



Meadows Fitness Center Policy: Gym Bags & Personal Belongings

To help maintain a safe, clean, and enjoyable environment for all residents, the following guidelines apply to gym bags and personal items within the fitness center:

1. No Gym Bags on the Fitness Floor

For safety reasons, **gym bags, backpacks, duffle bags and large personal items are not permitted on the fitness floor** or around equipment.

These items may create tripping hazards and obstruct access to machines and walkways.

2. Use of Lockers & Storage Areas

Residents are encouraged to:

- Store all bags and personal belongings in **designated lockers or storage areas**
- Remove belongings promptly after workouts to allow use by others
- Bring a personal lock

3. Small Personal Items Permitted

The following items are allowed on the fitness floor, provided they are kept close and do not obstruct others:

- Water bottles
- Towels
- Mobile phones
- Small personal items (e.g., keys, earbuds)

4. Keep Walkways & Equipment Areas Clear

At all times:

- Keep all personal belongings **out of walkways and away from equipment**
- Do not place items on adjacent machines or benches not in use

5. Compliance

Residents are expected to follow these guidelines at all times.

Failure to comply may result in:

- A reminder from staff or management
- Temporary or permanent suspension of fitness center privileges (per association policy)

Thank you for your cooperation in keeping our fitness center safe, organized, and enjoyable for everyone.