
 - Swimming, Pickleball, Soccer, Basketball & More!

Call the Meadows Racquet Club for information - 941-378-5265

PGA JR. GOLF CAMP

May 28 - Aug 9
M-F 9 AM - 4 PM

- Activities include:
- Golf Fitness Warmups & Workouts
 - Full Swing Analysis (Video & Launch Monitor) & Instruction
 - On-Course Play and Management (approx. 9 holes per day)
 - On-Course games and activities

Call Director of Instruction, Sage Johnson - 941-587-6332

Would you like to work on your golf, tennis or pickleball skills this summer?

The Meadows Country Club's Summer Memberships are a great way to "be ready" for a lower handicap, and higher tennis rating, or better Dupr rating?

The Meadows Country Club has a Summer Membership for Golf, Tennis and Social that can fit everyone's budget.

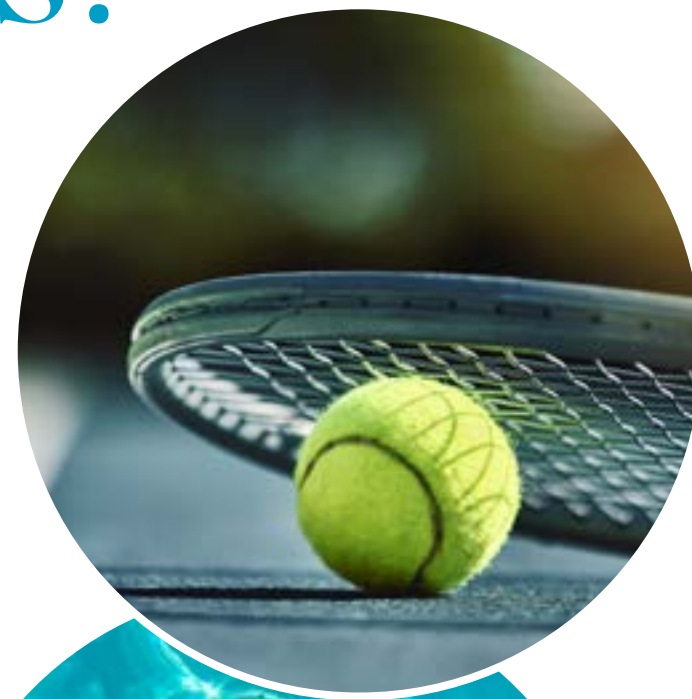
If you play 3 rounds of golf, every week of the summer (26 weeks) a total of 78 rounds... imagine playing for less than \$50 per round on the Meadows Private Members Course.

Unlimited play on 17 Har Tru Tennis courts, Unlimited Pickleball play, monthly socials, clinics and access to the Pool, Fitness Center, Dining and Social Activities are available with a summer Tennis Membership.

If you don't have a pool, or simply want to enjoy the sun and fun while hanging out at our Junior Olympic size pool, use the Fitness Center, Unlimited Pickleball play and full Dining privileges and Social Activities - our Social Membership may be the right fit for you and your family.

Bob Bolton, the Membership Director at The Meadows Country Club is "ready for you" this Summer! Contact Bob at 941-893-3224, or bbolton@theiconteam.com.

THIS MEMORIAL DAY PLEASE REMEMBER TO HONOR THE U.S. MILITARY PERSONNEL WHO HAVE DIED WHILE SERVING IN THE UNITED STATES ARMED FORCES. WE ARE THANKFUL FOR THEIR COMMITMENT TO OUR COUNTRY AND RECOGNIZE THEM AND THEIR FAMILIES FOR THEIR ULTIMATE SACRIFICE.



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- 4417 GLEBE FARM ROAD 3/2 VILLA 2 CAR GARAGE - \$410,000 PEG SCHMITT
- 4957 TAYWATER DELL, SARASOTA - \$709,000 STEVEN HOWARD
- 5220 WILLOW LINKS CONDO W/HARDWOOD FLOORS - \$279,000 PEG SCHMITT
- 5245 LAKE VILLAGE DR 2/2 FURNISHED UPDATED CONDO - \$327,000 PEG SCHMITT
- 5174 LAKE VILLAGE DR #84 SARASOTA - \$320,000 BRIAN JOHNSON
- 5262 WEDGEWOOD LN #52, SARASOTA - \$340,000 STEVEN HOWARD

UNDER CONTRACT

- 4426 WHISPERWOOD #11, SARASOTA - \$619,000 PEG SCHMITT
- 5222 WILLOW LINKS - \$299,000 MEGHAN MAYES, BUYER REP.

SOLD

- 3533 SILVER PINE CT.#81 SARASOTA - \$272,000 ANNA LEE WILLIAMS
- 4403 KARIBA LAKE TER, SARASOTA - \$465,000 BRIAN JOHNSON, BUYER REP.
- 4844 14TH AVE E. BRADENTON - \$975,000 STEVEN HOWARD, BUYER REP.
- 5231 LAKE VILLAGE DR. #27 SARASOTA - \$327,500 BRIAN JOHNSON
- 5541 E. LONG COMMON CT # 28, SARASOTA - \$452,000 PEG SCHMITT, BUYER REP.

Breakthrough Neuropathy Treatment

HOW TO GET LASTING RELIEF FROM: PERIPHERAL NEUROPATHY



- ✓ Pins and Needles
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- ✓ Loss of Balance
- ✓ Pain in Feet/Hands
- ✓ Burning Sensation
- ✓ Can't Feel The Ground

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Presented by:
Dr. Kenneth Carle
Chiropractic Physician



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- How peripheral neuropathy is diagnosed, and when it can be successfully treated
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Lunch will be served. Space is limited to 16 people!
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Are You Ready for Something New?

Liz Barnett — Memoir Group

Think about those memories you have rattling your head, those stories that have never been told or favorites you recount at every family get-together. Why don't you try something new? Write them down. The Memoir Group is here to encourage you to tell the stories of your life and to help you preserve them.

New members have told us that they feel a little intimidated about joining the group, but they soon get over that. After

all, they have experience in trying new things - new jobs, marriage, having children, moving to different parts of the country. Roger Barkin, one of our new members, even wrote about his experiences in moving to a new part of the country for his first job. As you read his story about moving to a small town in Florida to begin his career, you may be reminded of some your new experiences in new situations. We invite you to join us at the Memoir Group to share those experiences. We meet from 10 to 12 on the First and Third Friday of each month, either at the Meadows Community Building or on Zoom. For more information contact meadowsmemoirs21@gmail.com.

A Yankee Doodle Goes Dixie

By Roger Barkin

June 1972, after four grueling years of dental school, everyone was ready to join the real world. We had survived campus riots, while embracing the style of longer hair, bell bottom pants and service to society. Many of us sought to serve high need areas as designated by a new federal program, The National Health Service Corps.

Wanting to get away from the miserable cold northern climate, I chose Cross City, Florida.

My then wife and I packed up, drove 1200 miles from Buffalo to Cross City. Although I had traveled in Europe extensively, I had not experienced the U.S. farther south than The Statue of Liberty and especially not the rural deep south.

Cross City is the county seat for Dixie County. The county is known for its endless rows of planted pines, neatly lined up like soldiers for inspection, waiting to be harvested for the paper mills in Perry, Florida. Scattered through the county, you'll find majestic Live Oak hammocks dripping with Spanish Moss and an occasional Rattlesnake or even a Cottonmouth if you are near the Suwannee River bordered with its elegant Cypress.

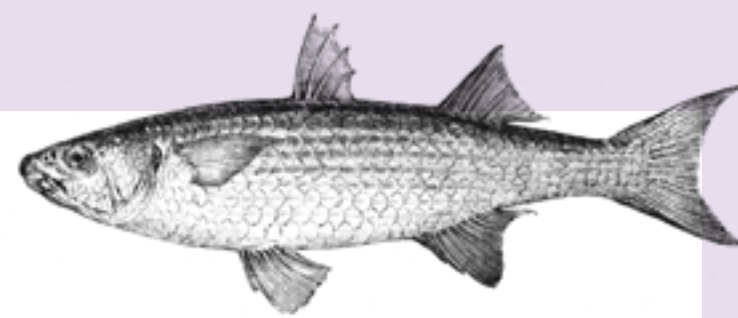
Highway 19/98 is the main road, the economic blood supply for the town. Back then, if you blinked while driving through, you might miss the business district.

Upon arrival to Cross City, we pulled into the local convenience market for directions to the bank where we would meet our host, Mahlon. As I approached the entrance, a well-rounded older gentleman in overalls greeted us with a "Welcome Doc". How did he know who I was? I suppose the New York State license plate was a giveaway. Lesson #1, news travels quickly in small towns.

At the bank, its owner, Mahlon, greeted us with a broad smile, a perfectly manicured hand and his patented "Hey, hey, hey." He proceeded to "carry us" to the home he had rented for us where we will meet our landlady, Malviny. She was a weathered, sweetheart of a lady, a great fisher person and an all-around font of information. Herb, from the electric company, arrived shortly after to join the greeting committee.

After the requisite conversation, Mahlon and Malviny excused themselves, but Herb remained to carry on the conversation. He proceeded to fill us in on some of the local color. I figured a good story was a-comin' when he looked curtly to his right, then the left before speaking.

"We have a lot of good folk here that you'll come to know" said Herb. "Our Methodist minister is a real reg'lar guy, even though he was educated at Duke University. He's active in all our local politics, but when he gets frustrated with the resistance to change, he invites a group of us like minded fellas to go out to his shack in the woods to chew the fat while smokin' some mullet. I'm sure you'll



like each other. Eventually, he'll invite you out to the shack to smoke some mullet with him. Well, I gotta get back to work. I sure hope you like it here."

As he walked away, I turned to Flo and nervously exploded, "What did he call it?, mullet? Never heard it called that. Just Dope, Marijuana, Mary Jane, ganja or weed. What do we do if he invites us to smoke with him? A minister! In Buffalo, the police were arresting students for just growing a small plant or for possession of one joint. I can't risk getting caught. I just graduated, I don't even have a license. I haven't seen my first patient. What have we gotten into? The government will throw me in jail with a dishonorable discharge, all before my career begins."

Flo calmed me down so we could proceed. "We'll cross that bridge when we get to it. Meantime, let's explore the area."

Looking at a map, we saw Cedar Key was nearby. Maybe we'd find a restaurant with fresh sea food. Indeed, there were several all with views of the Gulf. As we settled in, we began to study our menus. I was first to discover an unusual offering. I turned my menu to Flo, pointing to an entrée and said, "I think I'll have the smoked mullet."

Six months later, I had built the courage to tell the minister the story of our dining choice that day in Cedar Key. He laughed so hard his face turned beet red.

Actually, we never did get to smoke some mullet in his shack.

WHERE THE CHILDREN TAKE US

How One Family Achieved the Unimaginable

by Zain E. Asher

Joanne Simons
May 2024 Preview

CNN anchor Zain Asher has written a parenting book – an ode to her indomitable mother in *Where the Children Take Us* (Amistad, 2023). Her mother, Obiajulu Ejiofor, a native Nigerian, believes that an excellent education will launch her children from their first-generation immigrant family origins to success in the world. She will not be deterred – not by the death of her husband, the tenuous financial situation she faces as a widow with four children, the gangs that menace her son, or the prejudice that threatens to deny an elite education to her daughter.

Raising her two sons and two daughters after the death of her

husband, Obiajulu runs her family with a strict focus on education. When the children spend too much time watching television, she literally cuts the cord on the TV. When her daughter instead spends afternoons talking on the phone with friends, Obiajulu rips out the phone and installs a pay phone in their home. Each week she assigns the children books to read and discuss. She teaches them their classroom lessons before their teachers have even presented the lessons.

With her relentless support, the children exceed all expectations—becoming a CNN anchor, an Oscar-nominated actor—Asher's older brother Chiwetel Ejiofor (12 Years a Slave)—a medical doctor, and a thriving entrepreneur.¹

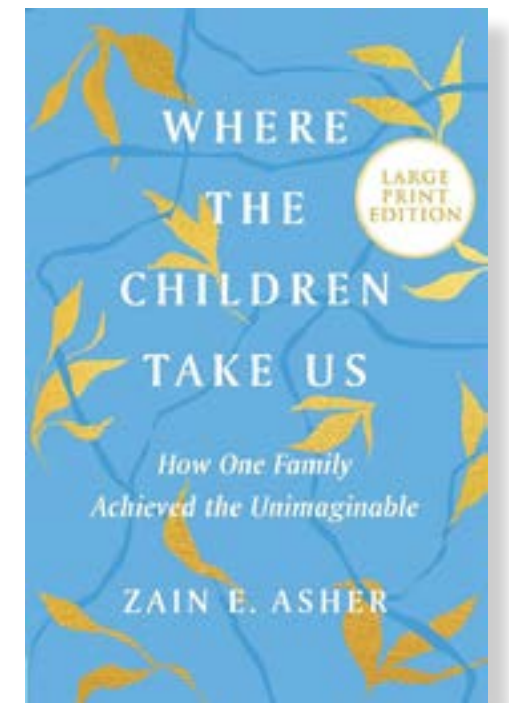
Zain Asher was born to Nigerian parents in London and grew up in West Norwood, South

London. Asher attended Oxford University and graduated in 2005 with a degree in French and Spanish. The following year, she attended the Graduate School of Journalism at Columbia University, in New York City. Since 2021, she has anchored *One World with Zain Asher*, airing weekdays on CNN. Asher resides in Montclair, New Jersey, with her Associated Press reporter husband, Steve Peoples, and their two sons.²

The Meadows Book Club will be discussing *Where the Children Take Us* on Wednesday, May 8 at 2:00 in the MCA Building (2004 Longmeadow). Please join us. All are welcome.

¹<https://www.goodreads.com/book/show/58677486-where-the-children-take-us>

²https://en.wikipedia.org/wiki/Zain_Asher

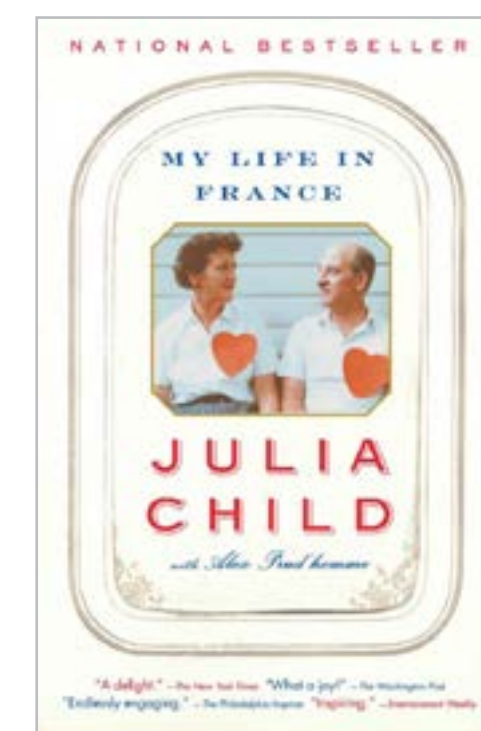


"There was an old Nigerian saying that floated around my house often when we were little kids: Life is either "pay now" or "pay later", but if you "pay later", it will be with interest."

— Zain E. Asher

MY LIFE IN FRANCE

by Julia Child and Alex Prud'homme



Joanne Simons
June 2024 Preview

I have loved Julia Child since watching "The French Chef" on TV in the 1960s. She was a hearty and fearless chef who used every pot and pan in the kitchen. She narrated her cooking in a distinctive quirky voice. Nothing phased her – not a giant monk fish or delicate Madeleines. She told you through her books and television shows that food was a savory delight and you, too, could be a French chef!

None of this would have been possible if the U.S. State Department had not assigned her husband, Paul Child, to Paris as an exhibits officer with the United States Information Agency.

My Life in France (Anchor Books, New York, 2006) is the exuberant story of Julia embracing everything French. It begins with a mouth-watering lunch in Rouen (briny oysters, *sole meuniere*, and a bottle of Pouilly Fumé), the day that Julia and Paul arrived in France in 1948. She knew no French and couldn't cook. Soon she was enthralled by France.

Written by Julia Child with her husband's great-nephew Alex Prud'homme, this book is as spirited as Julia herself. Her 5+ years in France are the foundation of her career as the French chef. Julia "loved the people, the food, the lay of the land, the civilized atmosphere, and the generous pace of life."¹

French cuisine wasn't her first foray into recipe development:

"My first big recipe was shark repellent that I mixed in a bathtub for the Navy, for the men who might get caught in the water."²

Before she mastered the art of French cooking, Julia Child cooked up shark repellent while working for the precursor to the CIA as a covert operative during World War II. Sharks kept unintentionally setting off underwater explosives meant for German U-boats – until Child came up with an inventive recipe that saved the day.²

From cooking up shark repellent to earning the Legion of Honour from the French government, Julia Child's life in France is a charming read.

The Meadows Book Club will be discussing *My Life in France* on Wednesday, June 12 at 2:00

in the MCA Building (2004 Longmeadow). Please join us. All are welcome.

¹ Julia Child and Alex Prud'homme, *My Life in France* (Anchor Books, New York, 2006), page 58.

² <https://www.history.com/news/julia-child-oss-spy-wwii-shark-repellent>

BOOK CLUB SCHEDULE

JULY 10
TITLE
The Road to Character
AUTHOR
David Brooks

AUGUST 14
TITLE
The Magnificent Lives of Marjorie Post
AUTHOR
Allison Pataki

No September Meeting

NEW MEADOWWORD SUBSCRIPTION OPTIONS

If you spend several months of the year away from The Meadows, and would like to receive a print copy of *The Meadowword*, consider subscribing to *The Meadowword* or access it on themeadowssarasota.org. Forms for subscriptions may be found on the MCA website under News & Resources/ Meadowword Forms.

Annual Subscription - Begin in January and end in December of that same year. If you choose an annual subscription after January it will only include a Meadowword the next time it is published depending on when you make the payment. It may make more sense to consider a semiannual subscription depending on when you decide to subscribe. Your subscription will include Meadowwords based on when you subscribed along with any special editions in June and August IF published. We do not do rolling subscriptions.

USA	\$24.00
Canada	\$42.00
Foreign	\$75.00

Semiannual Subscription - Begin in May and end in December of that same year. You will receive issues of the full *Meadowword* if you make payment by April 1, otherwise you will receive your first publication the next time it is published along with any special editions in June and August IF published.

USA	\$14.40
Canada	\$25.20
Foreign	\$45.00

MEADOWWORD DEADLINES

The deadline for advertising and article insertions into *The Meadowword* is the first Monday, one month prior to the month of insertion.

The deadline for the May 2024 *Meadowword* is Monday, April 1.

HANDYMAN
Todd Florand941-228-7907
tflorand@gmail.com
Man-Maid Services941-730-0761
kenfrapiccini@yahoo.com

HOMEWATCH
Sunshine Safe Home LLC941-957-8898
sunshinesafehome@gmail.com
sunshinesafehomellc.com

LANDSCAPING
Victoria's Garden Landscaping . 941-350-2566

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Energy Healer 937-572-4305
gerrigold@gmail.com

TECH SUPPORT/HELP
Pegatronics Computer
Instruction & Repair.941-735-3362
pegatronics.com

Classified ads cost \$25 for up to 40 words. Classified copy must be submitted with payment on or before the first Monday of the month prior to publication. If the first Monday falls on a holiday, ads are due the previous business day. Please practice due diligence when hiring service providers.

HOMES FOR RENT

CONDOS FOR RENT cont.

CONDO FOR SALE

Come join us for Open House on Sundays to see 3563 Longmeadow in Bunker Oaks, end unit facing the beautiful Meadows Country Club golf course. 1bed/1bath \$228,000 furnished. rgruneisen@aol.com. See Zillow for pictures.

CONDOS FOR RENT

Lovely 2 Bedroom condo for rent. June 1st to December 30th, 2024. Beautiful golf course view, end unit. No pets. By owner 941-320-0502

Renting from April 7th to May 7th, 2024, May 7th to June 7th, 2024 and July, Aug, Sept, Oct, Nov, & Dec 2024. 2bdrm, 2ba, fully furnished condo on golf course. All utilities included (no wifi) \$4,000.00 (\$134.00 day) phone or text 740-815-1332

Wedgewood Lake: Beautifully decorated 2B/2B condo. Bright 2nd floor end unit. Well stocked kitchen. Primary w/king bed, walk-in closet, walk-in shower. Newly remodeled baths. 3 TV's, wifi/ cable, screened lanai, close to pool. Available Dec/ Jan. 1 month minimum, 920-980-8396 or joyhuenink@wi.rr.com

Briarfield, furnished villa. 2B-2B with enclosed garage. Off-season rental. Board Approval Required. 732-966-4115

Weybridge 2/2 condo for 6 mos. Seasonal Rental Optimal. 1st floor end unit, steps to pool. Stunning views of lake and golf course. Email tkey2626@gmail.com for info + pictures. Off season rentals available. 1 month min.

Why are hurricanes named?

According to the National Hurricane Center, using short, distinctive names in written and verbal communication is quicker and more accurate than using older, more cumbersome latitude-longitude identification methods. Plus, the organization states that using easily remembered names reduces confusion when two or more storms are happening simultaneously.

NHC says for several hundred years, hurricanes in the West Indies were named after saints.

Closer to home, military meteorologists initially used a haphazard system involving the phonetic alphabet to name storms - such as hurricanes Baker, Dog, and Easy in 1950.

The United States Weather Bureau, now called the National Weather Service, began creating

more familiar lists of storm names in 1953. They were all women's names at first, but that changed in 1978 at the direction of then-Secretary of Commerce Juanita Kreps.

The 21-name lists - one for each letter of the alphabet, minus the less-common letters Q, U, X, Y, and Z - are now maintained and updated by an international committee of the World Meteorological Organization.

A permanent 6-year storm list began in 1979. The names repeat, but if a storm is particularly costly or deadly, it is removed from the list, or retired. When that happens, the WMO committee selects a name beginning with the same letter to replace it.

What happens if the hurricane names run out?
Until 2020, when all the hurricane

names were used, the Greek alphabet came into play, and storms were called Alpha, Beta, Gamma, Delta, Zeta, Eta, Theta, etc. That happened twice - once in 2005 and again in 2020.

Now, instead of using the Greek alphabet, a list of supplemental tropical cyclone names will be used.

What happens if a storm forms outside of hurricane season?

Hurricane season begins June 1 and runs through Nov. 30. If a storm forms outside of those dates, it will assume the next name on the list depending on the year. For example, if a storm forms in December, it will be called the next name on that year's list. If it forms in February, it will take a name from the upcoming season.

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Tom Bondur, Secretary
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Position to be filled soon

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Marilyn Maleckas, Stan Miska

Aviva Senior Living, Michelle Johnston
The Meadows Center for Nursing and Healing, New Liaison To Be Named Soon
Meadows Village Center
Chris Perone

THE MEADOWWORD

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Editor-in Chief/Creative Director:
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Submissions are published at the discretion of the editor and the MCA.



Meadoword

The Meadows Community News and Lifestyle



UNDER THE SEA AT THE MCA SPRING FLING 2024



CLUBS & SOCIAL GROUPS

Ace in the Hole Card Club

Tuesday 7-10 PM
Bob Monaghan

Drop in Art Studio

Melinda Gordon
Every Thursday 10:00 AM – 12 PM

Bike Club

Janet Schmidt
Every Wednesday 9 AM
Meets at Meadows Pub

Bingo

Agnes Rutushni
Monthly, 1st Wednesday, 6:30 PM

Book Club

Lois Robinson
Monthly, 2nd Wednesday, 2 PM

Bridge-Wednesday

Kerianne McMurdo
Every Wednesday 1:30 – 4 PM

Bridge-Friday

John Harwood
Every Friday 12:30 – 3 PM

Bridge Saturday Duplicate

Dot Boulia
Date/Time varies

Canasta: Hand & Foot

Debra Ashenofsky
Every Tuesday 1:30 – 5 PM

Cornhole

Susan Weisse
Every Thursday 3 – 5 PM

Craft Group

Gayle Kroll
Every Wednesday 9 – 11 AM

Game Night

Pat Webster
Every Thursday 6:30 – 8:30 PM

Garden Club

To Be Named Soon
Monthly, 1st Thursday 2 – 3 PM

Hot Stove League

Mark Pienkos
Monthly, 2nd Tuesday 9 – 11 AM

Knit Happens

Vicki Carey
Monthly, 2nd Monday 1 – 3 PM

Mah Jongg

Elizabeth Williams
Every Monday 9 AM – 12 PM

Meadowlarks Poetry Writers

Michael Bruno
2nd & 4th Fridays of each month
10 AM – 12 PM

Meadows Chorus

Cindy Rubin
Every Thursday 7 – 9 PM

Meadows Sailing Assoc.

Adam Lawall
Every Tuesday 1 – 3 PM
Meets at MCA Pond

Memoirs

Liz Barnett
Meets 1st & 3rd Friday
10 AM – 12 PM

Pieceful Meadows Quilting & Needlework

Marge Erasmus
Every Monday 9 AM – 12 PM

Shalom Club

Helene Stone
Joni Cohen
Every 4th Sunday at 3 PM

Please contact the MCA at 941-377-2300 for more information on clubs and social groups.

May 2024 Calendar

May 1	1 PM 1 PM 6:30 PM	Meet the Safety Team Q & A Communications Committee Bingo	MCLWF MCA MCLWF
May 2	10 AM 1 – 4 PM	Activities Committee Electronic Tutor	MCLWF MCA
May 3	10 AM	Mangrove Nature Tour	Ken Thompson Park
May 6	2 PM 4 – 6 PM	Safety Committee Cinco After Party	MCLWF MCLWF
May 7	9 – 11 AM 3 PM	Optimum Hearing Screening Standards	MCA MCLWF
May 8	2:30 PM	Maintenance Committee	MCLWF
May 9	2 PM 6:30 PM	MCA Board Meeting Oppenheimer-Movie Night	MCLWF MCA
May 10	9:45 AM 3 – 5 PM	No Place Like Home Herb Gardening Mother's Day Fashion Show	MCA MCLWF
May 14	10:30 AM 4 PM	Fit Minds Emergency Preparedness Committee	MCLWF MCLWF
May 15	4 PM 6:30 – 7:30 PM	Assembly of Property Owners Ice Cream Social	MCLWF MCLWF
May 16	7:30 AM – 3 PM 1 PM	OnSpot Dermatology Van Wezel Behind the Scene's Tour	MCA Parking Lot Van Wezel
May 21	4 – 6 PM	AVIVA Sip, Savor & Mingle	MCLWF
May 22	2 PM	Stop the Bleed	MCLWF
May 23	4 -5:30 PM	Emergency Preparedness Event	MCLWF
May 27		Closed in Observance of Memorial Day	MCA & MCLWF
May 29	3 PM	Preparing for Disaster	MCLWF