

# Meadoword

The Meadows Community News and Lifestyle



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Hazards**



# THE

# MEADOWS



**Fire  
Safety**

**Home  
Security**



**Food  
Safety**

COMMUNITY  
NEWS  
2-9

OUR  
LIFESTYLE  
10-15

ACTIVITIES &  
EVENTS  
10-11

COMING  
SOON  
13

SERVICE & SALES  
CLASSIFIEDS  
18-19

## A SEASON FULL OF PROGRESS, CONNECTION, AND COLLABORATION



Chris Perone —  
MCA Board President

### AS WE STEP INTO SEPTEMBER, IT'S HARD TO BELIEVE HOW QUICKLY SUMMER HAS COME AND GONE — A TRUE TESTAMENT TO HOW VIBRANT AND ACTIVE THIS SEASON HAS BEEN HERE IN THE MEADOWS.

From lively community events to important neighborhood initiatives, it's been a season full of progress, connection, and collaboration. I've had the pleasure of sharing many of these updates with you through Constant Contact, Board meetings, our Town Halls and one-on-one — there's certainly been a lot to share.

Behind the scenes, the MCA Board and our dedicated staff have been working tirelessly to uphold the values that make the Meadows such a special place to call home. Whether it's enhancing safety measures, maintaining the beauty of our shared spaces, or fostering a strong sense of community, our commitment remains unwavering.

We're proud of what's been accomplished so far this year — and even more excited about what's still to come.

### Exciting News: A New Chapter for The Meadows Golf Courses

At the MCA Special Board Meeting on August 12th, the Board voted to enter into negotiations with Benderson Development—a significant step forward for the future of our golf courses and the broader Meadows community.

This proposed partnership would allow Benderson to assume operations of our golf courses, provide preferred access and rates for Meadows' residents, and assist

in refinancing our existing debt to substantially lower interest costs. The Board is enthusiastic about this next chapter and confident in the long-term positive impact it will bring to The Meadows.

The proposal outlines key elements designed to protect open space, ensure financial stability, and revitalize the heart of our community:

#### Key Highlights of the Plan

- **Target Reopening Date:** November 15, 2025
- **Initial Lease Term:** 18 months
- **Renewal Option:** 10-year increments, renewable up to 10 times
- **Lease Structure:** Triple-net lease (lessee responsible for taxes, insurance, and maintenance)
- **Capital Investment:** Benderson will fund major renovations to restore and upgrade all golf course properties
- **Resident Benefits:** Preferred access and discounted rates for Meadows residents
- **Financial Impact:** Substantial interest cost savings through debt refinancing
- **Community Focus:** Strong commitments to open space protections and profit-sharing for community benefit

This proposed plan reflects a shared vision for a vibrant, sustainable future—one that balances recreational excellence with financial responsibility. It also has the potential to serve as a regional model for inter-community collaboration and revitalization.

While we are still in the early stages of planning, the groundwork is already underway. Our golf maintenance team is working daily to prepare the courses, aiming to welcome golfers back for a reopening on November 15, 2025. Restoring all 54 holes to optimal condition is a priority, and progress is being made every day.

Stay tuned for more updates as this exciting transformation continues to unfold. We're committed to keeping residents informed and engaged every step of the way.

We look forward to working closely with Benderson Development.

This partnership represents a meaningful investment in the future of The Meadows, and we are committed to approaching every step with care, transparency, and community input. As negotiations progress, I will continue to keep the entire community informed through regular updates.

Once finalized, the proposed contract will be presented to the MCA Board for review and approval at an upcoming Board meeting. Your continued interest, support, and engagement are appreciated as we work together to shape this important chapter for The Meadows.

#### Conservation Easements: What You Should Know

Several residents raised questions about conservation easements. While I've been sending out Constant Contacts for clarity on the topic, here's a brief recap:

A conservation easement in Florida is a voluntary, legally binding agreement between a landowner and a qualified organization.

Conservation easements are a way to legally set aside areas of The Meadows and guarantee that they will be left untouched Meadow's land – no property will be sold. For many years The Meadows has already been keeping these areas free from development. The Meadows greenspace will not change in any way. This agreement permanently limits certain land uses to protect the environmental and agricultural values. In other words – no building on the property (including pumps) and no water being diverted through The Meadows! Our property is safeguarded.

Conservation easements are designed to protect:

- **Wildlife habitats**
- **Wetlands and water quality**
- **Agricultural lands**
- **Forests and scenic landscapes**

#### Zoom Audio Issues – Action Plan

Residents have reported issues with hearing Board member votes during the Special meeting.

To address this, the MCA has brought in an outside expert Technical Team to resolve the Zoom audio problems during community meetings. We appreciate your patience as we work to improve communication and accessibility for all members.

Below are the votes from the Special Board Meeting:

- Chris Perone – YES
- Tom Bondur – YES
- Jan Lazar – YES
- Alex Peake – YES
- Michelle Johnston – YES
- Marilyn Maleckas – YES
- Mark Pienkos – YES
- Don Breece – NO
- Sue Chapman – NO

#### September is also a great time to reflect on the importance of safety here in the Meadows.

At the MCA, we consider safety to be a cornerstone of a strong and thriving community. Ensuring that our residents feel safe and protected in their homes, parks, and shared spaces is a top priority — and one we take seriously year-round.

Leading the charge in this effort are our dedicated Safety Officers, who work daily to monitor and maintain a secure environment throughout the neighborhood. In addition, our Safety Committee led by Board member Michelle Johnston, plays a vital role in shaping safety initiatives, addressing resident concerns, and continuously exploring ways to improve our community's well-being.

If you observe anything that appears unusual, unsafe, or out of place, don't hesitate to contact Meadows Safety. Your attentiveness helps ensure a secure environment for everyone. Together — with staff, volunteers, and local law enforcement — we remain committed to keeping the Meadows a safe, welcoming place for everyone.



### OUR MISSION

Our mission is to preserve the property values, green space, ambiance and vitality of our community.

### OUR VISION

To be known as a well-maintained, welcoming, safe community with up-to-date housing, activities and services designed to meet the needs of all residents.



## WHAT YOU MAY KNOW.... WHAT YOU MAY NOT KNOW....



Frances Rippondi —  
MCA General Manager

**"The importance of having resident volunteers and safety committees taking an active role in communities is that they are the first line of defense in recognizing mischief and potential criminal activity."**

September is the perfect month to observe Safety Awareness. The Meadows Community Association is fortunate to have a team in place that responds to community emergencies and violations, to ensure The Meadows is as safe as possible — but who exactly makes up the safety team and what do they do?

### **SAFETY OFFICERS**

#### **What you may know:**

**Rick Gorman, Director of Safety** and his fine team of safety officers (**Fisher, Flaherty, Martocchio, Paltis, and Wilson**) patrol throughout the community, uphold the rules and regulations of our documents, monitor for violations, and keep a watchful eye for anything out of the ordinary. They respond to calls and assist residents with

a variety of needs ranging from solicitations, suspicious persons, truck violations, fishing violations, trash cans left in view, excessive noise and disturbances, etc. In effort to keep our community orderly and safe.

#### **What you may not know:**

Collectively, this team has 78 years' experience in law enforcement and 28 years of military experience and they are always going above and beyond to help residents. They have been known to assist loved ones with wellness checks, find missing persons - lost residents suffering from dementia, keep residents company while they are waiting on emergency services/car assistance, call the Homeless Out Reach Team to connect the homeless with service based opportunities, survey the property when hurricanes have passed and a number of extra tasks from responding to calls about snakes, injured birds, to returning lost dogs to their homes. They are employees of Allied Universal Security Systems but 100% part of The Meadows team.

### **SAFETY COMMITTEE**

#### **What you may know:**

The Safety Committee is one of the four standing committees that report to the Board of Directors each month. The purpose of the committee is to maximize the safety of residents, property owners and commercial enterprises within The Meadows. Along with being vigilant and responsive to all types of safety issues, they encourage community participation in recommending safety and security measures.

**Michelle Johnston**, is the Safety Committee Chair and the liaison between the committee and the board; she is responsible for providing the monthly safety overview of The Meadows. Each month, prior to the board meeting, the committee meets with **Officer Gorman, Deputy Duff** (Sarasota Sheriff's Office Community Liaison) and staff to discuss monthly safety incidents and field reports. This

committee has eight dedicated members with some members being a part of the team as far back as 2010. Their community knowledge along with the new members' insights, create a strong safety team and keep the residents' well-being at the forefront of the community.

#### **What you may not know:**

One of our most important initiatives in The Meadows is safety. In 2020, and still today, we have focused on bringing Safety presentations, reports and awareness to the community. In doing so we selected September as our Safety month to focus on all things Safety. We utilize both The Meadoword and Constant Contact as vehicles to get safety rules, reminders and alerts disseminated throughout the community.

Many of the ideas for Safety presentations are generated by the committee and **Deputy Duff's** discussions of what is happening in the community and surrounding areas to educate residents on how to protect themselves from falling victim to scams, theft, and crimes. Planned presentations this year are — Active Shooter and the Importance of Having a Plan, Identity Theft, Phone/ Internet Scams, Fall Risk Assessment, and Bike Safety education. Be sure to register!

### **SARASOTA COUNTY SHERIFF'S OFFICE LIAISON TO THE COMMUNITY**

#### **What you may know:**

The MCA is privileged to have **Deputy Duff** assigned to our community. **Deputy Duff** is a law enforcement agent with the Crime Prevention Unit and is a critical team member and liaison between the Sarasota County Sheriff's Office and The

Meadows. She updates us on incidents that may not have been reported to the MCA along with the latest crimes, frauds and scams occurring in Florida and the surrounding communities.

#### **What you may not know:**

**Deputy Duff** has been our liaison for the past five years. She and her team share their knowledge, experience and expertise by offering their services to educate the community through a variety of programs and presentations (from self-defense to active shooter) on how to keep safe. They are willing to perform individual neighborhood safety assessments providing tips and hints on ways to improve your situational awareness and keep your surroundings safe. If you are an Association President and would like your neighborhood assessed, reach out to her at 941-861-4084 for an appointment.

#### **What you should know:**

Our Safety Committee, Officers and Staff are here for you. We want to hear your safety concerns to keep the community free from crime. If you have an emergency CALL 911 — then call Safety at 941-809-0084.

Sarasota County, **Sheriff Hoffman**, at a past event, noted the importance of having resident volunteers and safety committees taking an active role in communities as they are the first line of defense in recognizing mischief and potential criminal activity. With limited county resources — it's neighbors watching out for neighbors and residents reporting suspicious activity that are the keys to the overall success of their department, our community and everyone's safety.



# MEET YOUR SAFETY TEAM!

FRIENDLY FACES WATCHING OVER OUR COMMUNITY



**DIRECTOR OF SAFETY OPERATIONS  
RICK GORMAN**

Safety Officer Gorman heads up the Safety team. He has been with the Meadows Community Association for 4 years and oversees all things Safety for our community. His shift starts bright and early at 6:30 AM

and can be found in the Meadows patrolling the community when he is not creating reports, schedules or attending the Safety Committee Meetings. He has over 37 years of law enforcement in the Correctional arm of the law. He served in the Army as a Military Police Officer. He has been a volunteer with Little League, AAU Basketball and enjoys fishing, cards and tennis. He is from New York and resides in Port Charlotte, FL.



**SAFETY OFFICER  
ANTHONY MARTOCCHIO**

Safety Officer Martocchio serves the Meadows on various shifts. He currently is serving in the National Guard and has done so for 6 ½ years. He was a Military Police Officer for the Army and a Correctional Officer. His specialty was physical

security, confined space extraction and was trained by Joint Special Ops for Active Shooter Response Unit. He also served 3 years in law enforcement and has had evasive driver training and Joint Terrorist Squad Training. His hobbies are all sports, cars and hunting. Born and raised in Florida.



**SAFETY OFFICER  
SCOTT FLAHERTY**

Safety Officer Flaherty is responsible for the MCA's 3rd shift and patrols from 11 PM to 7 AM. He was an Operations Commander, S.W.A.T. Commander and an Academy Instructor. He served in law enforcement for 31 years, enjoys

Kayaking, Rodeo events, Team Roping, Golf and Softball. He is from Virginia and now resides in North Port, FL.



**SAFETY OFFICER  
JOHN PALTIS**

Safety Officer Paltis patrols the Meadows 11 PM to 7 AM shift. He has 10 years of law enforcement specializing in Corrections and Inmate Supervision. Prior to him serving the law, for 25 years he was a painting contractor. His hobbies are boxing and weightlifting. He is from New York and resides in Sarasota, FL.



**SAFETY OFFICER  
JERRY FISHER**

Safety Officer Fisher work shifts vary, and he can be found patrolling the Meadows on different days throughout the week. He served the United States Air Force for 4 years as an Air Police. His past career was in Motorcycle Sales and

Management. He enjoys motorcycling, boating, guitar and is a singer song writer. He was born in South Haven, Michigan and grew up in Sarasota, FL.



**SAFETY OFFICER  
DON WILSON**

Safety Officer Wilson patrols the Meadows on weekends. He spent 9 years with the United States Air Force as a Photographic Reconnaissance Interpreter. Don's past career was in IT where he was a Director at Encore Productions

where he developed software packages with mobile applications. He was also involved in event technology at the Walt Disney World Swan. Hobbies include home projects, spending time with grandchildren and serving the Meadows. He was raised on a dairy farm in Oswego County NY and received an MBA from Rutgers University.



**SAFETY OFFICER  
BRENDAN MILLER**

Safety Officer Miller patrols the Meadows from 2 PM to 12 PM responding to residents' needs and safety concerns after the close of day for the MCA. He has served with the Navy for 2 ½ years has had a career in the banking and service

industry. He enjoys reading and staying fit by working out. He was born in New Jersey and resides in Manatee County, FL.

**COLLECTIVELY, THIS TEAM HAS 78 YEARS' EXPERIENCE IN LAW ENFORCEMENT AND 28 YEARS OF MILITARY EXPERIENCE AND THEY ARE ALWAYS GOING ABOVE AND BEYOND TO HELP RESIDENTS.**

# MCA BOARD OF DIRECTORS ELECTION

Each year, MCA holds an election for three Director positions on its nine member Board of Directors. The Board directs the operation of MCA, and through its committees, oversees various aspects of our community.

Property owners who are interested in assuming one of the Board positions should visit the MCA building at 2004 Longmeadow and request a Board Applicant Package.

**Completed forms must be returned to the MCA office no later than 3 PM on Friday October 3, 2025.** For further information, please contact Mike Mazur at the MCA office at (941) 377-2300.

Candidates for the Board are asked to introduce themselves to the community at the Assembly meeting on November 19, 2025 at the Lifestyle and Wellness Facility. Each candidate will be

given five minutes at the meeting to address the audience. In addition, the Assembly Executive Committee will schedule a candidates' information program for the community.

In mid-November, the candidates will receive a set of questions. Candidates will provide information about themselves. The responses from each candidate will be featured, along with a photo, in the January, 2026 issue of *The Meadoword*.

Ballots will be distributed to all Meadows property owners in mid-January, 2026. The ballots will be mailed with the MCA annual assessment document.

**The results of the election will be announced at the MCA Annual Meeting on March 3, 2026 at 7:00 pm.** The Annual Meeting will be held at the Lifestyle and Wellness Facility.



**Marcia McLaughlin**  
HOMES IN PARADISE

(941) 726-1536  
E-mail: soldem@aol.com

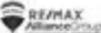
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In the month of June, 2025 there were (20) incident free days - (10) More than May 2025. There were (16) reported incidents - (10) Less than May 2025. There were (40) citations issued - (10) Less than May 2025.

Safety responded to the following during the month of May:

**SOLICITATION**

- On June 24th (twice in the afternoon) & June 25th the same man representing Moxie Pest Control was soliciting in the community. He was advised of trespassing & no solicitation.
- On June 30th 5 men in two different cars were soliciting services of "Creative Concepts". They were all advised of trespassing and no solicitation, and were instructed to leave the community.

**TRESPASS**

- June 18th a man and a woman were reported to be at the pool in Harpers Croft and were identified as not residents of Harpers Croft. Upon questioning the woman, who first advised me she lived there and gave an address there, turned out to be staying with an individual in Heronmere II. Both were instructed to leave the Harpers Croft pool

as they were trespassing.

**HEALTH & WELFARE CHECK**

- June 21st safety came across a car in the 3000 block of Hadfield Greene running in the driveway with a man leaning over the steering wheel. Subject offered no response when engaged. SCSO was called and arrived on scene and questioned the man.

**TRAFFIC CRASH**

- June 1st in the 4000 block of Winslow Beacon it was reported that someone during the night hit the condo with a vehicle. SCSO had also been called. During patrol safety came across a vehicle in the 4000 block of Longwater Chase that appeared to have recent damage that could be consistent with the property damage in Winslow Beacon. SCSO arrived on scene and interviewed the resident owning the vehicle. An ambulance was called by SCSO due to when the resident came to the door he was bleeding from a head wound.
- June 19th there was an accident in the parking lot of the MCLWF. Information from both parties was obtained, at which time the SCSO had arrived and took over.

**EMERGENCY NUMBERS**

**For Emergency, call 911. After calling 911 please report the incident to the MCA Safety Patrol.**

**The non-emergency Sarasota County Sheriff's Office: 941-316-1201**

**MCA Safety Patrol: 941-809-0084**



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## THE MEADOWS SAFETY COMMITTEE

Michelle Johnston, Safety Committee MCA Liaison

The Meadows Safety Committee meets on the first Monday of every month from September through June, except in September because of Labor Day. Members of the Committee are from all of The Meadows neighborhoods, including Aviva, as well as members of the MCA administration, a representative of the Sarasota County Sheriff's Office, and Officer Rick Gorman of the Meadows Safety Patrol. The Safety Committee also welcomes your input and takes community concerns very seriously. For example, some residents were concerned about stop signs, visibility, and speeding, which the Safety Committee addressed.



AFTER LOOKING AT THE TRAFFIC DATA DISPLAYED IN THE TRAFFIC LOGIX REPORTS, THE SAFETY COMMITTEE CONCLUDED THAT GENERALLY THE RADAR SIGNS CALMED THE TRAFFIC AND SLOWED DOWN DRIVERS.

Over the last few years, the Meadows Safety Committee has investigated speeding issues on our private streets within The Meadows. Four radar speed detectors monitored by Traffic Logix in two locations, Ringwood Meadow and Longmeadow provide the Safety Committee with data for their investigation. Ringwood Meadow has a 20 mph speed limit whereas Longmeadow as a 30 mph speed limit. Traffic Logix generates reports that are updated regularly throughout each day, telling the time, traffic volume, and speeds. For example, in the latest reports the average speed on Ringwood Meadow was 22 mph and on Longmeadow 32 mph. These reports, generated in August, showed a lower volume of traffic than we experience during the season, but, interestingly, the average speeds tended to hold steady.

After looking at the traffic data displayed in the Traffic Logix reports, the Safety Committee concluded that generally the radar signs calmed the traffic and slowed down drivers. Of course, there are outliers who drive above the average speed, but through the reports, the Safety Committee can identify the times when speeding occurs. Besides the speeds, the report shows the high traffic volume time periods by day. Specifically, on Ringwood Meadow in August, the highest traffic volume was between 1:00 PM and 2:00 PM and 5:00 PM and 6:00 PM.

Basically, the Meadows Safety Committee is pleased that it can receive up-to-date traffic information, and that the information which it is receiving suggests that the traffic is calming.

# BICYCLING HELMETS = SAFETY

By Elizabeth Williams

While enjoying your ride in the Meadows, be sure to avoid potential fall hazards such as blind spots due to vegetation, structures, cracks in the paths, sharp curves, walkers with dogs and earphones/buds, and of course drivers and other cyclists. There are also increases in electric bikes going at higher speeds than traditional bikes. All these things have the potential for injury.

## Staying Safe on Two Wheels: Why Adult Cyclists Should Embrace Helmets

Cycling offers freedom, fitness, and fun—and for many adults, it's a laid-back way to commute, unwind, or explore their neighborhoods. But even the most casual rides can come with unexpected surprises: a pothole, a distracted driver, or a sudden swerve. The one piece of equipment consistently makes a difference when things go sideways: a helmet.

## Why Helmets Matter for Adults Too

There's a common misconception that helmets are just for kids or serious riders. But studies show that **head injuries are the most common and most severe type of injury in bicycle crashes.**

A helmet isn't just a precaution; it's a life-saving tool. Research shows that helmet use can:

- **Reduce the risk of head injury by up to 60%**
- **Lower the odds of fatal head injury by about 65%**
- **Cut the risk of traumatic brain injury by more than 50%**
- **Decrease the likelihood of death in a crash by 44%**

Even facial injuries are reduced—helmeted cyclists had **31% lower odds of facial fractures** and were less likely to require neurosurgery.

## Why Some Adults Skip Helmets—and Why That Needs to Change

Comfort and appearance are common reasons adults avoid helmets. But with today's designs, those excuses no longer hold up. Modern helmets are lightweight, breathable, and stylish enough to suit every taste. Plus, choosing to wear a helmet sets a powerful example for younger riders and helps normalize safety as part of everyday cycling culture.

## Smart Habits for Safer Rides

- **Wear a helmet** every time you ride, even for short trips. It should fit snugly and sit level on your head—low on the forehead, not tilted back.
- **Make yourself visible** with bright clothing and lights, especially when riding at dusk or dawn.
- **Obey traffic rules**, ride with traffic, and use hand signals to communicate with drivers.
- **Stay alert.** Keep your eyes on the road, skip the headphones, and anticipate potential hazards.

No one plans to fall—but you can plan to bounce back better. Whether you're coasting to meet friends, going to water aerobics, or the MCA Library, your helmet is a simple, effective way to protect your brain and keep your adventures rolling safely.



**"Choosing to wear a helmet sets a powerful example for younger riders and helps normalize safety as part of everyday cycling culture."**

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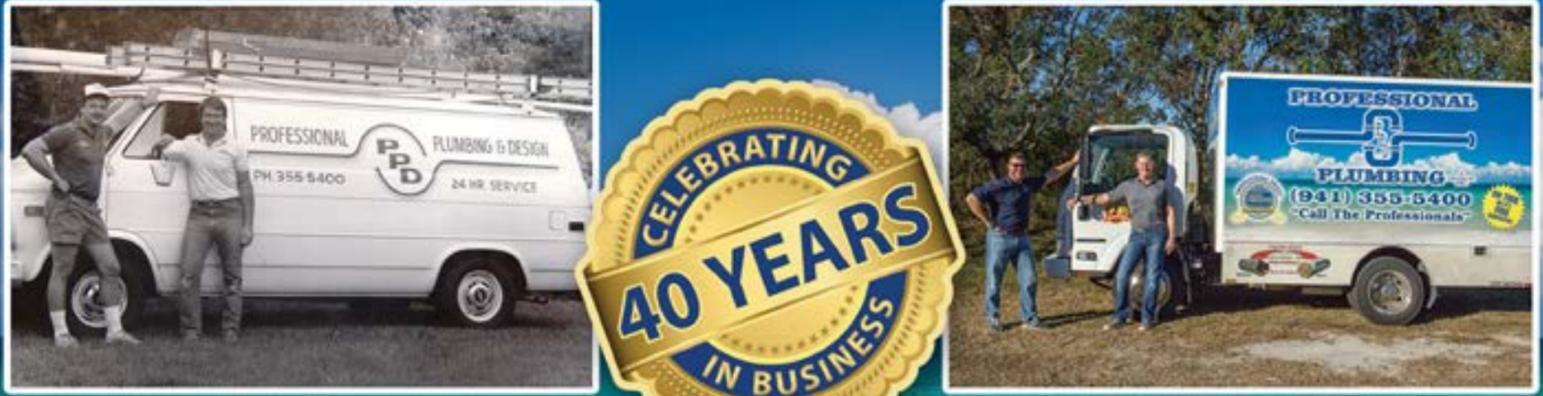
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## SEPTEMBER APPROVED ARCHITECTURAL REVIEWS

- |                        |                      |                             |
|------------------------|----------------------|-----------------------------|
| Penshurst Park HOA     | 4713 Greencroft Rd   | 2361 Arborfield Ln          |
| 4433 Glebe Farm Rd     | 4988 Greencroft Rd   | 5065 Vivienda Way           |
| 4656 Glebe Farm Rd     | 4622 Longwater Chase | 5358 Everwood Run           |
| 4713 Greencroft Rd     | 3166 Sandleheath     | 3661 Longmeadow             |
| 3469 Hadfield Greene   | 3190 Sandleheath     | Pinebrook Hollow Condo Assn |
| 5384 Huntingwood Court | 3383 Sandleheath     | Sandleheath Condo Assn      |
| 4747 Ringwood Meadow   | 4760 Greencroft Rd   | 5295 Everwood Run           |
| 4813 Waterbridge Down  | 4900 Windsor Park    | 4900 Windsor Park           |
| 4372 Woodmans Chart    | 51818 Marshfield Ln  | 4761 Marsh Field Rd         |
| 2905 Sandringham Place | 4421 Glebe Farm Rd   | 4761 Marsh Field Rd         |
| 2945 Heather Bow       | 3870 Lyndhurst Ct    | 3418 Highlands Bridge Rd    |
| 2917 Sandringham Place | 5342 Myrtlewood      | 4713 Winslow Beacon         |
| Stratfield Park HOA    | 5408 Champagne       | 3804 Lyndhurst Ct           |
| 2422 Arborfield Sq     | 4018 Penshurst       | 5489 Downham Meadow         |

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**The Meadows, Hub of Sarasota**  
 Ending the months of May 2025 and May 2024 In The Meadows & Sarasota County

SALES	THE MEADOWS	SARASOTA COUNTY
Sales 2025 & 2024	↓2025 (17) 2024 (25)	↓2025 (906) 2024 (1042)
Median Sale Price	↓\$350,000 \$410,000	↓\$400,000 \$450,000
Condominium Sales	↓2025 (12) 2024 (16)	↓2025 (286) 2024 (380)
Med Condo Sale Price	↓\$280,000 \$332,500	↓\$320,000 \$363,000
House Sales	↓2025 (05) 2024 (09)	↓2025 (620) 2024 (662)
Med House Sale Price	↓\$570,000 \$690,000	↓\$449,000 \$517,000
For sale on May 31st	↑2025 (100) 2024 (84)	↑2025 (5492) 2024 (4272)
Property Pending	↓2025 (15) 2024(18)	↓2025 (1098) 2024 (1124)
Listing Supply	↑2025 (5.9) 2024(3.4)	↑2025 (6.1) 2024 (4.1)

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# Reminders

**The MCA Offices will be closed** in observance of Labor Day Monday, September 1. The public side and library will remain open.



**ELECTRONIC TUTOR**  
**SEPTEMBER 4**  
**1- 4 PM @ MCA**  
Call David Stoltie  
**941-404-5585**  
the Patient Trainer,  
to schedule an appointment.



**GET YOUR SPOTS CHECKED**  
Thursday, September 11  
7:30 AM - 3:00 PM  
MCA Parking Lot  
Call **941-444-0011**  
to schedule your appointment today!  
MCA Parking Lot



If you reserve space for an association meeting, activity or event and are unable to come, please call and let us know, so someone else may enjoy using the space.

MCA plans for events based on how many signed up. This is why it is important to let us know if you will not be attending the event you signed up for. Please give us adequate notice prior to the event, so we may order the proper amount of supplies and food.

Thank you - MCA Management

**ALZHEIMER'S ISN'T STOPPING. NEITHER ARE WE.**



**JOIN TEAM MEADOWS**  
(The Meadows Community Association)

**NATHAN BENDERSON**  
Saturday, November 15 • 8:30 AM

Sign up on the MCA website  
[themeadowssarasota.org](http://themeadowssarasota.org)

Contact MCA AT 941-377-2300



**HEARING CLINIC**  
Tuesday, September 15 from 9-11 AM  
Call for an appointment **941-677-2660**  
Held at MCA 2004 Longmeadow

## ANNUAL ASSESSMENTS

Annual Assessments are mailed in January.

**If you have an address change,** please contact MCA by email: [mcaaccounting@meadowsca.com](mailto:mcaaccounting@meadowsca.com) to ensure prompt delivery of your assessment **no later than November 1st.** Any changes made after that date will not take effect for the 2026 Assessment cycle.

## COFFEE & Conversation

**Meet Your Neighbors**  
**Monday through Friday from 9-11 AM**

Relax and enjoy a cup of coffee at the Lifestyle and Wellness Facility's Perch or on the outside Veranda.



The Perch is now set up for you, your friends and neighbors to enjoy.

Bring your computer, magazine or take a break from the heat. This is the perfect way to start your morning in The Meadows.

# Activities

## Line Dancing

Wednesday,  
September 3  
2 – 3 pm

The Meadows Lifestyle & Wellness Facility

No experience required! Have fun, learn some dance steps, and get some exercise. Get your feet moving from the Electric Slide to Fireball! Please wear closed-toe shoes.

Register online at [themeadowssarasota.org](http://themeadowssarasota.org)



## Ice Cream Social

Wednesday, September 10 • 6:30-7:30 PM  
Meadows Community Lifestyle & Wellness Facility

Cool Down and Mingle!

Register online at [themeadowssarasota.org](http://themeadowssarasota.org)



Wednesday, September 3  
6:30 – 7:30 PM

\$5 for three cards

Meadows Community Lifestyle & Wellness Facility

Email [RSVPBingo@yahoo.com](mailto:RSVPBingo@yahoo.com) to register.

## Fall Risk Assessment Presentation

Friday, September 12 • 1 – 2 pm

The Meadows Lifestyle & Wellness Facility

Presented by Cassandra Howell, Trauma Injury Prevention Coordinator for Sarasota Memorial Hospital.

Take this opportunity to learn your risk factors, discover prevention strategies, and connect with valuable community support.

Register online at [themeadowssarasota.org](http://themeadowssarasota.org)



## CULINARY DEMONSTRATION



Friday, September 5  
3 pm

The Meadows Lifestyle and Wellness Facility

Join us for an exclusive, behind-the-scenes culinary demonstration with Chef Johnny Zaki — co-owner of The 1592 Wood Fired Kitchen & Cocktails and a proud Meadows resident.

Experience a modern presentation of Mediterranean specialties, featuring bold flavors, fresh ingredients, and curated sample tastings.

Register online at [themeadowssarasota.org](http://themeadowssarasota.org)

## ARE YOU READY FOR A FITMIND?

Wednesday, September 17 • 10:30 – 11:30 AM

A unique presentation by DeSoto Palms on ways to exercise your brain through interactive games & activities for a Fit Mind.

Meadows Community Lifestyle & Wellness Facility

Register on-line at [themeadowssarasota.org](http://themeadowssarasota.org)



RUN



HIDE



FIGHT

## ACTIVE SHOOTER PRESENTATION

With Cathy Duff, Law Enforcement Deputy of the Crime Prevention Unit, Sarasota County Sheriff's Office

Tuesday, September 9  
3 – 4 pm

The Meadows Lifestyle & Wellness Facility

Good practices for coping with an active shooter situation. Register online at [themeadowssarasota.org](http://themeadowssarasota.org)

## Introduction to Ballroom Dancing



Wednesday, Sept. 17 • 6 – 7 pm

The Meadows Lifestyle & Wellness Facility

Join Charlene and Mickey Kirshenbaum, your Meadows' neighbors, for an introduction to ballroom dancing for social enjoyment. Space is limited so sign up now!

**This event is open to Meadows Residents Only.**

Register online at [themeadowssarasota.org](http://themeadowssarasota.org)

# and Events

## WHAT YOU CAN DO TO PREVENT IDENTITY THEFT AND FRAUD

Friday, September 19  
11 am – 12 pm

The Meadows Lifestyle & Wellness Facility

Deputy Brian Keane of the Sarasota Law Enforcement, Crime Prevention Unit, teaches us tips to avoid having Identity Theft happen to you.

Register online at [themeadowssarasota.org](http://themeadowssarasota.org)



## PROTECT YOURSELF FROM SCAMS

Wednesday, September 24 • 11 am – 12 pm

The Meadows Lifestyle & Wellness Facility

Art Smith, a consumer educator with Seniors vs Crime, will present “Don’t Be Scammed”, an informative presentation on internet scams that target us all. Art will identify the most common scams and discuss ways to protect yourself from becoming a victim. He will also talk about protecting your identity.

Register online at [themeadowssarasota.org](http://themeadowssarasota.org)

## Beginner Crochet Class

with Meadows resident, Kathy Easley

Saturday, September 20 • 1 – 2 pm

The Meadows Community Association—Sunroom

Register online at [themeadowssarasota.org](http://themeadowssarasota.org)



## Why Food Safety Matters

Thursday, September 25 • 11 am – 12 pm

The Meadows Lifestyle & Wellness Facility

Carly E. Lovallo, Chronic Disease Prevention Coordinator from Florida Department of Health in Sarasota County, will be going over the importance of food safety, explain

key bacteria and how they cause illness, foods to avoid or handle carefully, and recognizing spoiled foods.

Sign up and put this on your calendar so you don’t miss this event!

Register online at [themeadowssarasota.org](http://themeadowssarasota.org)



## EMERGENCY ANIMAL PREPAREDNESS WORKSHOP

Monday, September 22 • 11 am – 2 pm

The Meadows Lifestyle & Wellness Facility

Presented by Jeremy Hillengas, Program Manager Florida State Animal Response Coalition Division of SPCA Florida

Learn best practices for how to prepare yourself and your pets in a hurricane situation.

Register online at [themeadowssarasota.org](http://themeadowssarasota.org)



## Bike Safety Training

Friday, September 26  
11 am – 12 pm

The Meadows Lifestyle & Wellness Facility

Learn essential safety tips, proper riding techniques, and traffic rules to keep you safe on the road.

Free helmets and custom helmet fittings will be provided to all participants while supplies last.

Register online at [themeadowssarasota.org](http://themeadowssarasota.org)

## Get Ready for the Sarasota Mobile Library at The Meadows!

Starting in October

The Meadows Community Association

Starting in October, the Mobile Library will visit The Meadows Community Association every second Thursday of the month. Get a library card on-site and borrow or place holds on books, music, audiobooks, movies, mobile hotspots, Launchpads, and more!

Don’t miss this convenient way to stay connected, informed, and entertained—right in your neighborhood! Register online at [themeadowssarasota.org](http://themeadowssarasota.org)



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# COMING SOON

## CREPETOPIA: A Family’s Sweet Dream Comes to Life in The Meadows

The Meadows is about to get a whole lot sweeter. Crepetopia is a cafe serving crepes, milkshakes, ice cream, pastries, and more. Behind this delicious new addition is a family team a mother, Darin, and her two daughters whose shared dream was to create a place where people could gather, connect, and treat themselves to something unforgettable.

### THE NAME SAYS IT ALL

The name *Crepetopia* was born from the idea of a dessert utopia – a place where every bite is a small moment of joy. “When you walk through our doors, we want you to feel like you’ve stepped into a happy place.”

### WHY THE MEADOWS?

Choosing the Meadows wasn’t just a business decision, it was a personal one. “This community has such a special energy,” Darin explains. “It’s friendly, welcoming, and filled with people who truly care about one another. We knew right away that this was where we wanted Crepetopia to grow.”

Her daughters agree, adding that they’ve already felt the warmth of the neighborhood. “People have been stopping by while we set up, peeking in through the window. We’ve

even let a few inside to take a quick look,” one daughter shares. “Their reactions have been amazing, one person said, ‘Wow, how beautiful it is inside!’ Another told us, ‘OMG, thank you for letting me peek inside. I feel so lucky to have experienced this.’ Those moments remind us why we chose the Meadows.”

### FROM VISION TO REALITY

The idea for Crepetopia came during a family trip to Costa Rica, where the owners fell in love with the cozy cafe culture. “We wanted to recreate that feeling, a place where people pause and enjoy the moment, enjoy conversation, and savor every bite,” Darin says.

### THE MENU: SWEET, SAVORY, AND EVERYTHING IN BETWEEN

Crepetopia’s menu features a wide range of treats – from classic Nutella crepes to elaborate milkshakes piled high with toppings, plus rich ice cream with two free toppings included.

### THE JOURNEY TO OPENING DAY

Opening Crepetopia hasn’t been without challenges – from delays in inspections to long nights perfecting recipes. But the family



says every setback made the final product even better. “We’ve learned so much and grown closer through the process,” Darin reflects. “The excitement from the community has kept us going.”



### GRAND OPENING CELEBRATION

Crepetopia will celebrate its grand opening in mid September with **free ice cream samples, live music, and fun activities for kids** like face painting and a bounce house. The family invites all Meadows residents (and beyond!) to join in the festivities.

Stay connected by following Crepetopia on Instagram and Facebook @Crepetopia\_ for updates, sneak peeks, and event details.



### Coming Soon To The Meadows Village Center! GANGES RESTAURANT & BAR

Former Meadow's Village Pub will reopen as Ganges Restaurant & Bar! Owners of Tikka Indian Cuisine, located on Fruitville Road and Spice Indian Cuisine on Clark Road are looking forward to their soft opening in September.

At Ganges, the bar will be serving cocktails, beer, wine and will feature a modern American menu, while the main dining room will offer elevated fine-dining Indian cuisine menu. Culinary talent includes three chefs with backgrounds in Michelin-honored Canadian restaurants. It's not going to be the typical tikka masala or vindaloo you find at most Indian restaurants. The dishes will feature more elaborate presentations.



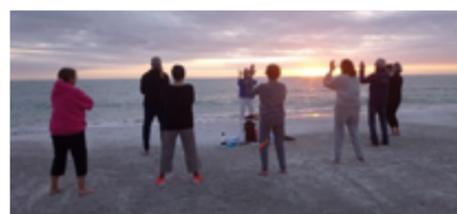
### Detwiler’s Farm Market will be partnering with The Meadows for our monthly Ice Cream Socials!!

#### PROUDLY SERVING YODER'S SOUTHERN CREAMERY

We make ice cream the old fashioned way – with quality, care, and superior ingredients. This is what makes our product the creamiest ice cream in Florida. All of our flavors are made in small batches with personal care and attention. Every ounce is drawn out by hand and carefully crated by our creamery team.



Sandra Love will be joining our fitness team to teach Qigong classes starting in October.



IT'S FUN! IT'S FREE! IT'S ON A SATURDAY!  
YOU'RE INVITED TO A

## Crochet Class!



Liz Barnett — Craft Group

At 1 pm on Saturday, September 20, skilled crocheters from the Craft Group will teach beginners to crochet and current crocheters to improve their skills.

If you're new to crocheting, you can unlock your creativity as you learn a new skill. You'll start with the basic stitches and go home with a fancy dishcloth, like the ones pictured here, made by YOU! That's just the beginning. As you learn more stitches you can crochet coasters, place mats, slippers, shawls, afghans, hats, mittens, baby bonnets, bibs, toys, Christmas ornaments and decorations and more.

If you are a crocheter who wants to improve your skills, or needs help with a pattern, bring your project and pattern directions with you. We'll help you take the next steps to finish your creation.

Being able to pick up your work, tuck it in a bag and take it with you is one of the best parts of crocheting. You can crochet on trips as you ride in the car or wait in the airport. Whether you're relaxing on the beach or sheltering from an impending hurricane, you can pass the time by crocheting. Not only does crocheting banish boredom, crochet is calming.

In fact, crocheting is good for you in a lot of ways. Crocheting gives your brain a workout

as you concentrate on complex patterns requiring hand-eye coordination. As you learn a new skill, new neural paths are created which help memory and cognitive functioning. Completing a project brings a sense of accomplishment and dopamine, a neurotransmitter that is associated with pleasure, is released. In several studies, crocheters reported higher levels of happiness than their peers.

Ready to join us and get started? You can get the supplies you need at craft stores, variety stores, and on-line. Here's what you will need for the class:

- A crochet hook - size H (5mm) or I (5.25mm)
- Cotton or Cotton-Blend Yarn – Yarn weight (thickness) is called Medium, 4, or worsted weight; a package has 160-180 yards.
- Yarn or tapestry needle – with an eye big enough for your yarn to go through.
- Bring scissors, any type.

To register for the class, watch for a notice in Constant Contact, a computer link to sign up for the class will be published there. If you don't subscribe to Constant Contact or don't have access to a computer, stop by the MCA office or come to the Craft Group on Wednesdays between 9 and 11.

IN SEVERAL STUDIES,  
CROCHETERS  
REPORTED  
HIGHER LEVELS OF  
HAPPINESS THAN  
THEIR PEERS.



## The Meadows - A Path Forward Turning Vision into Property Value

*As a neighbor and local Real Estate Advisor, I've created a digital flipbook with ideas to help The Meadows grow stronger and more vibrant. It reflects my commitment to a future that preserves value, enhances lifestyle, and strengthens our sense of community.*

If you'd like to talk about what's ahead—or how evolving plans may affect your home's value—I'd **welcome the conversation.**



SCAN the QR CODE or visit [MeadowsPathForward.com](http://MeadowsPathForward.com) to explore a thoughtful path forward for *our community.*



*Andrew Bers*

**Andrew Bers**

Broker—Associate  
Sarasota and It's Islands

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- 5011 Windsor Park - Secluded 3,000SqFt pool home surrounded by preserve ..... SOLD!
- 3445 Highlands Bridge - Updated, turnkey, lakefront, hurricane ready pool home ..... \$828K
- Penshurst Park/3008 Highlands Bridge Rd - Exquisite finishes and lake views ..... PENDING
- 3881 Chatsworth Greene - Updated villa with stunning pond and golf views ..... PENDING
- 3484 Hadfield Greene - A seamless blend of sophistication and comfort ..... SOLD!
- 3424 Hadfield Greene - Stunning top-to-bottom renovation, hurricane ready ..... \$499K
- 3982 Chatsworth Greene - Immaculate, sophisticated, villa with golf course views ..... \$495K
- 3356 Hadfield Greene - Beautifully updated villa with tranquil golf course views ..... SOLD!
- 3864 Chatsworth Greene - Long golf course views, ideal southeastern exposure ..... \$449K
- 3916 Chatsworth Greene - Tranquil golf views, ready for your personal touch ..... \$400K
- Chatsworth Greene/3309 Highlands Bridge Rd - Expansive serene pond views ..... PENDING
- 3905 Oakley Greene - Serene, easy-living end-unit villa with lush, treed views ..... PENDING

### FOR SALE ELSEWHERE IN THE MEADOWS

- 5545 Downham Meadow - Breathtaking scenery from this spacious pool home ..... SOLD!
- 5653 Pipers Waite - Luxurious, serene and storm-ready lakefront villa ..... SOLD!
- 5688 Pipers Waite - The crown jewel! Exquisite renovation with spectacular views ..... \$695K
- 3572 Ferndell - Serene, spacious and private pool home with golf course views ..... \$665K
- 5655 Pipers Waite - Lakefront villa that lives like a home, but without the hassle ..... \$550K
- 4861 Waterbridge Down - Gorgeously updated, lakefront and hurricane ready ..... \$525K
- 3984 Lyndhurst Ct - Maintenance-free pool home with serene golf course views ..... \$449K
- 4419 Glebe Farm Rd - Beautifully updated villa with spectacular golf views ..... \$415K
- 4520 Chandlers Forde - Fully furnished gorgeous and spotless end-unit ..... SOLD!
- 4701 Chandlers Forde - A fabulous escape! Charming, easy-living, updated ..... SOLD!
- 5424 Hamsptead Heath - Spectacular pond framed by wide golf course views ..... \$339K
- 3102 Windrush Bourne - Beautiful end-unit with privacy and pond views ..... PENDING
- 4611 Weybridge - Panoramic pond and golf course views, updated, turnkey ..... PENDING
- 5217 Wedgewood Ln - Spotless ground-floor 2/2 condo in a quiet location ..... PENDING

### FOR SALE IN THE SARASOTA METRO AREA

- University Park - Gorgeous pool home, private lot, distant golf course views ..... SOLD!
- Whitfield Estates - West of Trail! Beautifully updated open-plan pool home ..... SOLD!
- Fox Trace - Better than new, secure 3BD plus Den lakefront home ..... \$599K

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# Memor Group

## WHY PLAY IT SAFE?

Liz Barnett

If you're sharing the stories of your life, you might be tempted to play it safe and only include stories of your triumphs. Trust me, if you want your stories to be loved and remembered, that won't work. I soon learned that my grandchildren's favorite stories were about the less than perfect me. "Tell us about when you were bad," was the bedtime story request I heard most often. As teens, they loved hearing how the teenage me stumbled. The time I failed the rhythm test at Duke and had to take remedial rhythm in gym. How I practiced for months to look sexy and when I tried "the Look" on my boyfriend, he was astounded. "Oh Liz, when you look like that, you look just like a St. Bernard," he gasped.

Those stories created a bond between us as they realized I faced the same



challenges as they do and survived my shortcomings; a bond that would never have existed if my only stories were of times when I excelled. Thanks to belonging to the Memoir Group, those stories are written down and will be preserved.

It can be hard to 'fess up to times when things didn't turn out as you hoped but having a place like the Memoir Group to test the stories makes it easier. You'll find that others had experiences like yours. You'll find that others admire your resilience. As you read Bob Finlay's review of things he tried, see if you haven't shared some of these experiences. And when you're finished do you have some insight into why Bob has worked in multiple countries, lived in more than 20 houses, and bought a boat and set sail on a loop around the eastern seaboard.

To hear more life stories and share your own, join us in-person at the MCA or on Zoom on the First and Third Friday of every month. For more information contact the Meadows for the group's email or phone.



# I TRIED...○○○

By Bob Finlay

**Sometimes in the middle of the day, or the middle of the night, my mind wanders to the past. In some of those wandering, in creeps images of stuff that I have tried to do and for reasons known or unknown have been rejected. What follows is a brief compilation of some of those "happenings" in my early years.**

The first "tried" that comes to mind is the building of a soapbox derby car. I was eight or nine years old when the derby was a big thing. I cajoled my father into agreeing to help me build one. The plywood base was purchased and the wheels obtained.

When the outline was to be drawn on the base, my first lesson in aerodynamics was given. I wanted to have a Vee shaped nose and my physics-teacher father launched into a lecture on the advantages of a round nose. Then the instructions were

read and the issue of weight surfaced. When just the plywood, wheels and me were weighed, it totaled more than what was allowed. Needless to say, that base was never cut, Vee or rounded.

Little league baseball was an early bust. I tried out, got cut right away and that was that. Ever since, I have never liked baseball.

Somewhere in that first decade of my life the piano entered. It wasn't even a try on my part. I hated it, I fought it, but they still pursued it. They refer to my

*continued on next page*

*Continued from previous page*

mother who constantly said “when you get older, you’ll wish you could play.” That never happened. The other “they” was the piano teacher, Miss Brooks. This poor woman traveled around the city giving lessons in the home to children, like me, who had no hope of becoming players. Once a year she hosted recitals. You had to coolly walk up to the piano in front of all those strangers. Once settled in, you began playing, real smooth until, boom, you screwed up and TWINKLE, TWINKLE, LITTLE STAR went downhill from there. She also held Saturday morning rhythm band practice at a local church. The only good thing about that was the table of comic books that one could read while waiting to begin. That was important because they were forbidden in my household by the schoolteacher parents. I got reintroduced to the piano during my time at SUNY Geneseo when I was required to take a course called Music Appreciation. Again, I suffered through it and the prof passed me only to get rid of me.

And then there were the dance lessons. My poor parents, in their everlasting quest to raise a well-rounded human being, put me through

the misery of learning ballroom dancing. The kid had no rhythm and the man doesn’t either.

The early teens was the ham radio craze. I so wanted to be an operator. The telegraph key and sounder were made and in earnest I began to learn the Morse code. I think to get a license one had to record and send five words a minute as well as pass a theory test. Theory was no problem, Morse code was. Dot dash was not my forte. However, I did get a short-wave radio out on it, which I built myself, courtesy of Heath kit.

Mid-teens took me through the car craze. Hot Rod magazine ruled. I became the suffering wannabe mechanic with enough developing skill to be dangerous. I rebuilt a motor scooter that arrived in a bushel basket, was a grease monkey at the local gas station, and tried with no avail to

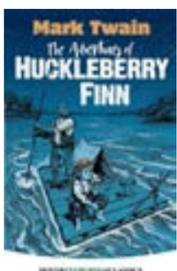
customize the family Chevy. When told that I could make my career choice, after college, the thought of being a mechanic got filed away. Oh yes, the idea of becoming a farmer, due to the fascination with the machinery, went with it.

So, off to college I went. I enrolled into Clarkson College of Technology in the Industrial Distribution program. The old statement of look to your left, then look to your right, those people will not be with you when you graduate, applied. I disappeared after one semester. The irony of the whole experience was that I spent the last 14 years of my convoluted career doing what that program was to prepare me for, industrial sales.

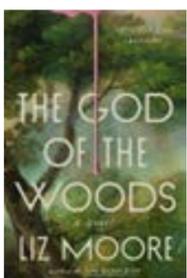
The wife pointed out to me that she has watched me continue the same pattern of tries that I started with. Somehow, with her help, I’ve been able to muddle on.

## BOOK CLUB SCHEDULE

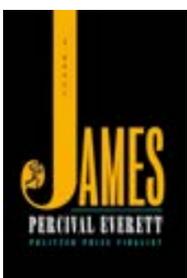
There is no September meeting, but you can get a head start on reading these books for upcoming meetings.



October 8, 2025  
**Huckleberry Finn**  
Mark Twain



November 12, 2025  
**God of the Woods**  
Liz Moore



December 10, 2025  
**James**  
Percival Everett

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# Services & Classifieds

## NEW MEADOWWORD SUBSCRIPTION OPTIONS

If you spend several months of the year away from The Meadows, and would like to receive a print copy of *The Meadowword*, consider subscribing to *The Meadowword* or access it on [themeadowssarasota.org](http://themeadowssarasota.org). Forms for subscriptions may be found on the MCA website under News & Resources/ Meadowword Forms.

Annual Subscription - Begin in January and end in December of that same year. If you choose an annual subscription after January it will only include a Meadowword the next time it is published depending on when you make the payment. It may make more sense to consider a semiannual subscription depending on when you decide to subscribe. Your subscription will include Meadowwords based on when you subscribed along with any special editions in June and August IF published. We do not do rolling subscriptions.

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USA	\$14.40
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## MEADOWWORD DEADLINES

The deadline for advertising and article insertions into *The Meadowword* is the first Monday, one month prior to the month of insertion.

The next issue is October.  
The deadline for the October issue is Monday, September 1.



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*Christine Hannafin, Ph.D.*  
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610-608-1991  
[christinehannafin@gmail.com](mailto:christinehannafin@gmail.com)  
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## TECH SUPPORT/HELP

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dave@davidstoltie.com

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## HOMES FOR RENT

Willow Links. Beautifully decorated and renovated 2/2 first floor end unit. Glassed lanai. Available September and December 2025 and April 2026. Michele.pouliot@hotmail.com or 418-683-0153.

Chatsworth Greene 3 bedroom, 2 bath villa, lake view, walk in shower, handicap accessible, 2 car garage, freshly painted, refurbished, 3 to 6 month seasonal rental. Call 410-465-7723

Furnished 1 bedroom Condo. First floor, end unit with magnificent views. Available as of April 2026 for 6-month lease. Owner pays Internet / Tenant pays utilities. Call owner WJ Pace at 610-960-8892 for appointments. No Pets. wjpace@com-cast.net

Condo 2 bed / 2 bath fully furnished ground floor with a walk-in shower in Willow Links. Short term rental available for the 2026 season. Enclosed lanai. No pets. Cable included, wifi available. Call Sean at 718-309-3103.

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## HOMES FOR RENT

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Classified ads cost \$25 for up to 40 words.

Classified copy must be submitted with payment on or before the first Monday of the month prior to publication.

If the first Monday falls on a holiday, ads are due the previous business day.

Please practice due diligence when hiring service providers.



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### The Meadows Center for Nursing and Healing

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## THE MEADOWWORD

Publisher, MCA: Frances Rippondi,  
MCA General Manager

Editor: Luisa Vavra

Graphic Design: Sandy Wachowski

### MEADOWS COMMUNITY ASSOCIATION

2004 Longmeadow

Sarasota, Florida 34235

Phone 941-377-2300

Fax 941-377-2600

marketing@meadowsca.com

*Submissions are published at the discretion of the editor and the MCA.*

# Meadoword



The Meadows Community News and Lifestyle

## SEPTEMBER 2025 CALENDAR

Sept 1		CLOSED FOR LABOR DAY	MCA/MCLWF
Sept 2	3 – 4 PM	Standards Committee	MCLWF
Sept 3	2 – 3 PM	Line Dancing Class	MCLWF
	6:30 – 7:30 PM	Bingo	MCA
Sept 4	1 – 4 PM	Electronic Tutor	MCA
Sept 5	3 – 4 PM	Modern Mediterranean Specialties Presentation	MCLWF
Sept 8	2 – 3 PM	Safety Committee	MCLWF
Sept 9	3 – 4 PM	Active Shooter Presentation	MCLWF
	4 – 5 PM	Emergency Preparedness Committee	MCLWF
Sept 10	2 – 3 PM	Book Club	MCA
	6:30 – 7:30 PM	Ice Cream Social	MCLWF
Sept 11	7:30 AM – 3 PM	OnSpot Dermatology	MCA Parking Lot
	2 – 3 PM	Board of Director Meeting	MCLWF
Sept 12	1 – 2 PM	Fall Prevention & Risk Assessment Presentation	MCLWF
Sept 16	9 – 11 AM	Optimum Hearing Clinic	MCA
Sept 17	10:30 – 11:30 AM	Fit Minds – Mental Cognitive Stimulation	MCLWF
	6 – 7 PM	Ballroom Dancing Demo & Intro	MCLWF
Sept 19	11 – 12 PM	Identity Theft Presentation	MCLWF
Sept 20	1 – 2 PM	Beginners Crochet Class	MCA
Sept 22	11 – 12 PM	Emergency Animal Preparedness Workshop	MCLWF
Sept 24	11 – 12 PM	Phone & Internet Scams Presentation	MCLWF
Sept 25	11 – 12 PM	Food Safety Presentation	MCLWF
Sept 26	11 – 12 PM	Bike Safety Training w/ Helmet Fitting & Give-aways	MCLWF

Locations and time of events may change. Please check website for latest locations and times.

### CLUBS & SOCIAL GROUPS

#### Ace in the Hole Card Club

Bob Monaghan  
Tuesday 7 - 10 PM

#### Drop in Art Studio

Melinda Gordon  
Every Thursday 10 AM – 12 PM

#### Bike Club

Janet Schmidt  
Every Wednesday, 9 AM at  
Meadows Pub

#### Bingo

Agnes Rutushni  
1st Wednesday of the month at 6:30 pm

#### Book Club

Lois Robinson  
Monthly, 2nd Wednesday, 2 PM

#### Bridge-Wednesday

Kerriane McMurdo  
Every Wednesday 1:30 – 4 PM

#### Bridge-Friday

John Harwood  
Every Friday 12:30 – 3 PM

#### Bridge Saturday Duplicate

Dot Boullia  
Every Saturday 12:30 PM

#### Canasta: Hand & Foot

Sandy Maves  
Every Tuesday 1:30 – 5 PM

#### Cornhole

Susan Weisse  
Every Thursday 3 – 5 PM

#### Craft Group

Gayle Kroll  
Every Wednesday 9 – 11 AM

#### Game Night

Pat Webster  
Every Thursday 6:30 – 8:30 PM

#### Garden Club

Michele Lewis  
Monthly, 1st Thursday 1 – 2 PM

#### Hot Stove League

Mark Pienkos  
Monthly, 2nd Tuesday 8 – 11 AM

#### Knit Happens

Barb Wessel  
Monthly, 2nd Monday 1 – 3 PM

#### Mah Jongg

Elizabeth Williams  
Every Monday 9 AM – 12 PM

#### Meadowlarks Poetry Writers

Michael Bruno  
2nd & 4th Fridays of each month  
10 AM – 12 PM

#### Meadows Chorus

Cindy Rubin  
Every Thursday 7 – 9 PM

#### Meadows Sailing Assoc.

Adam Lawall  
Every Tuesday 1 – 3 PM  
Meets at MCA Pond

#### Memoirs

Liz Barnett  
Meets 1st & 3rd Friday  
10 AM – 12 PM

#### Pieceful Meadows Quilting & Needlework

Barb Thornquist & Betsy Lombard  
Every Monday 9 AM – 12 PM

#### Samba (Card Game)

Jeannie Alexander  
Every Friday 1:30 – 5 PM

#### Shalom Club

Joni Cohen  
Every 4th Sunday at 3 PM

#### The Rainbow Connexion

Victor Aluise & Michael Barreiro  
Meets quarterly

