

Meadoword

The Meadows Community News and Lifestyle



PRESORTED
STANDARD
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PAID
PERMIT #1
MANASOTA, FL

SUMMER LIVING

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Summer in The Meadows



Chris Perone —
MCA Board President

Summer is the perfect time to slow down a bit, enjoy the scenery, reconnect with neighbors and friends, and take advantage of everything this special community has to offer.

I can't think of a better place to be.

The Meadows offers so much of what makes community living special: beautiful single-family homes, a wide variety of condominiums, villas, golf courses, new pickleball courts, a junior Olympic-size pool, a refreshed Fitness Center with brand-new workout equipment, and 15 Tru-Core tennis courts ready for play. Add in our walking trails, Florida wildlife, and pathways that connect so much of the community, and there is truly something for everyone.

Summer is a wonderful time to enjoy the outdoors, but it is also important to recognize our personal limits in the heat and humidity. As a pickleball player, I am outside on the courts throughout the summer, but I also know when it is time to wrap up play. I make sure to bring plenty of fluids, stay hydrated, and have a snack or two with me. In other words, I come prepared.

I hope everyone takes the time to be mindful of the summer heat so we can all continue to enjoy our wonderful community amenities safely and comfortably. A little preparation, proper hydration, and knowing when it is time to take a break can go a long way toward making summer activities both enjoyable and healthy. Whether you are golfing, playing pickleball or tennis, biking through the community, relaxing by the pool, or simply taking an evening walk, please take care of yourselves and one another during these warmer months so we can all make the most of another beautiful summer in The Meadows.

Many residents have reached out to share how happy they



are with the progress being made throughout The Meadows. Our golf courses are looking fantastic, better than they have in a long time, thanks to Century Golf. Michael Blair and his team have done an outstanding job rejuvenating the courses, and I hope many golfers who stepped away will come back and see the progress for themselves. The Meadows community and the Century Golf community need continued resident help to keep golf a vital part of life here.

Our new plantings are also thriving. Flowering trees and shrubs are bringing vivid color throughout the community, and as we approach the rainy season, you can expect to see even more planting. Planned additions include more purple Queen Crape Myrtles, orange poincianas and

lavender jacaranda trees, pink oleander shrubs, and, of course, more oaks.

The Meadows continues to grow, refresh, and move forward in such a positive and exciting way.

Every season brings new improvements, renewed energy, and more reasons to appreciate the beauty of this remarkable community we call home. From the lush green spaces and colorful landscaping to the expanding amenities and active lifestyle enjoyed by residents of all ages, there is a true sense of momentum throughout. Summer is the perfect time to slow down a bit, enjoy the scenery, reconnect with neighbors and friends, and take advantage of everything this special community has to offer.



OUR MISSION

Our mission is to preserve the property values, green space, ambiance and vitality of our community.

OUR VISION

To be known as a well-maintained, welcoming, safe community with up-to-date housing, activities and services designed to meet the needs of all residents.

Summer in The Meadows



Frances Ripponi —
MCA General Manager

Summer means something different to everyone, but for many residents, bike riding is at the top of the list. With warm weather, longer daylight hours, and the beauty of The Meadows’ open spaces, our scenic pathways provide the perfect setting for exercise, recreation, and enjoying the outdoors. Whether you ride for fitness or leisure, bicycles continue to play an important role in promoting health, community connection, and environmental sustainability.

Bicycles have a long and fascinating history. Their origins date back to 1817, when Karl Drais invented the “running machine,” considered the precursor to the modern bicycle. While early models offered little in the way of comfort, speed, or convenience, they paved the way for the innovative bicycle designs we enjoy today, including electric bicycles (e-bikes).



As bicycle technology has evolved, so have safety concerns. Unlike the early days of cycling, today’s pathways are shared by pedestrians, cyclists, and other users. Nationwide, collisions involving pedestrians and e-bikes are increasing.

The higher speeds and greater weight of e-bikes, combined with their quiet electric motors, can create significant risks on shared pathways. An impact involving an e-bike traveling at 20 mph or more can result in serious injury or worse death.



While many municipalities are adopting new regulations regarding e-bike use, The Meadows is governed by its own Declaration of Covenants and Restrictions. **Residents are reminded that the use of e-bikes and other power-driven motorized devices on designated bike paths is strictly prohibited.** Violations may result in fines of \$100 per occurrence, up to a maximum of \$5,000. For additional information, please refer to the Amendment to the Declaration of Maintenance Covenants and Restrictions on the Commons for The Meadows, available on the community website under Governing Documents.

Safe use of shared pathways requires cooperation and awareness from everyone. Cyclists should always signal their presence with a bell or verbal warning when passing, and pedestrians should remain attentive to their surroundings. By showing courtesy and respect, we can all enjoy the extensive pathway network safely.

We are fortunate to have miles of beautiful pathways throughout the community; however, not every path is open for recreational use. Golf course cart paths on the Meadows, Highlands, and Groves courses are reserved exclusively

for golfers and are off-limits to walkers, cyclists, and other users, regardless of whether the courses are open or closed. Please stay on the designated pathways identified on the community map.

Other Summer Reminders

Fitness Center
The Fitness Center is open and ready to help you stay active during the summer months. When temperatures rise, enjoy a comfortable indoor workout and take advantage of the new equipment. If you have not yet joined, contact the **Fitness Center at 941-292-0348 for information and assistance.**

Tennis and Pickleball
Looking for a fun way to stay active and connect with neighbors? The tennis and pickleball courts are located just steps from the Fitness Center. These popular activities offer great exercise and a wonderful opportunity to meet new friends. For information on programs, lessons, or court availability, contact the **Racquets Pro Shop at 941-415-9810.**

Swimming Pool
One of the most refreshing ways to stay fit during the summer is swimming. Take advantage of The Meadows’ junior Olympic-



size pool, whether your goal is lap swimming, water exercise, or simply relaxing poolside.

Please remember that a nominal fee is associated with each community amenity. These fees help support ongoing maintenance, improvements, and enhancements that keep our facilities enjoyable for everyone.

We hope you take full advantage of the many amenities and summer experiences available throughout The Meadows. Stay active, stay safe, and enjoy all that our community has to offer this season.



FINANCIAL
UPDATE



Jan Lazar —
MCA Treasurer

This year we are moving to a new normal for our operations. The chaos caused by the club's closure and subsequent bankruptcy was a tidal wave of change for the MCA. The approval of the agreement with Benderson and their subsequent assumption of responsibilities and costs of the golf courses and refinancing of our previously existing debt had a very positive financial impact for the Meadows. While we are still in a transition on some of the services and need to determine what is most

feasible for the MCA to operate going forward, we have adjusted well and keep our finances in good order.

At this point the annual audit is nearing completion. We definitely know that there are some high spots (and low spots) from all these changes of which you should be aware. Last year we had to address the sudden deluge of costs for the facilities formerly leased to the country club. The initial \$790,000 allocated by the Board for operation and maintenance of the facilities previously leased to the club was later increased. The net result for golf was that we had golf revenue from when the Meadows course reopened but we had significantly more expenses. Net golf operations and maintenance lost \$884,228. Fitness and the pool had \$40,701

more expenses than revenue. Racquet sports, primarily from tennis revenues, had \$38,124 more revenue than expenses. In all cases, these were limited operations with no equipment, capital and some other typical costs included. Net costs for this, after new revenue, was \$886,805. Overall, it was not as bad as was initially projected due to the herculean efforts of the staff, board and volunteers and we weathered it in continued good financial condition.

Legal costs were the biggest low spot. The many litigations, challenges and collections efforts cost the community. We are acting to recover costs wherever possible on this unprecedented level of legal expenses.

Overall, the year ended with \$2.2 million still on hand, including the still intact reserves and overall

debt reduced by approximately \$1,700,000. We managed without any special assessments, or added debt. We were able to substantially reduce interest costs due to the refinancing of debt which was part of the Benderson agreement.

As we complete the first quarter of this budget year, we are still evaluating impacts and options for services.

As we all must keep in mind everything has to be paid for through our assessments and fees. We are in the process of making a change in our banking arrangements and converting to new financial and operational reporting software which will give us greater reporting capabilities and integration of our operational and functional reporting. There will more on this in the near future.



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What Do We Want The Meadows to Be?

Chris Perone — MCA President

I want to plant a seed within our community. Not in our greenspaces, but in our collective mind.



For the past few years, I have talked about reimagining the Meadows community. We have made meaningful progress. Century Golf has transformed the golf experience and continues to invest in its future. We have amenities many communities would envy: pickleball, tennis, fitness facilities, the pool, and 85 beautiful ponds.

But those things only begin to define who we are.

The bigger question is this:

What do we want this community to be?

What message should the Meadows convey when someone enters through any of our gateways? What feeling should residents and visitors have when they drive through our neighborhoods, visit our common areas, or gather at our facilities?

That conversation is really about branding, identity, and long-term vision. It is also about maintaining and elevating our greatest investments: our homes, our shared spaces, and the overall character of the community.

If we want beautifully landscaped entrances with seasonal flowers, upgraded signage, and a more unified appearance throughout the community, that requires planning, investment, and infrastructure. Much of it begins with expanded irrigation and a commitment to consistent maintenance.

If we want to renovate and elevate spaces like the Center Court Lounge, we first need to decide what role those venues should play in community life. How do we support them? How do we create activity and engagement throughout the year, including the off-season?



These are not simply maintenance questions. They are questions about identity, priorities, and the kind of community we want future residents to inherit.



There are communities newer than the Meadows that are already struggling. Why? Because they lack a long-term vision. That is exactly what the Meadows Community Association Board will be focused on exploring. How do we reimagine our facilities, greenspaces, and infrastructure to create longevity, stability, and success for the future?



How do we spend our money wisely to create the greatest benefit for the community?

The nature of this community is changing. There is more to do than ever before. There should not be one unnecessary dollar spent on attorney fees pursuing claims that are dragging us

away from the true work that needs to be done here. Our focus should remain on the work ahead of us to keep this community fiscally strong, both now and for future generations.

We need to look carefully at our ponds, maintenance facilities, street signage, roads, amenities, and infrastructure as part of one larger vision for the future of the Meadows.

Before we discuss individual projects, perhaps we should first answer the larger question together:

WHAT DO WE WANT THE MEADOWS TO BECOME?



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2 Bed / 2 Bath • CARPORT, UPSTAIRS
FURNISHED GOLF VIEW
PRICE IMPROVEMENT \$239,000

5171 WILLOW LINKS
2 Bed / 2 Bath • DOWNSTAIRS
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PRICE IMPROVEMENT \$229,000

7608 RIO BELLA
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Safety Report

As of May 28, 2026, there were (16) incident free days - (5) More than April 2026. There were (22) reported incidents - (13) Less than April 2026. There were (67) citations issued - (12) Less than April 2026.

Safety responded to the following during the month of May:

HEALTH / WELFARE CHECK

- May 10th to the 5000 block of Villa Majorca to assist the resident with SCSO for possible person in her home. Ultimately resident agreed to go to with EMS for medical evaluation.

ASSISTANCE RENDERED

- May 1st residents in the 5000 block of Marshfield Rd. had left for the airport and requested safety check for an iron they left plugged in and on. They let safety

in remotely, the iron was on and safety unplugged it. Safety left and they locked the door.

INFORMATION

- May 22nd call was received by a resident in the 4000 block of Greywood Ln. and wanted it on record that she was receiving threats from an individual to burn her house down. Resident had already notified SCSO & FHP.

SOLICITATION

- May 7th, 12th (x2) solicitors for Anderson Window, Moxy Pest Control & Statewide garage Doors were advised of trespassing and all left.

ANIMAL COMPLAINT

- May 4th injured bird on Longmeadow at the pond behind Greywood Ln. Bird was



observed and it was reported to save our birds. After an hour of waiting patrol was resumed. May 8th a bird was reported injured in the same area, this time SCSO- Animal Control arrived and captured the bird to be taken to the clinic for medical evaluation.

EMERGENCY NUMBERS

For Emergency, call 911. After calling 911 please report the incident to the MCA Safety Patrol.

The non-emergency Sarasota County Sheriff's Office: 941-316-1201

MCA Safety Patrol:
941-809-0084

Scam of the Month

Michelle Johnston – Safety Committee

The Safety Committee is concerned that Meadows residents are not aware of the various scams that can access your money or personal property without your knowing. Therefore, the Committee will be sharing the latest scams with



you. In the past, through Meadoword articles, Constant Contact posts, and announcements at Meadows Community Association Board meetings, we alerted you

to scams involving bitcoins, invitations, and AI-produced voices replicating relatives. Hopefully, you found that information helpful.

The scam for July is the **key fob scam**. Imagine these scenarios when you drive into your driveway, park the car, and walk in the house. What happens? Do you toss your key fob in a bowl or dish by the front door? While traveling, you park the car in front of a destination relative's home or motel, put the key fob on the counter or table by the front door.

Then, unbeknownst to you, scammers drive by your home or the motel with

a wand that intercepts or copies the electronic signal from your key fob, which you use for key-less entry and ignition. Once they get the data from the fob, they can enter your car and drive away in seconds. Solutions to preventing such a scam and securing your key fob include wrapping it in foil, not leaving it by the front door, or putting it in a Faraday bag. Faraday bags are available online and are shielded enclosures that block electromagnetic and radio frequencies from reaching an electronic device.

Be safe and not sorry by being on the lookout for scammers.



.....
THAT GRACEFUL VISITOR BY THE POND IS A GREAT BLUE HERON, one of the most striking birds you'll spot around The Meadows! Despite their impressive size (they can stand up to 4 feet tall!), herons are incredibly patient hunters, often standing perfectly still for several minutes at a time before striking at fish, frogs, or small critters with lightning speed. Keep an eye out next time you're near the water, you might just catch one in action!
.....

STANDARDS



Sandy Truman
— Senior
Operations
Specialist

After working with standards for many years I wanted to take an opportunity to highlight some of the issues we see the most often in the community. Hopefully, this article can provide some tips to help you stay in compliance with the Meadow's Rules and Regulations to avoid unwanted violations.

Visible trash and recycling bins. For those who like numbers, did you know we average 25 to 30 tickets a month on bins alone? Bins may only be out between 1 hour before sunset the night before pick up and sunset on the day of pick up. Additionally, please notify the Meadows if you schedule a bulk pick-up with the county to avoid additional violations. **Please note - according to our documents, trash cans may not be visible from the street even if they are on the side of your home.**

Architectural review process. Any exterior modification, other than routine repairs, must receive approval from both your Condo/HOA association and the Meadows Community Association (MCA) before work begins. This requirement applies to a wide range of exterior changes, including - but not limited to - windows, doors, painting, air-conditioning units, wells, fencing, enclosures, statuary, and decorative pots.

Residents often ask why statuary and pots require approval. The answer is simple: the governing documents specifically include them in the approval process. In addition, the review process provides an opportunity to remind residents that these items should be properly secured or stored before severe weather events to prevent them from becoming airborne hazards during storms.

Trees and palms. You can trim up your trees without the MCA's approval as long as you do not hurt the structural integrity of the tree. It's best to hire a licensed tree company for advice. If you think you need to remove a tree or palm, you will need to submit an application for approval. This application is available on the portal. If approved, you are required to replace the removed tree or palm "like-for-like" somewhere else on your property.

Property maintenance. Summer is here and it is a great time to tackle your to-do list. Some of these items might include mulching your landscape beds, edging your lawn, picking up debris, like palm boots, and clearing the swales to prepare for storm season. Also don't forget about mailbox maintenance; clean, straighten and touch up your mailbox and post. Address numbers not only look nice but are required by the postal service and EMT/Fire departments. All properties should have property numbers.

REMINDERS

Parking. For those occasions where extra vehicles cannot park in the driveway please fill out an event or parking agreement which is available on the portal.

Remind your landscaping companies that they should be using cones when parking on the roadway to alert oncoming traffic.

If you need to park restricted vehicles, temporary parking is available near the maintenance facilities and is free for up to 7 days just by checking in with the Safety Patrol 941-809-0084.

I can be reached at 941-377-2300 or administration@meadowsca.com if you have any questions.

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FOR SALE IN THE HIGHLANDS

- WINDSOR PARK**
Enchanting lakefront setting, lap pool, privacy and acreagePENDING
- 4004 PENSURST PARK**
Warm contemporary design, impact-windows, tranquil golf course views . . . \$749K
- 3978 CHATSWORTH GREENE**
Serene golf course views, updated plus impact lanai windowsPENDING
- 3864 CHATSWORTH GREENE CT**
Sweeping golf course views with ideal southeastern exposure \$399K
- 4429 OAKLEY GREENE**
Serene, easy-living villa with lush views and tray ceilingPENDING

FOR SALE ELSEWHERE IN THE MEADOWS

- 4725 GREENCROFT RD**
Sustainable, tranquil pool home with sweeping golf views \$594K
- 5475 CHANTECLAIRE**
One of a kind! Beautifully updated villa on the 14th fairway \$525K
- 2869 SANDRINGHAM PL**
Easy living, no pool, with sweeping pond and golf course viewsPENDING
- PAPILLION - 3038 RINGWOOD MEADOW**
Luxuriously renovated end-unit villa, a must seePENDING
- 3131 HEATHERWOOD LN**
Updated, stylish and easy-living with gorgeous golf course viewsPENDING
- 3374 W CHELMSFORD CT**
Spectacular golf and lake views, plus hurricane glass for peace of mind . . . \$349K
- 4396 WOODMANS CHART**
Move right in! Updated, light-filled end-unit with no shared wallsPENDING
- 4557 KINGSMERE**
Fabulous golf course views, high ceilings and furnished \$299K
- 5456 HAMPSTEAD HEATH**
Tranquil pond and golf course views from this bright end-unit \$295K
- 4610 WEYBRIDGE**
Move-in ready with panoramic pond and golf course views SOLD!
- WOODLAND GROVE - 4489 LONGMEADOW**
Enchanting views, quality upgrades and hurricane windows \$275K
- 4983 GREENCROFT RD**
Charming 2-story townhouse with atrium and serene, lush views \$275K
- BUNKER OAKS - 3569 LONGMEADOW**
Fabulous golf course views from this easy-living 1/1 villa \$139K

FOR SALE IN THE SARASOTA METRO AREA

- SARSOTA BATH & RACQUET**
Brand new, luxurious townhouse – live, work, playPENDING
- MIDTOWN**
Resort-style oasis in a most desirable locationPENDING
- MOTE RANCH**
Lakefront lot, privacy, 3-bedroom plus office pool homePENDING

TALK TO FERNANDO
941.400.7676
PREMIER SOTHEBY’S INTERNATIONAL REALTY

Hello Meadows Community!

My name is Joiner Merritt, and I am so excited to introduce myself as the new Marketing and Communications Manager for The Meadows Community Association. I am incredibly grateful to be joining the MCA team and to have the opportunity to become part of such a welcoming and active community.

From my first few days here, I have already seen how much care, time, and dedication goes into making The Meadows such a special place. I am excited to get started, learn from the team and residents, and continue becoming more familiar with the people, programs, and traditions that make this community feel so connected.

In my role, I will be helping with MCA's marketing and communication efforts, including community updates, digital

and printed materials, website content, and other projects that help keep residents informed and engaged. I look forward to supporting these efforts in a way that feels clear, thoughtful, and helpful for the community.

I recently graduated from Mercer University with a Bachelor of Business Administration in Marketing, a minor in Management, and a concentration in Graphic Design. Through my education and previous experience in marketing, communications, social media, design, and community-focused organizations, I have developed a strong appreciation for creative storytelling and clear communication. I am excited to apply these skills at MCA by helping share important information, highlight



community events and programs, and celebrate the people and stories that make The Meadows unique.

A little bit about me, I love sewing, crocheting, playing guitar, reading, practicing yoga, and am an avid beach goer. I do this all alongside my cat named Cosmo, who keeps life very entertaining.

I am truly excited to begin this new chapter with The Meadows Community Association and look forward to getting to know the community more each day.



Did you know sound travels faster in warm air?
That's why thunder seems to "roll" after you see lightning.



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REFRESH THE SPACES THAT SELL HOMES.

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- Whole-home cosmetic updates

Got a dated listing?
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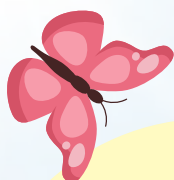


Dan Nelson
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"RenoVision makes my listings show like model homes. My sellers love the process." ★ ★ ★ ★ ★
—Robin Eekhof, LuxeKey Real Estate

REMINDERS



**BACK TO
SCHOOL
SALES TAX
HOLIDAY**
JULY 20TH -
AUG 20

MCA Office closed
on Friday July 3rd
In observation of
Independence Day



**Summer
Yoga
Special**

Tuesdays at 11:00 AM
June 16 – August 25

Enjoy our Summer Special Rate of just \$12 per class! Come stretch, strengthen, and recharge all summer long. Register through your fitness app or stop by the Fitness Center to sign up.

**Nathan Benderson Park
Fireworks On The Lake**

Friday, July 3rd
5:00 PM - 9:45 PM

Food, Music, and Fun!

Purchase tickets on
nathanbendersonpark.org

**ELECTION PRECINCT 21
POLLING LOCATION**

2004 LONGMEADOW
AUG 18TH, 2026 7AM - 7PM

**GOLF CART REGISTRATIONS
NEED TO BE UPDATED**



For more information visit
the Forms tab on the MCA
website Or call the MCA at
(941) 377-2300

GET YOUR
SPOTS
CHECKED



Friday, July 10 & July 31
7:30 AM – 3:30 PM
MCA Parking Lot

Call **941-444-0011**
to schedule your appointment today!

**WALK TO END
ALZHEIMER'S**
ALZHEIMER'S ASSOCIATION

MCA WALK FOR ALZHEIMER'S
November 2026

Please join us in support of this devastating disease. More information will be available in September with ways to make your donations through the MCA.



**LATE PAYMENT
REMINDER**

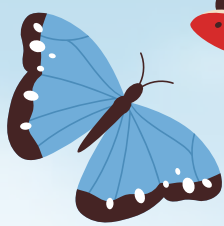
Thank you to all residents who have paid their assessments on time.

If your assessment remains unpaid, it is now subject to late fees, penalties, and collection costs. These charges are assessed in accordance with the Association's governing documents, applicable state statutes, and MCA policies.

Please be aware that the longer a payment remains outstanding, the more fees and penalties will accrue. Continued nonpayment may ultimately result in a lien being placed against your property.

If you have any questions regarding your account, please contact management promptly at 941-377-2300 and ask for Lisa Compton.

Thank you



ACTIVITIES



“COUCH TO COURT”
TENNIS
BEGINNER CLINIC
FOR MEADOWS RESIDENTS!!
SATURDAY, JULY 4TH
8AM - 9AM

RACQUETS PROVIDED IF NEEDED. PLEASE WEAR ATHLETIC CLOTHING & TENNIS SHOES. PLEASE BRING WATER OR FLUIDS.

CLINIC PARTICIPANTS ARE INVITED TO JOIN OUR ROUND ROBIN PLAYERS FOR A “BRING-A-PLATE” LUNCH (FOLLOWING OUR ROUND AROUND 11:30AM)

TO REGISTER:
SCAN THE QR CODE OR FOLLOW THE LINK TO OUR EVENTS PAGE ON COURTRERESERVE, AND PUT JULY 4TH IN THE CALENDAR TO FIND THE BEGINNER CLINIC

\$10
PER PLAYER
(MAXIMUM 8 PLAYERS)



[HTTPS://APP.COURTRERESERVE.COM/ONLINE/
PUBLICBOOKINGS/13393](https://app.courtrereserve.com/online/publicbookings/13393)



CURT REIMER
MEADOWS RACQUETS
DIRECTOR



MARTHA LOPEZ
ASSISTANT TENNIS
INSTRUCTOR

CURT.REIMER@MEADOWSCA.COM
RACQUETS PRO SHOP: 941-415-9810



**FLORIDA BLUE
PRODUCE BUS**

Monday, July 6
10:00 AM – 11:00 AM
MCA Parking Lot



SAMBA

Fridays, 1 – 4 PM
MCA 2004 Longmeadow

Contact the MCA for more information - 941-377-2300



BINGO

Wednesday, July 1
6:30 – 7:30 PM

The Nest

Register online at
themeadowssarasota.org



GAME NIGHT

Wednesday, July 8 | 6:30 PM – 8:30 PM
The Garden

Now playing Mexican Train Dominos



**Ice
Cream
Social**

Wednesday, July 7th
6:30 PM - 7:30 PM

Meadows Community Lifestyle & Wellness Facility

Register online at
themeadowssarasota.org



Line Dancing

Wednesday, July 8th and
Wednesday, August 12th
2PM - 3PM

The Meadows Lifestyle & Wellness Facility

No experience required!
Have fun, learn some dance steps, and get some exercise. Get your feet moving from the Electric Slide to Fireball! Please wear closed-toe shoes.

Register online at themeadowssarasota.org



AND EVENTS

QI GONG CLASS

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\$8 per class for residents

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The Perch and outdoor Veranda at The Meadows Community Lifestyle & Wellness Facility

Meet your neighbors. Relax and enjoy a cup of coffee. Bring your computer or magazine. This is the perfect way to start your morning!

HEAT STROKE PREVENTION EVENT

Friday, July 24
11:15 AM – 12:15 PM
Outdoor Patio

Learn how to stay safe in the summer heat with an interactive presentation by Registered Nurse Casey Howell of Sarasota Memorial.

Come enjoy some cool, refreshing treats to beat the heat!

Ice Cream Social

Tuesday, August 4 • 6:30-7:30 PM
Meadows Community Lifestyle & Wellness Facility
Register online at themeadowssarasota.org

FITNESS CLASS SCHEDULE



BALANCE CLASS

Continuing to be available every Monday at 11am, 11:30am or 12pm (3 classes per week). Daily cost will continue to be \$15.00 per class for residents. Guest fee is now \$18.00. The monthly plan will be a 4 pack for \$52.00 and will expire 1 year after purchase. This class has an established max attendance of 7 per class.

YOGA CLASS - SUMMER SPECIAL \$12 PER CLASS (June-Oct 1st)

Continuing to be available every Tuesday at 11am (1 class per week). Daily cost will continue to be \$17.00 per class for residents. Guest fee is now \$20.00. This class has an established max attendance of 20 per class.

QI GONG CLASS

Continuing to be available every Wednesday, now starting at 11:30am (1 classes per week). Daily cost will now be \$10.00 per class for residents. Guest fee is now \$12.00. The monthly plan will be a 4 pack for \$35.00 and will expire 1 year after purchase. This class has an established max attendance of 30 per class.

WATER AEROBICS CLASS

Continuing to be available every Monday, Wednesday & Friday at 9:00 – 9:50am & 10:00 – 10:50am (6 classes per week). Daily cost will now be \$8.00 per class for residents. Guest fee is now \$15.00. The monthly plan will be a 4 pack for \$28.00. The 8 pack fee is \$54.00. The 20 pack fee is \$112.00. All packs expire 1 year after purchase. This class has an established max attendance of 25 per class.



HEAT EXPECTATIONS FOR SUMMER 2026

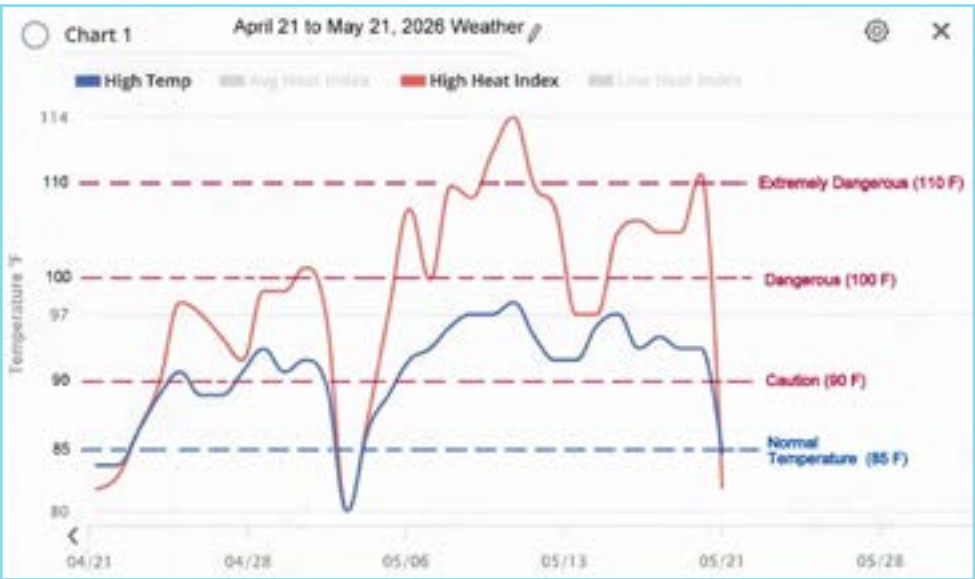
What Meadows Florida residents need to know about the silent, invisible killer — HEAT

As a resident of Southwest Florida, knowing and being aware of the dangers of extreme heat is important. Despite being a common occurrence every summer locally, extreme heat also is a broader threat to all life on planet Earth including plants, animals, and human inhabitants. In the United States, extreme heat is deadlier in most years than all other weather events combined, and therefore should not be taken lightly.

While hurricanes are often given more attention due to their potential impact on human life and property, extreme heat events are just as dangerous. And, unlike hurricanes, which have a lower probability of impacting a specific location each year in Southwest Florida, extreme heat events are certain to have

a major impact throughout the region. In addition, the average temperature in the Sarasota-Manatee County area has been increasing about 0.15 degrees Fahrenheit each year since 2000. Consequently, this summer's heat events may be more extreme and dangerous than in previous years. Also, and this is very important, scientists report that a hurricane-quashing El Nino event may appear in the next month and continue into February 2027 thus increasing the risk of extreme heat events.

For the above reasons, it is essential that residents have a good understanding about our present status. To assist in this regard, I recently wrote and published at Amazon Books a booklet entitled: *HEAT and HUMIDITY – A DOUBLE-EDGED SWORD*. Also, the graph below may be helpful.



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Stars actually twinkle more in the summer due to the instability of the atmosphere.

Meadows Golf Club Opens, Welcomes Public Play

36-Hole Public Golf Destination Debuts in The Meadows Community Under Arnold Palmer Golf Management with Tee Times Now Available



SARASOTA, FL — June 4, 2026 — Meadows Golf Club, formerly The Meadows Country Club, is scheduled to open as a 36-hole public golf destination within The Meadows, one of Sarasota's most prominent lifestyle communities on **Friday, June 19**. Now welcoming golfers from across the region and beyond, the Golf Club operates under a long-term lease by an affiliate of Benderson Development and is managed by Arnold Palmer Golf Management (APGM).

The Meadows Course is the first of two courses to open for public play, marking a significant

milestone for the club and the broader Sarasota golf community. Previously reserved for private club members, the Meadows Course is now accessible to residents, visiting guests, and golf enthusiasts alike. The Groves Course, designed by acclaimed architect Arthur Hills, rounds out the 36-hole offering and is scheduled to reopen as course restoration milestones are met.

Arnold Palmer Golf Management, known for operating Walt Disney World Golf courses among other premier golf operations nationwide, brings a proven commitment to

excellence in golf management and guest experience.

“Being selected to manage Meadows Golf Club is truly an honor,” said Doug Howe, Partner & COO, Century Golf Partners/Arnold Palmer Golf Management. “This is a golf club with tremendous potential, and we look forward to restoring it to a level of quality that the Sarasota community and its golfers will enjoy. Our goal is to make every round here a memorable one.”

Residents within The Meadows community with a Renaissance Access Card enjoy discounted rates, 15-day priority booking, and exclusive access to The Groves Course ahead of its public opening, reinforcing the club's commitment to serving its residents while building a broader, publicly accessible golf experience.

Meadows Golf Club will also be launching the first of several Junior Golf Summer Camp sessions this month led by LGPA and PGA Certified Professionals for children ages 6–15.

Tee-time reservations for the Meadows Course are available now, (15 days in advance for residents) at www.meadowsgolfclub.net or by calling the Meadows Golf Club directly at (941) 415-7807.

CONTACT: Michael Blair, General Manager at mblair@palmergolf.com



ABOUT ARNOLD PALMER GOLF MANAGEMENT

Headquartered in Dallas, Texas, Arnold Palmer Golf Management works in partnership with owners, members, and communities to foster the long-term success of clubs and courses. Inspired by Arnold Palmer’s enduring legacy of excellence, sportsmanship, and hospitality, the company is dedicated to creating legendary experiences, enriching lives, and strengthening communities through golf. The company’s managed portfolio includes premier golf operations such as Walt Disney World Golf, PGA WEST in California, and Whirlwind Golf Club at Wildhorse Pass in Arizona. Arnold Palmer Golf Management is part of Century Golf Partners, founded in 2005, a company that manages, owns, and invests in private country clubs, golf resorts, and daily-fee clubs nationwide. For more information, call (972) 490-2610 or visit www.centurygolf.com.

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APPROVED ARCHITECTURAL REVIEWS

APRIL 2026

3132 Heatherwood Ln
3428 Highlands Bridge Rd
3428 Highlands Bridge Rd
3441 Highlands Bridge Rd
4748 Ringwood Meadow
3019 Rosemead
4571 Highland Oaks Cir
3412 Hadfield Greene
4927 Windsor Park
4776 Ringwood Meadow
4771 Ringwood Meadow
3416 Highlands Bridge Rd
2725 Horseshoe Ct
2651 Greenbelt Yard
Huntingwood Condo Assn
4544 Chandlers Forde
3426 Highlands Bridge Rd
3732 Surrey Ln
3958 Chatsworth Greene

MAY 2026

Kingsmere Condo Assn
Oakley Greene Condo Assn
Somerset Condo Assn
3921 Chatsworth Greene
5545 Downham Meadow
3823 Fishing Trl
4712 Greencroft Rd
4626 Hadfield Dr
4415 Highland Oaks Cir
5224 Myrtlewood
4030 Penshurst Park
5655 Pipers Waite
2912 Ringwood Meadow
4763 Ringwood Meadow
3014 Rosemead
3019 Rosemead
3841 Stable Ln
3804 Fishing Trail
4018 Penshurst Park
4755 Ringwood Meadow
5608 Sheffield Greene Cir
5659 Sheffield Greene Cir

4957 Taywater Dell
4343 Woodmans Chart
5070 Marsh Field Rd
Bunker Oaks Condo Assn
2300 Arborfield Ln
5259 Everwood Run
2527 Glebe Farm Close
4418 Highland Oaks Ct
5388 Huntingwood Ct
5500 E Long Common Ct
3734 Lyndhurst Ct
3924 Lyndhurst Ct
4040 Lyndhurst Ct
3007 Rosemead
4900 Windsor Park
5000 Windsor Park
4379 Woodmans Chart
4921 Ringwood Meadow
3010 Ringwood Meadow
3328 E Chelmsford Ct
4524 Arborfield Rd
2957 Longleat Woods

No Sweat

Liz Barnett

Just as we were about to say good-bye to our Snowbirds, the Craft Group got a request for help. Our new Lifestyle Coordinator, Dalya Aponte-Sotomayor, asked if we would set up and staff a card-making center for those attending The Meadows Mother’s Day Celebration. Of course, we said, “Yes.”

Then we realized that all but one of our card-makers had left or were leaving in a day or two. How could we plan cards that could be made quickly and get the materials ready in such a short time?

No sweat! Marcia Donadio, Linda McCray, Maria Soeder, and Sonia Sutcliff spent the rest of our meeting planning, went home, interrupted their packing, and got out their die cutters and Crickets (a machine used to cut fancy designs). By the next day they had made hundreds of flowers, birds, butterflies, lacey

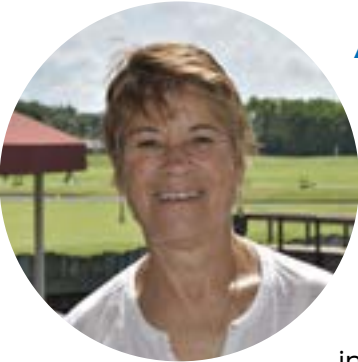
borders and other embellishments — more than enough to provide plenty of decorations for dozens of cards.



That was just a sample of the fun you can have making crafts and we hope those who made cards will join us to do more. We have new projects beginning all the time. Recently, Maria Thiel taught us the Encaustic Art techniques she learned in Germany and some of us can’t stop doing this kind of hot wax painting. Diane Morissette brings seemingly unending new ideas for Christmas ornaments. New ideas keep coming and everyone finds something they like to do.

Why don’t you give creativity a try? Summer is the perfect time to join the Craft Group. It’s too hot to be outside. But at Crafts, it’s a sweat free zone with low temperatures and no stress. You’ll have fun, make new friends and be doing something worthwhile because the crafts will be sold and the proceeds donated to charities. We meet every Wednesday from 9 to 12 at the MCA (2004 Longmeadow).

If you can glue, we want you.



At June's Meadows Community Association Board meeting, resident Carolyn Angiolillo was appointed to the Board.

Carolyn brings extensive experience in business management and operations across both the public and private sectors. Her background includes leadership roles in parks and recreation, human resources, guest services, membership, licensing, marketing, and donor relations. She holds a B.A. in Environmental Studies and an M.A. in Government & Politics. Please join me in giving Carolyn a warm welcome as she steps into her new role serving our community.

CALL FOR CANDIDATES

All candidate submissions must be received no later than Friday, October 2nd, 2026 by 3PM.

Our Lifestyle



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July 2026

MEADOWWORD

15

Memoir Group

THOSE DAYS OF SUMMER

Liz Barnett – Memoir Group

Summer is different in Florida. You don't have to wait for it. Summer weather is here most of the time. You can go outside; you can even go swimming for most of the year. And unless you are going to be in a swimming pool or in the ocean, the actual summer is probably the time when you least enjoy going outside unless you are a fan of sweating.

If you grew up in the North, it was different. Summer was a magic time that you longed for, a time that you watched

for, a time when the world changed into something wonderful. You knew when it arrived. In "Suddenly Summer" Michael Bruno shows us just what the arrival of summer feels like. If you grew up in the South, you may learn something; if you are a transplanted Northerner, it may rekindle memories.

In any event, it's a story worth preserving. Preserving life stories is what we do in the Memoir Group. You may have stories of magic moments, stories of summer fun,

stories that show of how you became the person you are today. Summer is a great time to write those stories down; it's too hot to go outside. For tips on how to tell those stories and a time to share them, join us at the Memoir Group from 10 to 12 on the 1st and 3rd Friday of each month at the MCA building (2004 Longmeadow) or on Zoom. For more information and the Zoom link, email us at meadowsmemoirs21@gmail.com.



By Michael Bruno

M myriad memories can come to mind when one thinks of summer: vacation trips, Fourth of July celebrations, gardening, sports, beach and pool activities, and that sense of freedom and endless exciting possibilities that comes with the end of the school year.

"I never thought there were corners in time until I was told to stand in one," Grace Slick sings. Over and over again through the years what unfailingly flashes in my mind concerning summer is not an event, nor an action. My memory comes with the certainty of having turned a corner in time: a sudden permanent awareness, when

nothing external happened, but deep inside I indeed turned toward a new ingrained awareness. Each time it surfaces, the memory is as renewing as its original event.

The house in which I grew up was a two-story white wooden structure in a neighborhood built around the turn of the 20th Century. It wasn't big or grand compared to a few of its neighbors. Its signature feature was an L-shaped porch across the right half of its first-floor façade. To the otherwise plain house it added "steamboat gothic" frillery. The wooden floor, steps, and ceiling were framed with a decorative railing and a border of white wood, turned and curved in elaborate open scrollwork finials and brackets, carvings, cut-outs

and repetitive patterns - "gewgaws," our older neighbors called them. Mark Twain might have been at home on that porch. We were.

Two wide wooden steps with no railing led down from the porch to our concrete sidewalk. Turning left the walk led to the driveway, beyond it a 1930s brick bungalow. Straight out from the porch the walk descended another couple of steps between two old shade trees and met the city sidewalk. To the right was an alley. Sunlight hit our house front from over the trees but seldom reached the grass.

I was starting my first day of Little League Softball and emerged onto the porch with glove, socks and sneakers in hand. The porch floor recently

had been painted in a dark glossy mustard color, and the smooth steps had been rebuilt and were painted the same gloss shade. I put my glove down and sat on the floor in my shorts and league tee shirt, putting my feet on the lower step. I reached to put on my socks and scuffed canvas shoes.

Sunlight. Warm and enveloping and bright, as if melted butter had been turned to fresh powder sprinkling on my bare arms and legs, replacing the coolness of indoors with a lively sensation. Clear warm air filtering to purity through the rustling leaves and filling my nose, throat, and lungs with freshness. The slick heat of the sunbaked wooden floor and the glowing ocher

Continued on next page

Continued from previous page

of the wood steps under my feet heating my soles and my behind. A re-setting to the rest of my life, in freshness. I may have paused just an instant, a snapshot moment of sensation without analysis or thought, a memory made.

Pure sensation and then a permanent sense of contact immersion in the world around me. Bright colors of things: the white wood’s blinding reflection, the cinnamon brick wall next door, the sheen and shine of the concrete, the green patchwork of leaves, the

gray dirt along the walk, the cotton white of bridal wreath blooms beside the porch, my skinny pale legs. The scent of leaves and dirt and plants and woodwork mixed and slightly heated by the air then released. All one sheathing experience of a rich Now.

It was indeed and very suddenly Summer, yes! But I had a game to get to. The glimmering instant now past, I put on sock and sock, shoe and shoe, tied them carefully, rose from the warming wood of our porch,

stepped energetically down the walkway steps and turned left towards the park two and a half blocks east, where a ballgame and the rest of my life awaited.

I have noted over time that there is something in an instant that fascinates others, too. Shakespeare’s Brutus speaks of the moment between the intent to commit a terrible act and its execution. T. S. Eliot says in “The Hollow Men” that “... between the idea and the reality falls the shadow.”

There is something dark in those passages, a gray void, a cold empty despair.

Other seasons come and go in my life, but my summer corner in time is quite different. Being sensation and awareness, it’s out of reach of words to convey in full: it is something like the intersection and interaction in warmth of the external living universe with my internal life, always refreshing, always summer, always ready in memory to bless and to renew.

THE FROZEN RIVER

BY ARIEL LAWHON

Joanne Simons —
The Meadows Book Club
July 2026 Preview

The Frozen River by Ariel Lawhon (Vintage; 2024) is a historical mystery novel inspired by the real-life diary of Martha Ballard, an 18th-century midwife in Hallowell, Maine. Set in 1789, the story follows Martha as she investigates the murder of a man found frozen in the Kennebec River, a case that becomes entangled with a previous rape accusation and implicates some of the town's most respected citizens, forcing Martha to pursue justice against powerful men.

“When the Kennebec River freezes, entombing a man in the ice, Martha Ballard is summoned to examine the body and determine cause of death. As a midwife and healer, she is privy to much of what goes on behind closed doors in Hallowell. Her

diary is a record of every birth and death, crime and debacle that unfolds in the close-knit community. Months earlier, Martha documented the details of an alleged rape committed by two of the town's most respected gentlemen—one of whom has now been found dead in the ice. But when a local physician undermines her conclusion, declaring the death to be an accident, Martha is forced to investigate the shocking murder on her own.”¹

Clever, layered, and subversive, Ariel Lawhon’s newest offering introduces an unsung heroine who refused to accept anything less than justice at a time when women were considered best seen and not heard.² “These were the days when unwed mothers were fined in court for “the crime of fornication,” while the fathers suffered no legal penalties; when the only time a midwife can testify in court is regarding paternity when a woman gives birth out of wedlock...”³

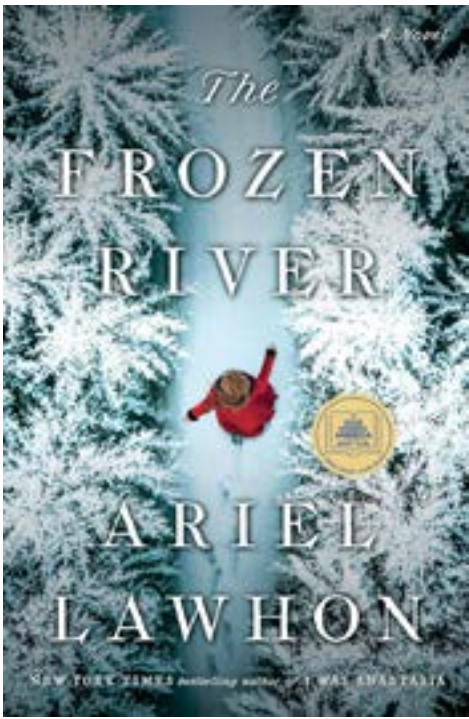
About Ariel Lawhon

A descendant of cattle ranchers, Ariel Lawhon was born in Taos, New Mexico, in 1978. Her family’s house lacked running water and electricity;

as a child, she ran wild through the desert and listened as her mother read stories by lantern-light. Without a TV, Lawhon developed an early interest in literature and fell in love with the works of classic authors.

Raised by hippie parents in New Mexico, Lawhon left home at sixteen and married young. She and her husband have four sons, and she currently resides in the rolling hills outside Nashville, Tennessee. She balances her writing career with family life, often splitting her time between the grocery store and the baseball field. Lawhon enjoys reading aloud to her children and has been involved in literary communities, including co-founding the online book club SheReads.org, which operated from 2009 to 2020.⁴

The Meadows Book Club will be discussing *The Frozen River* at its Wednesday, July 8th meeting. Please join us at 2:00 p.m. in the MCA Building (2004 Longmeadow). All are welcome.



“Every so often, I tend a patient who makes the act of birth a thing of beauty. They make it look like what it really is, at its most elemental — right and natural — and I cannot help but marvel.”

¹ www.goodreads.com/book/show/112975658-the-frozen-river
² Ibid.
³ www.kirkusreviews.com/book-reviews/ariel-lawhon/the-frozen-river/
⁴ www.ariellawhon.com/about/

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If you spend several months of the year away from The Meadows, and would like to receive a print copy of *The Meadoword*, consider subscribing to *The Meadoword* or access it on themeadowssarasota.org. Forms for subscriptions may be found on the MCA website under News & Resources/ Meadoword Forms.

Annual Subscription - Begin in January and end in December of that same year. If you choose an annual subscription after January it will only include a Meadoword the next time it is published depending on when you make the payment. It may make more sense to consider a semiannual subscription depending on when you decide to subscribe. Your subscription will include Meadowords based on when you subscribed along with any special editions in June and August IF published. We do not do rolling subscriptions.

USA	\$24.00
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Semiannual Subscription - Begin in May and end in December of that same year. You will receive issues of the full *Meadoword* if you make payment by April 1, otherwise you will receive your first publication the next time it is published along with any special editions in June and August IF published.

USA	\$14.40
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MEADOWORD
DEADLINES

The deadline for advertising and article insertions into *The Meadoword* is the first Friday, one month prior to the month of insertion.

There is no full publication of *The Meadoword* in August. The deadline for the September issue is Friday, August 7.


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Summer
Fun Fact

Baby sea turtles hatch in the summer and instinctively crawl towards the brightest light, which guides them to the ocean.

Thank you to all who joined the Wine & Cheese Social Event



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4642 Longwater Chase, fully furnished, newly renovated, 2 bed / 2 bath, 2nd floor condo. Available July to October 2026. Minimum 30 days, \$2,000 a month. View listing at <http://vrbo.com/en-ca/cottage-rental/p4455212vb>. Please call Anne at 613-858-2123 or email amcmurf@gmail.com

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Annual or seasonal rental. Briarfield 2B/2B. Furnished villa with garage. Board approval required. 732-966-4115

2 Bed / 2 Bath fully furnished downstairs condo available for immediate rent in the desirable Village Lakes community. Monthly or seasonal rental until January 2027. Call 423-309-7426.

Bright and updated first floor condo in Village Lake. Current availability, August 2026 through January 2027 and April and after. 1 month minimum. Close to pool. Thndrball7@aol.com 847-630-2913.

Available starting June 20, 2026. TURNKEY FURNISHED condo 2/2. Annually, Seasonally, or Short term. Tastefully updated throughout. Professionally designed with your comfort in mind, you will truly enjoy this wonderful setting. Fabulous GOLF COURSE and LAKE VIEW. See a video here: <https://www.youtube.com/watch?v=XPI6JSxgiGg> Carlos Perez 678-520-9523

THE MEADOWORD IS THE BEST VALUE FOR YOUR ADVERTISING DOLLARS!

When you purchase an ad in the Meadoword newspaper...

- You get – Reach & Frequency. The Meadoword goes to every residence in The Meadows and is widely read.
- It is emailed to a list of over 4000 email addresses so it reaches both our annual and seasonal residents wherever they are located.

- It is posted on our website under News & Resources.
- It is archived on our website so our residents have all of our advertisers as a future reference.
- Advertising in the Meadoword is great exposure.

For more information on advertising your company or services, contact the MCA at 941-377-2300 or by email at marketing@meadowsca.com

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MEADOWORD

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Submissions are published at the discretion of the editor and the MCA.



Meadoword

The Meadows Community News and Lifestyle



JULY 2026 CALENDAR

July 1	11:30 AM	Qigong	MCLWF
July 2	1 PM	Electronic Tutor	MCA
July 4	8 AM	"Couch To Court" Tennis Beginner Clinic	MCA Tennis Courts
July 3	8 AM	Closed for Holiday	MCA and MCLWF
July 6	10 AM	Florida Blue Produce Bus	MCA Parking Lot
	11 AM	Balance Class	MCLWF
July 7	6:30 PM	Ice Cream Social	MCLWF
July 8	11:30 AM	Qigong	MCLWF
	2 PM	Line Dancing Class	MCLWF
July 10	7:30 AM	OnSpot Dermatology	MCA Parking Lot
July 13	11 AM	Balance Class	MCLWF
July 14	10 AM	Emergency Prep	MCA
	11 AM	Yoga	MCLWF
July 15	11:30 AM	Qigong	MCLWF
July 20	11 AM	Balance Class	MCLWF
July 21	11 AM	Yoga	MCLWF
July 24	11:15 AM	Heat Stroke Prevention and Summer Treats	Outdoor Patio
July 27	11 AM	Balance Class	MCLWF
July 28	11 AM	Yoga	MCLWF
July 31	7:30 AM	OnSpot Dermatology	MCA Parking Lot
Refer to the August 2026 calendar on the MCA website. MCA Club & Group dates & times are subject to change as needed by MCA Management.			

CLUBS & SOCIAL GROUPS

Ace in the Hole Card Club

Bob Monaghan
Tuesday 7 - 10 PM

Drop in Art Studio

Melinda Gordan
Every Thursday 10 AM – 12 PM

Bike Club

Janet Schmidt
Every Wednesday, 9 AM at
Meadows Pub

Bingo

Agnes Rutushni
1st Wednesday of the month
at 6:30 pm

Book Club

Lois Robinson
Monthly, 2nd Wednesday, 2 PM

Bridge-Wednesday

Kerrienne McMurdo
Every Wednesday 1:30 – 4 PM

Bridge-Friday

John Harwood
Every Friday 12:30 – 3 PM

Bridge Saturday Duplicate

Dot Boulia
Every Saturday 12:30 PM

Canasta: Hand & Foot

Sandy Maves
Every Tuesday 1:30 – 5 PM

Cornhole

Susan Weisse
Every Thursday 3 – 5 PM

Craft Group

Gayle Kroll
Every Wednesday 9 – 11 AM

Euchre Card Game

Paul Felten
2nd Tuesday of each month

Game Night

Pat Webster
Wednesdays except Bingo nights
6:30 – 8:30 PM

Hot Stove League

Mark Pienkos
Monthly, 2nd Tuesday 8 – 11 AM

Knit Happens

Barb Wessel
Monthly, 1st Monday 1 – 3 PM

Mah Jongg

Elizabeth Williams
Every Monday 9 AM – 12 PM

Meadowlarks Poetry Writers

Michael Bruno
2nd & 4th Fridays of each month
10 AM – 12 PM

Meadows Chorus

Cindy Rubin
Every Thursday 7 – 9 PM

Meadows Sailing Assoc.

Adam Lawall
Every Tuesday 1 – 3 PM
Meets at MCA Pond

Memoirs

Liz Barnett
Meets 1st & 3rd Friday
10 AM – 12 PM

Pieceful Meadows Quilting & Needlework

Barb Thornquist & Betsy Lombard
Every Monday 9 AM – 12 PM

Samba (Card Game)

Jeannie Alexander
Every Friday 1 – 4 PM

Shalom Club

Joni Cohen
Every 4th Sunday at 3 PM

The Rainbow Connexion

Victor Aluise & Michael Barreiro
Meets quarterly